



10. Itzehoer Störlauf

16. Mai 2009

Ergebnis M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|----------------|--------------------------|------|--|---------|----------------|
| 1 | 1556 | 00:16:22 | Pankow | Bennet | 1985 | TSG Bergedorf | GER-HAM | 1 |
| 2 | 3045 | 00:17:23 | Rabe | Tim | 1988 | ETSV Gut Heil Itzehoe | GER-SH | 3 |
| 3 | 1148 | 00:17:56 | Meyer | Nils | 1983 | ETSV Gut Heil Itzehoe | GER-SH | 4 |
| 4 | 3002 | 00:18:08 | Nielsen | Niels Peter | 1987 | Atlética Horsens | DEN | 5 |
| 5 | 2334 | 00:18:32 | Fedrau | Florian | 1989 | Itzehoe | GER-SH | 6 |
| 6 | 2817 | 00:19:44 | Furch | Christian | 1982 | Landjugend Elmshorn | GER-SH | 19 |
| 7 | 2350 | 00:19:51 | Jörgensen | Kristof | 1989 | Itzehoe | GER-SH | 21 |
| 8 | 1151 | 00:20:07 | Wagner | Timo | 1985 | ETSV Gut Heil Itzehoe | GER-SH | 24 |
| 9 | 2379 | 00:21:07 | Mainas | Eric | 1984 | KLeve | GER-SH | 48 |
| 10 | 2343 | 00:21:10 | Harris | Carson David Benjamin | 1989 | Yorkton | CAN | 51 |
| 11 | 2528 | 00:21:30 | Schröder | Dirk | 1989 | E.ON Kernkraft | GER-SH | 59 |
| 12 | 2823 | 00:22:08 | Hotze | Benjamin | 1982 | Lg möve | GER-SH | 81 |
| 13 | 3461 | 00:22:14 | Reese | Daniel | 1981 | Trede und von Pein | GER-SH | 87 |
| 14 | 2518 | 00:22:21 | König | Jens | 1987 | D.W.K.V.e.V | GER-SH | 94 |
| 15 | 1712 | 00:22:30 | Meyer | Felix | 1983 | Elmshorn | GER-SH | 102 |
| 16 | 2923 | 00:22:40 | Fischer | Torben | 1989 | Hohenlockstedt | GER-SH | 108 |
| 17 | 2818 | 00:23:09 | Sühlsen | Christoffer | 1985 | Landjugend Elmshorn | GER-SH | 124 |
| 18 | 3444 | 00:23:27 | Kuhl | Raphael | 1989 | Trede und von Pein | GER-SH | 150 |
| 19 | 3290 | 00:23:40 | Busch | Daniel | 1988 | Nordakademie | GER-SH | 161 |
| 20 | 3302 | 00:23:48 | Wegner | Felix | 1987 | Nordakademie | GER-SH | 166 |
| 21 | 3325 | 00:23:49 | Lemke | Andreas | 1983 | Running Mammuts | GER-SH | 167 |
| 22 | 2324 | 00:23:55 | Büsen | Fabian | 1983 | Itzehoe | GER-SH | 171 |
| 23 | 1713 | 00:24:13 | Neumann | Kim | 1983 | Elmshorn | GER-SH | 192 |
| 24 | 2376 | 00:24:39 | Lehmann | Marc | 1982 | Itzehoe | GER-SH | 228 |
| 25 | 2365 | 00:24:47 | Kraus | Christian | 1989 | Itzehoe | GER-SH | 239 |
| 26 | 2989 | 00:25:54 | Timm | Nils-Peter | 1984 | Hamburg | GER-HAM | 319 |
| 27 | 2826 | 00:25:57 | Kroll | Mirco | 1985 | LG rasmussen | GER-SH | 322 |
| 28 | 3305 | 00:25:57 | Stöter | Oke | 1989 | Norddeutsche Rundschau | GER-SH | 323 |
| 29 | 3299 | 00:26:35 | Rittermann | Steffen | 1987 | Nordakademie | GER-SH | 373 |
| 30 | 3434 | 00:26:37 | Christochowitz | Sascha | 1985 | Trede und von Pein | GER-SH | 377 |
| 31 | 3496 | 00:27:50 | Gefken | Laurenz | 1989 | TuS Krempe | GER-SH | 474 |
| 32 | 1132 | 00:27:57 | Enders | Tino | 1986 | Auguste Viktoria Schule 5e | GER-SH | 484 |
| 33 | 2532 | 00:28:25 | Gottschalk | Dennis | 1989 | ESV | GER-SH | 532 |
| 34 | 3287 | 00:28:32 | Auris | Christian | 1982 | Nordakademie | GER-SH | 540 |
| 35 | 2720 | 00:28:54 | Suhl | Dennis | 1981 | Hohenfelde / Rotdornweg | GER-SH | 570 |
| 36 | 2867 | 00:29:31 | Westphalen | Daniel | 1989 | MTV Itzehoe | GER-SH | 631 |
| 37 | 2309 | 00:29:46 | Behm | Thomas | 1982 | Nortorf | GER-SH | 643 |
| 38 | 3193 | 00:29:52 | Hopp | Kevin | 1989 | ISR Itzehoer Schrott und Recycling GmbH & Co. | GER-SH | 647 |
| 39 | 3327 | 00:29:58 | Rimatzi | Timo | 1985 | Running Mammuts | GER-SH | 654 |
| 40 | 3452 | 00:30:09 | Nickel | Andreas | 1985 | Trede und von Pein | GER-SH | 680 |

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Ergebnis

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|-----------|------|---|---------|-----|------------|
| 41 | 3294 | 00:30:49 | Kaiser | Tobias | 1988 | Nordakademie | GER-SH | | 728 |
| 42 | 3449 | 00:31:00 | Löding | Thorben | 1987 | Trede und von Pein | GER-SH | | 743 |
| 43 | 2415 | 00:31:01 | Schillinsky | Sebastian | 1983 | Itzehoe | GER-SH | | 744 |
| 44 | 4425 | 00:31:25 | Ljubov | Ehrhardt | 1981 | Volksbank Raiffeisenbank eG | GER-SH | | 767 |
| 45 | 3431 | 00:32:01 | Augustin | Daniel | 1988 | Trede und von Pein | GER-SH | | 809 |
| 46 | 3423 | 00:32:33 | Scheimaer | Valerij | 1987 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 845 |
| 47 | 3421 | 00:32:36 | Saccone | Fabrizio | 1989 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 848 |
| 48 | 3300 | 00:32:54 | Steinbach | Florian | 1988 | Nordakademie | GER-SH | | 861 |
| 49 | 2967 | 00:33:01 | Neubert | Dieter | 1986 | Itzehoe | GER-SH | | 867 |
| 50 | 3342 | 00:33:46 | Rohrmann | Lars | 1980 | | GER-HAM | | 908 |
| 51 | 3428 | 00:34:05 | Struve | Marc | 1985 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 922 |
| 52 | 3466 | 00:36:06 | Runge | Achim | 1980 | Trede und von Pein | GER-SH | | 987 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|---------|------|---|--------|-----|------------|
| 1 | 1553 | 00:22:09 | Frenzel | Marco | 1978 | Heidgrabener SV | GER-SH | | 82 |
| 2 | 3202 | 00:24:30 | Linemann | Anselm | 1975 | Itzehoer Ruderclub | GER-SH | | 220 |
| 3 | 2164 | 00:25:17 | Orhan | Darak | 1979 | Klinikum Itzehoe | GER-SH | | 269 |
| 4 | 3448 | 00:27:22 | Lange | Dennis | 1979 | Trede und von Pein | GER-SH | | 433 |
| 5 | 2212 | 00:30:04 | Weisner | Arne | 1976 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 666 |
| 6 | 2736 | 00:30:04 | Zacharias | Rafael | 1976 | ISV 09 | GER-SH | | 667 |
| 7 | 3459 | 00:30:08 | Rahn | Hans | 1975 | Trede und von Pein | GER-SH | | 678 |
| 8 | 3273 | 00:32:12 | Reimers | Florian | 1979 | MTV Itzehoe | GER-SH | | 821 |
| 9 | 3407 | 00:32:15 | Bebornitz | Sascha | 1976 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 827 |
| 10 | 1403 | 00:34:38 | Hinrichs | Frank | 1975 | Grundschule Oelixdorf 1 | GER-SH | | 940 |
| 11 | 2320 | 00:52:17 | Bortels | Marco | 1975 | Itzehoe | GER-SH | | 1141 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------|------|-------------------------------------|--------|-----|------------|
| 1 | 2664 | 00:19:42 | Suvorov | Alexei | 1972 | Grundschule Sude - West 4a | GER-SH | | 18 |
| 2 | 2416 | 00:20:08 | Schisanowski | Boris | 1973 | Itzehoe | GER-SH | | 25 |
| 3 | 4361 | 00:20:16 | Horch | Andreas | 1970 | TSV Wacken | GER-SH | | 27 |
| 4 | 1801 | 00:21:04 | Büttner | Mathis | 1973 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 44 |
| 5 | 3339 | 00:21:27 | Schmoll | Jörg | 1973 | SPD Itzehoe | GER-SH | | 57 |
| 6 | 2476 | 00:22:56 | Wolter | Florian | 1974 | Biwak | GER-SH | | 117 |
| 7 | 2445 | 00:23:17 | Witt | Carsten | 1973 | Itzehoe | GER-SH | | 138 |
| 8 | 2043 | 00:23:18 | Feldmann | Jörg | 1971 | Grundschule Op de Host 1-4 | GER-SH | | 139 |
| 9 | 2431 | 00:23:25 | Tesch | Jan | 1972 | Heiligenstedten | GER-SH | | 146 |
| 10 | 2833 | 00:23:52 | Giese | Thorsten | 1974 | Liliencronschule Lägerdorf 4 | GER-SH | | 168 |
| 11 | 2578 | 00:24:19 | Adam | Alexander | 1971 | Grundschule Sude - West 2a | GER-SH | | 200 |
| 12 | 1709 | 00:24:21 | Janssen | Marco | 1974 | Hohenaspe | GER-SH | | 201 |
| 13 | 2956 | 00:24:27 | Kühl | Arne | 1974 | Elmshorn | GER-SH | | 214 |

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5 Km Lauf M - 35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------|------|---|--------|-----|------------|
| 14 | 2115 | 00:24:55 | Haß | Alexander | 1973 | Itzehoe Versicherungen | GER-SH | | 246 |
| 15 | 2125 | 00:25:08 | Bigdeli | Sasan | 1971 | Kaiser Karl Schule Quinta b | GER-SH | | 264 |
| 16 | 2347 | 00:25:33 | Horlitz | Mike | 1970 | Gribbohm | GER-SH | | 287 |
| 17 | 2279 | 00:26:47 | Nühse | Heiko | 1973 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 395 |
| 18 | 2884 | 00:26:51 | Tramsen | Rainer | 1971 | Münsterdorfer SV | GER-SH | | 402 |
| 19 | 2719 | 00:28:11 | Herzberg | Thomas | 1971 | Hohenfelde / Rotdornweg | GER-SH | | 510 |
| 20 | 3198 | 00:28:35 | Weber | Joachim | 1973 | ISR Itzehoe Schrott und Recycling GmbH & Co. | GER-SH | | 552 |
| 21 | 1705 | 00:28:36 | Haberland | Martin | 1971 | Süderau | GER-SH | | 554 |
| 22 | 3261 | 00:28:56 | Booge | Andree | 1970 | Lg Salon Warthöfer | GER-SH | | 575 |
| 23 | 2922 | 00:29:05 | Evers | Holger | 1974 | Itzehoe | GER-SH | | 584 |
| 24 | 3196 | 00:29:08 | Rathjen | Christian | 1971 | ISR Itzehoe Schrott und Recycling GmbH & Co. | GER-SH | | 590 |
| 25 | 1453 | 00:29:59 | Chalubowicz | Omasz | 1970 | Grundschule Oelixdorf 4 | GER-SH | | 657 |
| 26 | 2418 | 00:30:23 | Schmidt | Hauke | 1970 | Heiligenstedten | GER-SH | | 701 |
| 27 | 2345 | 00:30:24 | Herzog | Oliver | 1973 | Heiligenstedten | GER-SH | | 703 |
| 28 | 2330 | 00:30:27 | Elsner | Holger | 1970 | Wewelsfleth | GER-SH | | 710 |
| 29 | 1440 | 00:30:37 | Goldt | Bernd | 1970 | Grundschule Oelixdorf 3 | GER-SH | | 719 |
| 30 | 2354 | 00:30:49 | Jürgensen | Kai | 1970 | Heiligenstedten | GER-SH | | 729 |
| 31 | 2634 | 00:30:51 | Nebke | Markus | 1972 | Grundschule Sude - West 3b | GER-SH | | 734 |
| 32 | 1458 | 00:31:11 | Gräf | Oliver | 1970 | Grundschule Oelixdorf 4 | GER-SH | | 754 |
| 33 | 2174 | 00:31:18 | König | Kim | 1973 | Novitas BKK - Die Präventionskasse | GER-SH | | 760 |
| 34 | 2232 | 00:31:25 | Papenhagen | Enno | 1972 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 769 |
| 35 | 2381 | 00:31:29 | Michaelsen | Michael | 1974 | Itzehoe | GER-SH | | 771 |
| 36 | 3500 | 00:31:29 | Jürgs | Kay | 1972 | Volksbank Raiffeisenbank eG | GER-SH | | 772 |
| 37 | 2931 | 00:31:47 | Herrmann | Kim | 1972 | Itzehoe | GER-SH | | 788 |
| 38 | 3486 | 00:32:30 | Frahm | Martin | 1973 | TSV Lola | GER-SH | | 841 |
| 39 | 3328 | 00:32:35 | Siewert | Frank | 1974 | Running Mammuts | GER-SH | | 846 |
| 40 | 1244 | 00:33:13 | Schulze | Eckardt | 1971 | Grund- und Hauptschule Krempe 3a | GER-SH | | 876 |
| 41 | 1239 | 00:34:49 | Oelze | Dirk | 1972 | Grund- und Hauptschule Krempe 3a | GER-SH | | 942 |
| 42 | 2156 | 00:35:57 | Engels | Thomas | 1974 | Klinikum Itzehoe | GER-SH | | 978 |
| 43 | 1573 | 00:36:18 | Kühl | Ralf | 1972 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 990 |
| 44 | 1410 | 00:36:18 | Scheel | Joachim | 1971 | Grundschule Oelixdorf 1 | GER-SH | | 991 |
| 45 | 2617 | 00:36:56 | Krella | Andreas | 1971 | Grundschule Sude - West 3a | GER-SH | | 1005 |
| 46 | 2625 | 00:37:07 | Bünning | Gerd | 1970 | Grundschule Sude - West 3b | GER-SH | | 1016 |
| 47 | 2576 | 00:37:59 | Schmidt | Peter | 1974 | Grundschule Sude - West 1b | GER-SH | | 1043 |
| 48 | 1384 | 00:38:00 | Blum | Helge | 1973 | Grundschule Kremperheide 3b | GER-SH | | 1044 |
| 49 | 2046 | 00:38:18 | Jarisch | Nico | 1972 | Grundschule Op de Host 1-4 | GER-SH | | 1056 |
| 50 | 1429 | 00:38:44 | Wegst | Christian | 1973 | Grundschule Oelixdorf 2 | GER-SH | | 1061 |
| 51 | 2845 | 00:40:40 | Funk | Mathias | 1970 | LT Störlauf | GER-SH | | 1086 |
| 52 | 2391 | 00:42:32 | Müller | Dr. Markus | 1971 | Itzehoe | GER-SH | | 1100 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------|---------|------|--|--------|-----|------------|
| 1 | 2522 | 00:19:32 | Wolter | Sven | 1969 | Detlefsengymnasium Glückstadt Lauf-AG | GER-SH | | 15 |
| 2 | 3233 | 00:19:53 | Peters | Dirk | 1968 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 22 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------|------|---|--------|-----|------------|
| 3 | 2690 | 00:21:50 | Reiter | Mario | 1965 | Grundschule Sude - West 4c | GER-SH | | 71 |
| 4 | 2552 | 00:21:56 | Ott | Oliver | 1967 | Familie | GER-SH | | 77 |
| 5 | 1837 | 00:22:12 | Back-Klähn | Günter | 1967 | Fehrs Schule 4a | GER-SH | | 85 |
| 6 | 2767 | 00:22:28 | Storm | Dirk | 1968 | Itzehoe Versicherungen | GER-SH | | 100 |
| 7 | 2934 | 00:22:48 | Holler | Stefan | 1968 | Schenefeld | GER-SH | | 111 |
| 8 | 2516 | 00:22:51 | Spross | Jürgen | 1966 | Budo-Sport Nord Kellinghusen | GER-SH | | 113 |
| 9 | 2398 | 00:23:10 | Nuß | Joachim | 1965 | Gribbohm | GER-SH | | 125 |
| 10 | 2863 | 00:23:15 | Sperber | Axel | 1967 | MTV Itzehoe | GER-SH | | 130 |
| 11 | 3162 | 00:24:21 | Friedrichs | Manfred | 1967 | Laufftreff MTV Wilster | GER-SH | | 203 |
| 12 | 2426 | 00:24:21 | Staenke | Bernd | 1966 | Itzehoe | GER-SH | | 204 |
| 13 | 2526 | 00:24:24 | Kröger | Björn | 1968 | E.ON Kernkraft | GER-SH | | 212 |
| 14 | 1294 | 00:24:39 | Baudach | Martin | 1966 | Grundschule Edendorf 3a | GER-SH | | 229 |
| 15 | 3029 | 00:24:54 | Bornholdt | Christoph | 1965 | CZI Christuszentrum Itzehoe | GER-SH | | 245 |
| 16 | 4405 | 00:24:58 | Zahn | Andreas | 1965 | TS Schenefeld | GER-SH | | 251 |
| 17 | 3007 | 00:24:59 | Kruse | Hans Otto | 1965 | Auguste Viktoria Schule 6e | GER-SH | | 254 |
| 18 | 2166 | 00:25:11 | Sönksen | Hauke | 1965 | Klinikum Itzehoe | GER-SH | | 265 |
| 19 | 2373 | 00:25:18 | Ladwig | Michael | 1967 | Itzehoe | GER-SH | | 270 |
| 20 | 1559 | 00:25:37 | Emmermann | Klaus | 1967 | Justiz läuft | GER-SH | | 296 |
| 21 | 2213 | 00:25:53 | Wörl | Ralf | 1965 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 316 |
| 22 | 2113 | 00:25:59 | Granert | Kersten | 1968 | Itzehoe Versicherungen | GER-SH | | 329 |
| 23 | 1683 | 00:27:05 | Denker | Jan | 1968 | Pestalozzi-Schule Mittelstufe | GER-SH | | 416 |
| 24 | 2721 | 00:27:08 | Wien | Sven | 1969 | Hohenfelde / Rotdornweg | GER-SH | | 418 |
| 25 | 2547 | 00:27:10 | Janke | Frank | 1966 | ETSV Gut Heil Itzehoe | GER-SH | | 420 |
| 26 | 3463 | 00:27:27 | Reich | Martin | 1968 | Trede und von Pein | GER-SH | | 441 |
| 27 | 1536 | 00:27:44 | Schiefelbein | Dirk | 1966 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 468 |
| 28 | 3169 | 00:27:46 | Lübbbers | Jörn | 1966 | Grundschule Hohenlockstedt 3c | GER-SH | | 470 |
| 29 | 3262 | 00:27:57 | Priebe | Timo | 1965 | LG Salon Warthöfer | GER-SH | | 485 |
| 30 | 2571 | 00:28:24 | Falk | Jörg | 1968 | Grundschule Sude - West 1b | GER-SH | | 528 |
| 31 | 1480 | 00:28:25 | Schamerowski | Jan | 1969 | Grundschule Wellenkamp 3c | GER-SH | | 529 |
| 32 | 4442 | 00:28:26 | Schütt | Tillmann | 1965 | Wohlert, Aldag & Partner | GER-SH | | 533 |
| 33 | 2014 | 00:28:27 | Gehring | Klaus | 1965 | Gesundheitszentrum Klosterforst | GER-SH | | 534 |
| 34 | 1145 | 00:28:28 | Hanisch | Thomas | 1966 | | GER-SH | | 535 |
| 35 | 3268 | 00:28:30 | Unganz | Jörg | 1967 | MSV Münsterdorf | GER-SH | | 537 |
| 36 | 1284 | 00:29:09 | Hildebrandt | Henrik | 1968 | Grundschule Edendorf 2 | GER-SH | | 592 |
| 37 | 2123 | 00:29:14 | Warstat | Dierk | 1965 | Itzehoe Versicherungen | GER-SH | | 601 |
| 38 | 2273 | 00:29:20 | Linow | Holger | 1968 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 610 |
| 39 | 1928 | 00:29:30 | Jensen | Arne | 1968 | Fehrs-Schule Itzehoe 1b | GER-SH | | 630 |
| 40 | 2110 | 00:29:59 | Bollhardt | Mark | 1967 | Itzehoe Versicherungen | GER-SH | | 656 |
| 41 | 2954 | 00:30:06 | Krause | Jörg | 1969 | Münsterdorf | GER-SH | | 669 |
| 42 | 1270 | 00:30:11 | Witt | Torsten | 1969 | Grund- und Hauptschule Krempe 3b | GER-SH | | 689 |
| 43 | 2647 | 00:30:16 | Möckelmann | Christian | 1969 | Grundschule Sude - West 3c | GER-SH | | 691 |
| 44 | 2773 | 00:30:21 | Brockmann | Klaus | 1967 | Julianka Schule 3a | GER-SH | | 698 |
| 45 | 2788 | 00:30:26 | Paulsen | Olaf | 1967 | Julianka Schule 3a | GER-SH | | 706 |
| 46 | 2105 | 00:30:49 | Chionidis | Mario | 1968 | ISV | GER-SH | | 730 |
| 47 | 2175 | 00:31:10 | Reermann | Frank | 1966 | Novitas BKK - Die Präventionskasse | GER-SH | | 752 |
| 48 | 2601 | 00:31:36 | Lottemoser | Stefan | 1967 | Grundschule Sude - West 2c | GER-SH | | 779 |
| 49 | 1425 | 00:31:38 | Schiefelbein | Ulf | 1966 | Grundschule Oelixedorf 2 | GER-SH | | 782 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|----------|------|---|--------|-----|------------|
| 50 | 2163 | 00:32:05 | Merkel | Maik | 1966 | Klinikum Itzehoe | GER-SH | | 812 |
| 51 | 2962 | 00:32:09 | Martens | Ralf | 1967 | Heiligenstedten | GER-SH | | 816 |
| 52 | 1329 | 00:32:14 | Hagenow | Thomas | 1968 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 824 |
| 53 | 2737 | 00:32:19 | Johannsen | Lars | 1969 | Itzehoe | GER-SH | | 831 |
| 54 | 1114 | 00:32:58 | Pasqualicchio | Dirk | 1969 | Breitenburg | GER-SH | | 863 |
| 55 | 4420 | 00:33:06 | Hellmann | Oke | 1965 | TuS Krempe | GER-SH | | 871 |
| 56 | 2585 | 00:33:17 | Kliefoth | Kai | 1967 | Grundschule Sude - West 2a | GER-SH | | 882 |
| 57 | 2306 | 00:34:13 | Bär | Burkhard | 1965 | Itzehoe | GER-SH | | 930 |
| 58 | 2264 | 00:34:22 | Renk | Matthias | 1968 | Volksbank Raiffeisenbank eG | GER-SH | | 935 |
| 59 | 1222 | 00:34:55 | Schöning | Ralf | 1966 | Grund- und Hauptschule Krempe 2c | GER-SH | | 945 |
| 60 | 3395 | 00:35:09 | Rohwer | Heiko | 1969 | SV Brokdorf Jugend | GER-SH | | 956 |
| 61 | 2608 | 00:36:40 | Wagner | Stefan | 1967 | Grundschule Sude - West 2c | GER-SH | | 1001 |
| 62 | 2177 | 00:37:03 | Petermann | Olaf | 1967 | Olaf Petermann | GER-SH | | 1008 |
| 63 | 2613 | 00:37:05 | Flathmann | Thomas | 1965 | Grundschule Sude - West 3a | GER-SH | | 1012 |
| 64 | 2774 | 00:37:08 | Dethlefs | Jochen | 1967 | Julianka Schule 3a | GER-SH | | 1020 |
| 65 | 2851 | 00:37:17 | Erdtmann | Marco | 1966 | MTV Itzehoe | GER-SH | | 1023 |
| 66 | 2638 | 00:37:29 | Tiefert | Ralf | 1966 | Grundschule Sude - West 3b | GER-SH | | 1031 |
| 67 | 2915 | 00:37:46 | Dibbern | Sven | 1969 | Heiligenstedten | GER-SH | | 1039 |
| 68 | 1215 | 00:38:04 | Haase | Martin | 1969 | Grund- und Hauptschule Krempe 2c | GER-SH | | 1045 |
| 69 | 4433 | 00:38:07 | Lehmann | Robert | 1967 | Wohlert, Aldag & Partner | GER-SH | | 1047 |
| 70 | 1292 | 00:39:01 | Zoellner | Dirk | 1968 | Grundschule Edendorf 2 | GER-SH | | 1066 |
| 71 | 2629 | 00:39:24 | Gotschalk | Sven | 1969 | Grundschule Sude - West 3b | GER-SH | | 1076 |
| 72 | 1969 | 00:39:28 | Mahnke | Heiko | 1966 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 1077 |
| 73 | 4418 | 00:43:27 | Kruse | Andreas | 1967 | TSV Wacken | GER-SH | | 1112 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|--------------|------|--|--------|-----|------------|
| 1 | 4401 | 00:20:41 | Pieper | Jens | 1963 | Steinbeis Papier Glückstadt | GER-SH | | 32 |
| 2 | 1959 | 00:21:06 | Schuster | Robert | 1961 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 46 |
| 3 | 4492 | 00:22:15 | Domscheit | Kai | 1964 | Ditmarsia Albersdorf | GER-SH | | 89 |
| 4 | 3332 | 00:22:18 | Eggers | Ulli | 1960 | SC Hohenaspe | GER-SH | | 92 |
| 5 | 1557 | 00:23:16 | Lau | Dr. Wolfgang | 1961 | ISG Itzehoe | GER-SH | | 135 |
| 6 | 2224 | 00:23:16 | Huuck | Gerd | 1964 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 137 |
| 7 | 1716 | 00:23:31 | Rozov | Anatolij | 1962 | Elmshorn | GER-SH | | 154 |
| 8 | 1109 | 00:24:16 | Liedtke | Rainer | 1960 | Klein-Nordende | GER-SH | | 195 |
| 9 | 3492 | 00:24:57 | Janson | Jörg | 1963 | TSV Wacken | GER-SH | | 250 |
| 10 | 1869 | 00:24:58 | Großmann | Hans-Günter | 1961 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 253 |
| 11 | 3499 | 00:25:03 | Croppenstedt | Jörg | 1960 | Volksbank Raiffeisenbank eG | GER-SH | | 257 |
| 12 | 4435 | 00:25:04 | Kordts | Rolf | 1960 | Itzehoer Versicherung | | | 258 |
| 13 | 1674 | 00:25:20 | Naumann | Stefan | 1963 | LG Elmshorn | GER-SH | | 273 |
| 14 | 2862 | 00:25:35 | Schultz | Dirk | 1964 | MTV Itzehoe | GER-SH | | 292 |
| 15 | 2697 | 00:25:40 | Böhm | Helge | 1963 | Gut Heil Itzehoe | GER-SH | | 301 |
| 16 | 1832 | 00:25:49 | Gründel | Thomas | 1963 | ETSV Fortuna Glückstadt | GER-SH | | 309 |
| 17 | 2640 | 00:25:52 | Halbleib | Ottmar | 1964 | Grundschule Sude - West 3c | GER-SH | | 314 |
| 18 | 2873 | 00:25:54 | Ruge | Cord | 1964 | MTV-Horst e.V. | GER-SH | | 318 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|-----------------|------|--|---------|-----|------------|
| 19 | 2092 | 00:26:01 | Kahle | Wolfgang | 1963 | Hauptschule Lübscher Kamp 6b | GER-SH | | 332 |
| 20 | 1466 | 00:26:19 | Willmann | Heiko | 1962 | Grundschule Oelixedorf 4 | GER-SH | | 357 |
| 21 | 3403 | 00:26:38 | Suhl | Karl-Heinz | 1961 | SV Brokdorf Jugend | GER-SH | | 379 |
| 22 | 3323 | 00:27:03 | von Rosenberg | Alexander | 1962 | Rotary-Club Itzehoe | GER-SH | | 413 |
| 23 | 2201 | 00:27:05 | Müller | Thomas | 1963 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 414 |
| 24 | 3464 | 00:27:10 | Rosburg | Torsten | 1963 | Trede und von Pein | GER-SH | | 421 |
| 25 | 2747 | 00:27:23 | Grunwald | Markus | 1963 | Itzehoer Versicherungen | GER-SH | | 435 |
| 26 | 3400 | 00:27:59 | Schröder | Horst | 1960 | SV Brokdorf Jugend | GER-SH | | 489 |
| 27 | 1322 | 00:28:05 | Bergunde | Detlev | 1963 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 502 |
| 28 | 1155 | 00:28:32 | Schäfer | Christopher | 1964 | Gesundheitszentrum Klosterforst | GER-SH | | 541 |
| 29 | 2917 | 00:28:33 | Echelmeyer | Joachim | 1963 | Hamburg | GER-HAM | | 546 |
| 30 | 1478 | 00:28:34 | Rösch | Jörg | 1961 | Grundschule Wellenkamp 3c | GER-SH | | 551 |
| 31 | 1263 | 00:28:39 | Redmann | Fred | 1964 | Grund- und Hauptschule Krempe 3b | GER-SH | | 555 |
| 32 | 1138 | 00:29:08 | Lachnit | Axel | 1964 | Auguste Viktoria Schule 5e | GER-SH | | 591 |
| 33 | 2140 | 00:29:10 | Leindecker | Norbert | 1960 | Kaiser Karl Schule Quinta b | GER-SH | | 593 |
| 34 | 3326 | 00:29:25 | Profe | Mathias | 1961 | Running Mammuts | GER-SH | | 623 |
| 35 | 2543 | 00:29:34 | Behnke | Horst | 1960 | ETSV Gut-Heil Itzehoe | GER-SH | | 634 |
| 36 | 2983 | 00:29:55 | Rauschenbach | Frank | 1964 | Volksbank Raiffeisenbank eG | | | 648 |
| 37 | 1117 | 00:30:03 | Rohwer | Bernd | 1963 | Brokdorf | GER-SH | | 664 |
| 38 | 2703 | 00:30:06 | Kapell | Ulrich | 1964 | Gut Heil Itzehoe | GER-SH | | 672 |
| 39 | 2727 | 00:30:06 | Krützelmann | Christian | 1964 | ISV 09 | GER-SH | | 674 |
| 40 | 2974 | 00:30:43 | Schierbecker | Thomas | 1963 | Itzehoe | GER-SH | | 724 |
| 41 | 2757 | 00:30:56 | Lange | Christian | 1961 | Itzehoer Versicherungen | GER-SH | | 740 |
| 42 | 2056 | 00:30:58 | Reczko | Thomas | 1963 | Grundschule Op de Host 1-4 | GER-SH | | 742 |
| 43 | 2892 | 00:31:25 | Key | Raimond | 1964 | Prokon Energiesysteme.de | GER-SH | | 768 |
| 44 | 2340 | 00:31:33 | Guder | Frank | 1961 | Itzehoe | GER-SH | | 775 |
| 45 | 2906 | 00:31:39 | Brandes | Michael | 1960 | Heiligenstedten | GER-SH | | 784 |
| 46 | 2432 | 00:31:54 | Töllner | Bernd | 1964 | Itzehoe | GER-SH | | 796 |
| 47 | 1976 | 00:31:54 | Jordan | Wilfried | 1964 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 798 |
| 48 | 2746 | 00:31:55 | Faerber | Dietmar | 1962 | Itzehoer Versicherungen | GER-SH | | 799 |
| 49 | 2405 | 00:31:58 | Petersen | Michael | 1961 | Heiligenstedten | GER-SH | | 805 |
| 50 | 4440 | 00:32:03 | Siebert | Frank | 1961 | Wohlert, Aldag & Partner | GER-SH | | 810 |
| 51 | 2317 | 00:32:05 | Böhm | Torsten | 1963 | Wacken | GER-SH | | 813 |
| 52 | 2604 | 00:32:10 | Schliwa | Jürgen | 1963 | Grundschule Sude - West 2c | GER-SH | | 818 |
| 53 | 1235 | 00:32:22 | Gripp | Gunter | 1964 | Grund- und Hauptschule Krempe 3a | GER-SH | | 833 |
| 54 | 1308 | 00:32:28 | Harders | Udo | 1962 | Grundschule Edendorf 4C | GER-SH | | 839 |
| 55 | 3471 | 00:32:45 | Penz | Joerg | 1964 | Trio rasant | GER-SH | | 852 |
| 56 | 3340 | 00:33:13 | Thießen | Jörn | 1961 | SPD Itzehoe | GER-SH | | 877 |
| 57 | 2996 | 00:34:05 | Witt | Uwe | 1961 | Itzehoe | GER-SH | | 923 |
| 58 | 3411 | 00:34:09 | Fuhrmann | Thomas | 1964 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 926 |
| 59 | 3186 | 00:34:33 | Kalcher | Matthias | 1964 | Gut-Heil Itzehoe | GER-SH | | 939 |
| 60 | 2678 | 00:35:06 | Paulsen | Lorenz - Martin | 1962 | Grundschule Sude - West 4b | GER-SH | | 951 |
| 61 | 2957 | 00:35:15 | Küster | Niels | 1963 | Itzehoe | GER-SH | | 961 |
| 62 | 2443 | 00:35:20 | Westphalen | Günter | 1963 | Itzehoe | GER-SH | | 963 |
| 63 | 3436 | 00:35:27 | Groß | Christopher | 1963 | Trede und von Pein | GER-SH | | 967 |
| 64 | 2079 | 00:35:43 | Ott | Frank | 1962 | Grundschule Wellenkamp 3a | GER-SH | | 977 |
| 65 | 1251 | 00:36:40 | Ahsbahs | Volker | 1961 | Grund- und Hauptschule Krempe 3b | GER-SH | | 1000 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------|---------|------|--------------------|--------|----------------|
| 66 | 2389 | 00:37:25 | Müller | Dirk | 1961 | Tremsbüttel | GER-SH | 1028 |
| 67 | 2883 | 00:37:35 | Reese | Stefan | 1963 | Münsterdorfer SV | GER-SH | 1036 |
| 68 | 3441 | 00:40:26 | Krause | Andreas | 1962 | Trede und von Pein | GER-SH | 1084 |
| 69 | 2385 | 00:41:10 | Modlich | Frank | 1964 | Itzehoe | GER-SH | 1093 |

5 Km Lauf M - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------------|-----------|------|---|--------|----------------|
| 1 | 3276 | 00:21:10 | Randschau | Ottmar | 1956 | MTV Wilster | GER-SH | 52 |
| 2 | 1574 | 00:24:09 | Lehmann | Frank | 1958 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | 188 |
| 3 | 2335 | 00:24:44 | Franze | Benedikt | 1959 | Wrist | GER-SH | 237 |
| 4 | 2713 | 00:25:18 | Halfpap | Martin | 1957 | Gut-Heil Itzehoe | GER-SH | 271 |
| 5 | 2980 | 00:26:20 | Schütte | Bernd | 1958 | Horst | GER-SH | 359 |
| 6 | 2167 | 00:26:37 | Ziegler | Bernhard | 1956 | Klinikum Itzehoe | GER-SH | 376 |
| 7 | 1945 | 00:26:43 | Kardel | Hartwig | 1956 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 387 |
| 8 | 2916 | 00:26:47 | Dittmann | Arno | 1958 | Heiligenstedten | GER-SH | 396 |
| 9 | 2897 | 00:27:14 | Harder | Michael | 1957 | Sparkasse Westholstein | GER-SH | 427 |
| 10 | 2452 | 00:29:56 | Griesbach | Günter | 1955 | Arge Steinburg | GER-SH | 651 |
| 11 | 2822 | 00:30:38 | Friedrichs | Rudolf | 1956 | LG Lütten Weg | GER-SH | 720 |
| 12 | 2797 | 00:30:56 | Bogenreiter | Johann | 1957 | Kaiser Karl Schule 6e | GER-SH | 739 |
| 13 | 2730 | 00:31:16 | Neumann | Wolfgang | 1957 | ISV 09 | GER-SH | 758 |
| 14 | 2440 | 00:31:34 | Weichard | Holger | 1959 | Itzehoe | GER-SH | 777 |
| 15 | 1810 | 00:31:45 | Pahl | Jochen | 1956 | Trede und von Pein | GER-SH | 787 |
| 16 | 3495 | 00:31:53 | Gefken | Ekkehard | 1959 | TuS Krempe | GER-SH | 794 |
| 17 | 3313 | 00:32:04 | Deister | Arno | 1957 | Rotary-Club Itzehoe | GER-SH | 811 |
| 18 | 2885 | 00:32:15 | Zunker | Joachim | 1955 | Münsterdorfer SV | GER-SH | 828 |
| 19 | 3285 | 00:32:27 | Schlüter | Helmut | 1957 | Musikzug Oldendorf | GER-SH | 838 |
| 20 | 1447 | 00:32:46 | Perna Jado | Pedro | 1958 | Grundschule Oelixedorf 3 | GER-SH | 854 |
| 21 | 3413 | 00:37:28 | Kellinghusen | Holger | 1955 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 1030 |
| 22 | 2451 | 00:37:37 | zur Verth | Christoph | 1959 | Itzehoe | GER-SH | 1037 |

5 Km Lauf M - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------------|------------|------|-----------------------------|---------|----------------|
| 1 | 2896 | 00:19:36 | JUckel | Dr. Bernd | 1950 | SG Neukirchen-Hülchrath | GER-NRW | 17 |
| 2 | 1813 | 00:24:16 | Witt | Hans-Peter | 1952 | Die Linke | GER-SH | 194 |
| 3 | 1678 | 00:25:28 | Boll | Manfred | 1950 | MTV Wilster | GER-SH | 284 |
| 4 | 2118 | 00:25:38 | Riehn | Volker | 1954 | Itzehoer Versicherungen | GER-SH | 299 |
| 5 | 2554 | 00:25:55 | Sühlsen | Reinhardt | 1952 | FC St. Pauli | GER-SH | 320 |
| 6 | 3256 | 00:27:37 | Carstensen | Uwe | 1953 | LG am Hang | GER-SH | 456 |
| 7 | 4412 | 00:29:14 | Voigt | Jan | 1954 | TSV Lola | GER-SH | 602 |
| 8 | 2154 | 00:29:55 | Engels | Heiko | 1953 | Klinikum Itzehoe | GER-SH | 649 |
| 9 | 3457 | 00:29:58 | Pahl | Herwig | 1954 | Trede und von Pein | GER-SH | 655 |
| 10 | 4354 | 00:30:06 | Schröder-Rosemann | Rudi | 1951 | Pestalozzi-Schule Oberstufe | GER-SH | 673 |
| 11 | 2913 | 00:30:53 | Cyrus | Dieter | 1951 | Wesseln | GER-SH | 737 |
| 12 | 1986 | 00:31:16 | Quaak-Schnoor | Cornelius | 1954 | BMTV BARMSTEDT | GER-SH | 757 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|---------------|------|--------------------------------|---------|----------------|
| 13 | 2853 | 00:33:19 | Keller | Eckert | 1952 | MTV Itzehoe | GER-SH | 884 |
| 14 | 2006 | 00:33:42 | Nagel | Sönke | 1954 | Freie Waldorfschule Itzehoe 6b | GER-SH | 903 |
| 15 | 2308 | 00:36:29 | Behm | Manfred | 1954 | Itzehoe | GER-SH | 997 |
| 16 | 3319 | 00:37:05 | Teifke | Jürgen | 1950 | Rotary-Club Itzehoe | GER-SH | 1011 |
| 17 | 2987 | 00:38:14 | Tettmann | Heinz | 1953 | Hamburg | GER-HAM | 1053 |
| 18 | 2107 | 00:39:03 | Biehler | Klaus-Rüdiger | 1954 | Itzehoe Versicherungen | GER-SH | 1067 |
| 19 | 3264 | 00:40:54 | Mintzlauff | Wolfgang | 1951 | LT Störlauf | GER-SH | 1087 |

5 Km Lauf M - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|----------------|------|-------------------------------|--------|----------------|
| 1 | 3497 | 00:22:55 | Bräuer | Hartmut | 1947 | Volksbank Raiffeisenbank eG | GER-SH | 115 |
| 2 | 3385 | 00:27:22 | Kleensang | Gerd | 1948 | SV Brokdorf Jugend | GER-SH | 434 |
| 3 | 3036 | 00:27:43 | Wrage | Richard | 1949 | DRK Ortsverein Itzehoe | GER-SH | 466 |
| 4 | 2301 | 00:27:54 | Bürger | Harald | 1948 | | GER-SH | 481 |
| 5 | 3346 | 00:28:22 | Schütz | Hajo | 1949 | Sport & Fitness Glückstadt | GER-SH | 524 |
| 6 | 2879 | 00:28:42 | Peetz | Friedhelm | 1945 | MTV-Wilster | GER-SH | 557 |
| 7 | 3200 | 00:32:07 | Scholz | Uwe | 1946 | Itzehoe Hockey Club | GER-SH | 815 |
| 8 | 2816 | 00:32:45 | Tiemann | Hans-Friedrich | 1947 | Kreisverwaltung Steinburg | GER-SH | 853 |
| 9 | 2587 | 00:33:31 | Küchler | Karl - Heinz | 1948 | Grundschule Sude - West 2a | GER-SH | 891 |
| 10 | 3315 | 00:34:54 | Gaußling | Heinrich | 1948 | Rotary-Club Itzehoe | GER-SH | 944 |
| 11 | 1690 | 00:38:06 | Reichardt | Berndt | 1945 | Pestalozzi-Schule Mittelstufe | GER-SH | 1046 |

5 Km Lauf M - 65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|----------|----------|------|--------------------------------|--------|----------------|
| 1 | 2253 | 00:25:34 | Hallmann | Lutz | 1941 | TC Hohenaspe | GER-SH | 290 |
| 2 | 2424 | 00:30:23 | Spankow | Harald | 1942 | Itzehoe | GER-SH | 700 |
| 3 | 4432 | 00:32:17 | Kröger | Gerhard | 1943 | Wohlert, Aldag & Partner | GER-SH | 830 |
| 4 | 2555 | 00:33:40 | Andresen | Hans-Uwe | 1940 | Gemeinschaftsschule Wilster 6b | GER-SH | 900 |

5 Km Lauf M - 70

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|-----------|------|----------------------------|--------|----------------|
| 1 | 3317 | 00:28:08 | Rothe | Siegfried | 1937 | Rotary-Club Itzehoe | GER-SH | 507 |
| 2 | 2172 | 00:31:51 | Sühl | Richard | 1937 | MTV Wilster | GER-SH | 792 |
| 3 | 1673 | 00:33:56 | Schmidt | Wolfgang | 1939 | Laufftreff Störlauf | GER-SH | 916 |
| 4 | 2383 | 00:35:34 | Micheel | Hans | 1936 | Lägerdorf | GER-SH | 971 |
| 5 | 2592 | 00:36:20 | Schönrock | Fritz | 1938 | Grundschule Sude - West 2a | GER-SH | 995 |

5 Km Lauf M - 75

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|--------|------|---------|-----|--------------|------|----------------|
|-----|------|--------|------|---------|-----|--------------|------|----------------|

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - 75

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------|-------------|------|-----------------------|--------|----------------|
| 1 | 2171 | 00:37:01 | Presno | Adolfo | 1934 | MTV Wilster | GER-SH | 1007 |
| 2 | 2711 | 00:37:20 | Ruhland | Hans-Jürgen | 1932 | Gut Heil Itzehoe e.V. | GER-SH | 1025 |

5 Km Lauf M - JA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------|-------------|------|---------------------------------------|--------|----------------|
| 1 | 1149 | 00:17:08 | Ohlsen | Jakob | 1990 | ETSV Gut Heil Itzehoe | GER-SH | 2 |
| 2 | 2753 | 00:19:32 | Jeworek | Pascal | 1991 | Itzehoe Versicherungen | GER-SH | 16 |
| 3 | 1834 | 00:20:16 | Schmischke | Morten | 1991 | ETSV Gut Heil Itzehoe | GER-SH | 26 |
| 4 | 4408 | 00:20:24 | Stoebel | Malte | 1991 | TSV Kremperheide | GER-SH | 29 |
| 5 | 3331 | 00:21:02 | Eggers | Florian | 1991 | SC Hohenaspe | GER-SH | 42 |
| 6 | 1147 | 00:21:08 | Tanneberger | Sven | 1991 | ETSV Gut Heil Itzehoe | GER-SH | 50 |
| 7 | 1956 | 00:21:11 | Petrosjan | Aschot | 1991 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 53 |
| 8 | 1604 | 00:22:17 | Özbey | Özcan | 1991 | Klosterhof Schule | GER-SH | 91 |
| 9 | 4357 | 00:23:35 | Hardekopf | Jan | 1991 | SG Heiligenstedten/Oldendorf | GER-SH | 158 |
| 10 | 2889 | 00:25:22 | Key | Lucas Aaron | 1991 | Prokon Energiesysteme.de | GER-SH | 276 |
| 11 | 1715 | 00:26:38 | Poerschke | Kevin | 1991 | Beidenfleth | GER-SH | 380 |
| 12 | 1158 | 00:28:53 | Mibach | Lennart | 1991 | Gesundheitszentrum Klosterforst | GER-SH | 569 |
| 13 | 2394 | 00:30:33 | Näwie | Daniel | 1990 | Itzehoe | GER-SH | 716 |
| 14 | 3467 | 00:33:10 | Schmidt | Christian | 1991 | Trede und von Pein | GER-SH | 875 |
| 15 | 3445 | 00:33:27 | Kühl | Hauke | 1990 | Trede und von Pein | GER-SH | 889 |
| 16 | 3355 | 00:39:11 | Göttsche | Niklas | 1991 | Steinburgschule Itzehoe | GER-SH | 1072 |
| 17 | 1628 | 00:44:47 | Khwadyazada | Omed | 1991 | Klosterhof Schule 5b | GER-SH | 1120 |

5 Km Lauf M - JB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------------------|---------|------|---------------------------------------|--------|----------------|
| 1 | 1152 | 00:18:33 | Sönksen | Henrik | 1993 | ETSV Gut-Heil Itzehoe | GER-SH | 7 |
| 2 | 2875 | 00:18:45 | Sander | Henry | 1992 | MTV-Horst e.V. | GER-SH | 8 |
| 3 | 1950 | 00:19:27 | Maljavin | Nikita | 1992 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 13 |
| 4 | 4380 | 00:19:30 | Lüders | Sven | 1993 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | 14 |
| 5 | 3489 | 00:19:58 | Hourani - Schomaker | Michael | 1993 | TSV Lola | GER-SH | 23 |
| 6 | 2458 | 00:20:38 | Strüven | Rene | 1992 | Auguste-Viktoria Schule Itzehoe 10b | GER-SH | 31 |
| 7 | 2936 | 00:20:58 | Höper | Jonas | 1992 | Breitenburg | GER-SH | 37 |
| 8 | 2551 | 00:21:00 | Ott | Jannik | 1992 | Familie | GER-SH | 38 |
| 9 | 3380 | 00:21:01 | Dimpker | Axel | 1993 | SV Brokdorf Jugend | GER-SH | 40 |
| 10 | 3258 | 00:21:01 | Mohr | Maik | 1993 | LG Elmshorn | GER-SH | 41 |
| 11 | 3148 | 00:21:29 | Kietzer | Nils | 1993 | Gemeinschaftsschule Wilster 9b | GER-SH | 58 |
| 12 | 1939 | 00:21:30 | Demirdelen | Fatih | 1993 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 60 |
| 13 | 3188 | 00:21:42 | Podehl | Brian | 1992 | Gut-Heil-Itzehoe | GER-SH | 68 |
| 14 | 1989 | 00:21:51 | Schnoor | Henrik | 1992 | BMTV BARMSTEDT | GER-SH | 72 |
| 15 | 2745 | 00:22:07 | Faerber | Moritz | 1992 | Itzehoe Versicherungen | GER-SH | 80 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|------------|------|--|--------|-----|------------|
| 16 | 1782 | 00:22:32 | Abt | Florian | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 103 |
| 17 | 4383 | 00:22:56 | Sosnowski | Tobias | 1993 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | | 118 |
| 18 | 4379 | 00:22:57 | Lentin | Markus | 1993 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | | 119 |
| 19 | 3070 | 00:23:01 | Rehder | Maximilian | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 122 |
| 20 | 3450 | 00:23:18 | Looft | Andreas | 1992 | Trede und von Pein | GER-SH | | 140 |
| 21 | 2409 | 00:23:24 | Pöhländ | Martin | 1992 | Hohenlockstedt | GER-SH | | 145 |
| 22 | 1947 | 00:23:41 | Ladendorf | Hannes | 1993 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 162 |
| 23 | 2457 | 00:23:44 | Röhr | Hanjo | 1992 | Auguste-Viktoria Schule Itzehoe 10b | GER-SH | | 164 |
| 24 | 2700 | 00:24:22 | Hauch | Lars | 1992 | Gut Heil Itzehoe | GER-SH | | 206 |
| 25 | 4353 | 00:24:32 | Ropers | Tizian | 1993 | Pestalozzi-Schule Oberstufe | GER-SH | | 223 |
| 26 | 1698 | 00:24:34 | Jagelki | Patrick | 1993 | Pestalozzi-Schule Oberstufe | GER-SH | | 226 |
| 27 | 3160 | 00:24:42 | Drechsler | Florian | 1993 | GH Floorball Itzehoe | GER-SH | | 233 |
| 28 | 2254 | 00:25:04 | Brandt | Henning | 1992 | TS Schenefeld | GER-SH | | 261 |
| 29 | 2699 | 00:26:28 | Fehr | Florian | 1993 | Gemeinschaftsschule Wilster | GER-SH | | 366 |
| 30 | 2538 | 00:26:29 | Looss | Stefan | 1993 | ETSV Fortuna Glückstadt | GER-SH | | 368 |
| 31 | 1791 | 00:26:35 | Kienel | Jan | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 374 |
| 32 | 1789 | 00:26:41 | Franke | Johannes | 1992 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 386 |
| 33 | 2434 | 00:26:50 | Urch | Hendrik | 1992 | Nortorf | GER-SH | | 401 |
| 34 | 3060 | 00:27:19 | Bartsch | Dominic | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 430 |
| 35 | 3220 | 00:27:29 | Schmidt | Lennart | 1992 | Kaiser Karl Schule 9b | GER-SH | | 444 |
| 36 | 1591 | 00:27:39 | Holm | Sebastian | 1993 | Klosterhof Schule | GER-SH | | 460 |
| 37 | 2533 | 00:27:43 | Scheiba | Merten | 1992 | ESV | GER-SH | | 463 |
| 38 | 3157 | 00:27:54 | Schmidt | Sebastian | 1993 | Gemeinschaftsschule Wilster 9b | GER-SH | | 480 |
| 39 | 3061 | 00:27:59 | Denzau | Philipp | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 490 |
| 40 | 3068 | 00:28:00 | Radtke | Nils | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 493 |
| 41 | 3321 | 00:28:01 | von Rosenberg | Moritz | 1993 | Rotary-Club Itzehoe | GER-SH | | 495 |
| 42 | 3069 | 00:28:32 | Reese | Momme | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 542 |
| 43 | 3349 | 00:28:53 | Ahmels | Marcel | 1993 | Steinburgschule Itzehoe | GER-SH | | 568 |
| 44 | 1581 | 00:29:24 | Aybar | Göran | 1993 | Klosterhof Schule | GER-SH | | 622 |
| 45 | 1613 | 00:29:38 | Ulrich | Sammy | 1993 | Klosterhof Schule | GER-SH | | 636 |
| 46 | 1795 | 00:30:02 | Mohr | Lukas | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 661 |
| 47 | 2292 | 00:30:51 | Jarms | Dennis | 1992 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 733 |
| 48 | 2291 | 00:30:52 | Holze | Lewis | 1993 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 735 |
| 49 | 1672 | 00:31:10 | Taplick | Ole | 1993 | Klosterhof-Schule 9c | GER-SH | | 751 |
| 50 | 1671 | 00:31:18 | Schwardt | René | 1993 | Klosterhof-Schule 9c | GER-SH | | 761 |
| 51 | 3071 | 00:32:13 | Schade | Stefan | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 823 |
| 52 | 2288 | 00:34:07 | Carstens | Jan | 1993 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 925 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - JB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|---------------|------|---------------------------------|--------|-----|------------|
| 53 | 3072 | 00:35:08 | Thießen | Marek | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | | 954 |
| 54 | 1605 | 00:35:29 | Peters | Jan-Christian | 1993 | Klosterhof Schule | GER-SH | | 968 |
| 55 | 3150 | 00:36:04 | Maaß | Fritjof | 1993 | Gemeinschaftsschule Wilster 9b | GER-SH | | 985 |
| 56 | 3067 | 00:36:44 | Nippe | Nick | 1992 | Gemeinschaftsschule Wilster 10c | GER-SH | | 1002 |
| 57 | 1616 | 00:37:48 | Bethke | Tobias | 1993 | Klosterhof Schule | GER-SH | | 1040 |
| 58 | 3358 | 00:39:06 | Knoll | Nico | 1993 | Steinburgschule Itzehoe | GER-SH | | 1070 |
| 59 | 3353 | 00:39:07 | Delfs | Patrick | 1992 | Steinburgschule Itzehoe | GER-SH | | 1071 |
| 60 | 2332 | 00:39:53 | Engelbrecht | Jan | 1992 | Wewelsfleth | GER-SH | | 1080 |
| 61 | 3372 | 00:42:40 | Zischka | Max | 1992 | Steinburgschule Itzehoe | GER-SH | | 1105 |

5 Km Lauf M - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|---------|------|---------------------------------------|--------|-----|------------|
| 1 | 3047 | 00:18:49 | Stölting | Tim | 1995 | ETSV Gut Heil Itzehoe | GER-SH | | 9 |
| 2 | 2715 | 00:18:54 | Voigt | Moritz | 1994 | Gut-Heil Itzehoe | GER-SH | | 10 |
| 3 | 2523 | 00:18:55 | Wolter | Jonas | 1995 | Detlefsengymnasium Glückstadt Lauf-AG | GER-SH | | 11 |
| 4 | 1954 | 00:20:18 | Pätzmann | Markus | 1994 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 28 |
| 5 | 2178 | 00:20:45 | Domrös | Sascha | 1994 | SC Hohenaspe | GER-SH | | 33 |
| 6 | 3151 | 00:20:58 | Mehlert | Timo | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 36 |
| 7 | 3382 | 00:21:00 | Frauen | Carsten | 1995 | SV Brokdorf Jugend | GER-SH | | 39 |
| 8 | 1937 | 00:21:35 | Blacha | Martin | 1994 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 63 |
| 9 | 2899 | 00:21:37 | Krusche | Tom | 1995 | Sparkasse Westholstein | GER-SH | | 65 |
| 10 | 3146 | 00:21:38 | Fölster | Marco | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 66 |
| 11 | 3392 | 00:21:52 | Rave | Lars | 1995 | SV Brokdorf Jugend | GER-SH | | 73 |
| 12 | 3229 | 00:21:53 | Lang-Keller | Nils | 1994 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 75 |
| 13 | 2179 | 00:22:10 | Domrös | Thure | 1994 | SC Hohenaspe | GER-SH | | 84 |
| 14 | 1787 | 00:22:14 | Domrös | Felix | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 88 |
| 15 | 3250 | 00:22:19 | Nütz | Jonas | 1995 | Laufftreff MTV Wilster | GER-SH | | 93 |
| 16 | 3378 | 00:22:28 | Averhoff | Finn | 1994 | SV Brokdorf Jugend | GER-SH | | 98 |
| 17 | 1700 | 00:22:38 | Kruck | Kevin | 1994 | Pestalozzi-Schule Oberstufe | GER-SH | | 106 |
| 18 | 3498 | 00:22:38 | Croppenstedt | Hendrik | 1995 | Volksbank Raiffeisenbank eG | GER-SH | | 107 |
| 19 | 3156 | 00:22:47 | Rotzoll | Kevin | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 109 |
| 20 | 2553 | 00:22:48 | Ott | Lukas | 1994 | Familie | GER-SH | | 112 |
| 21 | 3145 | 00:22:54 | Struve | Hagen | 1994 | Gemeinschaftsschule Wilster 8b | GER-SH | | 114 |
| 22 | 3136 | 00:22:55 | Treptow | Kennet | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 116 |
| 23 | 3222 | 00:22:59 | Bolik Flores | Marco | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 120 |
| 24 | 2569 | 00:23:00 | Krüger | Marcel | 1995 | Golfclub Lutzhorn | GER-SH | | 121 |
| 25 | 1790 | 00:23:10 | Keller | Philip | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 126 |
| 26 | 3283 | 00:23:27 | Praefke | Fritz | 1995 | Münsterdorfer SV | GER-SH | | 149 |
| 27 | 3399 | 00:23:31 | Schröder | Cord | 1995 | SV Brokdorf Jugend | GER-SH | | 153 |

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5 Km Lauf M - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|--------------|------|--|--------|-----|------------|
| 28 | 3152 | 00:23:31 | Nitsch | Julien | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 155 |
| 29 | 3115 | 00:24:06 | Peters | Yannik | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 182 |
| 30 | 3236 | 00:24:16 | Weidlich | Finn-Lennard | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 193 |
| 31 | 3237 | 00:24:16 | Wentzlauff | Tobias | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 196 |
| 32 | 3377 | 00:24:18 | Albers | Lars | 1995 | SV Brokdorf Jugend | GER-SH | | 197 |
| 33 | 1750 | 00:24:25 | Schierbecker | Lasse | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 213 |
| 34 | 1788 | 00:24:29 | Ehlers-Lucht | David | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 218 |
| 35 | 3483 | 00:24:31 | Mohr | Arne | 1994 | TSv Kremperheide | GER-SH | | 221 |
| 36 | 2926 | 00:24:35 | Forsche | Christian | 1994 | Itzehoe | GER-SH | | 227 |
| 37 | 2188 | 00:24:56 | Scholz | Eric | 1995 | Sophie-Scholl Gymnasium 7c | GER-SH | | 247 |
| 38 | 1963 | 00:25:04 | Wichers | Pascal | 1994 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 260 |
| 39 | 2297 | 00:25:19 | Stange | Jan-Hendrik | 1994 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 272 |
| 40 | 2255 | 00:25:24 | Brandt | Mathis | 1995 | TS Schenefeld | GER-SH | | 279 |
| 41 | 4389 | 00:25:31 | Kramhöft | Jan | 1995 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 286 |
| 42 | 3118 | 00:25:36 | Sötje | Jannes | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 294 |
| 43 | 3119 | 00:25:37 | Thämlitz | Dennis | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 297 |
| 44 | 3124 | 00:25:46 | Boll | Leonard | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 306 |
| 45 | 3111 | 00:25:49 | Hintz | Korvin | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 308 |
| 46 | 3108 | 00:25:50 | Albinus | Daniel | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 310 |
| 47 | 2482 | 00:25:55 | Akbulut | Ramazan | 1995 | BSC Sportfreunde Itzehoe | GER-SH | | 321 |
| 48 | 2168 | 00:25:59 | Schöning | Jan-Henrik | 1995 | MTV Burg | GER-SH | | 326 |
| 49 | 3127 | 00:26:01 | Kahl | Paul | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 333 |
| 50 | 1786 | 00:26:05 | Domrös | Sören | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 336 |
| 51 | 1785 | 00:26:17 | Borchers | Hauke | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 353 |
| 52 | 2187 | 00:26:38 | Scholz | Florian | 1995 | Sophie-Scholl Gymnasium 7c | GER-SH | | 378 |
| 53 | 4371 | 00:26:38 | Klöcking | Björn | 1995 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 381 |
| 54 | 3133 | 00:26:46 | Schröder | Markus | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 393 |
| 55 | 1596 | 00:26:49 | Mälk | Fabian | 1994 | Klosterhof Schule | GER-SH | | 400 |
| 56 | 1611 | 00:27:02 | Schulz | Sascha | 1994 | Klosterhof Schule | GER-SH | | 411 |
| 57 | 1654 | 00:27:10 | Frings | Yannik | 1995 | Klosterhof-Schule 7a | GER-SH | | 422 |
| 58 | 3028 | 00:27:19 | Bornholdt | Jonathan | 1995 | CZI Christuszentrum Itzehoe | GER-SH | | 431 |
| 59 | 1940 | 00:27:31 | Frauen | Eike | 1995 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 448 |
| 60 | 1949 | 00:27:35 | Löbel | Kai | 1995 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 453 |
| 61 | 1659 | 00:27:38 | Ropers | Ramon | 1995 | Klosterhof-Schule 7a | GER-SH | | 459 |
| 62 | 3201 | 00:27:39 | Leiber | Valentin | 1995 | Itzehoer Ruderclub | GER-SH | | 461 |
| 63 | 3140 | 00:27:40 | Friedrichs | Johannes | 1995 | Gemeinschaftsschule Wilster 8b | GER-SH | | 462 |
| 64 | 3149 | 00:27:48 | Kuhrt | Kevin | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 472 |

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5 Km Lauf (5 Km)

5 Km Lauf M - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|---------------|------|--|--------|-----|------------|
| 65 | 1747 | 00:27:51 | Münster | Konstantin | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 476 |
| 66 | 2871 | 00:27:52 | Huckfeldt | Lukas | 1995 | MTV-Horst e.V. | GER-SH | | 477 |
| 67 | 2258 | 00:27:54 | Dittmann | Kristian | 1995 | TuS Krempe | GER-SH | | 479 |
| 68 | 1846 | 00:28:20 | Meyer-Burgdorff | Lorenz | 1995 | Fehrs Schule 4a | GER-SH | | 520 |
| 69 | 1783 | 00:28:21 | Baumann | Lasse | 1994 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | | 523 |
| 70 | 3129 | 00:28:24 | Kockmeyer | Mats | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 526 |
| 71 | 4351 | 00:28:32 | Lohse | Christoph | 1994 | Pestalozzi-Schule Oberstufe | GER-SH | | 544 |
| 72 | 3223 | 00:28:47 | Gombert | Deniz | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 563 |
| 73 | 2257 | 00:29:11 | Casper | Marcel | 1995 | TSV Brokstedt | GER-SH | | 598 |
| 74 | 3113 | 00:29:23 | Ohm | Kilian | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 614 |
| 75 | 3132 | 00:29:33 | Scheppmann | Nico | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 633 |
| 76 | 4367 | 00:29:55 | Holtorf | Marcel | 1995 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 650 |
| 77 | 1704 | 00:30:10 | Fuhrmann | Thorben | 1995 | Bahrenfleth | GER-SH | | 683 |
| 78 | 3248 | 00:30:41 | Niedermowe | Lennart | 1994 | Laufftreff MTV Wilster | GER-SH | | 722 |
| 79 | 3011 | 00:31:04 | Paulsen | Flemming | 1995 | Auguste Viktoria Schule 6e | GER-SH | | 746 |
| 80 | 1323 | 00:31:14 | Bergunde | Marek | 1995 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 755 |
| 81 | 1695 | 00:31:21 | Dubral | Kevin | 1995 | Pestalozzi-Schule Oberstufe | GER-SH | | 762 |
| 82 | 2375 | 00:31:44 | Lehmann | Jeremy | 1994 | Itzehoe | GER-SH | | 786 |
| 83 | 1744 | 00:31:52 | Lentfer | Eike | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 793 |
| 84 | 3114 | 00:32:11 | Peters | Sönke | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 819 |
| 85 | 1602 | 00:32:17 | Nassalski | Alexander | 1995 | Klosterhof Schule | GER-SH | | 829 |
| 86 | 3203 | 00:32:23 | Olsen | Per Christian | 1995 | Itzehoe Ruderclub | GER-SH | | 834 |
| 87 | 3232 | 00:33:20 | Peters | Jannes | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 885 |
| 88 | 2920 | 00:33:30 | Ehlers | Lukas | 1995 | Breitenburg | GER-SH | | 890 |
| 89 | 3135 | 00:33:42 | Thielsch | Hannes | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 902 |
| 90 | 4376 | 00:33:53 | Hochhard | Rene | 1994 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | | 911 |
| 91 | 4377 | 00:33:53 | Homfeldt | Steffen | 1994 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | | 913 |
| 92 | 3147 | 00:34:13 | Giersberg | David | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 929 |
| 93 | 2299 | 00:34:25 | Dietrich | Benjamin | 1994 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | | 936 |
| 94 | 1749 | 00:35:05 | Nölting | Maximilian | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 950 |
| 95 | 1732 | 00:35:07 | Böge | Timo | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 952 |
| 96 | 1735 | 00:35:10 | Clasen | Finn | 1994 | Auguste Viktoria Schule 7d | GER-SH | | 958 |
| 97 | 2296 | 00:36:24 | Rohwedder | Tim | 1994 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 996 |
| 98 | 2290 | 00:37:13 | Haack | Stefan | 1994 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 1021 |
| 99 | 2374 | 00:37:16 | Lange | Dominik | 1995 | Itzehoe | GER-SH | | 1022 |
| 100 | 2108 | 00:38:36 | Biehler | Sören | 1995 | Itzehoe Versicherungen | GER-SH | | 1060 |
| 101 | 2287 | 00:39:44 | Brethauer | Marvin | 1994 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 1078 |
| 102 | 2286 | 00:39:45 | Baerwald | Alex | 1994 | Wilhelm-Käber-Schule Hohenlockstedt WPU Leichtathletik | GER-SH | | 1079 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|------------|------|-----------------------------------|--------|----------------|
| 103 | 1597 | 00:39:55 | Marnszczak | Mirco | 1994 | Klosterhof Schule | GER-SH | 1081 |
| 104 | 3361 | 00:40:58 | Menzel | Maximilian | 1994 | Steinburgschule Itzehoe | GER-SH | 1089 |
| 105 | 3362 | 00:42:38 | Paetsch | Patrick | 1994 | Steinburgschule Itzehoe | GER-SH | 1103 |
| 106 | 1617 | 00:42:45 | Yagmur | Okay | 1995 | Klosterhof Schule | GER-SH | 1108 |
| 107 | 2563 | 00:45:56 | Präkels | Felix | 1995 | Gemeinschaftsschule Wilster 6b | GER-SH | 1127 |

5 Km Lauf M - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------------|-------------|------|---|--------|----------------|
| 1 | 2541 | 00:19:18 | Pieper | Fynn | 1997 | ETSV Fortuna Glückstadt | GER-SH | 12 |
| 2 | 3040 | 00:20:34 | Eim | Nico | 1996 | ETSV Gut Heil Itzehoe | GER-SH | 30 |
| 3 | 3030 | 00:20:53 | Gorlo | Aaron | 1996 | CZI Christuszentrum Itzehoe | GER-SH | 34 |
| 4 | 2148 | 00:21:03 | Voigt | Jakob | 1996 | Kaiser Karl Schule Quinta b | GER-SH | 43 |
| 5 | 2496 | 00:21:05 | Höfer | Mahmut Chan | 1996 | BSC Sportfreunde Itzehoe | GER-SH | 45 |
| 6 | 2126 | 00:21:07 | Dörfling | Kalle | 1997 | Kaiser Karl Schule Quinta b | GER-SH | 49 |
| 7 | 2189 | 00:21:26 | Scholz | Sebastian | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | 56 |
| 8 | 2519 | 00:21:36 | Andermann | Tjark | 1997 | Detlefsengymnasium Glückstadt Lauf-AG | GER-SH | 64 |
| 9 | 2521 | 00:21:40 | Weißhaupt | Joachim | 1996 | Detlefsengymnasium Glückstadt Lauf-AG | GER-SH | 67 |
| 10 | 2469 | 00:21:48 | Rave | Mats | 1997 | Auguste-Viktoria Schule Itzehoe 7c | GER-SH | 70 |
| 11 | 2226 | 00:21:57 | Kaspereit | Noah | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 78 |
| 12 | 2241 | 00:22:14 | Gördel | Matthis | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | 86 |
| 13 | 1510 | 00:22:22 | Tabel | Kevin | 1997 | Grundschule Wellenkamp 4a | GER-SH | 95 |
| 14 | 2245 | 00:22:24 | Klewitz | Palle | 1997 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | 97 |
| 15 | 1936 | 00:22:28 | Bernhard | Enno | 1997 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 99 |
| 16 | 2185 | 00:22:36 | Panzer | Hannes | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | 104 |
| 17 | 2252 | 00:23:12 | Fritz | Alexander | 1996 | SV Wellenkamp | GER-SH | 127 |
| 18 | 2225 | 00:23:13 | Kammer | Matthias | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | 128 |
| 19 | 2542 | 00:23:14 | Westphal | Warin | 1996 | ETSV Fortuna Glückstadt | GER-SH | 129 |
| 20 | 2205 | 00:23:15 | Maaß | Hauke | 1997 | Sophie-Scholl-Gymnasium 5a | GER-SH | 132 |
| 21 | 2642 | 00:23:16 | Jaschinski | Jannick | 1997 | Grundschule Sude - West 3c | GER-SH | 133 |
| 22 | 2674 | 00:23:16 | Löning | Samuel | 1996 | Grundschule Sude - West 4b | GER-SH | 136 |
| 23 | 2230 | 00:23:20 | Momsen | Jan Marvin | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 141 |
| 24 | 2266 | 00:23:21 | Basler | Niclas | 1997 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | 142 |
| 25 | 2888 | 00:23:22 | Möller | Melph | 1996 | Oase Hingstheide | GER-SH | 144 |
| 26 | 3172 | 00:23:36 | Noetzelmann | Jan | 1996 | Grundschule Hohenlockstedt 3c | GER-SH | 159 |
| 27 | 2217 | 00:24:03 | Cabrera Palacios | Manuel | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 178 |
| 28 | 2218 | 00:24:03 | Creydt | Fabian | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 179 |
| 29 | 3389 | 00:24:05 | Ott | Christopher | 1997 | SV Brokdorf Jugend | GER-SH | 181 |
| 30 | 3228 | 00:24:06 | Lang | Kristoffer | 1996 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | 183 |
| 31 | 1797 | 00:24:06 | Schierbecker | Tobias | 1997 | AVS Kl.5a | GER-SH | 184 |
| 32 | 4372 | 00:24:07 | Küster | Rouven | 1996 | Wolfgang-Borchert-Realschule 7a | GER-SH | 185 |
| 33 | 2259 | 00:24:10 | Dittmann | Maik | 1996 | TuS Krempe | GER-SH | 190 |
| 34 | 1677 | 00:24:19 | Wojta | Luca Leon | 1997 | MTV Itzehoe | GER-SH | 199 |

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5 Km Lauf M - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|----------------|------|---|--------|-----|------------|
| 35 | 2744 | 00:24:23 | Faerber | Felix | 1997 | Itzehoer Versicherungen | GER-SH | | 208 |
| 36 | 3333 | 00:24:24 | Schaper | Jan-Philipp | 1997 | SC Hohenaspe | GER-SH | | 211 |
| 37 | 2470 | 00:24:28 | Rüter | Maximilian | 1997 | Auguste-Viktoria Schule Itzehoe 7c | GER-SH | | 215 |
| 38 | 1625 | 00:24:28 | Brusco | Stefan | 1997 | Klosterhof Schule 5b | GER-SH | | 217 |
| 39 | 3086 | 00:24:29 | Peters | Sven | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 219 |
| 40 | 3089 | 00:24:31 | Sievers | Nils-Pascal | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 222 |
| 41 | 3199 | 00:24:33 | Pomykala | Linus | 1997 | Itzehoer Hockey Club | GER-SH | | 224 |
| 42 | 1701 | 00:24:42 | Semmler | Fynn-Brian | 1996 | TuS Krempe | GER-SH | | 231 |
| 43 | 2342 | 00:24:42 | Harder | Janne Michel | 1997 | Landrecht | GER-SH | | 234 |
| 44 | 2005 | 00:24:43 | Krepper | Max | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 235 |
| 45 | 2204 | 00:24:43 | Kopacz | Tim Ole | 1997 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 236 |
| 46 | 2447 | 00:24:46 | Wolff | Marten | 1997 | Hohenaspe | GER-SH | | 238 |
| 47 | 2722 | 00:24:48 | Stabenow | Kyle | 1997 | HSG Kremperheide / Münsterdorf | GER-SH | | 240 |
| 48 | 2932 | 00:24:50 | Herrmann | Daniel | 1996 | Krempe | GER-SH | | 241 |
| 49 | 1128 | 00:24:52 | Düvier | Johannes | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 244 |
| 50 | 3019 | 00:24:58 | Voß | Gunnar | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 252 |
| 51 | 2132 | 00:25:02 | Granert | Lukas | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 255 |
| 52 | 1994 | 00:25:24 | Radebold | Malte | 1997 | Freie Waldorfschule Itzehoe 5 | GER-SH | | 277 |
| 53 | 4360 | 00:25:24 | Tewes | Niklas | 1996 | TSV Lola | GER-SH | | 278 |
| 54 | 2461 | 00:25:25 | Deter | Lukas | 1997 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | | 280 |
| 55 | 2716 | 00:25:28 | Venizeleas | Philemon | 1996 | Hohenasper sc | GER-SH | | 282 |
| 56 | 2803 | 00:25:28 | Klebe | Kevin | 1996 | Kaiser Karl Schule 6e | GER-SH | | 283 |
| 57 | 1566 | 00:25:30 | Harders | Lasse | 1997 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 285 |
| 58 | 1395 | 00:25:34 | Stöhr | Luca | 1997 | Grundschule Kremperheide 4 | GER-SH | | 288 |
| 59 | 2137 | 00:25:47 | Krohn | Michel | 1997 | Kaiser Karl Schule Quinta b | GER-SH | | 307 |
| 60 | 3025 | 00:25:59 | Mohr | Nico | 1997 | BMTV | GER-SH | | 330 |
| 61 | 3398 | 00:26:02 | Schröder | Vasco | 1996 | SV Brokdorf Jugend | GER-SH | | 334 |
| 62 | 3043 | 00:26:03 | Kalcher | Björn | 1997 | ETSV Gut Heil Itzehoe | GER-SH | | 335 |
| 63 | 2731 | 00:26:05 | Özdemir | Mert | 1997 | ISV 09 | GER-SH | | 338 |
| 64 | 4400 | 00:26:06 | Sander | Levy | 1996 | SSG | GER-SH | | 340 |
| 65 | 1995 | 00:26:07 | Jürs | Bandick | 1996 | Freie Waldorfschule Itzehoe 6 | GER-SH | | 341 |
| 66 | 1563 | 00:26:10 | Böge | Marek | 1997 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 345 |
| 67 | 1999 | 00:26:11 | Brandt | Julian | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 347 |
| 68 | 2544 | 00:26:14 | Böse | Malte | 1996 | ETSV Gut Heil Itzehoe | GER-SH | | 349 |
| 69 | 1264 | 00:26:15 | Röpke | Jona | 1997 | Grund- und Hauptschule Krempe 3b | GER-SH | | 351 |
| 70 | 3402 | 00:26:16 | Stüven | Marc | 1997 | SV Brokdorf Jugend | GER-SH | | 352 |
| 71 | 2815 | 00:26:18 | Wodtke | Moritz | 1997 | Klinikum Itzehoe | GER-SH | | 355 |
| 72 | 2485 | 00:26:18 | Burk | Johannes | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 356 |
| 73 | 2276 | 00:26:19 | Lochefeld | Chris Benedikt | 1996 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 358 |
| 74 | 2239 | 00:26:21 | Andresen | Magnus Leander | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 360 |
| 75 | 2765 | 00:26:22 | Storm | Felix | 1996 | Itzehoer Versicherungen | GER-SH | | 361 |
| 76 | 2146 | 00:26:26 | Springer | Nico | 1997 | Kaiser Karl Schule Quinta b | GER-SH | | 364 |
| 77 | 2484 | 00:26:28 | Bielenberg | David | 1996 | BSC Sportfreunde Itzehoe | GER-SH | | 367 |
| 78 | 2804 | 00:26:30 | Kutschera | Robert | 1997 | Kaiser Karl Schule 6e | GER-SH | | 369 |
| 79 | 1600 | 00:26:34 | Mischok | Daniel | 1996 | Klosterhof Schule | GER-SH | | 371 |
| 80 | 2322 | 00:26:39 | Brockmann | Max | 1996 | Rosdorf | GER-SH | | 382 |
| 81 | 2420 | 00:26:39 | Schröder | Jan-Hendrick | 1997 | Hohenlockstedt | GER-SH | | 385 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|----------------|------|--|--------|-----|------------|
| 82 | 2386 | 00:26:48 | Möller | Malte | 1996 | Ottenbüttel | GER-SH | | 397 |
| 83 | 1626 | 00:26:58 | Denzau | Tim | 1997 | Klosterhof Schule 5b | GER-SH | | 406 |
| 84 | 4373 | 00:27:01 | Pasqualicchio | Alessio | 1996 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 409 |
| 85 | 2805 | 00:27:02 | Molzahn | Fynn-Ole | 1996 | Kaiser Karl Schule 6e | GER-SH | | 410 |
| 86 | 2898 | 00:27:11 | Krieter | Bjarne | 1997 | Sparkasse Westholstein | GER-SH | | 424 |
| 87 | 1802 | 00:27:14 | Reimers | Jonathan | 1997 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 428 |
| 88 | 2191 | 00:27:16 | Turley | Ben | 1997 | Sophie-Scholl Gymnasium 7c | GER-SH | | 429 |
| 89 | 3099 | 00:27:25 | Prüß | Tom | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 437 |
| 90 | 2515 | 00:27:25 | Ulrich | Luca | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 438 |
| 91 | 1679 | 00:27:27 | Hanisch | Lukas | 1997 | MTV Wilster | GER-SH | | 442 |
| 92 | 4409 | 00:27:30 | Ahrens | Dirk | 1997 | TSV Lägerdorf | GER-SH | | 446 |
| 93 | 3254 | 00:27:30 | Sjut | Sören | 1997 | Laufftreff MTV Wilster | GER-SH | | 447 |
| 94 | 1186 | 00:27:34 | Petersen | Tom | 1997 | GHS Brokstedt 4a | GER-SH | | 451 |
| 95 | 2144 | 00:27:36 | Ribbat | Jakob | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 454 |
| 96 | 2249 | 00:27:43 | Petscheleit | Mathes Chr. | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 464 |
| 97 | 1126 | 00:27:56 | Bouyahia | Salentin | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 483 |
| 98 | 2002 | 00:27:59 | Kentrup | Niklas | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 491 |
| 99 | 2802 | 00:28:03 | Herzberg | Andreas | 1997 | Kaiser Karl Schule 6e | GER-SH | | 498 |
| 100 | 3120 | 00:28:05 | Tiedemann | Nils Christian | 1996 | Gemeinschaftsschule Wilster 7b | GER-SH | | 500 |
| 101 | 3388 | 00:28:06 | Meyer | Falk | 1997 | SV Brokdorf Jugend | GER-SH | | 503 |
| 102 | 2282 | 00:28:07 | Santen | Nico | 1996 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 506 |
| 103 | 3018 | 00:28:10 | Stendorf | Mike | 1996 | Auguste Viktoria Schule 6e | GER-SH | | 509 |
| 104 | 2001 | 00:28:12 | Hellert | Dominic | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 511 |
| 105 | 2219 | 00:28:15 | Delfs | Jannik | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 513 |
| 106 | 4365 | 00:28:18 | Bunck | Jannik | 1996 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 515 |
| 107 | 2808 | 00:28:19 | Mantey | Finn | 1996 | KKS | GER-SH | | 516 |
| 108 | 1806 | 00:28:19 | Kiesel | Moritz | 1997 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 518 |
| 109 | 1752 | 00:28:21 | Stinsky | Hendrik | 1996 | Auguste Viktoria Schule 7d | GER-SH | | 522 |
| 110 | 2247 | 00:28:24 | Körber | Phillipp | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 525 |
| 111 | 1746 | 00:28:33 | Majora | Christoph | 1996 | Auguste Viktoria Schule 7d | GER-SH | | 547 |
| 112 | 1763 | 00:28:42 | Nispel | Kevin | 1997 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 558 |
| 113 | 2800 | 00:28:43 | Fischer | Leon | 1997 | Kaiser Karl Schule 6e | GER-SH | | 560 |
| 114 | 4391 | 00:28:44 | Kröger | Victor | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 561 |
| 115 | 2506 | 00:28:55 | Rexhepaj | Triumf | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 571 |
| 116 | 2127 | 00:28:55 | Erdtmann | Daniel | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 573 |
| 117 | 2498 | 00:29:06 | Kirbach | Tom | 1996 | BSC Sportfreunde Itzehoe | GER-SH | | 586 |
| 118 | 1224 | 00:29:07 | Schöning | Rasmus | 1997 | Grund- und Hauptschule Krempe 2c | GER-SH | | 587 |
| 119 | 2801 | 00:29:07 | Hausmanns | Benedikt | 1996 | Kaiser Karl Schule 6e | GER-SH | | 588 |
| 120 | 1133 | 00:29:08 | Fieber | Jan Henning | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 589 |
| 121 | 2495 | 00:29:13 | Höfer | Jamie | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 599 |
| 122 | 2462 | 00:29:15 | Heinecker | Jona | 1997 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | | 603 |
| 123 | 2806 | 00:29:18 | Schröder | Niklas | 1996 | Kaiser Karl Schule 6e | GER-SH | | 608 |
| 124 | 3015 | 00:29:19 | Roseneck | Daniel | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 609 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|---------------|------|--|--------|-----|------------|
| 125 | 1414 | 00:29:23 | Busch | Lennert | 1997 | Grundschule Oelisdorf 2 | GER-SH | | 615 |
| 126 | 4368 | 00:29:23 | Kern | Timo | 1996 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 616 |
| 127 | 3020 | 00:29:23 | Zunker | Mathis | 1996 | Auguste Viktoria Schule 6e | GER-SH | | 618 |
| 128 | 1743 | 00:29:24 | Kruit | Moritz | 1996 | Auguste Viktoria Schule 7d | GER-SH | | 620 |
| 129 | 1579 | 00:29:24 | von der Reith | Niklas | 1997 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 621 |
| 130 | 1948 | 00:29:25 | Diercks | Jannik | 1997 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 624 |
| 131 | 1811 | 00:29:35 | Selimovic | Dominik | 1997 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 635 |
| 132 | 3080 | 00:29:41 | Kawan | Yannik | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 637 |
| 133 | 2142 | 00:29:42 | Punken | Marten | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 639 |
| 134 | 3102 | 00:29:46 | Zeidler | Nico | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 644 |
| 135 | 3094 | 00:29:46 | Kawan | Lennart-Felix | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 645 |
| 136 | 4375 | 00:29:50 | Wettstädt | Simon | 1996 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 646 |
| 137 | 4396 | 00:30:00 | Reich | Benjamin | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 658 |
| 138 | 3427 | 00:30:03 | Storjohann | Marius | 1997 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 665 |
| 139 | 2277 | 00:30:06 | Neue | Kevin | 1997 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 671 |
| 140 | 1985 | 00:30:09 | Bartels | Arik | 1997 | Freie Waldorfschule Itzehoe 5 | GER-SH | | 681 |
| 141 | 2012 | 00:30:10 | Reinholz | Cedric | 1996 | Freie Waldorfschule Itzehoe 7 | GER-SH | | 686 |
| 142 | 4390 | 00:30:17 | Kreutz | Felix | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 692 |
| 143 | 2796 | 00:30:18 | Bogenreiter | Jan-Hendrik | 1997 | Kaiser Karl Schule 6e | GER-SH | | 694 |
| 144 | 3010 | 00:30:22 | Nolte | Kristopher | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 699 |
| 145 | 2787 | 00:30:24 | Paulsen | Simon | 1997 | Julianka Schule 3a | GER-SH | | 702 |
| 146 | 2513 | 00:30:27 | Tokarski | Lars | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 709 |
| 147 | 2183 | 00:30:33 | Krawehl | Jan | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | | 715 |
| 148 | 3101 | 00:30:43 | Weiß | Marius | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 723 |
| 149 | 2268 | 00:30:50 | Delfs | Steffen | 1997 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 732 |
| 150 | 2475 | 00:31:04 | Albrecht | Milan | 1997 | Basketball Itzehoe Eagles | GER-SH | | 747 |
| 151 | 2494 | 00:31:07 | Hochleitner | Jannik | 1997 | BSC Sportfreunde Itzehoe | GER-SH | | 748 |
| 152 | 1775 | 00:31:11 | Harder | Jan-Ole | 1996 | Auguste-Viktoria Schule 6c | GER-SH | | 753 |
| 153 | 1780 | 00:31:15 | Sinke | Pascal | 1997 | Auguste-Viktoria Schule 6c | GER-SH | | 756 |
| 154 | 2316 | 00:31:22 | Böhm | Ole | 1997 | Wacken | GER-SH | | 764 |
| 155 | 3087 | 00:31:24 | Rehder | Bjarne | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 766 |
| 156 | 1309 | 00:31:33 | Hentrich | Jerrit | 1997 | Grundschule Edendorf 4C | GER-SH | | 776 |
| 157 | 4386 | 00:31:54 | Hafemeister | Enno | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 795 |
| 158 | 1552 | 00:31:57 | Klemm | Dominik | 1997 | GS Wellenkamp Klasse 4c | GER-SH | | 803 |
| 159 | 1142 | 00:32:15 | Oeleker | Tim Lucas | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 825 |
| 160 | 1136 | 00:32:22 | Hintz | Mika | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 832 |
| 161 | 1723 | 00:32:35 | Struck | Jonas | 1997 | Kellinghusen | GER-SH | | 847 |
| 162 | 2567 | 00:32:48 | Zeidler | Thorben | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | | 856 |
| 163 | 2798 | 00:32:50 | Buss | Maximilian | 1997 | Kaiser Karl Schule 6e | GER-SH | | 858 |
| 164 | 2566 | 00:33:03 | Theill | Finn | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | | 868 |
| 165 | 3177 | 00:33:04 | Diemke | Lukas | 1997 | Grundschule Hohenlockstedt 4c | GER-SH | | 870 |

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|-----|------|----------|-------------|-------------------|------|--------------------------------------|--------|----------------|
| 166 | 2909 | 00:33:14 | Burmeister | Nils | 1996 | Itzehoe | GER-SH | 878 |
| 167 | 3039 | 00:33:14 | Andresen | Mark | 1997 | ETSV Gut Heil Itzehoe | GER-SH | 879 |
| 168 | 2890 | 00:33:32 | Key | Felix Benedict | 1996 | Prokon Energiesysteme.de | GER-SH | 893 |
| 169 | 2206 | 00:33:39 | Moritz | Simon | 1997 | Sophie-Scholl-Gymnasium 5a | GER-SH | 898 |
| 170 | 2008 | 00:33:42 | Plett | Niklas | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | 901 |
| 171 | 1636 | 00:33:56 | Schallmo | Joel-Fabian | 1997 | Klosterhof Schule 5b | GER-SH | 915 |
| 172 | 1640 | 00:33:59 | Yildiz | Kazim | 1997 | Klosterhof Schule 5b | GER-SH | 918 |
| 173 | 1542 | 00:34:01 | Ruß | Maik | 1997 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | 920 |
| 174 | 2829 | 00:34:17 | Berg | Lukas | 1997 | Liliencronschule Lägerdorf 4 | GER-SH | 932 |
| 175 | 3352 | 00:34:32 | Dames | Dave | 1996 | Steinburgschule Itzehoe | GER-SH | 937 |
| 176 | 2314 | 00:34:51 | Bielenberg | Ole | 1997 | Itzehoe | GER-SH | 943 |
| 177 | 1116 | 00:35:00 | Reimers | Cedric | 1997 | Brokdorf | GER-SH | 947 |
| 178 | 2512 | 00:35:08 | Seferi | Albion | 1996 | BSC Sportfreunde Itzehoe | GER-SH | 953 |
| 179 | 2491 | 00:35:09 | Gottseelig | Alexander | 1996 | BSC Sportfreunde Itzehoe | GER-SH | 957 |
| 180 | 1734 | 00:35:11 | Carstens | Finn | 1996 | Auguste Viktoria Schule 7d | GER-SH | 959 |
| 181 | 1630 | 00:35:16 | Knispel | Anton | 1996 | Klosterhof Schule 5b | GER-SH | 962 |
| 182 | 1859 | 00:35:36 | Baganz | Erik | 1997 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 973 |
| 183 | 2960 | 00:35:40 | Lübbbers | Lars Roald | 1997 | Hopenlockstedt | GER-SH | 975 |
| 184 | 2560 | 00:36:19 | Kuklok | Michael | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | 994 |
| 185 | 2312 | 00:37:04 | Benli | Bastian | 1996 | Kremperheide | GER-SH | 1010 |
| 186 | 2695 | 00:37:18 | Bischoff | Nico | 1997 | Gut Heil Itzehoe | GER-SH | 1024 |
| 187 | 2138 | 00:37:27 | Kuns | Malte | 1997 | Kaiser Karl Schule Quinta b | GER-SH | 1029 |
| 188 | 2407 | 00:37:33 | Pielke | Lasse | 1996 | Kummerfeld | GER-SH | 1035 |
| 189 | 2556 | 00:37:42 | Böge | Joshua | 1997 | Gemeinschaftsschule Wilster 6b | GER-SH | 1038 |
| 190 | 1641 | 00:37:49 | Bittrich | Fabian | 1996 | Klosterhof-Schule 5a | GER-SH | 1041 |
| 191 | 1646 | 00:38:13 | Lindemann | Felix | 1997 | Klosterhof-Schule 5a | GER-SH | 1051 |
| 192 | 2558 | 00:38:15 | Franzenburg | Bastian | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | 1054 |
| 193 | 1711 | 00:38:27 | Lux | Armin Sebastian | 1996 | Ottenbuettel | GER-SH | 1058 |
| 194 | 2429 | 00:40:17 | Stotz | Jona Wilken | 1997 | Krempe | GER-SH | 1083 |
| 195 | 2510 | 00:40:29 | Schwarz | Florian | 1996 | BSC Sportfreunde Itzehoe | GER-SH | 1085 |
| 196 | 1314 | 00:41:04 | Kruse | Kristian | 1997 | Grundschule Edendorf 4C | GER-SH | 1090 |
| 197 | 2135 | 00:41:08 | Kösters | Daniel | 1997 | Kaiser Karl Schule Quinta b | GER-SH | 1092 |
| 198 | 1627 | 00:41:30 | Diercks | Marvin | 1997 | Klosterhof Schule 5b | GER-SH | 1096 |
| 199 | 3360 | 00:42:33 | Mathea | René | 1996 | Steinburgschule Itzehoe | GER-SH | 1101 |
| 200 | 1619 | 00:42:39 | Yagmur | Tugay | 1997 | Klosterhof Schule | GER-SH | 1104 |
| 201 | 1608 | 00:42:40 | Ramos | Benjamin | 1997 | Klosterhof Schule | GER-SH | 1106 |
| 202 | 2102 | 00:43:41 | Weber | Reinhard Thorsten | 1996 | Hauptschule Lübscher Kamp 6b | GER-SH | 1113 |
| 203 | 2011 | 00:44:19 | Krüger | Jan-Ole | 1996 | Freie Waldorfschule Itzehoe 7 | GER-SH | 1116 |
| 204 | 1555 | 00:44:52 | Hartmann | Simon | 1997 | Impress IZ | GER-SH | 1121 |
| 205 | 2091 | 00:46:47 | Heinemann | Christopher | 1996 | Hauptschule Lübscher Kamp 6b | GER-SH | 1130 |
| 206 | 2089 | 00:46:51 | Conring | Nico | 1997 | Hauptschule Lübscher Kamp 6b | GER-SH | 1131 |
| 207 | 2096 | 00:46:53 | König | Marvin | 1997 | Hauptschule Lübscher Kamp 6b | GER-SH | 1132 |
| 208 | 1643 | 00:49:43 | Gladen | Tim | 1996 | Klosterhof-Schule 5a | GER-SH | 1134 |
| 209 | 1647 | 00:49:44 | Moldenhauer | Christopher | 1997 | Klosterhof-Schule 5a | GER-SH | 1135 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|---------------|------|---|---------|-----|------------|
| 1 | 3046 | 00:19:50 | Sönksen | Peer | 1998 | ETSV Gut Heil Itzehoe | GER-SH | | 20 |
| 2 | 2976 | 00:20:57 | Schnoor | Hakon | 1998 | Ehndorf | GER-SH | | 35 |
| 3 | 2490 | 00:21:06 | Gehring | Phillip | 1998 | BSC Sportfreunde Itzehoe | GER-SH | | 47 |
| 4 | 2197 | 00:21:12 | Chionidis | Manoli | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 54 |
| 5 | 3251 | 00:21:15 | Prüß | Leif Flemming | 1998 | Laufftreff MTV Wilster | GER-SH | | 55 |
| 6 | 3373 | 00:21:31 | Beineke | Felix | 1998 | SV 06 Oetinghausen | GER-NRW | | 61 |
| 7 | 1307 | 00:21:35 | Harders | Max | 1998 | Grundschule Edendorf 4C | GER-SH | | 62 |
| 8 | 2038 | 00:21:47 | Block | Nick | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 69 |
| 9 | 2887 | 00:21:53 | Möller | Marten | 1998 | Oase Hingstheide | GER-SH | | 74 |
| 10 | 2121 | 00:21:54 | Steinmann | Momo | 1998 | Itzehoer Versicherungen | GER-SH | | 76 |
| 11 | 2680 | 00:22:05 | Reiter | Hendrik | 1999 | Grundschule Sude - West 4b | GER-SH | | 79 |
| 12 | 1812 | 00:22:10 | Wolter | Lasse | 1998 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 83 |
| 13 | 2726 | 00:22:17 | Krützelmann | Philip | 1999 | ISV 09 | GER-SH | | 90 |
| 14 | 1942 | 00:22:23 | Jabusch | Robin | 1998 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 96 |
| 15 | 3259 | 00:22:30 | Mahler | Tilo | 1999 | LG Kehdingen | GER-NIE | | 101 |
| 16 | 3341 | 00:23:08 | Böthern | Jannik | 1998 | Speed Socks | GER-SH | | 123 |
| 17 | 2042 | 00:23:15 | Feldmann | Rene | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 131 |
| 18 | 2348 | 00:23:22 | Horlitz | Jonas | 1999 | Gribbohm | GER-SH | | 143 |
| 19 | 2729 | 00:23:26 | Neumann | Luca | 1998 | ISV 09 | GER-SH | | 147 |
| 20 | 1335 | 00:23:26 | Kirstein | Mathis | 1998 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 148 |
| 21 | 1353 | 00:23:30 | Thierfelder | JanPhilipp | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 151 |
| 22 | 2656 | 00:23:32 | Eskildsen | Kjeld | 1999 | Grundschule Sude - West 4a | GER-SH | | 156 |
| 23 | 2200 | 00:23:34 | Fock | Moritz | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 157 |
| 24 | 1979 | 00:23:39 | Radau | Jakob Wilhelm | 1998 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 160 |
| 25 | 1469 | 00:23:42 | Zemke | Jan Niklas | 1999 | Grundschule Oelixdorf 4 | GER-SH | | 163 |
| 26 | 3170 | 00:23:53 | Noetzelmann | Max | 1999 | Grundschule Hohenlockstedt 3c | GER-SH | | 169 |
| 27 | 2686 | 00:23:55 | Grützmacher | Jonas | 1998 | Grundschule Sude - West 4c | GER-SH | | 170 |
| 28 | 1182 | 00:23:58 | Gerst | Alexander | 1998 | GHS Brokstedt 4a | GER-SH | | 172 |
| 29 | 1565 | 00:24:00 | Dammann | Cedric | 1999 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 173 |
| 30 | 1823 | 00:24:01 | Stäcker | Kenneth | 1998 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 174 |
| 31 | 2684 | 00:24:02 | Voß | Moritz | 1998 | Grundschule Sude - West 4b | GER-SH | | 175 |
| 32 | 1172 | 00:24:03 | Gerst | Lasse | 1999 | GHS Brokstedt 3b | GER-SH | | 177 |
| 33 | 3390 | 00:24:05 | Rave | Nils | 1998 | SV Brokdorf Jugend | GER-SH | | 180 |
| 34 | 3490 | 00:24:07 | Spross | Gerrit | 1999 | TSV Lola | GER-SH | | 186 |
| 35 | 3394 | 00:24:09 | Reimers | Leon | 1998 | SV Brokdorf Jugend | GER-SH | | 189 |
| 36 | 1465 | 00:24:12 | Stühmer | Leander | 1999 | Grundschule Oelixdorf 4 | GER-SH | | 191 |
| 37 | 2269 | 00:24:18 | Fallak | Tobias | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 198 |
| 38 | 3387 | 00:24:21 | Meyer | Bent | 1999 | SV Brokdorf Jugend | GER-SH | | 202 |
| 39 | 3247 | 00:24:23 | Neumann | Momme | 1999 | Laufftreff MTV Wilster | GER-SH | | 207 |
| 40 | 2372 | 00:24:24 | Ladwig | Nick Jonas | 1999 | Itzehoe | GER-SH | | 209 |
| 41 | 1346 | 00:24:24 | Roßmaier | Nikllas | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 210 |
| 42 | 2467 | 00:24:28 | Jaeger | Lennart | 1998 | Auguste-Viktoria Schule Itzehoe 7c | GER-SH | | 216 |
| 43 | 2718 | 00:24:39 | Herzberg | Max | 1998 | Hohenfelde / Rotdornweg | GER-SH | | 230 |
| 44 | 3081 | 00:24:51 | Kleinwort | Tom Levin | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 242 |
| 45 | 2734 | 00:25:03 | Strege | Lasse | 1998 | ISV 09 | GER-SH | | 256 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|-----------------|------|---|--------|-----|------------|
| 46 | 1467 | 00:25:04 | Willmann | Gero | 1999 | Grundschule Oelixdorf 4 | GER-SH | | 259 |
| 47 | 1564 | 00:25:06 | Brockmann | Fabian | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 262 |
| 48 | 1991 | 00:25:13 | Krüger | Michel | 1998 | Freie Waldorfschule Itzehoe 5 | GER-SH | | 266 |
| 49 | 2022 | 00:25:16 | Dittrich | Jan | 1999 | Grundschule Edendorf 4a | GER-SH | | 267 |
| 50 | 2248 | 00:25:16 | Witthohn | Niklas | 1998 | KKS | GER-SH | | 268 |
| 51 | 1708 | 00:25:21 | Hoffmann | Jelto | 1998 | Reher | GER-SH | | 274 |
| 52 | 1572 | 00:25:21 | Kühl | Lennard | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 275 |
| 53 | 1570 | 00:25:26 | Karrasch | Lucas | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 281 |
| 54 | 1804 | 00:25:34 | Dombrowski | Leif | 1998 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 289 |
| 55 | 1392 | 00:25:35 | Manns | Levin | 1998 | Grundschule Kremperheide 4 | GER-SH | | 291 |
| 56 | 1494 | 00:25:36 | Staack | Dennis | 1999 | Grundschule Wellenkamp 3d | GER-SH | | 293 |
| 57 | 2861 | 00:25:37 | Schultz | Torge | 1998 | MTV Itzehoe | GER-SH | | 295 |
| 58 | 1397 | 00:25:42 | Winkel | Justin | 1998 | Grundschule Kremperheide 4 | GER-SH | | 303 |
| 59 | 2886 | 00:25:45 | Franze | Simon | 1998 | Oase Hingstheide | GER-SH | | 304 |
| 60 | 3189 | 00:25:46 | Radzio | Tom Philip | 1998 | Hohenasper SC | GER-SH | | 305 |
| 61 | 2733 | 00:25:51 | Pagano | Valentino | 1999 | ISV 09 | GER-SH | | 311 |
| 62 | 3345 | 00:25:52 | Sempf | Lukas | 1999 | Speed Socks | GER-SH | | 313 |
| 63 | 3343 | 00:25:53 | Scheel | Rune | 1998 | Speed Socks | GER-SH | | 315 |
| 64 | 2063 | 00:25:57 | Tiedemann-Hein | Ole | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 324 |
| 65 | 2692 | 00:25:59 | Theilken | Philipp | 1998 | Grundschule Sude - West 4c | GER-SH | | 328 |
| 66 | 2530 | 00:26:00 | Koch | Jonas | 1998 | Edendorfer SV | GER-SH | | 331 |
| 67 | 1987 | 00:26:05 | Bense | Nico | 1998 | Freie Waldorfschule Itzehoe 5 | GER-SH | | 337 |
| 68 | 3269 | 00:26:06 | Unganz | Jannik | 1999 | MSV Münsterdorf | GER-SH | | 339 |
| 69 | 1237 | 00:26:08 | Kortum | Timo | 1999 | Grund- und Hauptschule Krempe 3a | GER-SH | | 342 |
| 70 | 1836 | 00:26:09 | Aude | Lasse | 1999 | Fehrs Schule 4a | GER-SH | | 343 |
| 71 | 2399 | 00:26:10 | Nuß | Yannick | 1998 | Gribbohm | GER-SH | | 344 |
| 72 | 1842 | 00:26:12 | Klähn | Tobias | 1999 | Fehrs Schule 4a | GER-SH | | 348 |
| 73 | 1980 | 00:26:17 | Radebold | Silas | 1999 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 354 |
| 74 | 1312 | 00:26:23 | Koch | Frederik | 1999 | Grundschule Edendorf 4C | GER-SH | | 362 |
| 75 | 2997 | 00:26:33 | Wolf | Timon | 1998 | Heiligenstedten | GER-SH | | 370 |
| 76 | 2683 | 00:26:34 | Theilken | Moritz | 1998 | Grundschule Sude - West 4b | GER-SH | | 372 |
| 77 | 3334 | 00:26:39 | Schaper | Phil-Moritz | 1999 | SC Hohenasper | GER-SH | | 383 |
| 78 | 2198 | 00:26:39 | Eskildsen | Mads | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 384 |
| 79 | 4363 | 00:26:43 | Schulz | Laurids | 1998 | VFL Kellinghusen | GER-SH | | 388 |
| 80 | 1390 | 00:26:45 | Hampe | Marvin | 1998 | Grundschule Kremperheide 4 | GER-SH | | 390 |
| 81 | 2507 | 00:26:46 | Rexjepaj | Burrint | 1998 | BSC Sportfreunde Itzehoe | GER-SH | | 392 |
| 82 | 2351 | 00:26:47 | Junge | Jonas | 1998 | Heiligenstedten | GER-SH | | 394 |
| 83 | 2336 | 00:26:48 | Gierth | Marco | 1998 | Heiligenstedten | GER-SH | | 398 |
| 84 | 1769 | 00:26:52 | Seliger | Oke | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 403 |
| 85 | 1829 | 00:26:58 | Wartacz | Pascal | 1998 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 407 |
| 86 | 1129 | 00:27:02 | Elfert | Joshua | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 412 |
| 87 | 1488 | 00:27:05 | Jung | Tjorven Niklas | 1999 | Grundschule Wellenkamp 3d | GER-SH | | 415 |
| 88 | 2546 | 00:27:08 | Janke | Niklas | 1999 | ETSV Gut Heil Itzehoe | GER-SH | | 419 |
| 89 | 3322 | 00:27:10 | von Rosenberg | Johann | 1998 | Rotary-Club Itzehoe | GER-SH | | 423 |
| 90 | 3179 | 00:27:12 | Tobien | Patrick-Carsten | 1998 | Grundschule Hohenlockstedt 4c | GER-SH | | 425 |
| 91 | 1554 | 00:27:14 | Kesten | Niklas | 1998 | Grundschule Wellenkamp Kl. 4c | | | 426 |
| 92 | 1525 | 00:27:19 | Sakowski | Patrick | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 432 |

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|-----|------|----------|--------------|-------------|------|--------------------------------------|--------|-----|------------|
| 93 | 1965 | 00:27:24 | Behrends | Marten | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 436 |
| 94 | 2837 | 00:27:26 | Kniza | Jannes | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 439 |
| 95 | 2637 | 00:27:28 | Tiefert | Corvin | 1999 | Grundschule Sude - West 3b | GER-SH | | 443 |
| 96 | 2015 | 00:27:29 | Aul | Julian | 1998 | Grundschule Edendorf 4a | GER-SH | | 445 |
| 97 | 3174 | 00:27:32 | Walter | Rene Leon | 1999 | Grundschule Hohenlockstedt 3c | GER-SH | | 449 |
| 98 | 2789 | 00:27:33 | Paulsen | Jaris | 1999 | Julianka Schule 3a | GER-SH | | 450 |
| 99 | 1162 | 00:27:34 | Casper | Marian | 1999 | GHS Brokstedt 3a | GER-SH | | 452 |
| 100 | 2337 | 00:27:37 | Gierth | Oliver | 1998 | Heiligenstedten | GER-SH | | 457 |
| 101 | 3473 | 00:27:38 | Penz | Oskar | 1998 | Trio rasant | GER-SH | | 458 |
| 102 | 1471 | 00:27:43 | Blauert | Mika | 1999 | Grundschule Wellenkamp 3c | GER-SH | | 465 |
| 103 | 1828 | 00:27:44 | Vielstich | Marvin | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 467 |
| 104 | 1543 | 00:27:45 | Schiefelbein | Jan | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 469 |
| 105 | 1457 | 00:27:47 | Gräf | Lukas | 1998 | Grundschule Oelixdorf 4 | GER-SH | | 471 |
| 106 | 2682 | 00:27:49 | Theilken | Niklas | 1998 | Grundschule Sude - West 4b | GER-SH | | 473 |
| 107 | 1137 | 00:27:50 | Kopdag | Kenan | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 475 |
| 108 | 1261 | 00:27:53 | Olde | Michel | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 478 |
| 109 | 1531 | 00:27:55 | Brinkmann | Aaron | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 482 |
| 110 | 1189 | 00:27:58 | Tabel | Lasse | 1999 | GHS Brokstedt 4a | GER-SH | | 486 |
| 111 | 2025 | 00:27:58 | Kölln | Paul | 1998 | Grundschule Edendorf 4a | GER-SH | | 487 |
| 112 | 1193 | 00:27:58 | Bestmann | Arne | 1999 | GHS Brokstedt 4c | GER-SH | | 488 |
| 113 | 1876 | 00:28:01 | Heise | Milan | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 494 |
| 114 | 1493 | 00:28:02 | Schneider | Maximillian | 1999 | Grundschule Wellenkamp 3d | GER-SH | | 496 |
| 115 | 1903 | 00:28:03 | Schemberg | Moritz | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 497 |
| 116 | 2735 | 00:28:06 | Wefelmeier | Bennet | 1999 | ISV 09 | GER-SH | | 505 |
| 117 | 2196 | 00:28:17 | Böhm | Jannis | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 514 |
| 118 | 1967 | 00:28:19 | Hintz | Marco | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 517 |
| 119 | 2030 | 00:28:20 | Schniedewind | Max | 1998 | Grundschule Edendorf 4a | GER-SH | | 519 |
| 120 | 2027 | 00:28:21 | Rieck | Malte Jarle | 1999 | Grundschule Edendorf 4a | GER-SH | | 521 |
| 121 | 2020 | 00:28:25 | Böse | Jonas | 1999 | Grundschule Edendorf 4a | GER-SH | | 530 |
| 122 | 3275 | 00:28:29 | Wetzel | Cassian | 1999 | MTV Itzehoe | GER-SH | | 536 |
| 123 | 1964 | 00:28:30 | Baum | Jonan | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 538 |
| 124 | 2732 | 00:28:31 | Özdemir | Tolga | 1999 | ISV 09 | GER-SH | | 539 |
| 125 | 1156 | 00:28:32 | Schäfer | Leon | 1998 | Gesundheitszentrum Klosterforst | GER-SH | | 543 |
| 126 | 2725 | 00:28:33 | Balbach | Pascal | 1998 | ISV 09 | GER-SH | | 545 |
| 127 | 4429 | 00:28:33 | Aldag | Julius | 1999 | Wohlert, Aldag & Partner | GER-SH | | 548 |
| 128 | 1163 | 00:28:36 | Flindt | Marvin | 1999 | GHS Brokstedt 3a | GER-SH | | 553 |
| 129 | 1262 | 00:28:40 | Redmann | Tim | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 556 |
| 130 | 1762 | 00:28:43 | Meyer | Sascha | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 559 |
| 131 | 2784 | 00:28:50 | Maaß | Jannik | 1999 | Julianka Schule 3a | GER-SH | | 565 |
| 132 | 2771 | 00:28:51 | Beuck | Sören | 1999 | Julianka Schule 3a | GER-SH | | 566 |
| 133 | 4366 | 00:28:52 | Bunck | Lukas | 1998 | Wolfgang-Borchert-Realschule 7a | GER-SH | | 567 |
| 134 | 1676 | 00:28:55 | Stolp | Peer | 1998 | MTV Itzehoe | GER-SH | | 572 |
| 135 | 1455 | 00:28:56 | Chalubowicz | Emil | 1998 | Grundschule Oelixdorf 4 | GER-SH | | 574 |
| 136 | 1830 | 00:28:56 | Wegener | Alexander | 1998 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 576 |
| 137 | 2024 | 00:28:58 | Koller | Julian | 1999 | Grundschule Edendorf 4a | GER-SH | | 579 |

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|-----|------|----------|------------------|-----------------|------|---|--------|-----|------------|
| 138 | 1879 | 00:28:59 | Horter | Louis | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 580 |
| 139 | 1852 | 00:29:00 | Wetzel | Roman | 1998 | Fehrs Schule 4a | GER-SH | | 581 |
| 140 | 1180 | 00:29:13 | Wahood | Schaheen | 1998 | GHS Brokstedt 3b | GER-SH | | 600 |
| 141 | 1302 | 00:29:15 | Schmidt | Richard | 1998 | Grundschule Edendorf 3a | GER-SH | | 604 |
| 142 | 1134 | 00:29:20 | Gertel | Ceyhan Sudi | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 611 |
| 143 | 1460 | 00:29:21 | Makoschey | Jonas | 1998 | Grundschule Oelixedorf 4 | GER-SH | | 612 |
| 144 | 1295 | 00:29:21 | Gollnick | Timon Christoph | 1999 | Grundschule Edendorf 3a | GER-SH | | 613 |
| 145 | 2067 | 00:29:23 | Wien | Niklas | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 617 |
| 146 | 1568 | 00:29:26 | Heise | Oskar | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 625 |
| 147 | 1803 | 00:29:27 | Decker | Michel | 1998 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 626 |
| 148 | 2723 | 00:29:27 | Stabenow | Keith | 1998 | HSG Kremperheide / Münsterdorf | GER-SH | | 627 |
| 149 | 2724 | 00:29:27 | Wipper | Timo | 1999 | HSG Kremperheide / Münsterdorf | GER-SH | | 628 |
| 150 | 2033 | 00:29:42 | Vogt | Steffen | 1998 | Grundschule Edendorf 4a | GER-SH | | 638 |
| 151 | 1470 | 00:29:43 | Meier | Torben | 1999 | Grundschule Wellenkamp 3b | GER-SH | | 640 |
| 152 | 1349 | 00:29:57 | Schwesig | Jan Thore | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 652 |
| 153 | 1343 | 00:29:58 | Rebien | Manuel | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 653 |
| 154 | 1236 | 00:30:01 | Helmholz | Vallentin | 1999 | Grund- und Hauptschule Krempe 3a | GER-SH | | 659 |
| 155 | 2679 | 00:30:01 | Reimers | Nick - Jarrid | 1998 | Grundschule Sude - West 4b | GER-SH | | 660 |
| 156 | 1496 | 00:30:07 | Bahr | Alexander | 1999 | Grundschule Wellenkamp 4a | GER-SH | | 676 |
| 157 | 1968 | 00:30:07 | Krüger | Malte | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 677 |
| 158 | 1315 | 00:30:10 | Lux | Dominik | 1998 | Grundschule Edendorf 4C | GER-SH | | 684 |
| 159 | 1310 | 00:30:11 | Kindler | Fabian | 1998 | Grundschule Edendorf 4C | GER-SH | | 687 |
| 160 | 2052 | 00:30:11 | Lüdemann | Malte | 1998 | Grundschule Op de Host 1-4 | GER-SH | | 688 |
| 161 | 1509 | 00:30:12 | Schöppel | Leon | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 690 |
| 162 | 1914 | 00:30:18 | Wittmüß | Richard | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 693 |
| 163 | 1507 | 00:30:18 | Peters | Phillip | 1999 | Grundschule Wellenkamp 4a | GER-SH | | 695 |
| 164 | 1546 | 00:30:19 | Stendorf | Leon Pascal | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 696 |
| 165 | 2783 | 00:30:20 | Kröger | Fabian | 1999 | Julianka Schule 3a | GER-SH | | 697 |
| 166 | 2023 | 00:30:26 | Findeisen | Jared | 1998 | Grundschule Edendorf 4a | GER-SH | | 707 |
| 167 | 1190 | 00:30:26 | Wasmus | Luka | 1999 | GHS Brokstedt 4a | GER-SH | | 708 |
| 168 | 1184 | 00:30:28 | Hartmann-Paulsen | Leif | 1999 | GHS Brokstedt 4a | GER-SH | | 711 |
| 169 | 2031 | 00:30:29 | Sokolovic | Boris | 1999 | Grundschule Edendorf 4a | GER-SH | | 713 |
| 170 | 2412 | 00:30:32 | Sander | Otis | 1999 | Itzehoe | GER-SH | | 714 |
| 171 | 1197 | 00:30:40 | Lendt | Mirco | 1999 | GHS Brokstedt 4c | GER-SH | | 721 |
| 172 | 1843 | 00:30:53 | König | Johannes | 1998 | Fehrs Schule 4a | GER-SH | | 736 |
| 173 | 2465 | 00:30:53 | Skirde | Pascal | 1998 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | | 738 |
| 174 | 1549 | 00:31:01 | Weidlich | Leon Maurice | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 745 |
| 175 | 1456 | 00:31:07 | Chanlarov | Kamo | 1999 | Grundschule Oelixedorf 4 | GER-SH | | 749 |
| 176 | 2927 | 00:31:22 | Garbers | Tobias | 1998 | Itzehoe | GER-SH | | 765 |
| 177 | 1241 | 00:31:26 | Schön | Felix | 1999 | Grund- und Hauptschule Krempe 3a | GER-SH | | 770 |
| 178 | 3090 | 00:31:32 | Strüven | Finn | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 774 |
| 179 | 1569 | 00:31:34 | Kage | Mario | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 778 |
| 180 | 1873 | 00:31:38 | Harder | Tim Lasse | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 783 |
| 181 | 1977 | 00:31:48 | Lehmann | Bjerne | 1998 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 790 |
| 182 | 1681 | 00:31:54 | Schneider | Moritz | 1998 | Ottenbüttler Läufer | GER-SH | | 797 |

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|-----|------|----------|---------------|-------------|------|---|--------|-----|------------|
| 183 | 1515 | 00:31:56 | Gripp | Alexander | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 800 |
| 184 | 2406 | 00:31:57 | Petersen | Max-Levin | 1998 | Heiligenstedten | GER-SH | | 802 |
| 185 | 1866 | 00:31:57 | Faust | Jannik | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 804 |
| 186 | 2794 | 00:31:58 | Wolf | Loris | 1999 | Julianka Schule 3a | GER-SH | | 806 |
| 187 | 1512 | 00:31:58 | Böhm | Simon | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 807 |
| 188 | 1822 | 00:32:01 | Semenoglu | Kaan | 1998 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 808 |
| 189 | 1207 | 00:32:15 | Frauenheim | Lenard | 1998 | Grund- und Hauptschule Krempe 2c | GER-SH | | 826 |
| 190 | 2691 | 00:32:31 | Schäfer | Simon | 1999 | Grundschule Sude - West 4c | GER-SH | | 842 |
| 191 | 2673 | 00:32:33 | König | Paul | 1999 | Grundschule Sude - West 4b | GER-SH | | 844 |
| 192 | 1120 | 00:32:36 | Rychlikowski | Nils | 1998 | Oldendorf | GER-SH | | 849 |
| 193 | 1528 | 00:32:43 | Schermer | Lukas | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 851 |
| 194 | 1514 | 00:32:49 | Gerlach | Finn | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 857 |
| 195 | 1850 | 00:32:52 | Rychlikowski | Nico | 1998 | Fehrs Schule 4a | GER-SH | | 860 |
| 196 | 1539 | 00:33:00 | Mohrdieck | Marcel | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 865 |
| 197 | 2061 | 00:33:00 | Stein | Jörn | 1998 | Grundschule Op de Host 1-4 | GER-SH | | 866 |
| 198 | 1161 | 00:33:07 | Brunke | Tim | 1999 | GHS Brokstedt 3a | GER-SH | | 873 |
| 199 | 1524 | 00:33:08 | Remmele | Luca | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 874 |
| 200 | 1382 | 00:33:17 | Vogel | Tristan | 1999 | Grundschule Kremperheide 3a | GER-SH | | 880 |
| 201 | 1800 | 00:33:22 | Bast | Joshua | 1998 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 887 |
| 202 | 3477 | 00:33:37 | Mahlstedt | Erik | 1999 | TSV Heiligenstedten | GER-SH | | 895 |
| 203 | 2159 | 00:33:37 | Hammer | Leon | 1998 | Klinikum Itzehoe | GER-SH | | 896 |
| 204 | 2016 | 00:33:45 | Bagdon | Mirco | 1999 | Grundschule Edendorf 4a | GER-SH | | 906 |
| 205 | 1622 | 00:33:46 | Bach | Maximilian | 1998 | Klosterhof Schule 5b | GER-SH | | 907 |
| 206 | 1971 | 00:33:47 | Weiguny | Tomka | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 909 |
| 207 | 1624 | 00:33:51 | Boheim | Kevin | 1998 | Klosterhof Schule 5b | GER-SH | | 910 |
| 208 | 1140 | 00:33:55 | Matthias | Thorben | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 914 |
| 209 | 1634 | 00:33:57 | Petzold Dipré | Alexander | 1998 | Klosterhof Schule 5b | GER-SH | | 917 |
| 210 | 1377 | 00:33:59 | Heller | Marcel | 1998 | Grundschule Kremperheide 3a | GER-SH | | 919 |
| 211 | 1188 | 00:34:11 | Stockhusen | Tom | 1999 | GHS Brokstedt 4a | GER-SH | | 927 |
| 212 | 1324 | 00:35:22 | Bergunde | Marcel | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 964 |
| 213 | 1389 | 00:35:23 | Willmann | Matthis | 1999 | Grundschule Kremperheide 3b | GER-SH | | 965 |
| 214 | 1516 | 00:35:31 | Kositza | Jannes | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 970 |
| 215 | 1840 | 00:36:37 | Freund | Niko | 1999 | Fehrs Schule 4a | GER-SH | | 999 |
| 216 | 2661 | 00:37:00 | Ohlen | Marcel | 1998 | Grundschule Sude - West 4a | GER-SH | | 1006 |
| 217 | 1168 | 00:37:04 | Spross | Philip | 1999 | GHS Brokstedt 3a | GER-SH | | 1009 |
| 218 | 1391 | 00:37:06 | Thomsen | Niklas | 1999 | Tönning | GER-SH | | 1014 |
| 219 | 1252 | 00:37:07 | Benli | Finn | 1998 | Grund- und Hauptschule Krempe 3b | GER-SH | | 1015 |
| 220 | 2791 | 00:37:08 | Rimatcki | Julian | 1999 | Julianka Schule 3a | GER-SH | | 1018 |
| 221 | 1883 | 00:37:08 | Kober | Sascha | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1019 |
| 222 | 2651 | 00:37:23 | Schumann | Eric - Mike | 1999 | Grundschule Sude - West 3c | GER-SH | | 1026 |
| 223 | 2069 | 00:38:46 | Zoppoth | Maik | 1998 | Grundschule Op de Host 1-4 | GER-SH | | 1062 |
| 224 | 1483 | 00:38:50 | Waldow | Keven | 1999 | Grundschule Wellenkamp 3c | GER-SH | | 1063 |
| 225 | 1540 | 00:38:58 | Müller | Mike-David | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 1064 |
| 226 | 1538 | 00:39:06 | Krüger | Lars | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 1068 |
| 227 | 1533 | 00:39:06 | Glissmann | Jannik | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 1069 |

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5 Km Lauf (5 Km)

5 Km Lauf M - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------|-----------|------|-------------------------------------|--------|-----|------------|
| 228 | 2628 | 00:39:24 | Gotschalk | Leon | 1999 | Grundschule Sude - West 3b | GER-SH | | 1075 |
| 229 | 1247 | 00:40:54 | Tetzlaff | Mirko | 1999 | Grund- und Hauptschule Krempe 3a | GER-SH | | 1088 |
| 230 | 1912 | 00:41:07 | Wessel | Noah | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1091 |
| 231 | 1511 | 00:41:19 | Balbabjan | Harutjun | 1998 | Grundschule Wellenkamp 4c | GER-SH | | 1095 |
| 232 | 1867 | 00:45:16 | Fedder | Sebastian | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1122 |
| 233 | 1913 | 00:46:42 | Wiesner | Lukas | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1129 |
| 234 | 2039 | 00:48:03 | Brinkop | Ole | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 1133 |
| 235 | 1651 | 00:49:48 | Jeß | Dennis | 1998 | Klosterhof-Schule 5a | GER-SH | | 1136 |
| 236 | 3478 | 00:49:58 | Scheffe | Finn-Luca | 1998 | TSV Heiligenstedten | GER-SH | | 1137 |
| 237 | 1504 | 00:50:31 | Kay | Adam | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 1140 |

5 Km Lauf M - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|--------------|------|---|---------|-----|------------|
| 1 | 3205 | 00:22:38 | Ludka | Felix | 2000 | Itzehoe Versicherungen | GER-SH | | 105 |
| 2 | 3474 | 00:22:48 | Holler | Luca | 2000 | TS Schenefeld | GER-SH | | 110 |
| 3 | 1359 | 00:23:16 | Enstipp | Till | 2000 | Grundschule Kremperheide 2a | GER-SH | | 134 |
| 4 | 2696 | 00:23:30 | Böhm | Arved | 2000 | Gut Heil Itzehoe | GER-SH | | 152 |
| 5 | 1293 | 00:23:44 | Baudach | Thade | 2000 | Grundschule Edendorf 3a | GER-SH | | 165 |
| 6 | 1362 | 00:24:03 | Rechenberg | Robbin | 2000 | Grundschule Kremperheide 2a | GER-SH | | 176 |
| 7 | 2580 | 00:24:09 | Braun | Hannes | 2001 | Grundschule Sude - West 2a | GER-SH | | 187 |
| 8 | 3244 | 00:24:22 | Friedrichs | Ole | 2000 | Laufftreff MTV Wilster | GER-SH | | 205 |
| 9 | 1342 | 00:24:34 | Ohr | Henry Mattis | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 225 |
| 10 | 2641 | 00:24:42 | Jaschinski | Luis | 2000 | Grundschule Sude - West 3c | GER-SH | | 232 |
| 11 | 3278 | 00:24:52 | Kooistra | Mats | 2000 | Münsterdorfer Sportverein | GER-SH | | 243 |
| 12 | 1246 | 00:24:56 | Sibbert | Tim | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 249 |
| 13 | 3260 | 00:25:07 | Mahler | Paul | 2001 | LG Kehdingen | GER-NIE | | 263 |
| 14 | 1477 | 00:25:38 | Rösch | Mattis | 2000 | Grundschule Wellenkamp 3c | GER-SH | | 298 |
| 15 | 1482 | 00:25:38 | Viohl | Bjarne | 2000 | Grundschule Wellenkamp 3c | GER-SH | | 300 |
| 16 | 2114 | 00:25:42 | Granert | Tobias | 2000 | Itzehoe Versicherungen | GER-SH | | 302 |
| 17 | 2064 | 00:25:52 | Tiedemann-Hein | Tjark | 2000 | Grundschule Op de Host 1-4 | GER-SH | | 312 |
| 18 | 2430 | 00:25:54 | Take | Luis | 2000 | Hamburg | GER-HAM | | 317 |
| 19 | 1337 | 00:25:58 | Köhne | Thilo | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 325 |
| 20 | 1354 | 00:25:59 | Wied | Tim | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 327 |
| 21 | 2489 | 00:26:14 | Frahm | Luca Tristan | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 350 |
| 22 | 2739 | 00:26:26 | Johannsen | Christian | 2001 | Itzehoe | GER-SH | | 363 |
| 23 | 3488 | 00:26:26 | Gerull | Sjard Hannes | 2001 | TSV Lola | GER-SH | | 365 |
| 24 | 3281 | 00:26:44 | Röttger | Julius | 2001 | Münsterdorfer Sportverein | GER-SH | | 389 |
| 25 | 2479 | 00:26:45 | Britt | Linus | 2001 | Brittish Runners | GER-SH | | 391 |
| 26 | 1374 | 00:26:48 | Wilken | Christopher | 2001 | Grundschule Kremperheide 2b | GER-SH | | 399 |
| 27 | 2586 | 00:26:54 | König | Hannes | 2001 | Grundschule Sude - West 2a | GER-SH | | 404 |
| 28 | 2653 | 00:26:56 | Trippeö | Alexander | 2000 | Grundschule Sude - West 3c | GER-SH | | 405 |
| 29 | 2614 | 00:27:00 | Jegel | Nico | 2000 | Grundschule Sude - West 3a | GER-SH | | 408 |
| 30 | 1177 | 00:27:06 | Richter | Leon | 2000 | GHS Brokstedt 3b | GER-SH | | 417 |
| 31 | 1356 | 00:27:27 | Alexander | Philip | 2001 | Grundschule Kremperheide 1 | GER-SH | | 440 |
| 32 | 2778 | 00:27:36 | Feddersen | Finn | 2000 | Julianka Schule 3a | GER-SH | | 455 |

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5 Km Lauf (5 Km)

5 Km Lauf M - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|----------------|------|---|--------|-----|------------|
| 33 | 1167 | 00:28:00 | Nogli | Julian | 2000 | GHS Brokstedt 3a | GER-SH | | 492 |
| 34 | 1179 | 00:28:03 | Terner | Tobias | 2000 | GHS Brokstedt 3b | GER-SH | | 499 |
| 35 | 1490 | 00:28:05 | Looft | Fabio | 2000 | Grundschule Wellenkamp 3d | GER-SH | | 501 |
| 36 | 1418 | 00:28:06 | Hansen | Ben | 2000 | Grundschule Oelixdorf 2 | GER-SH | | 504 |
| 37 | 1436 | 00:28:10 | Eichler | Finn | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 508 |
| 38 | 1446 | 00:28:14 | Möller | Tobias | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 512 |
| 39 | 1929 | 00:28:24 | Jensen | Jesper | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 527 |
| 40 | 1853 | 00:28:34 | Iwan | Marvin Justin | 2001 | Fehrs-Schule Itzehoe 1 - 4 Mix | GER-SH | | 550 |
| 41 | 1378 | 00:28:45 | Liedtke | Scotty | 2000 | Grundschule Kremperheide 3a | GER-SH | | 562 |
| 42 | 2782 | 00:28:48 | Kreminski | Leon | 2000 | Julianka Schule 3a | GER-SH | | 564 |
| 43 | 2693 | 00:28:58 | Grützmacher | Diego | 2000 | Grundschule Sude-West Kl.2a | GER-SH | | 577 |
| 44 | 2534 | 00:28:58 | Wudtke | Johann | 2001 | ETS Gut Heil Itzehoe | GER-SH | | 578 |
| 45 | 1358 | 00:29:01 | Stüven | Mika | 2001 | Grundschule Kremperheide 1 | GER-SH | | 582 |
| 46 | 2155 | 00:29:02 | Engels | Leif-Jerrid | 2001 | Klinikum Itzehoe | GER-SH | | 583 |
| 47 | 2162 | 00:29:05 | Merkel | Pieter | 2001 | Klinikum Itzehoe | GER-SH | | 585 |
| 48 | 1966 | 00:29:10 | Dyrßen | Paul | 2000 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 594 |
| 49 | 2618 | 00:29:11 | Krieger | Thorben | 2000 | Grundschule Sude - West 3a | GER-SH | | 595 |
| 50 | 2941 | 00:29:11 | Kaage | Jan-Erik | 2001 | Münsterdorf | GER-SH | | 596 |
| 51 | 1283 | 00:29:11 | Hildebrandt | Nils | 2001 | Grundschule Edendorf 2 | GER-SH | | 597 |
| 52 | 2275 | 00:29:16 | Linow | Rasmus | 2001 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 605 |
| 53 | 2649 | 00:29:17 | Möckelmann | Joshua | 2000 | Grundschule Sude - West 3c | GER-SH | | 606 |
| 54 | 1287 | 00:29:17 | Tiedemann | Felix | 2001 | Grundschule Edendorf 2 | GER-SH | | 607 |
| 55 | 1415 | 00:29:24 | Busch | Justus | 2001 | Grundschule Oelixdorf 2 | GER-SH | | 619 |
| 56 | 2966 | 00:29:31 | Möller | Tim | 2000 | Münsterdorf | GER-SH | | 632 |
| 57 | 2112 | 00:29:45 | Bollhardt | Phil-Laurin | 2001 | Itzehoer Versicherungen | GER-SH | | 641 |
| 58 | 1407 | 00:29:45 | Lau | Johann | 2001 | Grundschule Oelixdorf 1 | GER-SH | | 642 |
| 59 | 1164 | 00:30:02 | Folster | Lasse | 2000 | GHS Brokstedt 3a | GER-SH | | 662 |
| 60 | 1233 | 00:30:02 | Deich | Arne Christian | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 663 |
| 61 | 1245 | 00:30:05 | Semmelhaack | Lasse | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 668 |
| 62 | 2728 | 00:30:06 | Leube | Iven | 2000 | ISV 09 | GER-SH | | 670 |
| 63 | 2953 | 00:30:07 | Krause | Fabian | 2001 | Münsterdorf | GER-SH | | 675 |
| 64 | 2514 | 00:30:08 | Trentelmann | Jonas | 2000 | BSC Sportfreunde Itzehoe | GER-SH | | 679 |
| 65 | 1271 | 00:30:09 | Witt | Marvin | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 682 |
| 66 | 2508 | 00:30:10 | Rohde | Malte | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 685 |
| 67 | 1899 | 00:30:28 | Reese | Benno Thore | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 712 |
| 68 | 2483 | 00:30:34 | Albers | Neo | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 717 |
| 69 | 1439 | 00:30:36 | Goldt | Bastian | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 718 |
| 70 | 1856 | 00:30:45 | Aude | Bent | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 725 |
| 71 | 2331 | 00:30:47 | Elsner | Julian | 2001 | Wewelsfleth | GER-SH | | 726 |
| 72 | 2327 | 00:30:47 | Dibbern | Felix | 2001 | Grevenkop | GER-SH | | 727 |
| 73 | 2904 | 00:30:58 | Behncke | Jörn | 2001 | Itzehoe | GER-SH | | 741 |
| 74 | 1430 | 00:31:09 | Wilhelm | Lukas | 2000 | Grundschule Oelixdorf 2 | GER-SH | | 750 |
| 75 | 1339 | 00:31:17 | Kramer | Morten | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 759 |
| 76 | 2658 | 00:31:21 | Meinke | Lennart | 2000 | Grundschule Sude - West 4a | GER-SH | | 763 |
| 77 | 1387 | 00:31:30 | Pohlmann | Domenic Leon | 2000 | Grundschule Kremperheide 3b | GER-SH | | 773 |
| 78 | 1357 | 00:31:36 | Diel | Erik | 2001 | Grundschule Kremperheide 1 | GER-SH | | 780 |
| 79 | 3472 | 00:31:37 | Penz | William | 2001 | Trio rasant | GER-SH | | 781 |

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5 Km Lauf (5 Km)

5 Km Lauf M - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|------------|------|---|--------|----------------|
| 80 | 1352 | 00:31:40 | Stabenow | Eike | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | 785 |
| 81 | 1892 | 00:31:47 | Mezger | Tobias | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 789 |
| 82 | 1216 | 00:31:56 | Hatje | Felix | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | 801 |
| 83 | 1228 | 00:32:06 | Wagner | Niklas | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | 814 |
| 84 | 1881 | 00:32:11 | Hubrich | Moritz | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 820 |
| 85 | 1860 | 00:32:12 | Böge | Timo | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 822 |
| 86 | 1231 | 00:32:25 | Zander | Merlin | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | 835 |
| 87 | 1213 | 00:32:25 | Grüger | Nik | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | 836 |
| 88 | 2979 | 00:32:26 | Schuemann | Bennet | 2000 | Westermoor | GER-SH | 837 |
| 89 | 1259 | 00:32:28 | Lau | Marlon | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | 840 |
| 90 | 1719 | 00:32:31 | Sierk | Maximilian | 2000 | Itzehoe | GER-SH | 843 |
| 91 | 1371 | 00:32:39 | Stern | Florian | 2000 | Grundschule Kremperheide 2b | GER-SH | 850 |
| 92 | 1413 | 00:32:47 | Werner | Felix | 2001 | Grundschule Oelixdorf 1 | GER-SH | 855 |
| 93 | 1398 | 00:32:50 | Bartschat | Tim Jasper | 2001 | Grundschule Oelixdorf 1 | GER-SH | 859 |
| 94 | 1381 | 00:32:55 | Rose | Luca | 2000 | Grundschule Kremperheide 3a | GER-SH | 862 |
| 95 | 3161 | 00:32:59 | Wieczorek | Merten | 2001 | GHI | GER-SH | 864 |
| 96 | 1178 | 00:33:04 | Tatari | Matin | 2000 | GHS Brokstedt 3b | GER-SH | 869 |
| 97 | 1171 | 00:33:07 | Claaßen | Florian | 2000 | GHS Brokstedt 3b | GER-SH | 872 |
| 98 | 2581 | 00:33:17 | Calloe | Niklas | 2000 | Grundschule Sude - West 2a | GER-SH | 881 |
| 99 | 2497 | 00:33:19 | Kirbach | Paul | 2000 | BSC Sportfreunde Itzehoe | GER-SH | 883 |
| 100 | 1286 | 00:33:21 | Manthei | Dennis | 2000 | Grundschule Edendorf 2 | GER-SH | 886 |
| 101 | 2944 | 00:33:26 | Kahl | Sebastian | 2001 | Breitenberg | GER-SH | 888 |
| 102 | 2588 | 00:33:32 | Lahl | Erik | 2001 | Grundschule Sude - West 2a | GER-SH | 892 |
| 103 | 2780 | 00:33:34 | Henke | Niklas | 2000 | Julianka Schule 3a | GER-SH | 894 |
| 104 | 1443 | 00:33:37 | Heuer | Herbert | 2000 | Grundschule Oelixdorf 3 | GER-SH | 897 |
| 105 | 2411 | 00:33:39 | Rentz | Jannik | 2000 | Dägeling | GER-SH | 899 |
| 106 | 2356 | 00:33:43 | Klein | Alexander | 2000 | Dägeling | GER-SH | 904 |
| 107 | 3175 | 00:33:43 | Wegner | Mathis | 2000 | Grundschule Hohenlockstedt 3c | GER-SH | 905 |
| 108 | 1209 | 00:33:53 | Frauenheim | Jannes | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | 912 |
| 109 | 1376 | 00:34:02 | Heller | Mirko | 2000 | Grundschule Kremperheide 3a | GER-SH | 921 |
| 110 | 1880 | 00:34:07 | Hubrich | Lars | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 924 |
| 111 | 2305 | 00:34:13 | Bär | Dan Niklas | 2000 | Itzehoe | GER-SH | 928 |
| 112 | 2524 | 00:34:13 | Schilling | Eik | 2001 | DLRG Itzehoe | GER-SH | 931 |
| 113 | 2054 | 00:34:20 | Nagel | Nicklas | 2001 | Grundschule Op de Host 1-4 | GER-SH | 933 |
| 114 | 2044 | 00:34:20 | Göttsche | Jannes | 2001 | Grundschule Op de Host 1-4 | GER-SH | 934 |
| 115 | 2948 | 00:34:33 | Kalcher | Bennet | 2001 | Oldendorf | GER-SH | 938 |
| 116 | 1906 | 00:34:46 | Stange | Nico | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 941 |
| 117 | 1223 | 00:34:58 | Schöning | Raffael | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 946 |
| 118 | 3344 | 00:35:01 | Scheel | Thorge | 2000 | Speed Socks | GER-SH | 948 |
| 119 | 2814 | 00:35:05 | Wodtke | Maurice | 2001 | Klinikum Itzehoe | GER-SH | 949 |
| 120 | 2511 | 00:35:09 | Seferi | Armend | 2001 | BSC Sportfreunde Itzehoe | GER-SH | 955 |
| 121 | 1338 | 00:35:23 | Kramer | Quentin | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | 966 |
| 122 | 1379 | 00:35:34 | Mohr | Hobe | 2000 | Grundschule Kremperheide 3a | GER-SH | 972 |
| 123 | 1770 | 00:35:38 | Krohn | Malte | 2000 | Fehrs-Schule Itzehoe | GER-SH | 974 |
| 124 | 4413 | 00:35:42 | Thilow | Fynn | 2001 | TSV Oldendorf | GER-SH | 976 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|----------------|------|---|--------|-----|------------|
| 125 | 1341 | 00:35:58 | Mölln | Thore | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 979 |
| 126 | 2577 | 00:36:00 | Adam | Adrian | 2000 | Grundschule Sude - West 2a | GER-SH | | 980 |
| 127 | 1331 | 00:36:01 | Jacobs | Maximilian | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 981 |
| 128 | 1234 | 00:36:03 | Dragesser | Nico | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 982 |
| 129 | 2500 | 00:36:03 | Morgo | Sven | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 983 |
| 130 | 2499 | 00:36:03 | Lemke | Yves-Justin | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 984 |
| 131 | 1269 | 00:36:16 | Stotz | Joost | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 988 |
| 132 | 1857 | 00:36:17 | Aybar | Burak | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 989 |
| 133 | 2072 | 00:36:18 | Balej | Marcel | 2000 | Grundschule Wellenkamp 3a | GER-SH | | 992 |
| 134 | 2593 | 00:36:35 | Strohbach | Kilian | 2000 | Grundschule Sude - West 2a | GER-SH | | 998 |
| 135 | 1255 | 00:36:46 | Hellmann | Neels | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 1004 |
| 136 | 2626 | 00:37:05 | Bünning | Tim Luca | 2000 | Grundschule Sude - West 3b | GER-SH | | 1013 |
| 137 | 1862 | 00:37:08 | Cohrt | Bastian | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1017 |
| 138 | 2811 | 00:37:31 | Reese | Jakob | 2000 | | GER-SH | | 1032 |
| 139 | 1926 | 00:38:09 | Frentz | Justin | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 1049 |
| 140 | 2048 | 00:38:10 | Jarisch | Alexander | 2000 | Grundschule Op de Host 1-4 | GER-SH | | 1050 |
| 141 | 1248 | 00:38:13 | Thies | Jan Philipp | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 1052 |
| 142 | 1369 | 00:38:18 | König | Pierre | 2001 | Grundschule Kremperheide 2b | GER-SH | | 1055 |
| 143 | 1441 | 00:38:34 | Hasenpath | Herwig | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 1059 |
| 144 | 2602 | 00:38:59 | Scheppmann | Tristan | 2000 | Grundschule Sude - West 2c | GER-SH | | 1065 |
| 145 | 1340 | 00:39:14 | Lamm | Florian | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 1073 |
| 146 | 1327 | 00:39:15 | Dobihal | Fynn-Leven | 2001 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 1074 |
| 147 | 1916 | 00:42:41 | Wünsch | Tim | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 1107 |
| 148 | 2606 | 00:42:56 | Schneidmüller | Nils - Florian | 2001 | Grundschule Sude - West 2c | GER-SH | | 1109 |
| 149 | 1274 | 00:42:58 | Betz | Carsten | 2001 | Grundschule Edendorf 2 | GER-SH | | 1110 |
| 150 | 2594 | 00:43:00 | Belkov | Mischa | 2001 | Grundschule Sude - West 2c | GER-SH | | 1111 |
| 151 | 1280 | 00:43:43 | Harders | Dennis | 2000 | Grundschule Edendorf 2 | GER-SH | | 1114 |
| 152 | 1278 | 00:43:44 | Duitsmann | Rene | 2001 | Grundschule Edendorf 2 | GER-SH | | 1115 |
| 153 | 1330 | 00:44:38 | Hofmann | Björn | 2001 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 1117 |
| 154 | 1930 | 00:44:44 | Kröger | Tim Felix | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 1118 |
| 155 | 1218 | 00:45:19 | Maaß | Silas | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | | 1123 |
| 156 | 1211 | 00:45:21 | Glismann | Ole | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | | 1124 |
| 157 | 1924 | 00:45:46 | Engel | Bendix Magnus | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 1125 |
| 158 | 2073 | 00:45:47 | Bork | Julian | 2000 | Grundschule Wellenkamp 3a | GER-SH | | 1126 |
| 159 | 1328 | 00:50:16 | Fittkau | Rene Alexander | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 1138 |
| 160 | 1226 | 00:50:19 | Spiegl | Sebastian | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | | 1139 |

5 Km Lauf M - SE

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------|---------|------|-------------------------|--------|-----|------------|
| 1 | 3204 | 00:24:56 | Davi | Jan | 2002 | Itzehoer Versicherungen | GER-SH | | 248 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf M - SE

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|---------------|------|------------------------------|--------|-----|------------|
| 2 | 3279 | 00:26:10 | Kooistra | Bent | 2002 | Münsterdorfer Sportverein | GER-SH | | 346 |
| 3 | 3491 | 00:26:37 | Spross | Finn Hagen | 2002 | TSV Lola | GER-SH | | 375 |
| 4 | 2572 | 00:28:25 | Fritz | Lennard | 2002 | Grundschule Sude - West 1b | GER-SH | | 531 |
| 5 | 1476 | 00:28:34 | Rösch | Theves | 2002 | Grundschule Wellenkamp 3c | GER-SH | | 549 |
| 6 | 1405 | 00:29:30 | Kehde | Tom | 2002 | Grundschule Oelixdorf 1 | GER-SH | | 629 |
| 7 | 2346 | 00:30:24 | Herzog | Reik | 2002 | Heiligenstedten | GER-SH | | 704 |
| 8 | 3053 | 00:30:25 | Wudtke | Lucas | 2003 | ETSV Gut-Heil Itzehoe | GER-SH | | 705 |
| 9 | 2955 | 00:30:50 | Kruse | Jan | 2002 | Itzehoe | GER-SH | | 731 |
| 10 | 1891 | 00:31:50 | Mezger | Philipp | 2002 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 791 |
| 11 | 2605 | 00:32:09 | Schliwa | Jano Silas | 2002 | Grundschule Sude - West 2c | GER-SH | | 817 |
| 12 | 1917 | 00:35:13 | Ahmad | Andino | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | | 960 |
| 13 | 1412 | 00:35:30 | von Böhlen | Leon | 2002 | Grundschule Oelixdorf 1 | GER-SH | | 969 |
| 14 | 2574 | 00:36:05 | Probst | Bjarne | 2002 | Grundschule Sude - West 1b | GER-SH | | 986 |
| 15 | 1409 | 00:36:18 | Scheel | Cedric | 2002 | Grundschule Oelixdorf 1 | GER-SH | | 993 |
| 16 | 2053 | 00:36:46 | Mrozek | Frederik | 2002 | Grundschule Op de Host 1-4 | GER-SH | | 1003 |
| 17 | 2573 | 00:37:24 | Ohrt | Timon | 2002 | Grundschule Sude - West 1b | GER-SH | | 1027 |
| 18 | 2636 | 00:37:31 | Tiefert | Kieran Cedric | 2002 | Grundschule Sude - West 3b | GER-SH | | 1033 |
| 19 | 2751 | 00:37:31 | Himmelhan | Hannes | 2002 | Itzehoer Versicherungen | GER-SH | | 1034 |
| 20 | 2575 | 00:37:59 | Schmidt | Lukas | 2002 | Grundschule Sude - West 1b | GER-SH | | 1042 |
| 21 | 1920 | 00:38:08 | Bremer | Kelvin | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | | 1048 |
| 22 | 2047 | 00:38:19 | Jarisch | Philipp | 2002 | Grundschule Op de Host 1-4 | GER-SH | | 1057 |
| 23 | 1411 | 00:39:56 | von Böhlen | Finn | 2003 | Grundschule Oelixdorf 1 | GER-SH | | 1082 |
| 24 | 2856 | 00:41:12 | Modlich | Lukas | 2003 | MTV Itzehoe | GER-SH | | 1094 |
| 25 | 2492 | 00:41:36 | Hagner | Elias | 2003 | BSC Sportfreunde Itzehoe | GER-SH | | 1097 |
| 26 | 2501 | 00:42:03 | Nath | Lennart Torge | 2003 | BSC Sportfreunde Itzehoe | GER-SH | | 1098 |
| 27 | 2504 | 00:42:04 | Punken | Matthies | 2003 | BSC Sportfreunde Itzehoe | GER-SH | | 1099 |
| 28 | 2392 | 00:42:34 | Müller | Benedikt | 2002 | Itzehoe | GER-SH | | 1102 |
| 29 | 1922 | 00:44:45 | Crivello | Vincenzo | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | | 1119 |
| 30 | 1399 | 00:46:19 | Bartschat | Jan Flemming | 2003 | Grundschule Oelixdorf 1 | GER-SH | | 1128 |

5 Km Lauf W - 20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|---------|------|-----------------------------|--------|-----|------------|
| 1 | 3042 | 00:22:08 | Hillebrand | Johanna | 1981 | ETSV Gut Heil Itzehoe | GER-SH | | 8 |
| 2 | 1106 | 00:22:40 | Stäcker | Ina | 1989 | Schenefeld | GER-SH | | 10 |
| 3 | 2819 | 00:24:18 | Friedrichs | Kim | 1987 | LG Lütten Weg | GER-SH | | 27 |
| 4 | 2768 | 00:24:20 | Törber | Cindy | 1986 | Itzehoer Versicherungen | GER-SH | | 30 |
| 5 | 2088 | 00:24:35 | Rudolph | Ines | 1989 | Gut-Heil Itzehoe | GER-SH | | 35 |
| 6 | 3241 | 00:24:54 | Glasow | Saskia | 1982 | Landsparkasse Schenefeld | GER-SH | | 40 |
| 7 | 2820 | 00:24:55 | Friedrichs | Rike | 1989 | LG Lütten Weg | GER-SH | | 41 |
| 8 | 2905 | 00:25:00 | Brandenburg | Kora | 1987 | Puls | GER-SH | | 43 |
| 9 | 1558 | 00:26:36 | Bartmann | Nina | 1981 | Itzehoer Versicherungen | GER-SH | | 71 |
| 10 | 3289 | 00:26:46 | Brandes | Nadine | 1988 | Nordakademie | GER-SH | | 80 |
| 11 | 2993 | 00:26:57 | Wehrhahn | Maren | 1982 | Elmshorn | GER-SH | | 90 |
| 12 | 3044 | 00:28:09 | Lohse | Aranka | 1989 | ETSV Gut Heil Itzehoe | GER-SH | | 152 |
| 13 | 3293 | 00:28:10 | Jänicke | Petra | 1988 | Nordakademie | GER-SH | | 154 |
| 14 | 2824 | 00:28:18 | Hölck | Corinna | 1986 | Lg möve | GER-SH | | 156 |
| 15 | 2825 | 00:28:44 | Thumann | Anne | 1986 | Lg möve | GER-SH | | 189 |
| 16 | 2262 | 00:29:20 | Kraft | Karolin | 1988 | Volksbank Raiffeisenbank eG | GER-SH | | 230 |
| 17 | 2988 | 00:29:44 | Thormählen | Nina | 1988 | Kollmar | GER-SH | | 253 |

LG MTV / Gut Heil Itzehoe Gravensteiner Weg 6 25524 Itzehoe
Telefon: 04821-92040 Fax: 04821-940102 Freiwald@stoerlauf.de <http://www.stoerlauf.de>

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5 Km Lauf (5 Km)

5 Km Lauf W - 20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|--------------|------|--|---------|-----|------------|
| 18 | 3440 | 00:29:47 | Jüstel | Isabel | 1984 | Trede und von Pein | GER-SH | | 256 |
| 19 | 3192 | 00:29:55 | Hopp | Andrea | 1981 | ISR Itzehoer Schrott und Recycling GmbH & Co. | GER-SH | | 263 |
| 20 | 3453 | 00:30:00 | Nöhrnberg | Kathrin | 1988 | Trede und von Pein | GER-SH | | 269 |
| 21 | 3240 | 00:30:00 | Reuter | Jasmin | 1987 | Klinikum Itzehoe | GER-SH | | 270 |
| 22 | 2151 | 00:30:10 | Altmann | Katharina | 1985 | Klinikum Itzehoe | GER-SH | | 281 |
| 23 | 1325 | 00:30:12 | Böckmann | Berit | 1985 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 282 |
| 24 | 2480 | 00:30:20 | Ingwersen | Annika | 1981 | Brittish Runners | GER-SH | | 287 |
| 25 | 2353 | 00:30:20 | Jürgensen | Annika | 1987 | Hohenlockstedt | GER-SH | | 288 |
| 26 | 3210 | 00:30:24 | Schlick | Katrin | 1980 | Itzehoer Versicherungen | GER-SH | | 293 |
| 27 | 3225 | 00:30:27 | Hellmann | Sophia | 1980 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 302 |
| 28 | 2152 | 00:30:39 | Arbert | Johanna | 1983 | Klinikum Itzehoe | GER-SH | | 314 |
| 29 | 2919 | 00:30:56 | Eckelt | Mareike | 1982 | Itzehoe | GER-SH | | 349 |
| 30 | 1122 | 00:30:58 | Schröer | Gillian | 1987 | Elmshorn | GER-SH | | 351 |
| 31 | 1154 | 00:31:02 | Harwarth | Judith | 1982 | Gesundheitszentrum Klosterforst | GER-SH | | 357 |
| 32 | 2990 | 00:31:48 | Treller | Bodil | 1980 | Itzehoe | GER-SH | | 410 |
| 33 | 2933 | 00:31:55 | Hildebrand | Gloria | 1985 | Bönningstedt | GER-SH | | 420 |
| 34 | 3482 | 00:32:35 | Samiloglu | Buket | 1983 | TSV Hohenlockstedt | GER-SH | | 475 |
| 35 | 3468 | 00:32:59 | Schröder | Heidrun | 1984 | Trede und von Pein | GER-SH | | 510 |
| 36 | 2943 | 00:33:05 | Kah | Svea | 1989 | Itzehoe | GER-SH | | 517 |
| 37 | 3470 | 00:33:06 | Versmann | Jessica | 1988 | Trede und von Pein | GER-SH | | 519 |
| 38 | 3158 | 00:33:22 | Kosanke | Maike | 1987 | Gesundheitszentrum Klosterforst | GER-SH | | 543 |
| 39 | 3414 | 00:33:34 | Klahn | Sonja | 1986 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 555 |
| 40 | 3429 | 00:33:36 | Valtinke | Jacqueline | 1987 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 557 |
| 41 | 1884 | 00:34:09 | Kontowski | Jenny | 1981 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 584 |
| 42 | 3415 | 00:34:39 | Lankmaack | Anne | 1984 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 617 |
| 43 | 4436 | 00:35:12 | Plath | Jennifer | 1985 | Wohlert, Aldag & Partner | GER-SH | | 651 |
| 44 | 4431 | 00:35:15 | Henning | Anna-Kathrin | 1984 | Wohlert, Aldag & Partner | GER-SH | | 656 |
| 45 | 3437 | 00:35:22 | Hergenreder | Irina | 1984 | Trede und von Pein | GER-SH | | 666 |
| 46 | 3242 | 00:36:00 | Panten | Jana | 1986 | Landsparkasse Schenefeld | GER-SH | | 725 |
| 47 | 1452 | 00:36:15 | Wasmundt | Julia | 1981 | Grundschule Oelixdorf 3 | GER-SH | | 736 |
| 48 | 3412 | 00:37:50 | Hellert | Julia | 1981 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 811 |
| 49 | 1107 | 00:38:10 | Koch | Susanne | 1981 | Hamburg | GER-HAM | | 834 |
| 50 | 1123 | 00:38:10 | Trzanowski | Synja | 1983 | Hamburg | GER-HAM | | 835 |
| 51 | 2310 | 00:38:17 | Behm | Silvana | 1982 | Nortorf | GER-SH | | 837 |
| 52 | 3465 | 00:38:38 | Rosendahl | Ricarda | 1989 | Trede und von Pein | GER-SH | | 851 |
| 53 | 3435 | 00:41:26 | Driels | Melanie | 1988 | Trede und von Pein | GER-SH | | 902 |
| 54 | 2341 | 00:42:31 | Hafstein | Ina | 1981 | Itzehoe | GER-SH | | 918 |
| 55 | 3469 | 00:43:05 | Tietjen | Katharina | 1987 | Trede und von Pein | GER-SH | | 929 |
| 56 | 1111 | 00:50:01 | Lucht | Kathrin | 1980 | Bahrenfleth | GER-SH | | 972 |

5 Km Lauf W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------|---------|------|-------------------|--------|-----|------------|
| 1 | 1598 | 00:24:08 | Mehlert | Carola | 1976 | Klosterhof Schule | GER-SH | | 25 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------------|-----------|------|---|---------|----------------|
| 2 | 2854 | 00:24:14 | Koch | Iris | 1975 | MTV Itzehoe | GER-SH | 26 |
| 3 | 2921 | 00:24:40 | Eikmeier | Bianca | 1978 | Kellinghusen | GER-SH | 37 |
| 4 | 2714 | 00:25:40 | Kracht | Miriam | 1977 | Gut-Heil Itzehoe | GER-SH | 54 |
| 5 | 1760 | 00:27:38 | Gruitrooy | Anne | 1978 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | 122 |
| 6 | 2478 | 00:27:46 | Britt | Nicole | 1976 | Brittish Runners | GER-SH | 132 |
| 7 | 2712 | 00:29:49 | Link | Christina | 1976 | Gut-Heil Itzehoe | GER-SH | 257 |
| 8 | 1827 | 00:30:29 | Struve | Tanja | 1977 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | 304 |
| 9 | 1121 | 00:30:36 | Schröder | Vivian | 1975 | Hamburg | GER-HAM | 309 |
| 10 | 1159 | 00:31:05 | Müller | Katja | 1975 | Gesundheitszentrum Klosterforst | GER-SH | 359 |
| 11 | 2961 | 00:32:28 | Luther | Hilke | 1978 | Bad Bramstedt | GER-SH | 465 |
| 12 | 3003 | 00:32:42 | Soerensen | Majbritt | 1978 | Atlética Horsens | DEN | 488 |
| 13 | 3164 | 00:33:04 | Boyke | Katrin | 1976 | Grundschule Hohenlockstedt 3c | GER-SH | 515 |
| 14 | 3410 | 00:33:57 | Evers | Yvonne | 1978 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 567 |
| 15 | 3416 | 00:34:09 | Maiberger | Nadine | 1977 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 583 |
| 16 | 3409 | 00:34:46 | Engel | Tanja | 1976 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 624 |
| 17 | 2161 | 00:34:58 | Manthey | Tanja | 1976 | Klinikum Itzehoe | GER-SH | 640 |
| 18 | 2930 | 00:35:19 | Gehle | Mirja | 1978 | Itzehoe | GER-SH | 663 |
| 19 | 2315 | 00:36:31 | Block | Gitta | 1976 | Itzehoe | GER-SH | 747 |
| 20 | 3304 | 00:37:31 | Jensen | Sabine | 1978 | Norddeutsche Rundschau | GER-SH | 805 |
| 21 | 1428 | 00:39:10 | Thießen-Runge | Yvonne | 1975 | Grundschule Oelixdorf 2 | GER-SH | 865 |
| 22 | 2448 | 00:39:49 | Wolter | Doris | 1975 | Itzehoe | GER-SH | 877 |
| 23 | 1894 | 00:40:46 | Nentwig | Daniela | 1976 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 891 |
| 24 | 2344 | 00:41:39 | Herzog | Kerstin | 1976 | Elmshorn | GER-SH | 903 |
| 25 | 3443 | 00:41:58 | Kroos | Tanja | 1979 | Trede und von Pein | GER-SH | 910 |

5 Km Lauf W - 35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|---------|------|---|--------|----------------|
| 1 | 4503 | 00:23:07 | Kaldewey | Melanie | 1972 | Kremperheide | GER-SH | 13 |
| 2 | 2908 | 00:23:27 | Bülow | Tanja | 1972 | Kremperheide | GER-SH | 18 |
| 3 | 1826 | 00:24:20 | Stendorf | Sabine | 1970 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | 29 |
| 4 | 3347 | 00:28:39 | Block | Susanne | 1970 | Sportverein Kremperheide | GER-SH | 183 |
| 5 | 2423 | 00:28:51 | Sonnabend | Marion | 1970 | HEILIGENSTEDTEN | GER-SH | 196 |
| 6 | 2942 | 00:29:09 | Käckenhoff | Kirsten | 1970 | Elmshorn | GER-SH | 217 |
| 7 | 2869 | 00:30:24 | Harders | Katja | 1970 | MTV Wilster | GER-SH | 298 |
| 8 | 3077 | 00:30:49 | Erichsen | Sonja | 1973 | Gemeinschaftsschule Wilster 5 | GER-SH | 330 |
| 9 | 2971 | 00:30:52 | Rumpf | Rabea | 1971 | Itzehoe | GER-SH | 339 |
| 10 | 1561 | 00:30:52 | Adomeit | Ulrike | 1970 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | 340 |
| 11 | 2404 | 00:31:37 | Paulsen | Britta | 1973 | Brunsbüttel | GER-SH | 395 |
| 12 | 3408 | 00:31:56 | Berger | Joyce | 1974 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 421 |
| 13 | 4370 | 00:32:04 | Klöcking | Dagmar | 1971 | Wolfgang-Borchert-Realschule 7a | GER-SH | 428 |
| 14 | 3274 | 00:32:12 | Reimers | Nadja | 1970 | MTV Itzehoe | GER-SH | 441 |
| 15 | 3487 | 00:32:28 | Frahm | Bettina | 1974 | TSV Lola | GER-SH | 466 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------|------|---|--------|-----|------------|
| 16 | 1718 | 00:32:29 | Sierk | Steffi | 1970 | Itzehoe | GER-SH | | 468 |
| 17 | 4414 | 00:32:30 | Maaß | Simone | 1971 | TSV Oldendorf | GER-SH | | 469 |
| 18 | 1124 | 00:32:41 | Wittmaack | Monika | 1971 | Krempdorf | GER-SH | | 487 |
| 19 | 2985 | 00:33:23 | Strasse | Kristina | 1973 | Itzehoe | GER-SH | | 545 |
| 20 | 2945 | 00:33:25 | Kahl | Christine | 1973 | Breitenberg | GER-SH | | 547 |
| 21 | 1629 | 00:33:37 | Höser | Eva | 1971 | Klosterhof Schule 5b | GER-SH | | 558 |
| 22 | 3286 | 00:33:51 | Eckmann | Katrin | 1974 | MV-Horst | GER-SH | | 563 |
| 23 | 1864 | 00:34:47 | Erdtmann | Andrea | 1970 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 625 |
| 24 | 1402 | 00:35:35 | Harnack | Tina | 1971 | Grundschule Oelixdorf 1 | GER-SH | | 690 |
| 25 | 2357 | 00:35:46 | Koch | Sabine | 1970 | Itzehoe | GER-SH | | 707 |
| 26 | 3424 | 00:35:49 | Speer | Meike | 1973 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 713 |
| 27 | 2036 | 00:36:45 | Asmus-Mrozek | Birgit | 1971 | Grundschule Op de Host 1-4 | GER-SH | | 762 |
| 28 | 2648 | 00:37:05 | Möckelmann | Wencke | 1970 | Grundschule Sude - West 3c | GER-SH | | 775 |
| 29 | 2749 | 00:37:32 | Himmelhan | Petra | 1971 | Itzehoer Versicherungen | GER-SH | | 806 |
| 30 | 2652 | 00:38:48 | Tobaben | Angela | 1971 | Grundschule Sude - West 3c | GER-SH | | 856 |
| 31 | 3364 | 00:43:09 | Rößler | Helle | 1974 | Steinburgschule Itzehoe | GER-SH | | 931 |

5 Km Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|----------|------|---|--------|-----|------------|
| 1 | 2017 | 00:24:01 | Baudach | Stephani | 1966 | Grundschule Edendorf 4a | GER-SH | | 24 |
| 2 | 3167 | 00:26:15 | Lübbers | Maren | 1967 | Grundschule Hohenlockstedt 3c | GER-SH | | 61 |
| 3 | 1722 | 00:26:34 | Sönksen | Antje | 1969 | Hohenlockstedt | GER-SH | | 70 |
| 4 | 1696 | 00:27:04 | Hoth | Maike | 1965 | Pestalozzi-Schule Oberstufe | GER-SH | | 96 |
| 5 | 2939 | 00:27:21 | Höper | Sabine | 1967 | Breitenburg | GER-SH | | 108 |
| 6 | 1479 | 00:27:44 | Rösch | Claudia | 1969 | Grundschule Wellenkamp 3c | GER-SH | | 128 |
| 7 | 1305 | 00:28:01 | zur Verth | Silvia | 1965 | Grundschule Edendorf 3a | GER-SH | | 146 |
| 8 | 1406 | 00:28:38 | Lau | Kerstin | 1967 | Grundschule Oelixdorf 1 | GER-SH | | 181 |
| 9 | 2339 | 00:28:44 | Grüning | Susanne | 1966 | Itzehoe | GER-SH | | 190 |
| 10 | 1212 | 00:28:50 | Graack | Marlies | 1968 | Grund- und Hauptschule Krempe 2c | GER-SH | | 195 |
| 11 | 2865 | 00:28:56 | Voß -Töllner | Britta | 1967 | MTV Itzehoe | GER-SH | | 198 |
| 12 | 2850 | 00:28:59 | Abt | Anja | 1965 | MTV Itzehoe | GER-SH | | 202 |
| 13 | 2752 | 00:29:07 | Janentzky-Lange | Birte | 1966 | Itzehoer Versicherungen | GER-SH | | 216 |
| 14 | 1819 | 00:29:15 | Jannsen | Britta | 1967 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 220 |
| 15 | 1975 | 00:29:20 | Hickson-Brown | Gundula | 1967 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 229 |
| 16 | 2950 | 00:29:33 | Kaluscha | Helga | 1965 | Glückstadt | GER-SH | | 240 |
| 17 | 3458 | 00:29:34 | Pöttsch | Silke | 1967 | Trede und von Pein | GER-SH | | 241 |
| 18 | 3451 | 00:29:40 | Looft | Bergit | 1966 | Trede und von Pein | GER-SH | | 248 |
| 19 | 2681 | 00:29:45 | Reiter | Katja | 1969 | Grundschule Sude - West 4b | GER-SH | | 254 |
| 20 | 2670 | 00:30:04 | Grützmacher | Zonia | 1967 | Grundschule Sude - West 4b | GER-SH | | 277 |
| 21 | 2688 | 00:30:17 | Pachan | Tatjana | 1968 | Grundschule Sude - West 4c | GER-SH | | 285 |
| 22 | 2370 | 00:30:31 | Krüger | Andrea | 1968 | Lägerdorf | GER-SH | | 306 |
| 23 | 1125 | 00:30:52 | Sönke | Kerstin | 1969 | Oelixdorf | GER-SH | | 343 |
| 24 | 2378 | 00:30:57 | Lucki | Ulrike | 1969 | Itzehoe | GER-SH | | 350 |
| 25 | 3365 | 00:30:58 | Ruge | Simone | 1969 | Steinburgschule Itzehoe | GER-SH | | 352 |
| 26 | 2907 | 00:31:39 | Brandes | Annette | 1966 | Heiligenstedten | GER-SH | | 399 |
| 27 | 4411 | 00:31:41 | Lähn | Martina | 1968 | TSV Lägerdorf | GER-SH | | 401 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------------|-----------|------|---|---------|----------------|
| 28 | 4399 | 00:31:46 | Jürgensen | Daniela | 1969 | Sport Schönbeck | GER-SH | 404 |
| 29 | 1350 | 00:31:48 | Schwesig | Maike | 1968 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | 411 |
| 30 | 3476 | 00:31:53 | Schröder | Ilse | 1965 | Tsv Breitenberg | GER-SH | 417 |
| 31 | 1729 | 00:32:05 | Raabe | Kerstin | 1968 | Amt Itzehoe-Land | GER-SH | 430 |
| 32 | 2738 | 00:32:20 | Johannsen | Stephanie | 1968 | Itzehoe | GER-SH | 450 |
| 33 | 2978 | 00:32:25 | Schuemann | Katja | 1968 | Westermoor | GER-SH | 460 |
| 34 | 2165 | 00:32:35 | Rohr | Tanja | 1969 | Klinikum Itzehoe | GER-SH | 476 |
| 35 | 2929 | 00:32:44 | Garbers | Meike | 1966 | Itzehoe | GER-SH | 494 |
| 36 | 1835 | 00:32:55 | Aude | Birgit | 1967 | Fehrs Schule 4a | GER-SH | 505 |
| 37 | 2742 | 00:32:56 | Büll | Tanja | 1968 | Itzehoer Versicherungen | GER-SH | 507 |
| 38 | 2548 | 00:33:22 | Janke | Melanie | 1969 | ETSV Gut Heil Itzehoe | GER-SH | 542 |
| 39 | 2775 | 00:33:42 | Dethlefs | Gabriela | 1968 | Julianka Schule 3a | GER-SH | 559 |
| 40 | 1710 | 00:33:57 | Kruse | Martina | 1966 | Neuenbrook | GER-SH | 568 |
| 41 | 2402 | 00:33:58 | Ott | Sabine | 1968 | Heiligenstedtenerkamp | GER-SH | 570 |
| 42 | 1792 | 00:34:25 | Kröger | Annette | 1968 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | 605 |
| 43 | 2323 | 00:34:39 | Brockmann | Kristina | 1969 | Rosdorf | GER-SH | 616 |
| 44 | 2964 | 00:34:42 | Martens | Britta | 1967 | Heiligenstedten | GER-SH | 619 |
| 45 | 1435 | 00:34:49 | Eichler | Sandra | 1969 | Grundschule Oelixdorf 3 | GER-SH | 628 |
| 46 | 1229 | 00:34:51 | Hatje | Maren | 1967 | Behrens & Haltermann | GER-SH | 630 |
| 47 | 2685 | 00:34:53 | Geib | Angela | 1965 | Grundschule Sude - West 4c | GER-SH | 634 |
| 48 | 3417 | 00:34:58 | Möller | Annkatri | 1966 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 639 |
| 49 | 1118 | 00:35:00 | Rohwer-Reimers | Martina | 1967 | Brokdorf | GER-SH | 642 |
| 50 | 2687 | 00:35:29 | Mühler | Christine | 1966 | Grundschule Sude - West 4c | GER-SH | 675 |
| 51 | 1707 | 00:35:37 | Hoffmann | Ilka | 1969 | Reher | GER-SH | 695 |
| 52 | 2425 | 00:35:44 | Staenke | Bärbel | 1965 | Itzehoe | GER-SH | 704 |
| 53 | 2583 | 00:35:59 | Flick - Schönrock | Kerstin | 1967 | Grundschule Sude - West 2a | GER-SH | 723 |
| 54 | 2417 | 00:36:06 | Schmidt | Susanne | 1969 | Itzehoe | GER-SH | 728 |
| 55 | 1268 | 00:36:13 | Stotz | Anja | 1966 | Grund- und Hauptschule Krempe 3b | GER-SH | 733 |
| 56 | 2035 | 00:36:31 | Pfleiderer | Marion | 1969 | Grundschule Op de Host | GER-SH | 748 |
| 57 | 2274 | 00:36:35 | Linow | Ilka | 1967 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | 752 |
| 58 | 2994 | 00:37:03 | Welz | Carola | 1968 | Bekmünde | GER-SH | 771 |
| 59 | 1368 | 00:37:07 | Thomsen | Katrin | 1969 | Tönning | GER-SH | 777 |
| 60 | 2158 | 00:37:22 | Fock | Sabine | 1967 | Klinikum Itzehoe | GER-SH | 796 |
| 61 | 3454 | 00:37:57 | Oesau | Susanne | 1969 | Trede und von Pein | GER-SH | 817 |
| 62 | 2095 | 00:38:28 | Klinge | Sabine | 1966 | Hauptschule Lübscher Kamp 6b | GER-SH | 843 |
| 63 | 2995 | 00:38:29 | Wiebusch | Inge | 1968 | Bekmünde | GER-SH | 844 |
| 64 | 2109 | 00:39:06 | Bollhardt | Andrea | 1969 | Itzehoer Versicherungen | GER-SH | 864 |
| 65 | 2134 | 00:39:10 | Hüffer | Claudia | 1965 | Kaiser Karl Schule Quinta b | GER-SH | 866 |
| 66 | 2319 | 00:40:18 | Böhm | Birgit | 1966 | Wacken | GER-SH | 883 |
| 67 | 2066 | 00:41:53 | Tomberger | Cordula | 1967 | Grundschule Op de Host 1-4 | GER-SH | 907 |
| 68 | 2437 | 00:45:29 | Wanke | Ingrid | 1968 | Hamburg | GER-HAM | 948 |
| 69 | 1400 | 00:46:16 | Bartschat | Ute | 1968 | Grundschule Oelixdorf 1 | GER-SH | 957 |
| 70 | 4419 | 00:47:07 | Bode | Susanne | 1965 | TUS Krempe | GER-SH | 958 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|------------|------|---|---------|-----|------------|
| 1 | 3270 | 00:23:53 | Bornholdt | Inga | 1962 | MTV Itzehoe | GER-SH | | 22 |
| 2 | 2821 | 00:26:14 | Friedrichs | Frauke | 1960 | LG Lütten Weg | GER-SH | | 60 |
| 3 | 1303 | 00:26:21 | Schoeneich | Lydia | 1964 | Grundschule Edendorf 3a | GER-SH | | 64 |
| 4 | 2981 | 00:26:32 | Schütte | Sabine | 1962 | Horst | GER-SH | | 69 |
| 5 | 1526 | 00:27:20 | Sakowski | Gaby | 1963 | Grundschule Wellenkamp 4c | GER-SH | | 106 |
| 6 | 3255 | 00:27:30 | Sjut | Uta | 1963 | Laufftreff MTV Wilster | GER-SH | | 116 |
| 7 | 2924 | 00:28:04 | Fischer | Liane | 1961 | Hohenlockstedt | GER-SH | | 148 |
| 8 | 1982 | 00:28:27 | Wethje | Heinke | 1964 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 169 |
| 9 | 2848 | 00:28:37 | Sander | Renate | 1964 | MTV Horst e.V. | GER-SH | | 180 |
| 10 | 2874 | 00:28:40 | Ruge | Conni | 1960 | MTV-Horst e.V. | GER-SH | | 184 |
| 11 | 2313 | 00:28:42 | Bielenberg | Susanne | 1963 | Itzehoe | GER-SH | | 186 |
| 12 | 3049 | 00:29:10 | Stötling | Dorit | 1963 | ETSV Gut Heil Itzehoe | GER-SH | | 219 |
| 13 | 2539 | 00:29:16 | Looss | Gabriele | 1963 | ETSV Fortuna Glückstadt | GER-SH | | 222 |
| 14 | 4424 | 00:29:43 | Lembke | Martina | 1961 | Volksbank Raiffeisenbank eG | GER-SH | | 252 |
| 15 | 4358 | 00:30:00 | Kirstein | Karen | 1963 | Sparkasse Westholstein | GER-SH | | 271 |
| 16 | 3420 | 00:30:04 | Reichert | Kornelia | 1962 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 278 |
| 17 | 3419 | 00:30:38 | Podehl | Kornelia | 1962 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 312 |
| 18 | 2242 | 00:30:39 | Groß | Meike | 1963 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 313 |
| 19 | 2763 | 00:30:45 | Rohse-Müller | Iris | 1964 | Itzehoer Versicherungen | GER-SH | | 321 |
| 20 | 2041 | 00:30:46 | Eckhart-Ringel | Annegret | 1963 | Grundschule Op de Host 1-4 | GER-SH | | 323 |
| 21 | 2770 | 00:31:55 | Ölscher | Maike | 1962 | Itzehoer Wasser-Wanderer e.V. | GER-SH | | 419 |
| 22 | 3211 | 00:32:00 | Segger | Regina | 1964 | Itzehoer Versicherungen | GER-SH | | 426 |
| 23 | 3171 | 00:32:20 | Noetzelmann | Jutta | 1961 | Grundschule Hohenlockstedt 3c | GER-SH | | 452 |
| 24 | 3195 | 00:32:20 | Mittendorf | Barbara | 1962 | ISR Itzehoer Schrott und Recycling GmbH & Co. | GER-SH | | 453 |
| 25 | 3475 | 00:32:49 | Holst | Friederike | 1962 | TSV Breitenberg | GER-SH | | 500 |
| 26 | 1521 | 00:32:56 | Nordmann | Gabriele | 1962 | Grundschule Wellenkamp 4c | GER-SH | | 506 |
| 27 | 2439 | 00:33:33 | Wedekind | Carola | 1963 | Rosdorf | GER-SH | | 554 |
| 28 | 1104 | 00:34:48 | Bunge-Loos | Manuela | 1964 | Itzehoe | GER-SH | | 626 |
| 29 | 2759 | 00:34:51 | Möller | Heike | 1964 | Itzehoer Versicherungen | GER-SH | | 629 |
| 30 | 1847 | 00:34:56 | Meyer-Burgdorff | Gisela | 1962 | Fehrs Schule 4a | GER-SH | | 635 |
| 31 | 2975 | 00:35:23 | Schmidt | Marion | 1960 | Hohenlockstedt | GER-SH | | 670 |
| 32 | 2393 | 00:35:23 | Müller | Angelina | 1964 | Tremsbüttel | GER-SH | | 671 |
| 33 | 2991 | 00:35:27 | Trennert | Marlies | 1960 | Itzehoe | GER-THÜ | | 674 |
| 34 | 1461 | 00:35:31 | Müßig | Frauke | 1960 | Grundschule Oelixdorf 4 | GER-SH | | 680 |
| 35 | 1438 | 00:35:43 | Fock | Gabriele | 1961 | Grundschule Oelixdorf 3 | GER-SH | | 701 |
| 36 | 2329 | 00:36:18 | Ehrich | Bärbel | 1960 | Rethwisch | GER-SH | | 740 |
| 37 | 2517 | 00:36:21 | Wefelnberg | Christine | 1963 | CAU Kiel | GER-SH | | 744 |
| 38 | 2380 | 00:36:31 | Mettler-Schäfer | Petra | 1962 | Münsterdorf | GER-SH | | 749 |
| 39 | 1885 | 00:37:05 | Krebs | Gabriela | 1963 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 774 |
| 40 | 1208 | 00:38:33 | Frauenheim | Heike | 1962 | Grund- und Hauptschule Krempe 2c | GER-SH | | 848 |
| 41 | 3462 | 00:38:39 | Rehkugler | Sabine | 1963 | Trede und von Pein | GER-SH | | 852 |
| 42 | 3426 | 00:41:19 | Storjohann | Angela | 1964 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 901 |
| 43 | 2338 | 00:41:42 | Grube | Karin | 1961 | Elmshorn | GER-SH | | 904 |
| 44 | 2891 | 00:41:58 | Key | Angela | 1961 | Prokon Energiesysteme.de | GER-SH | | 911 |
| 45 | 2832 | 00:43:03 | Gerlach | Karin | 1960 | Liliencronschule Lägerdorf 4 | GER-SH | | 928 |
| 46 | 1355 | 00:44:36 | Wulf | Anja | 1964 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 938 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - 50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------------|-----------------|------|---|--------|----------------|
| 1 | 3329 | 00:25:32 | Thamling | Jutta | 1959 | RV Kollmar | GER-SH | 50 |
| 2 | 2669 | 00:27:21 | Grützmacher | Mechthild Jytte | 1958 | Grundschule Sude - West 4b | GER-SH | 107 |
| 3 | 2536 | 00:27:44 | Beck | Brigitte | 1959 | ETSV Fortuna Glückstadt | GER-SH | 129 |
| 4 | 2119 | 00:28:06 | Schumacher | Anna | 1956 | Itzehoe Versicherungen | GER-SH | 150 |
| 5 | 2215 | 00:29:02 | Boll | Doris | 1957 | Sophie-Scholl-Gymnasium 6b | GER-SH | 207 |
| 6 | 2969 | 00:30:03 | Reimers | Antje | 1958 | Marne | GER-SH | 276 |
| 7 | 2946 | 00:30:37 | Kahms | Eleonore | 1958 | Elmshorn | GER-SH | 311 |
| 8 | 2400 | 00:31:24 | Oldenburg | Ilona | 1959 | Elmshorn | GER-SH | 376 |
| 9 | 2764 | 00:31:30 | Scheerer | Heike | 1955 | Itzehoe Versicherungen | GER-SH | 383 |
| 10 | 1506 | 00:32:22 | Lake | Anna Elisabeth | 1959 | Grundschule Wellenkamp 4a | GER-SH | 458 |
| 11 | 3314 | 00:33:15 | Eggers | Angela | 1957 | Rotary-Club Itzehoe | GER-SH | 533 |
| 12 | 3312 | 00:33:15 | Camplair | Marlies | 1957 | Rotary-Club Itzehoe | GER-SH | 534 |
| 13 | 2849 | 00:33:19 | Abt | Helga | 1959 | MTV Itzehoe | GER-SH | 538 |
| 14 | 1755 | 00:33:33 | Van Ransbeek | Mia | 1956 | Auguste Viktoria Schule 7d | GER-SH | 553 |
| 15 | 2000 | 00:34:56 | Brandt | Karin | 1958 | Freie Waldorfschule Itzehoe 6b | GER-SH | 637 |
| 16 | 1858 | 00:35:32 | Baganz | Angela | 1959 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 683 |
| 17 | 3052 | 00:35:50 | Lübke | Doris | 1958 | ETSV Gut-Heil Itzehoe | GER-SH | 716 |
| 18 | 2705 | 00:37:18 | Lohse | Doris | 1957 | Gut Heil Itzehoe | GER-SH | 793 |
| 19 | 3406 | 00:42:48 | Albrand | Ute | 1959 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 926 |
| 20 | 1925 | 00:45:44 | Fedrau | Katrin | 1957 | Fehrs-Schule Itzehoe 1b | GER-SH | 952 |

5 Km Lauf W - 55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|---------|------|--------------|--------|----------------|
| 1 | 2304 | 00:34:11 | Bahr-Crome | Ulla | 1952 | Itzehoe | GER-SH | 587 |
| 2 | 3263 | 00:40:53 | Mintzlaff | Regina | 1954 | LT Störlauf | GER-SH | 895 |

5 Km Lauf W - 60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------|-----------|------|-------------------------------------|--------|----------------|
| 1 | 2537 | 00:28:36 | Bleich | Wilma | 1947 | ETSV Fortuna Glückstadt | GER-SH | 177 |
| 2 | 2349 | 00:33:03 | Huck | Ingeborg | 1948 | Münsterdorf | GER-SH | 513 |
| 3 | 2303 | 00:34:39 | Aßmann | Helga | 1947 | Itzehoe | GER-SH | 615 |
| 4 | 4364 | 00:42:55 | Römer | Margarete | 1949 | VFL Pinneberg | GER-SH | 927 |
| 5 | 1227 | 00:50:47 | Tarnow | Christa | 1947 | Grund- und Hauptschule Krempe 2c | GER-SH | 976 |

5 Km Lauf W - 65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|------------|------|---|--------|----------------|
| 1 | 3422 | 00:34:21 | Saccone | Alessandra | 1942 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 601 |
| 2 | 1689 | 00:38:07 | Reichardt | Heike | 1943 | Pestalozzi-Schule Mittelstufe | GER-SH | 830 |
| 3 | 1667 | 00:43:16 | Heidorn | Maren | 1940 | Klosterhof-Schule 9c | GER-SH | 934 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - JA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|--------------|------|--|--------|----------------|
| 1 | 2872 | 00:22:58 | Linker | Mary-Jo | 1991 | MTV-Horst e.V. | GER-SH | 12 |
| 2 | 2087 | 00:23:24 | Rudolph | Sonja | 1991 | Gut-Heil Itzehoe | GER-SH | 16 |
| 3 | 2550 | 00:24:01 | Stock | Svenja | 1991 | ETSV Gut Heil Itzehoe | GER-SH | 23 |
| 4 | 2877 | 00:24:26 | Wensing | Christina | 1991 | MTV-Horst e.V. | GER-SH | 33 |
| 5 | 2878 | 00:26:56 | Wunderlich | Friederike | 1990 | MTV-Horst e.V. | GER-SH | 89 |
| 6 | 1951 | 00:27:40 | Mielke | Sandra | 1991 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 123 |
| 7 | 1720 | 00:28:21 | Sönksen | Wienke | 1991 | Hohenlockstedt | GER-SH | 162 |
| 8 | 1955 | 00:29:18 | Peters | Jasmin | 1991 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 226 |
| 9 | 1706 | 00:29:52 | Hader | Madeleine | 1990 | Kremperheide | GER-SH | 258 |
| 10 | 3271 | 00:30:08 | Carstens | Gesa | 1990 | MTV Itzehoe | GER-SH | 280 |
| 11 | 4404 | 00:30:31 | Boehm | Jennifer | 1990 | TS Schenefeld | GER-SH | 305 |
| 12 | 2371 | 00:31:37 | Krüger | Patricia | 1990 | Rethwisch | GER-SH | 396 |
| 13 | 3307 | 00:32:40 | Löschke | Anne Kathrin | 1990 | Novitas BKK - Die Präventionskasse | GER-SH | 484 |
| 14 | 3318 | 00:33:03 | Schwartkop | Hanna | 1990 | Rotary-Club Itzehoe | GER-SH | 514 |
| 15 | 3438 | 00:35:25 | Junge | Anja | 1991 | Trede und von Pein | GER-SH | 673 |
| 16 | 2302 | 00:36:12 | Röschmann | Sandra | 1990 | | GER-SH | 732 |
| 17 | 3055 | 00:37:08 | Slawirska | Isabell | 1990 | Firma Baumland | GER-SH | 781 |
| 18 | 2911 | 00:37:27 | Burmeister | Ronja | 1990 | Itzehoe | GER-SH | 799 |
| 19 | 3442 | 00:37:55 | Kreft | Claudia | 1990 | Trede und von Pein | GER-SH | 814 |
| 20 | 2362 | 00:38:20 | König | Stefanie | 1990 | Kremperheide | GER-SH | 839 |
| 21 | 1153 | 00:39:18 | Babrowski | Annabell | 1990 | Gesundheitszentrum Klosterforst | GER-SH | 867 |
| 22 | 3460 | 00:41:57 | Rashid | Melanie | 1990 | Trede und von Pein | GER-SH | 908 |

5 Km Lauf W - JB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-----------|---------------|------|--|---------|----------------|
| 1 | 1108 | 00:18:21 | Liedtke | Christin | 1993 | Klein-Nordende | GER-SH | 1 |
| 2 | 3051 | 00:20:08 | Zessler | Conny | 1993 | ETSV Gut Heil Itzehoe | GER-SH | 2 |
| 3 | 2477 | 00:20:55 | Maack | Sesle-Marin | 1992 | Bramstedter Turnerschaft | GER-SH | 4 |
| 4 | 1675 | 00:21:00 | Pruns | Svenja | 1993 | MTV Horst | GER-SH | 5 |
| 5 | 2488 | 00:22:13 | Dixey | Lara Jane | 1993 | BSC Sportfreunde Itzehoe | GER-SH | 9 |
| 6 | 2456 | 00:23:43 | Ranzau | Nele | 1993 | Auguste-Viktoria Schule Itzehoe 10b | GER-SH | 20 |
| 7 | 2084 | 00:24:31 | Papke | Anne Marlen | 1992 | ETSV Gut Heil Itzehoe | GER-SH | 34 |
| 8 | 1960 | 00:24:53 | Schuster | Ann-Christine | 1993 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 39 |
| 9 | 3335 | 00:25:08 | Bentzin | Johanna | 1993 | Skifreunde Kölln-Reisiek | GER-SH | 45 |
| 10 | 2450 | 00:25:11 | Zielke | Isabell | 1993 | Kremperheide | GER-SH | 47 |
| 11 | 2410 | 00:27:40 | Reimers | Jana | 1992 | Katlenburg | GER-NIE | 124 |
| 12 | 2449 | 00:27:45 | Zielke | Saskia | 1993 | Kremperheide | GER-SH | 130 |
| 13 | 4356 | 00:28:42 | Mischok | Jasmin | 1993 | Realschule am Lehmwohld | GER-SH | 187 |
| 14 | 2473 | 00:28:59 | Mohr | Levke | 1993 | Auguste-Viktoria Schule Itzehoe 9b | GER-SH | 200 |
| 15 | 1944 | 00:29:17 | Johannsen | Gitte | 1993 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 224 |
| 16 | 1961 | 00:29:18 | Kosel | Inken | 1992 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 228 |

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5 Km Lauf (5 Km)

5 Km Lauf W - JB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|-------------|--------------|------|-------------------------------------|---------|----------------|
| 17 | 3308 | 00:30:12 | Mohr | Rebekka | 1992 | Novitas BKK - Die Präventionskasse | GER-SH | 283 |
| 18 | 3122 | 00:30:32 | Benecke | Alina | 1993 | Gemeinschaftsschule Wilster 8a | GER-SH | 307 |
| 19 | 2455 | 00:30:40 | Krüger | Angelina | 1992 | Auguste-Viktoria Schule Itzehoe 10b | GER-SH | 316 |
| 20 | 1794 | 00:30:50 | Kruit | Lena | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | 335 |
| 21 | 2453 | 00:30:55 | Ahne | Jasmin | 1992 | Auguste-Viktoria Schule Itzehoe 10b | GER-SH | 347 |
| 22 | 3214 | 00:31:14 | Burzlaff | Nele | 1993 | Kaiser Karl Schule 9b | GER-SH | 369 |
| 23 | 3153 | 00:31:31 | Peters | Finja | 1993 | Gemeinschaftsschule Wilster 9b | GER-SH | 387 |
| 24 | 2827 | 00:31:40 | Rasmussen | Sarah | 1992 | LG Rasmussen | GER-SH | 400 |
| 25 | 3065 | 00:31:49 | Looft | Sabrina | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | 412 |
| 26 | 2367 | 00:31:51 | Krause | Vivien | 1992 | Hamburg | GER-HAM | 414 |
| 27 | 1784 | 00:32:05 | Beck | Lara | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | 429 |
| 28 | 1793 | 00:32:06 | Kröger | Anne | 1993 | Auguste-Viktoria Schule Itzehoe 9d | GER-SH | 431 |
| 29 | 2659 | 00:32:09 | Meinke | Sophie | 1993 | Grundschule Sude - West 4a | GER-SH | 435 |
| 30 | 3221 | 00:32:32 | Schmitt | Pia | 1993 | Kaiser Karl Schule 9b | GER-SH | 472 |
| 31 | 3215 | 00:33:51 | Dammann | Hanna | 1993 | Kaiser Karl Schule 9b | GER-SH | 564 |
| 32 | 3062 | 00:34:01 | Evers | Jana | 1992 | Gemeinschaftsschule Wilster 10c | GER-SH | 574 |
| 33 | 3064 | 00:34:02 | Hintz | Franziska | 1992 | Gemeinschaftsschule Wilster 10c | GER-SH | 575 |
| 34 | 4378 | 00:34:06 | Jakobsen | Judith | 1993 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | 580 |
| 35 | 2503 | 00:34:59 | Özbey | Cansu | 1993 | BSC Sportfreunde Itzehoe | GER-SH | 641 |
| 36 | 4382 | 00:35:16 | Var | Merwe | 1993 | Wilhelm-Käber-Schule WPK-Fitness | GER-SH | 659 |
| 37 | 1724 | 00:35:17 | Stürken | Ann-Christin | 1993 | Itzehoe | GER-SH | 660 |
| 38 | 1101 | 00:35:18 | Ahrens | Mirja | 1993 | Neuenbrook | GER-SH | 661 |
| 39 | 3073 | 00:35:55 | Waage | Wencke | 1993 | Gemeinschaftsschule Wilster 10c | GER-SH | 720 |
| 40 | 1767 | 00:36:38 | Richter | Lea | 1993 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | 754 |
| 41 | 3217 | 00:37:23 | Göttsche | Carmina | 1993 | Kaiser Karl Schule 9b | GER-SH | 797 |
| 42 | 1102 | 00:37:28 | Ahrens | Sandra | 1993 | Neuenbrook | GER-SH | 800 |
| 43 | 1603 | 00:38:57 | Khwadyazada | Lida | 1992 | Klosterhof Schule | GER-SH | 858 |
| 44 | 2709 | 00:39:45 | Novak | Franziska | 1993 | Gut Heil Itzehoe | GER-SH | 876 |
| 45 | 3356 | 00:43:10 | Jaß | Sandra | 1993 | Steinburgschule Itzehoe | GER-SH | 932 |
| 46 | 3359 | 00:43:11 | Kruse | Vivian | 1993 | Steinburgschule Itzehoe | GER-SH | 933 |

5 Km Lauf W - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|----------|---------------|------|---------------------------------------|--------|----------------|
| 1 | 1606 | 00:21:09 | Specht | Andrea | 1995 | Klosterhof Schule | GER-SH | 6 |
| 2 | 1946 | 00:23:12 | Kardel | Kira | 1994 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | 14 |
| 3 | 2882 | 00:24:18 | Hinze | Lina | 1995 | Münsterdorfer SV | GER-SH | 28 |
| 4 | 2698 | 00:24:39 | Dittrich | Wiebke | 1995 | Gut Heil Itzehoe | GER-SH | 36 |
| 5 | 3246 | 00:24:56 | Neumann | Marthe-Sophie | 1995 | Laufftreff MTV Wilster | GER-SH | 42 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|-----------|------|------------------------------------|---------|-----|------------|
| 6 | 3137 | 00:25:46 | Waage | Malin | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 55 |
| 7 | 2395 | 00:26:36 | Niehuus | Leonie | 1994 | Heiligenstedtenerkamp | GER-SH | | 72 |
| 8 | 2471 | 00:26:37 | Engel | Larissa | 1994 | Auguste-Viktoria Schule Itzehoe 9b | GER-SH | | 73 |
| 9 | 3227 | 00:26:47 | Krieter | Selina | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 81 |
| 10 | 3238 | 00:26:47 | Wilckens | Tiana | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 82 |
| 11 | 2502 | 00:26:56 | Näwie | Eileen | 1994 | BSC Sportfreunde Itzehoe | GER-SH | | 88 |
| 12 | 2442 | 00:27:24 | Weltmeyer | Antonia | 1995 | Bendorf | GER-SH | | 109 |
| 13 | 3104 | 00:27:28 | Bodenstedt | Jeannine | 1995 | Gemeinschaftsschule Wilster 7 | GER-SH | | 113 |
| 14 | 3144 | 00:27:48 | Lucht | Tessa | 1995 | Gemeinschaftsschule Wilster 8b | GER-SH | | 135 |
| 15 | 3231 | 00:27:49 | Oesau | Ines | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 136 |
| 16 | 2472 | 00:27:57 | Henke | Anja | 1994 | Auguste-Viktoria Schule Itzehoe 9b | GER-SH | | 140 |
| 17 | 3155 | 00:27:57 | Richeling | Vanessa | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 141 |
| 18 | 4426 | 00:28:19 | Doll | Saskia | 1994 | Wilhelm-Käber-Schule (Holo) | GER-SH | | 157 |
| 19 | 3143 | 00:28:20 | Jensen | Sina | 1994 | Gemeinschaftsschule Wilster 8b | GER-SH | | 159 |
| 20 | 2540 | 00:28:21 | Looss | Annika | 1995 | ETSV Fortuna Glückstadt | GER-SH | | 161 |
| 21 | 2260 | 00:28:22 | Peters | Wiebke | 1994 | TuS Krempe/ Realschule Krempe | GER-SH | | 163 |
| 22 | 1686 | 00:28:38 | Knüppel | Laura | 1995 | Pestalozzi-Schule Mittelstufe | GER-SH | | 182 |
| 23 | 1692 | 00:28:46 | Wübbe | Manuela | 1995 | Pestalozzi-Schule Mittelstufe | GER-SH | | 191 |
| 24 | 3116 | 00:29:00 | Rohwedder | Ina | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 204 |
| 25 | 3123 | 00:29:03 | Böhmert | Hanna | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 212 |
| 26 | 4423 | 00:29:29 | Lembke | Sonja | 1994 | Volksbank Raiffeisenbank eG | GER-SH | | 238 |
| 27 | 3208 | 00:29:38 | Schemainda | Jana | 1994 | Itzehoe Versicherungen | GER-SH | | 244 |
| 28 | 1742 | 00:29:39 | Kraska | Kristin | 1994 | Auguste Viktoria Schule 7d | GER-SH | | 247 |
| 29 | 2894 | 00:29:41 | Schütt | Catharina | 1994 | Schwaaner SV | GER-MVP | | 250 |
| 30 | 3138 | 00:30:01 | Wegener | Tomke | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 273 |
| 31 | 3022 | 00:30:24 | Wilckens | Talea | 1995 | KKS | GER-SH | | 295 |
| 32 | 3224 | 00:30:24 | Guntermann | Marieke | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 296 |
| 33 | 2446 | 00:30:25 | Wolf | Leenke | 1995 | Wilster | GER-SH | | 301 |
| 34 | 2928 | 00:30:45 | Garbers | Juliana | 1995 | Itzehoe | GER-SH | | 322 |
| 35 | 2992 | 00:30:46 | Voss | Frauke | 1995 | Itzehoe | GER-SH | | 324 |
| 36 | 2893 | 00:30:47 | Sönnichsen | Birte | 1995 | Realschule Krempe | GER-SH | | 325 |
| 37 | 3130 | 00:30:56 | Looft | Wencke | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 348 |
| 38 | 1610 | 00:31:13 | Schallmo | Lea | 1995 | Klosterhof Schule | GER-SH | | 366 |
| 39 | 2325 | 00:31:13 | Claußen | Christine | 1994 | Itzehoe | GER-SH | | 367 |
| 40 | 3154 | 00:31:33 | Petersen | Brit | 1994 | Gemeinschaftsschule Wilster 9b | GER-SH | | 391 |
| 41 | 2487 | 00:31:46 | Dix | Jennifer | 1994 | BSC Sportfreunde Itzehoe | GER-SH | | 405 |
| 42 | 3218 | 00:31:47 | Paulsen | Lena | 1994 | Kaiser Karl Schule 9b | GER-SH | | 409 |
| 43 | 4362 | 00:32:20 | Gripp | Sophie | 1995 | TUS Krempe | GER-SH | | 454 |
| 44 | 2013 | 00:32:22 | Wittich | Wendy | 1995 | Freie Waldorfschule Itzehoe 7 | GER-SH | | 457 |
| 45 | 3131 | 00:32:37 | Plötz | Lisa | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 480 |
| 46 | 3125 | 00:32:48 | Frauen | Charmaine | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 498 |
| 47 | 3230 | 00:33:22 | Lübker | Johanna | 1995 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 541 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SA

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|--------------|------|--|--------|-----|------------|
| 48 | 1658 | 00:33:23 | Pedük | Beste | 1995 | Klosterhof-Schule 7a | GER-SH | | 544 |
| 49 | 3493 | 00:33:25 | Wittorf | Maike | 1995 | TUS Esingen | GER-SH | | 548 |
| 50 | 3141 | 00:33:29 | Gardthausen | Jara | 1995 | Gemeinschaftsschule Wilster 8b | GER-SH | | 552 |
| 51 | 3139 | 00:34:03 | Denzau | Sophie | 1995 | Gemeinschaftsschule Wilster 8b | GER-SH | | 578 |
| 52 | 3103 | 00:34:04 | Benecke | Annelie | 1995 | Gemeinschaftsschule Wilster 7 | GER-SH | | 579 |
| 53 | 1741 | 00:34:14 | Klindworth | Gesa | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 592 |
| 54 | 1731 | 00:35:07 | Berisha | Kaltrina | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 646 |
| 55 | 1697 | 00:35:07 | Jacob | Melissa | 1994 | Pestalozzi-Schule Oberstufe | GER-SH | | 647 |
| 56 | 3134 | 00:35:20 | Stange | Fenja | 1995 | Gemeinschaftsschule Wilster 8a | GER-SH | | 664 |
| 57 | 1614 | 00:35:30 | Wefelmeier | Rebekka | 1994 | Klosterhof Schule | GER-SH | | 677 |
| 58 | 3320 | 00:35:35 | Tenfelde | Ann-Christin | 1995 | Rotary-Club Itzehoe | GER-SH | | 691 |
| 59 | 2968 | 00:35:37 | Obermann | Melissa | 1995 | Itzehoe | GER-SH | | 694 |
| 60 | 3109 | 00:35:52 | Arentewicz | Anneke | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 718 |
| 61 | 2847 | 00:36:20 | Vietheer | Bianca | 1995 | MS SWAT Hohenfelde | GER-SH | | 742 |
| 62 | 1703 | 00:36:41 | Fuhrmann | Sabrina | 1995 | Bahrenfleth | GER-SH | | 759 |
| 63 | 1738 | 00:36:50 | Hoffmann | Merle | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 763 |
| 64 | 3310 | 00:36:56 | Scherkus | Yara | 1994 | Realschule Krempe | GER-SH | | 764 |
| 65 | 3393 | 00:37:20 | Reimers | Melina | 1995 | SV Brokdorf Jugend | GER-SH | | 795 |
| 66 | 3142 | 00:37:44 | Hauschildt | Kristin | 1995 | Gemeinschaftsschule Wilster 8b | GER-SH | | 809 |
| 67 | 1588 | 00:37:51 | Buck | Mayleen | 1995 | Klosterhof Schule | GER-SH | | 812 |
| 68 | 1594 | 00:37:52 | Karst | Julie Marie | 1994 | Klosterhof Schule | GER-SH | | 813 |
| 69 | 3110 | 00:37:56 | Bolten | Laura | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 815 |
| 70 | 3117 | 00:37:57 | Siemßen | Sandrina | 1995 | Gemeinschaftsschule Wilster 7b | GER-SH | | 816 |
| 71 | 3128 | 00:38:04 | Kirsch | Kimberly Ann | 1994 | Gemeinschaftsschule Wilster 8a | GER-SH | | 824 |
| 72 | 3425 | 00:38:20 | Storjohann | Mascha | 1995 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | | 840 |
| 73 | 1662 | 00:38:33 | Sülökowa | Marina | 1995 | Klosterhof-Schule 7a | GER-SH | | 847 |
| 74 | 1203 | 00:39:00 | Stampa | Josephine | 1995 | GHS Brokstedt 4c | GER-SH | | 861 |
| 75 | 4374 | 00:40:04 | V. Löwenstern | Sophie | 1994 | Wolgang-Borchert-Realschule 7a | GER-SH | | 880 |
| 76 | 4369 | 00:40:04 | Kitzmann | Karo | 1995 | Wolgang-Borchert-Realschule 7a | GER-SH | | 881 |
| 77 | 1740 | 00:40:51 | Kirchner | Julia | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 894 |
| 78 | 1739 | 00:40:59 | Ittner | Anna-Lena | 1995 | Auguste Viktoria Schule 7d | GER-SH | | 898 |
| 79 | 1620 | 00:42:41 | Yildiz | Gülsade | 1995 | Klosterhof Schule | GER-SH | | 922 |
| 80 | 1584 | 00:42:45 | Brusco | Romina | 1994 | Klosterhof Schule | GER-SH | | 925 |
| 81 | 1631 | 00:45:07 | Krey | Nicole | 1995 | Klosterhof Schule 5b | GER-SH | | 942 |
| 82 | 1595 | 00:49:00 | Konopatzki | Stefanie | 1994 | Klosterhof Schule | GER-SH | | 968 |
| 83 | 4350 | 00:50:43 | Kühl | Stephanie | 1994 | Pestalozzi-Schule Oberstufe | GER-SH | | 975 |

5 Km Lauf W - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|---------|------|--|--------|-----|------------|
| 1 | 3048 | 00:20:13 | Stölting | Alicia | 1997 | ETSV Gut Heil Itzehoe | GER-SH | | 3 |
| 2 | 2240 | 00:22:41 | Barthel | Coralie | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 11 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|------------------|------|---|--------|-----|------------|
| 3 | 2520 | 00:23:14 | Breyer | Lara | 1997 | Detlefsengymnasium Glückstadt Lauf-AG | GER-SH | | 15 |
| 4 | 2807 | 00:23:26 | Schulz | Merle | 1996 | Kaiser Karl Schule 6e | GER-SH | | 17 |
| 5 | 2256 | 00:23:36 | Klatte | Katharina | 1997 | TS Schenefeld | GER-SH | | 19 |
| 6 | 2464 | 00:24:24 | Röhr | Tomke | 1997 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | | 31 |
| 7 | 2468 | 00:24:26 | Müseler | Deike | 1997 | Auguste-Viktoria Schule Itzehoe 7c | GER-SH | | 32 |
| 8 | 3092 | 00:25:05 | Gerulat | Svea | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 44 |
| 9 | 2870 | 00:25:19 | Huckfeldt | Pia | 1996 | MTV-Horst e.V. | GER-SH | | 48 |
| 10 | 2228 | 00:25:46 | Löding | Janine | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 56 |
| 11 | 3280 | 00:25:52 | Mohr | Annika | 1996 | Münsterdorfer Sportverein | GER-SH | | 57 |
| 12 | 3008 | 00:26:07 | Krützelmann | Lea-Sophie | 1996 | Auguste Viktoria Schule 6e | GER-SH | | 58 |
| 13 | 2147 | 00:26:13 | Thoma | Kira | 1997 | Kaiser Karl Schule Quinta b | GER-SH | | 59 |
| 14 | 1772 | 00:26:18 | Abt | Julia | 1996 | Auguste-Viktoria Schule 6c | GER-SH | | 63 |
| 15 | 3386 | 00:26:23 | Looft | Corinna | 1996 | SV Brokdorf Jugend | GER-SH | | 65 |
| 16 | 2846 | 00:26:27 | Meyer | Alina | 1996 | MS SWAT Hohenfelde | GER-SH | | 66 |
| 17 | 2799 | 00:26:30 | Cyrus | Jana | 1997 | Kaiser Karl Schule 6e | GER-SH | | 67 |
| 18 | 1332 | 00:26:30 | Jörck | Lena-Sophie | 1996 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 68 |
| 19 | 2438 | 00:26:44 | Wedekind | Annie | 1996 | Rosdorf | GER-SH | | 79 |
| 20 | 2133 | 00:26:50 | Hüffer | Frederike | 1997 | Kaiser Karl Schule Quinta b | GER-SH | | 85 |
| 21 | 3016 | 00:26:55 | Rühmann | Isabella | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 87 |
| 22 | 1774 | 00:27:00 | Carstens | Lena | 1997 | Auguste-Viktoria Schule 6c | GER-SH | | 94 |
| 23 | 3212 | 00:27:05 | Teßin | Pia | 1996 | Itzehoer Versicherungen | GER-SH | | 97 |
| 24 | 1779 | 00:27:07 | Reimers | Ann-Kathrin | 1997 | Auguste-Viktoria Schule 6c | GER-SH | | 98 |
| 25 | 1777 | 00:27:10 | Krebs | Svenja | 1996 | Auguste-Viktoria Schule 6c | GER-SH | | 100 |
| 26 | 3098 | 00:27:11 | Ohm | Akira | 1997 | Gemeinschaftsschule Wilster 6a | GER-SH | | 101 |
| 27 | 2958 | 00:27:18 | Lemor | Franca | 1997 | Winseldorf | GER-SH | | 105 |
| 28 | 2433 | 00:27:28 | Tosch | Janne | 1997 | Kiel | GER-SH | | 112 |
| 29 | 2234 | 00:27:33 | Rimatzi | Katharina | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 118 |
| 30 | 3391 | 00:27:35 | Rave | Fenja | 1996 | SV Brokdorf Jugend | GER-SH | | 120 |
| 31 | 3384 | 00:27:44 | Kleensang | Jane | 1996 | SV Brokdorf Jugend | GER-SH | | 127 |
| 32 | 3484 | 00:27:48 | Mohr | Jenny | 1997 | TSv Kremperheide | GER-SH | | 134 |
| 33 | 2111 | 00:27:50 | Bollhardt | Mayleen | 1997 | Itzehoer Versicherungen | GER-SH | | 137 |
| 34 | 2244 | 00:27:58 | Jagusch | Lisa-Antonia | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 142 |
| 35 | 3105 | 00:28:00 | Nagel | Fenja | 1996 | Gemeinschaftsschule Wilster 7 | GER-SH | | 144 |
| 36 | 1781 | 00:28:09 | Willgalis | Lea | 1996 | Auguste-Viktoria Schule 6c | GER-SH | | 151 |
| 37 | 1575 | 00:28:09 | Rühmann | Anabel | 1997 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 153 |
| 38 | 2220 | 00:28:20 | Flamma | Katharina-Sophia | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 158 |
| 39 | 2237 | 00:28:33 | Schwarz | Frederike | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 175 |
| 40 | 1127 | 00:28:35 | David | Marla | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 176 |
| 41 | 2251 | 00:28:36 | zur Verth | Svenja | 1997 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 178 |
| 42 | 3376 | 00:28:42 | Albers | Luca | 1997 | SV Brokdorf Jugend | GER-SH | | 188 |
| 43 | 2246 | 00:28:46 | Körber | Leonie | 1996 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | | 192 |
| 44 | 4427 | 00:28:48 | Kirschning | Julika | 1997 | WKS-O6b | GER-SH | | 193 |
| 45 | 4430 | 00:28:56 | Aldag | Luisa | 1996 | Wohlert, Aldag & Partner | GER-SH | | 197 |
| 46 | 1962 | 00:28:59 | Thormählen | Rieke | 1997 | Fortuna Realschule Glückstadt Lauf-AG | GER-SH | | 201 |
| 47 | 1751 | 00:29:01 | Spresny | Yvonne | 1996 | Auguste Viktoria Schule 7d | GER-SH | | 205 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------------|--------------|------|---|--------|----------------|
| 48 | 1753 | 00:29:01 | Tietjen | Laura | 1996 | Auguste Viktoria Schule 7d | GER-SH | 206 |
| 49 | 2214 | 00:29:02 | Boll | Jacqueline | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 208 |
| 50 | 2233 | 00:29:03 | Rehberg | Merle | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | 209 |
| 51 | 2216 | 00:29:03 | Breiholz | Anneke | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | 210 |
| 52 | 2223 | 00:29:03 | Huuck | Laureen | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | 211 |
| 53 | 1748 | 00:29:24 | Neumeier | Maya | 1996 | Auguste Viktoria Schule 7d | GER-SH | 231 |
| 54 | 2192 | 00:29:26 | Weimann | Theresa | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | 233 |
| 55 | 2032 | 00:29:26 | Vogt | Sabrina | 1996 | Grundschule Edendorf 4a | GER-SH | 234 |
| 56 | 2051 | 00:29:27 | Lüdemann | Helke | 1997 | Grundschule Op de Host 1-4 | GER-SH | 235 |
| 57 | 2141 | 00:29:28 | Mevert | Svenja | 1997 | Kaiser Karl Schule Quinta b | GER-SH | 236 |
| 58 | 2355 | 00:29:35 | Kahle | Kerry Janine | 1997 | Wilster | GER-SH | 242 |
| 59 | 1638 | 00:29:36 | Shala | Susane | 1997 | Klosterhof Schule 5b | GER-SH | 243 |
| 60 | 3209 | 00:29:38 | Schemainda | Anna | 1996 | Itzehoer Versicherungen | GER-SH | 245 |
| 61 | 4387 | 00:29:52 | Hawerlant | Lilli | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 259 |
| 62 | 2222 | 00:29:55 | Hoffmann | Sinje | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | 262 |
| 63 | 3397 | 00:29:56 | Rohwer | Jenny | 1997 | SV Brokdorf Jugend | GER-SH | 264 |
| 64 | 3383 | 00:29:57 | Jüngling | Vanessa | 1996 | SV Brokdorf Jugend | GER-SH | 266 |
| 65 | 3097 | 00:29:58 | Kolmich | Sarina | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | 267 |
| 66 | 1454 | 00:29:59 | Chalubowicz | Olivia | 1997 | Grundschule Oelixdorf 4 | GER-SH | 268 |
| 67 | 3106 | 00:30:00 | Wilke | Shari | 1996 | Gemeinschaftsschule Wilster 7 | GER-SH | 272 |
| 68 | 1146 | 00:30:01 | Trepka | Sophie | 1997 | Auguste Viktoria Schule 5e | GER-SH | 275 |
| 69 | 2466 | 00:30:15 | Bahns | Tjorven | 1997 | Auguste-Viktoria Schule Itzehoe 7c | GER-SH | 284 |
| 70 | 1764 | 00:30:34 | Pahl | Annalena | 1997 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | 308 |
| 71 | 2459 | 00:30:36 | Beuck | Lena | 1997 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | 310 |
| 72 | 2250 | 00:30:40 | Schiefelbein | Anna | 1997 | Sophie-Scholl-Gymnasium Itzehoe Quinta c | GER-SH | 315 |
| 73 | 2460 | 00:30:44 | Brahmstedt | Fee | 1997 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | 319 |
| 74 | 2139 | 00:30:48 | Kurt | Cansu | 1997 | Kaiser Karl Schule Quinta b | GER-SH | 326 |
| 75 | 2182 | 00:30:49 | Barzen | Charlotte | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | 329 |
| 76 | 4397 | 00:30:49 | Rentz | Sophie | 1997 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 331 |
| 77 | 2131 | 00:30:50 | Friedrichs | Rachel | 1996 | Kaiser Karl Schule Quinta b | GER-SH | 333 |
| 78 | 4393 | 00:30:51 | Meyer | Lana | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 337 |
| 79 | 3184 | 00:30:52 | Töllner | Julia | 1997 | Gut Heil Itzehoe | GER-SH | 342 |
| 80 | 4505 | 00:30:53 | Andersen | Tamara | 1997 | MTV Itzehoe | GER-SH | 344 |
| 81 | 4392 | 00:30:54 | Matschall | Celina | 1997 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 345 |
| 82 | 3005 | 00:30:58 | Bredenbeck | Anna | 1997 | Auguste Viktoria Schule 6e | GER-SH | 353 |
| 83 | 4388 | 00:31:02 | Kahl | Hanna | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 355 |
| 84 | 4394 | 00:31:02 | Perna Jado | Luisa | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | 356 |
| 85 | 2103 | 00:31:04 | Ziemann | Vanessa | 1997 | Hauptschule Lübscher Kamp 6b | GER-SH | 358 |
| 86 | 2203 | 00:31:09 | Jarmuth | Alexandra | 1997 | Sophie-Scholl-Gymnasium 5a | GER-SH | 364 |
| 87 | 2758 | 00:31:09 | Möller | Thanee | 1997 | Itzehoer Versicherungen | GER-SH | 365 |
| 88 | 2101 | 00:31:18 | Tonn | Bianka | 1996 | Hauptschule Lübscher Kamp 6b | GER-SH | 371 |
| 89 | 2208 | 00:31:19 | Saalfrank | Hanna | 1997 | Sophie-Scholl-Gymnasium 5a | GER-SH | 374 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|------------|--------------|------|--|--------|-----|------------|
| 90 | 2238 | 00:31:24 | Timmermann | Rike | 1996 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 375 |
| 91 | 2403 | 00:31:26 | Paparone | Laura | 1996 | Itzehoe | GER-SH | | 378 |
| 92 | 2221 | 00:31:26 | Hinrichsen | Lena-Cathrin | 1997 | Sophie-Scholl-Gymnasium 6b | GER-SH | | 379 |
| 93 | 2708 | 00:31:27 | Marnau | Vitja | 1996 | Gut Heil Itzehoe | GER-SH | | 380 |
| 94 | 4407 | 00:31:27 | Lange | Hanna | 1997 | TSV Kremperheide | GER-SH | | 382 |
| 95 | 2280 | 00:31:30 | Peter | Nicole | 1996 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 384 |
| 96 | 4385 | 00:31:32 | Gürlek | Dilek Rabia | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 388 |
| 97 | 1578 | 00:31:38 | Stäcker | Sina | 1997 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 397 |
| 98 | 4410 | 00:31:39 | Lähn | Carolin | 1996 | TSV Lägerdorf | GER-SH | | 398 |
| 99 | 2474 | 00:31:47 | Jürgensen | Johanna | 1997 | AVS | GER-SH | | 407 |
| 100 | 2328 | 00:31:51 | Dibbern | Lucy | 1997 | Grevenkop | GER-SH | | 413 |
| 101 | 2261 | 00:31:52 | Gärtner | Antonia | 1997 | VFL Kellinghusen | GER-SH | | 415 |
| 102 | 1141 | 00:31:53 | Nölting | Lea Sophie | 1997 | Auguste Viktoria Schule 5e | GER-SH | | 416 |
| 103 | 2868 | 00:31:57 | Wichmann | Sabine | 1997 | MTV Itzehoe | GER-SH | | 424 |
| 104 | 3014 | 00:32:09 | Rehder | Theresa | 1996 | Auguste Viktoria Schule 6e | GER-SH | | 436 |
| 105 | 1650 | 00:32:11 | Schnabel | Sarah | 1996 | Klosterhof-Schule 5a | GER-SH | | 438 |
| 106 | 4416 | 00:32:12 | Kruse | Louisa | 1997 | TSV Wacken | GER-SH | | 439 |
| 107 | 2007 | 00:32:12 | Neelsen | Solveigh | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 443 |
| 108 | 2427 | 00:32:13 | Staenke | Jennifer | 1997 | Itzehoe | GER-SH | | 446 |
| 109 | 2184 | 00:32:13 | Neumann | Felicitas | 1996 | Sophie-Scholl Gymnasium 7c | GER-SH | | 447 |
| 110 | 1776 | 00:32:14 | Hauschildt | Sarah | 1996 | Auguste-Viktoria Schule 6c | GER-SH | | 449 |
| 111 | 2646 | 00:32:21 | Möckelmann | Jytte | 1997 | Grundschule Sude - West 3c | GER-SH | | 456 |
| 112 | 1773 | 00:32:37 | Bendlin | Alina | 1997 | Auguste-Viktoria Schule 6c | GER-SH | | 481 |
| 113 | 3479 | 00:32:37 | Schuldt | Lisa | 1997 | TSV Heiligenstedten | GER-SH | | 482 |
| 114 | 2965 | 00:32:39 | Martens | Luisa | 1997 | Heiligenstedten | GER-SH | | 483 |
| 115 | 4406 | 00:32:52 | Reimers | Julemarie | 1997 | | GER-SH | | 501 |
| 116 | 1110 | 00:32:58 | Looft | Kjara | 1997 | Breitenburg | GER-SH | | 509 |
| 117 | 3370 | 00:33:08 | von Aspern | Samantha | 1996 | Steinburgschule Itzehoe | GER-SH | | 521 |
| 118 | 3366 | 00:33:09 | Schlienger | Michelle | 1996 | Steinburgschule Itzehoe | GER-SH | | 522 |
| 119 | 2136 | 00:33:09 | Kröger | Lea-Marie | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 523 |
| 120 | 3026 | 00:33:14 | Lassahn | Anna | 1996 | Brunsbüttel | GER-SH | | 531 |
| 121 | 1599 | 00:33:17 | Meyer | Patrizia | 1996 | Klosterhof Schule | GER-SH | | 535 |
| 122 | 1592 | 00:33:17 | Jaensch | Jennifer | 1996 | Klosterhof Schule | GER-SH | | 536 |
| 123 | 2010 | 00:33:19 | Bartelt | Lea | 1996 | Freie Waldorfschule Itzehoe 7 | GER-SH | | 537 |
| 124 | 2358 | 00:33:20 | Kölske | Amelie | 1997 | Itzehoe | GER-SH | | 539 |
| 125 | 3234 | 00:33:20 | Schjut | Hannah | 1996 | Kaiser-Karl-Schule Itzehoe IV e | GER-SH | | 540 |
| 126 | 2270 | 00:33:24 | Faust | Mailien | 1997 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 546 |
| 127 | 3082 | 00:33:27 | Krause | Viktoria | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 550 |
| 128 | 1691 | 00:33:52 | Schallmo | Joelina | 1997 | Pestalozzi-Schule Mittelstufe | GER-SH | | 565 |
| 129 | 1632 | 00:34:11 | Krey | Jasmin | 1997 | Klosterhof Schule 5b | GER-SH | | 586 |
| 130 | 2397 | 00:34:12 | Nottelmann | Carina | 1996 | Itzehoe | GER-SH | | 588 |
| 131 | 2858 | 00:34:12 | Schilling | Merle | 1996 | MTV Itzehoe | GER-SH | | 589 |
| 132 | 1733 | 00:34:15 | Bouyahia | Donna | 1996 | Auguste Viktoria Schule 7d | GER-SH | | 594 |
| 133 | 3085 | 00:34:17 | Münchow | Lina-Sophie | 1996 | Gemeinschaftsschule Wilster 5 | GER-SH | | 596 |
| 134 | 3075 | 00:34:18 | Bohm | Marike | 1996 | Gemeinschaftsschule Wilster 5 | GER-SH | | 598 |
| 135 | 2004 | 00:34:30 | Krause | Bionde | 1996 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 609 |
| 136 | 2441 | 00:34:38 | Weltmeyer | Lina | 1997 | Bendorf | GER-SH | | 614 |
| 137 | 2009 | 00:34:57 | Zeunert | Laura | 1997 | Freie Waldorfschule Itzehoe 6b | GER-SH | | 638 |
| 138 | 2855 | 00:35:14 | Lutz | Rike | 1997 | MTV Itzehoe | GER-SH | | 654 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SB

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|------------------|------|--|---------|-----|------------|
| 139 | 4395 | 00:35:29 | Raabe | Alessandra | 1996 | Wolfgang-Borchert-Realschule Itzehoe 6d | GER-SH | | 676 |
| 140 | 3076 | 00:35:31 | De Jong | Jasmin | 1997 | Gemeinschaftsschule Wilster 5 | GER-SH | | 678 |
| 141 | 2285 | 00:35:31 | Wiebensohn | Stefanie | 1996 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 679 |
| 142 | 2384 | 00:35:32 | Mock | Melina | 1997 | Itzehoe | GER-SAN | | 681 |
| 143 | 2283 | 00:35:33 | Stange | Sarah-Jacqueline | 1997 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 687 |
| 144 | 3006 | 00:35:37 | Janke | Kim | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 697 |
| 145 | 3012 | 00:35:38 | Pillath | Lisa-Marie | 1997 | Auguste Viktoria Schule 6e | GER-SH | | 698 |
| 146 | 2549 | 00:35:42 | Janke | Anna | 1996 | ETSV Gut Heil Itzehoe | GER-SH | | 700 |
| 147 | 1809 | 00:35:49 | Möller | Danica | 1997 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 712 |
| 148 | 1688 | 00:35:57 | Pörschke | Vanessa | 1997 | Pestalozzi-Schule Mittelstufe | GER-SH | | 722 |
| 149 | 1768 | 00:36:07 | Schröder | Katharina | 1997 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 729 |
| 150 | 3368 | 00:36:16 | Schwarze | Hülya | 1997 | Steinburgschule Itzehoe | GER-SH | | 737 |
| 151 | 1726 | 00:36:58 | von Thun | Simone | 1997 | Hohenaspe | GER-SH | | 766 |
| 152 | 1637 | 00:37:07 | Sejdovic | Eldena | 1996 | Klosterhof Schule 5b | GER-SH | | 780 |
| 153 | 2597 | 00:37:30 | Kröger | Sarah | 1997 | Grundschule Sude - West 2c | GER-SH | | 802 |
| 154 | 3112 | 00:38:04 | Höhne | Sofie | 1996 | Gemeinschaftsschule Wilster 7b | GER-SH | | 825 |
| 155 | 1758 | 00:38:13 | Braatz | Pauline | 1997 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 836 |
| 156 | 1660 | 00:38:35 | Rychlikowski | Nadine | 1996 | Klosterhof-Schule 7a | GER-SH | | 849 |
| 157 | 2368 | 00:38:46 | Krause | Tanja | 1996 | Kremperheide | GER-SH | | 854 |
| 158 | 1996 | 00:38:47 | Mahnke | Lotta | 1997 | Freie Waldorfschule Itzehoe 6 | GER-SH | | 855 |
| 159 | 2311 | 00:38:49 | Benli | Joy-Jacqueline | 1997 | Kremperheide | GER-SH | | 857 |
| 160 | 2559 | 00:39:45 | Emily | Hoyka | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | | 875 |
| 161 | 1623 | 00:39:49 | Welling | Solveig | 1997 | Klosterhof Schule 5b | GER-SH | | 878 |
| 162 | 3096 | 00:40:59 | Kockmeyer | Lina | 1996 | Gemeinschaftsschule Wilster 6a | GER-SH | | 897 |
| 163 | 3091 | 00:41:05 | Evers | Nina | 1997 | Gemeinschaftsschule Wilster 6a | GER-SH | | 899 |
| 164 | 2100 | 00:41:13 | Stege | Marlena | 1996 | Hauptschule Lübscher Kamp 6b | GER-SH | | 900 |
| 165 | 1607 | 00:42:44 | Ramirez | Williana | 1996 | Klosterhof Schule | GER-SH | | 924 |
| 166 | 1635 | 00:43:46 | Reif | Mandy | 1997 | Klosterhof Schule 5b | GER-SH | | 936 |
| 167 | 2124 | 00:44:28 | Alan | Hasret | 1996 | Kaiser Karl Schule Quinta b | GER-SH | | 937 |
| 168 | 2143 | 00:45:04 | Rheinländer | Lena | 1997 | Kaiser Karl Schule Quinta b | GER-SH | | 941 |
| 169 | 2557 | 00:45:55 | Elsner | Monique | 1996 | Gemeinschaftsschule Wilster 6b | GER-SH | | 954 |
| 170 | 1517 | 00:49:01 | Lobanov | Lisa | 1997 | Grundschule Wellenkamp 4c | GER-SH | | 969 |

5 Km Lauf W - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------|----------|------|---------------------------------------|--------|-----|------------|
| 1 | 3041 | 00:21:46 | Eim | Nina | 1998 | ETSV Gut Heil Itzehoe | GER-SH | | 7 |
| 2 | 3330 | 00:23:43 | Weiss | Anna | 1999 | Sauer-Danfoss | GER-SH | | 21 |
| 3 | 3038 | 00:24:51 | Westphal | Victoria | 1999 | ETSV Fortuna Glückstadt | GER-SH | | 38 |
| 4 | 2059 | 00:25:35 | Schulz | Julika | 1998 | Grundschule Op de Host 1-4 | GER-SH | | 52 |
| 5 | 1761 | 00:25:39 | König | Laura | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 53 |

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5 Km Lauf W - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|---------------|---------------|------|---|---------|----------------|
| 6 | 2422 | 00:26:39 | Schröder | Lena Sophie | 1999 | Hohenlockstedt | GER-SH | 74 |
| 7 | 1464 | 00:26:40 | Stepany | Amelie | 1999 | Grundschule Oelixdorf 4 | GER-SH | 75 |
| 8 | 1393 | 00:26:41 | Rathjens | Kira | 1998 | Grundschule Kremperheide 4 | GER-SH | 76 |
| 9 | 3059 | 00:26:43 | Müller-Bergh | Leonore | 1998 | Flotte Fersen Tegelhörn | GER-SH | 78 |
| 10 | 2278 | 00:26:48 | Nühse | La-Toya | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | 83 |
| 11 | 3243 | 00:26:50 | Friedrichs | Joana | 1999 | Laufftreff MTV Wilster | GER-SH | 84 |
| 12 | 1202 | 00:26:53 | Stampa | Henriette | 1999 | GHS Brokstedt 4c | GER-SH | 86 |
| 13 | 1195 | 00:26:57 | Horstmann | Freya | 1999 | GHS Brokstedt 4c | GER-SH | 91 |
| 14 | 3000 | 00:26:58 | Ziegenbein | Rebecca | 1998 | Bekmünde | GER-SH | 93 |
| 15 | 1380 | 00:27:08 | Peters | Dana Lea | 1999 | Grundschule Kremperheide 3a | GER-SH | 99 |
| 16 | 1500 | 00:27:14 | Dibbern | Leonie | 1998 | Grundschule Wellenkamp 4a | GER-SH | 103 |
| 17 | 2211 | 00:27:17 | Tiedemann | Lea | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | 104 |
| 18 | 2058 | 00:27:26 | Ringel | Merle | 1998 | Grundschule Op de Host 1-4 | GER-SH | 110 |
| 19 | 1815 | 00:27:26 | Behrens | Laura | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | 111 |
| 20 | 3168 | 00:27:28 | Lübbers | Maike | 1999 | Grundschule Hohenlockstedt 3c | GER-SH | 114 |
| 21 | 2623 | 00:27:29 | Tobaben | Clara | 1999 | Grundschule Sude - West 3a | GER-SH | 115 |
| 22 | 2676 | 00:27:33 | Ohrt | Lena - Marie | 1998 | Grundschule Sude - West 4b | GER-SH | 117 |
| 23 | 2895 | 00:27:37 | Schütt | Franziska | 1998 | Schwaaner SV | GER-MVP | 121 |
| 24 | 2665 | 00:27:43 | Timm | Melanie | 1999 | Grundschule Sude - West 4a | GER-SH | 125 |
| 25 | 1825 | 00:27:43 | Stendorf | Lea | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | 126 |
| 26 | 3418 | 00:27:47 | Nottelmann | Sophie | 1998 | Thies GesundheitsPartner / MediCenter Medizintechnik | GER-SH | 133 |
| 27 | 2663 | 00:27:50 | Suvorova | Aline | 1999 | Grundschule Sude - West 4a | GER-SH | 138 |
| 28 | 1974 | 00:27:56 | Hickson-Brown | Shirley-Marie | 1999 | Freie Waldorfschule Itzehoe 4 | GER-SH | 139 |
| 29 | 1571 | 00:27:58 | Koesling | Janne | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | 143 |
| 30 | 2754 | 00:28:00 | Lange | Svea | 1998 | Itzehoer Versicherungen | GER-SH | 145 |
| 31 | 2671 | 00:28:03 | Grützmacher | Isabell | 1998 | Grundschule Sude - West 4b | GER-SH | 147 |
| 32 | 2756 | 00:28:05 | Lange | Frederike | 1998 | Itzehoer Versicherungen | GER-SH | 149 |
| 33 | 1299 | 00:28:21 | Martens | Klara | 1998 | Grundschule Edendorf 3a | GER-SH | 160 |
| 34 | 2195 | 00:28:25 | Barzen | Johanna | 1999 | Sophie-Scholl-Gymnasium 5a | GER-SH | 165 |
| 35 | 1240 | 00:28:26 | Roß | Godje | 1999 | Grund- und Hauptschule Krempe 3a | GER-SH | 167 |
| 36 | 1983 | 00:28:27 | Wethje | Antonia | 1999 | Freie Waldorfschule Itzehoe 4 | GER-SH | 170 |
| 37 | 1990 | 00:28:31 | Jensen | Mette | 1998 | Freie Waldorfschule Itzehoe 5 | GER-SH | 173 |
| 38 | 1882 | 00:28:31 | Johannsen | Carolin | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 174 |
| 39 | 1988 | 00:28:48 | Fehrs | Maria | 1998 | Freie Waldorfschule Itzehoe 5 | GER-SH | 194 |
| 40 | 1336 | 00:28:58 | Kock | Rike | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | 199 |
| 41 | 1562 | 00:29:05 | Arp | Melody | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | 214 |
| 42 | 2621 | 00:29:10 | Krieger | Shannon | 1998 | Grundschule Sude - West 3a | GER-SH | 218 |
| 43 | 1301 | 00:29:16 | Schlünz | Wiebke | 1998 | Grundschule Edendorf 3a | GER-SH | 221 |
| 44 | 1818 | 00:29:16 | Jannsen | Lena | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | 223 |
| 45 | 3178 | 00:29:17 | Kahre | Sarah | 1999 | Grundschule Hohenlockstedt 4c | GER-SH | 225 |
| 46 | 1576 | 00:29:18 | Schmidt | Melina | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | 227 |
| 47 | 1345 | 00:29:25 | Rehder | Julia | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | 232 |
| 48 | 1174 | 00:29:28 | Möller | Ronja | 1999 | GHS Brokstedt 3b | GER-SH | 237 |
| 49 | 1902 | 00:29:32 | Sadler | Marie | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 239 |
| 50 | 2122 | 00:29:38 | Warstat | Bente | 1998 | Itzehoer Versicherungen | GER-SH | 246 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|-----------------|------|--|--------|-----|------------|
| 51 | 1135 | 00:29:42 | Heidorn | Marlin | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 251 |
| 52 | 1481 | 00:29:45 | Specht | Evelyn | 1999 | Grundschule Wellenkamp 3c | GER-SH | | 255 |
| 53 | 1192 | 00:30:01 | Bednarz | Svea | 1999 | GHS Brokstedt 4c | GER-SH | | 274 |
| 54 | 2689 | 00:30:19 | Pachan | Michelle | 1998 | Grundschule Sude - West 4c | GER-SH | | 286 |
| 55 | 2326 | 00:30:21 | Dibbern | Saskia | 1999 | Grevenkop | GER-SH | | 290 |
| 56 | 1196 | 00:30:22 | Krüger | Mirja | 1999 | GHS Brokstedt 4c | GER-SH | | 291 |
| 57 | 1313 | 00:30:23 | Krause | Maria | 1998 | Grundschule Edendorf 4C | GER-SH | | 292 |
| 58 | 2019 | 00:30:24 | Bogenreiter | Anne | 1999 | Grundschule Edendorf 4a | GER-SH | | 294 |
| 59 | 2660 | 00:30:24 | Nebke | Leandra | 1998 | Grundschule Sude - West 4a | GER-SH | | 297 |
| 60 | 2028 | 00:30:25 | Scheil | Celina | 1999 | Grundschule Edendorf 4a | GER-SH | | 299 |
| 61 | 2018 | 00:30:28 | Baudach | Madita | 1998 | Grundschule Edendorf 4a | GER-SH | | 303 |
| 62 | 2836 | 00:30:41 | Kniza | Sarah | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 317 |
| 63 | 2352 | 00:30:48 | Jürgensen | Frederike | 1999 | Heiligenstedten | GER-SH | | 327 |
| 64 | 2463 | 00:30:48 | Rehder | Sabrina | 1998 | Auguste-Viktoria Schule Itzehoe 5b | GER-SH | | 328 |
| 65 | 2284 | 00:30:52 | Var | Semiha | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 338 |
| 66 | 2068 | 00:30:54 | Zemmin | Angelina | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 346 |
| 67 | 3088 | 00:31:06 | Schuster | Malin | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 361 |
| 68 | 2202 | 00:31:08 | Hahn | Sina Celine | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 362 |
| 69 | 2021 | 00:31:08 | Christiansen | Mintje | 1998 | Grundschule Edendorf 4a | GER-SH | | 363 |
| 70 | 1321 | 00:31:14 | Zamora Soll | Inga Yurena | 1998 | Grundschule Edendorf 4C | GER-SH | | 370 |
| 71 | 1319 | 00:31:18 | Schmidt | Alicia | 1999 | Grundschule Edendorf 4C | GER-SH | | 373 |
| 72 | 1306 | 00:31:27 | zur Verth | Johanna | 1999 | Grundschule Edendorf 3a | GER-SH | | 381 |
| 73 | 4422 | 00:31:30 | Jürgs | Merle | 1999 | Volksbank Raiffeisenbank eG | GER-SH | | 385 |
| 74 | 1462 | 00:31:32 | Müßig | Leah | 1999 | Grundschule Oelixdorf 4 | GER-SH | | 389 |
| 75 | 2390 | 00:31:35 | Müller | Sofia | 1998 | Tremsbüttel | GER-SH | | 393 |
| 76 | 1893 | 00:31:47 | Moldenhauer | Sara | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 406 |
| 77 | 1311 | 00:31:47 | Klöcking | Birte | 1999 | Grundschule Edendorf 4C | GER-SH | | 408 |
| 78 | 1973 | 00:31:56 | Hennings | Anni-Friederike | 1999 | Freie Waldorfschule Itzehoe 4 | GER-SH | | 422 |
| 79 | 2866 | 00:31:56 | Westphalen | Laura | 1998 | MTV Itzehoe | GER-SH | | 423 |
| 80 | 1821 | 00:32:02 | Martens | Nikole | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 427 |
| 81 | 1861 | 00:32:08 | Braatz | Constanze | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 433 |
| 82 | 3480 | 00:32:08 | Söhren | Lina | 1999 | TSV Heiligenstedten | GER-SH | | 434 |
| 83 | 3194 | 00:32:11 | Hopp | Lana | 1999 | ISR Itzehoer Schrott und Recycling GmbH & Co. | GER-SH | | 437 |
| 84 | 2835 | 00:32:12 | Kniza | Sophie | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 440 |
| 85 | 2120 | 00:32:12 | Steinmann | Marie | 1999 | Itzehoer Versicherungen | GER-SH | | 442 |
| 86 | 2210 | 00:32:13 | Schlüter | Lea Melina | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 444 |
| 87 | 2207 | 00:32:13 | Müller | Bente | 1998 | Sophie-Scholl-Gymnasium 5a | GER-SH | | 445 |
| 88 | 1348 | 00:32:13 | Schlegel | Fee | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 448 |
| 89 | 1502 | 00:32:20 | Fritzler | Anglina | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 451 |
| 90 | 1143 | 00:32:23 | Otte | Fenja | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 459 |
| 91 | 3284 | 00:32:26 | Kuhr | Kristina | 1998 | Musikzug Oldendorf | GER-SH | | 461 |
| 92 | 2396 | 00:32:27 | von Leesen | Ira | 1999 | Sommerland | GER-SH | | 462 |
| 93 | 1201 | 00:32:29 | Schumann | Julia | 1999 | GHS Brokstedt 4c | GER-SH | | 467 |
| 94 | 1326 | 00:32:31 | Börner | Alicia | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 471 |
| 95 | 1344 | 00:32:33 | Rehder | Saskia | 1999 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 473 |
| 96 | 1486 | 00:32:34 | Harders | Melina | 1999 | Grundschule Wellenkamp 3d | GER-SH | | 474 |
| 97 | 3481 | 00:32:36 | Söhren | Thana | 1998 | TSV Heiligenstedten | GER-SH | | 478 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-----------------|----------------|------|--------------------------------------|---------|-----|------------|
| 98 | 1432 | 00:32:41 | Albers | Saskia | 1999 | Grundschule Oelixdorf 3 | GER-SH | | 485 |
| 99 | 1254 | 00:32:41 | Haberland | Merle | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 486 |
| 100 | 1544 | 00:32:42 | Schulz | Jessica | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 489 |
| 101 | 2655 | 00:32:43 | Dönnecke | Finja | 1999 | Grundschule Sude - West 4a | GER-SH | | 492 |
| 102 | 2880 | 00:32:43 | Röttger | Maria | 1999 | Münsterdorfer Sportverein | GER-SH | | 493 |
| 103 | 1501 | 00:32:46 | Ehrenberg | Melanie | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 495 |
| 104 | 1503 | 00:32:48 | Jagusch | Anna-Katharina | 1999 | Grundschule Wellenkamp 4a | GER-SH | | 499 |
| 105 | 2160 | 00:32:55 | Hammer | Lea | 1999 | Klinikum Itzehoe | GER-SH | | 504 |
| 106 | 2743 | 00:32:59 | Büll | Annika | 1999 | Itzehoer Versicherungen | GER-SH | | 511 |
| 107 | 3401 | 00:33:01 | Sievers | Imke | 1999 | SV Brokdorf Jugend | GER-SH | | 512 |
| 108 | 1139 | 00:33:05 | Lauschke | Lara-Marcine | 1998 | Auguste Viktoria Schule 5e | GER-SH | | 516 |
| 109 | 2779 | 00:33:07 | Hauptthoff | Nina | 1999 | Julianka Schule 3a | GER-SH | | 520 |
| 110 | 1176 | 00:33:10 | Ratjen | Nina | 1999 | GHS Brokstedt 3b | GER-SH | | 524 |
| 111 | 2639 | 00:33:10 | Halbleib | Frederike | 1999 | Grundschule Sude - West 3c | GER-SH | | 525 |
| 112 | 1519 | 00:33:11 | Ludolph | Sarah | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 526 |
| 113 | 3404 | 00:33:11 | Suhr | Jana | 1999 | SV Brokdorf Jugend | GER-SH | | 527 |
| 114 | 2777 | 00:33:12 | Ehlers | Melina | 1999 | Julianka Schule 3a | GER-SH | | 528 |
| 115 | 3494 | 00:33:25 | Wittorf | Rieke | 1998 | TUS Esingen | GER-THÜ | | 549 |
| 116 | 3084 | 00:33:27 | Ledtje | Lisa | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 551 |
| 117 | 1560 | 00:33:45 | Adomeit | Lara | 1998 | Kaiser-Karl-Schule Itzehoe 5c | GER-SH | | 562 |
| 118 | 1844 | 00:34:03 | Lipowski | Michelle | 1998 | Fehrs Schule 4a | GER-SH | | 577 |
| 119 | 2672 | 00:34:08 | Knezevic | Cara | 1999 | Grundschule Sude - West 4b | GER-SH | | 582 |
| 120 | 2838 | 00:34:10 | Krassow | Anne | 1998 | Liliencronschule Lägerdorf 4 | GER-SH | | 585 |
| 121 | 2667 | 00:34:12 | Bleich | Nina | 1999 | Grundschule Sude - West 4b | GER-SH | | 590 |
| 122 | 1535 | 00:34:14 | Hatje | Jacira | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 593 |
| 123 | 3079 | 00:34:18 | Holler | Michelle | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 597 |
| 124 | 1534 | 00:34:19 | Harder | Leana | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 599 |
| 125 | 2060 | 00:34:26 | Stein | Jona | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 607 |
| 126 | 3166 | 00:34:32 | Heesch | Anna Carina | 1999 | Grundschule Hohenlockstedt 3c | GER-SH | | 611 |
| 127 | 2662 | 00:34:33 | Strohbach | Lea | 1998 | Grundschule Sude - West 4a | GER-SH | | 612 |
| 128 | 1845 | 00:34:40 | Meyer-Burgdorff | Carlotta | 1998 | Fehrs Schule 4a | GER-SH | | 618 |
| 129 | 1841 | 00:34:46 | Kiupel | Sina-Cheyenne | 1998 | Fehrs Schule 4a | GER-SH | | 622 |
| 130 | 1550 | 00:34:53 | Hatje | Lisa | 1998 | Grund-und Hauptschule | GER-SH | | 633 |
| 131 | 1185 | 00:34:56 | Messer | Sarah | 1999 | GHS Brokstedt 4a | GER-SH | | 636 |
| 132 | 1442 | 00:35:03 | Hawerlant | Henriette | 1999 | Grundschule Oelixdorf 3 | GER-SH | | 643 |
| 133 | 2677 | 00:35:05 | Paulsen | Stine | 1998 | Grundschule Sude - West 4b | GER-SH | | 644 |
| 134 | 2675 | 00:35:14 | Mühler | Katharina | 1999 | Grundschule Sude - West 4b | GER-SH | | 653 |
| 135 | 1863 | 00:35:15 | Ebken | Paulina | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 655 |
| 136 | 1898 | 00:35:15 | Quecke | Korinna | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 658 |
| 137 | 3180 | 00:35:21 | Wiegand | Farah | 1998 | Grundschule Hohenlockstedt 4c | GER-SH | | 665 |
| 138 | 3181 | 00:35:22 | Wiegand | Leona | 1998 | Grundschule Hohenlockstedt 4c | GER-SH | | 668 |
| 139 | 1318 | 00:35:23 | Ralfs | Henrike | 1998 | Grundschule Edendorf 4C | GER-SH | | 669 |
| 140 | 1320 | 00:35:23 | Wüstenberg | Lea | 1998 | Grundschule Edendorf 4C | GER-SH | | 672 |
| 141 | 1437 | 00:35:32 | Fock | Gina-Marie | 1999 | Grundschule Oelixdorf 3 | GER-SH | | 684 |
| 142 | 1532 | 00:35:33 | Brinkmann | Joelina | 1998 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 685 |
| 143 | 2321 | 00:35:33 | Braun | Theresa-Marie | 1998 | Itzehoe | GER-SH | | 686 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|-------------|------|---|--------|-----|------------|
| 144 | 2080 | 00:35:35 | Ott | Sophia | 1999 | Grundschule Wellenkamp 3a | GER-SH | | 692 |
| 145 | 1766 | 00:35:37 | Ribler | Ayla | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 696 |
| 146 | 1267 | 00:35:42 | Stöhr | Sophie | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 699 |
| 147 | 1317 | 00:35:46 | Meier | Kim Kristin | 1999 | Grundschule Edendorf 4C | GER-SH | | 708 |
| 148 | 1194 | 00:35:47 | Gerdau | Esther | 1998 | GHS Brokstedt 4c | GER-SH | | 710 |
| 149 | 1187 | 00:35:48 | Ratjen | Vivien | 1999 | GHS Brokstedt 4a | GER-SH | | 711 |
| 150 | 2271 | 00:35:52 | Ferch | Michaela | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 717 |
| 151 | 2281 | 00:35:52 | Peters | Natalie | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 719 |
| 152 | 1890 | 00:36:00 | Meier | Svea | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 724 |
| 153 | 1257 | 00:36:03 | Jochimsen | Hanna | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 727 |
| 154 | 1459 | 00:36:09 | Guelen | Canan | 1999 | Grundschule Oelixdorf 4 | GER-SH | | 730 |
| 155 | 1253 | 00:36:14 | Dogru | Julia | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 734 |
| 156 | 2267 | 00:36:17 | Beselin | Corinna | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 738 |
| 157 | 1520 | 00:36:19 | Neumann | Johanna | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 741 |
| 158 | 1817 | 00:36:26 | Clausen | Anna Maria | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 745 |
| 159 | 1831 | 00:36:26 | Zessler | Beatrix | 1998 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 746 |
| 160 | 2106 | 00:36:38 | Biehler | Eyleen | 1998 | Itzehoer Versicherungen | GER-SH | | 753 |
| 161 | 1814 | 00:36:40 | Basso | Emilia | 1999 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 757 |
| 162 | 2272 | 00:36:41 | Liebisch | Aurora | 1998 | Wilhelm-Käber-Schule Hohenlockstedt O5 | GER-SH | | 758 |
| 163 | 1805 | 00:36:45 | Reitz | Jana | 1998 | Detlefsengymnasium Glückstadt 5b | GER-SH | | 761 |
| 164 | 1484 | 00:37:03 | Frank | Kim | 1999 | Grundschule Wellenkamp 3d | GER-SH | | 770 |
| 165 | 1895 | 00:37:04 | Neumann | Katharina | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 772 |
| 166 | 2176 | 00:37:06 | Petermann | Marieke | 1999 | Olaf Petermann | GER-SH | | 776 |
| 167 | 1199 | 00:37:07 | Nogli | Johanna | 1999 | GHS Brokstedt 4c | GER-SH | | 778 |
| 168 | 1877 | 00:37:07 | Herrmann | Friederike | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 779 |
| 169 | 1497 | 00:37:10 | Behncke | Fatima | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 784 |
| 170 | 1771 | 00:37:10 | Stoldt | Finja | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 785 |
| 171 | 1249 | 00:37:13 | Ahlbrecht | Patrizia | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 787 |
| 172 | 1266 | 00:37:14 | Schmidt | Janine | 1999 | Grund- und Hauptschule Krempe 3b | GER-SH | | 788 |
| 173 | 2622 | 00:37:17 | Schneider | Susanna | 1999 | Grundschule Sude - West 3a | GER-SH | | 792 |
| 174 | 2596 | 00:37:28 | Kröger | Sandra | 1999 | Grundschule Sude - West 2c | GER-SH | | 801 |
| 175 | 4504 | 00:37:30 | Timmermann | Sara | 1999 | Grund- und Hauptschule Krempe, Klasse 3a | GER-SH | | 803 |
| 176 | 2914 | 00:37:45 | Dibbern | Selina | 1999 | Heiligenstedten | GER-SH | | 810 |
| 177 | 1304 | 00:37:57 | Sommer | Tabea | 1999 | Grundschule Edendorf 3a | GER-SH | | 818 |
| 178 | 1296 | 00:38:03 | Lange | Nicole | 1998 | Grundschule Edendorf 3a | GER-SH | | 823 |
| 179 | 4441 | 00:38:05 | Tappe Maestro | Milena | 1999 | Wohlert, Aldag & Partner | GER-SH | | 828 |
| 180 | 1759 | 00:38:07 | Döring | Sina | 1998 | Auguste Viktoria-Schule Itzehoe 5c | GER-SH | | 831 |
| 181 | 2839 | 00:38:22 | Ohm | Sandra | 1999 | Lilienrondschule Lägerdorf 4 | GER-SH | | 842 |
| 182 | 3176 | 00:38:29 | Blendek | Kristin | 1999 | Grundschule Hohenlockstedt 4c | GER-SH | | 845 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SC

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|-------------|----------------|------|-----------------------------------|--------|-----|------------|
| 183 | 3182 | 00:38:30 | Wieland | Lena | 1999 | Grundschule Hohenlockstedt 4c | GER-SH | | 846 |
| 184 | 1970 | 00:38:37 | Mahnke | Mette | 1999 | Freie Waldorfschule Itzehoe 3 | GER-SH | | 850 |
| 185 | 1848 | 00:38:58 | Migge | Alina | 1998 | Fehrs Schule 4a | GER-SH | | 859 |
| 186 | 1200 | 00:38:59 | Schroedter | Jenny | 1999 | GHS Brokstedt 4c | GER-SH | | 860 |
| 187 | 1871 | 00:39:02 | Grzerkowitz | Tjara | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 862 |
| 188 | 3078 | 00:39:03 | Franken | Sarah Christin | 1998 | Gemeinschaftsschule Wilster 5 | GER-SH | | 863 |
| 189 | 2077 | 00:39:21 | Lass | Melanie | 1999 | Grundschule Wellenkamp 3a | GER-SH | | 868 |
| 190 | 1522 | 00:39:28 | Pries | Alina | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 871 |
| 191 | 2830 | 00:39:32 | Böge | Svenja | 1998 | Liliencronschule Lägerdorf 4 | GER-SH | | 872 |
| 192 | 2843 | 00:40:13 | Sievert | Alina | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 882 |
| 193 | 2842 | 00:40:26 | Schwark | Joyce-Nadine | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 884 |
| 194 | 2599 | 00:40:40 | Kruse | Alina | 1998 | Grundschule Sude - West 2c | GER-SH | | 889 |
| 195 | 2377 | 00:40:44 | Lottemoser | Annika | 1998 | Itzehoe | GER-SH | | 890 |
| 196 | 1527 | 00:40:47 | Schaacke | Mirka | 1998 | Grundschule Wellenkamp 4c | GER-SH | | 893 |
| 197 | 1513 | 00:40:59 | Fedder | Miriam | 1998 | Grundschule Wellenkamp 4c | GER-SH | | 896 |
| 198 | 2657 | 00:41:58 | Key | Catharina | 1998 | Grundschule Sude - West 4a | GER-SH | | 909 |
| 199 | 1183 | 00:42:02 | Harder | Denise | 1998 | GHS Brokstedt 4a | GER-SH | | 912 |
| 200 | 1874 | 00:42:15 | Harms | Kimberley | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 913 |
| 201 | 1851 | 00:42:23 | Stahl | Nicola | 1998 | Fehrs Schule 4a | GER-SH | | 914 |
| 202 | 2831 | 00:42:25 | Fritz | Laura | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 915 |
| 203 | 1910 | 00:42:29 | Temnur | Tamara | 1998 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 916 |
| 204 | 1911 | 00:42:31 | Thoma | Svea | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 917 |
| 205 | 2841 | 00:42:32 | Taubert | Imke | 1999 | Liliencronschule Lägerdorf 4 | GER-SH | | 919 |
| 206 | 1849 | 00:42:37 | Rehberg | Celine | 1998 | Fehrs Schule 4a | GER-SH | | 921 |
| 207 | 2834 | 00:42:41 | Gosch | Franziska | 1998 | Liliencronschule Lägerdorf 4 | GER-SH | | 923 |
| 208 | 1545 | 00:45:03 | Simonsen | Lena | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 940 |
| 209 | 1518 | 00:45:07 | Ludolph | Michelle | 1999 | Grundschule Wellenkamp 4c | GER-SH | | 943 |
| 210 | 1896 | 00:45:14 | Nothnagel | Johanna | 1999 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 944 |
| 211 | 1498 | 00:45:40 | Brüdersdorf | Yellena | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 950 |
| 212 | 2074 | 00:45:42 | Buchheim | Tanja | 1999 | Grundschule Wellenkamp 3a | GER-SH | | 951 |
| 213 | 1548 | 00:47:33 | Timm | Nele | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 960 |
| 214 | 1530 | 00:47:35 | Bill | Eleonora | 1999 | Grundschule Wellenkamp Itzehoe 4d | GER-SH | | 961 |
| 215 | 1505 | 00:47:43 | Knoop | Lea-Marie | 1998 | Grundschule Wellenkamp 4a | GER-SH | | 962 |
| 216 | 1499 | 00:47:44 | Dawiec | Mascha | 1999 | Grundschule Wellenkamp 4a | GER-SH | | 963 |
| 217 | 2057 | 00:48:38 | Reczko | Ann-Kathrin | 1999 | Grundschule Op de Host 1-4 | GER-SH | | 966 |

5 Km Lauf W - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|----------|------|---|--------|-----|------------|
| 1 | 3058 | 00:25:11 | Müller-Bergh | Dorothea | 2000 | Flotte Fersen Tegelhörn | GER-SH | | 46 |
| 2 | 1833 | 00:25:26 | Gründel | Nina | 2000 | ETSV Fortuna Glückstadt | GER-SH | | 49 |
| 3 | 1416 | 00:25:34 | Emmermann | Nina | 2001 | Grundschule Oelixedorf 2 | GER-SH | | 51 |
| 4 | 1297 | 00:26:16 | Lorenz | Stella | 2000 | Grundschule Edendorf 3a | GER-SH | | 62 |
| 5 | 3213 | 00:26:42 | Dittmann | Mirja | 2000 | Julianka-Schule Heiligenstedten, Klasse 3 c | GER-SH | | 77 |
| 6 | 2590 | 00:26:57 | Reiter | Finja | 2001 | Grundschule Sude - West 2a | GER-SH | | 92 |
| 7 | 1816 | 00:27:03 | Clausen | Julia | 2001 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 95 |

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5 Km Lauf W - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|---------------|-----------------|------|---|--------|-----|------------|
| 8 | 3206 | 00:27:12 | Ludka | Beate | 2000 | Itzehoer Versicherungen | GER-SH | | 102 |
| 9 | 2615 | 00:27:35 | Jönsson | Neele | 2000 | Grundschule Sude - West 3a | GER-SH | | 119 |
| 10 | 1449 | 00:27:46 | Peters | Jule | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 131 |
| 11 | 1551 | 00:28:15 | Fischer | Lara | 2000 | GS Wellenkamp Klasse 3d | GER-SH | | 155 |
| 12 | 1472 | 00:28:25 | Gercken | Kira | 2000 | Grundschule Wellenkamp 3c | GER-SH | | 164 |
| 13 | 1927 | 00:28:26 | Gehring | Luise Marie | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 166 |
| 14 | 1366 | 00:28:27 | Fahl | Katharina | 2001 | Grundschule Kremperheide 2b | GER-SH | | 168 |
| 15 | 2643 | 00:28:28 | Kelsch | Jenny | 2000 | Grundschule Sude - West 3c | GER-SH | | 171 |
| 16 | 1298 | 00:28:30 | Martens | Emma | 2000 | Grundschule Edendorf 3a | GER-SH | | 172 |
| 17 | 1421 | 00:28:37 | Sönksen-Perna | Nathalie | 2000 | | GER-SH | | 179 |
| 18 | 1364 | 00:28:41 | Vollstedt | Sina | 2000 | Grundschule Kremperheide 2a | GER-SH | | 185 |
| 19 | 1426 | 00:29:00 | Schiefelbein | Alisa | 2001 | Grundschule Oelixdorf 2 | GER-SH | | 203 |
| 20 | 1820 | 00:29:04 | Jannsen | Anna | 2000 | Ernst-Moritz-Arndt Schule Itzehoe 4c | GER-SH | | 213 |
| 21 | 1431 | 00:29:07 | Zemke | Annika | 2001 | Grundschule Oelixdorf 2 | GER-SH | | 215 |
| 22 | 1363 | 00:29:40 | Reimer | Josefine Amelie | 2000 | Grundschule Kremperheide 2a | GER-SH | | 249 |
| 23 | 1265 | 00:29:54 | Röpke | Betty | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 260 |
| 24 | 1872 | 00:29:54 | Harder | Ina Marie | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 261 |
| 25 | 1276 | 00:29:56 | Boll | Kristin | 2000 | Grundschule Edendorf 2 | GER-SH | | 265 |
| 26 | 1282 | 00:30:08 | Heerwagen | Fee Svea | 2000 | Grundschule Edendorf 2 | GER-SH | | 279 |
| 27 | 2772 | 00:30:20 | Brockmann | Lena | 2000 | Julianka Schule 3a | GER-SH | | 289 |
| 28 | 2790 | 00:30:25 | Paulsen | Neele | 2000 | Julianka Schule 3a | GER-SH | | 300 |
| 29 | 2265 | 00:30:42 | Radebold | Frederieke | 2000 | Waldorfschule Itzehoe | GER-SH | | 318 |
| 30 | 1904 | 00:30:44 | Schlegel | Milena | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 320 |
| 31 | 2630 | 00:30:49 | Hilgermann | Melanie | 2000 | Grundschule Sude - West 3b | GER-SH | | 332 |
| 32 | 1175 | 00:30:50 | Momsen | Finja | 2000 | GHS Brokstedt 3b | GER-SH | | 334 |
| 33 | 2633 | 00:30:51 | Nebke | Anna - Lena | 2000 | Grundschule Sude - West 3b | GER-SH | | 336 |
| 34 | 2786 | 00:30:52 | Neubert | Jule | 2000 | Julianka Schule 3a | GER-SH | | 341 |
| 35 | 2611 | 00:31:06 | Fischer | Friederike | 2000 | Grundschule Sude - West 3a | GER-SH | | 360 |
| 36 | 1347 | 00:31:13 | Rübhausen | Katharina | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 368 |
| 37 | 2755 | 00:31:18 | Lange | Fiene | 2000 | Itzehoer Versicherungen | GER-SH | | 372 |
| 38 | 1388 | 00:31:26 | Sievers | Anna-Lena | 2000 | Grundschule Kremperheide 3b | GER-SH | | 377 |
| 39 | 1386 | 00:31:33 | Neumann | Annika | 2000 | Grundschule Kremperheide 3b | GER-SH | | 390 |
| 40 | 2644 | 00:31:34 | Lüdtke | Lea | 2000 | Grundschule Sude - West 3c | GER-SH | | 392 |
| 41 | 2627 | 00:31:44 | Fischer | Klara | 2000 | Grundschule Sude - West 3b | GER-SH | | 402 |
| 42 | 2607 | 00:31:46 | Vornheim | Nina | 2000 | Grundschule Sude - West 2c | GER-SH | | 403 |
| 43 | 2864 | 00:31:54 | Töllner | Annica | 2001 | MTV Itzehoe | GER-SH | | 418 |
| 44 | 1333 | 00:31:59 | Jörck | Johanna Marie | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 425 |
| 45 | 1878 | 00:32:08 | Holpert | Stella | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 432 |
| 46 | 2650 | 00:32:21 | Schmidt | Sarah | 2000 | Grundschule Sude - West 3c | GER-SH | | 455 |
| 47 | 1491 | 00:32:27 | Olde | Johanna | 2000 | Grundschule Wellenkamp 3d | GER-SH | | 464 |
| 48 | 1281 | 00:32:31 | Harders | Martje | 2001 | Grundschule Edendorf 2 | GER-SH | | 470 |
| 49 | 1230 | 00:32:36 | Wittmaack | Nathalie Sofia | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | | 477 |
| 50 | 1288 | 00:32:36 | Welz | Johanna | 2001 | Grundschule Edendorf 2 | GER-SH | | 479 |
| 51 | 1351 | 00:32:43 | Siefke | Hannah | 2000 | Grundschule Kellinghusen Lauf-AG 2-4 | GER-SH | | 490 |
| 52 | 1424 | 00:32:43 | Runge | Lena | 2001 | Grundschule Oelixdorf 2 | GER-SH | | 491 |
| 53 | 1360 | 00:32:47 | Kötz | Leonie | 2000 | Grundschule Kremperheide 2a | GER-SH | | 496 |
| 54 | 1934 | 00:32:48 | Weiß | Anna Rose | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 497 |

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5 Km Lauf (5 Km)

5 Km Lauf W - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|--------------|--------------|------|-------------------------------------|--------|-----|------------|
| 55 | 1445 | 00:32:53 | Holst | Leonie | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 502 |
| 56 | 1655 | 00:32:54 | Schweim | Isabel | 2000 | | GER-SH | | 503 |
| 57 | 1375 | 00:32:56 | Bülow | Milena | 2000 | Grundschule Kremperheide 3a | GER-SH | | 508 |
| 58 | 4421 | 00:33:06 | Hellmann | Lisa | 2001 | TuS Krempe | GER-SH | | 518 |
| 59 | 1487 | 00:33:13 | Holstein | Nele | 2000 | Grundschule Wellenkamp 3d | GER-SH | | 529 |
| 60 | 2591 | 00:33:13 | Schönrock | Sarah | 2000 | Grundschule Sude - West 2a | GER-SH | | 530 |
| 61 | 2589 | 00:33:14 | Reimers | Nole - Greta | 2001 | Grundschule Sude - West 2a | GER-SH | | 532 |
| 62 | 2781 | 00:33:35 | Jahr | Lilly Rose | 2000 | Julianka Schule 3a | GER-SH | | 556 |
| 63 | 2776 | 00:33:42 | Dethlefs | Jonna | 2000 | Julianka Schule 3a | GER-SH | | 560 |
| 64 | 1886 | 00:33:55 | Krebs | Maritt | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 566 |
| 65 | 2401 | 00:33:58 | Ott | Theresa | 2001 | Heiligenstedtenerkamp | GER-SH | | 569 |
| 66 | 2741 | 00:33:58 | Büll | Kolina | 2001 | Itzehoe Versicherungen | GER-SH | | 571 |
| 67 | 1365 | 00:34:00 | Winkel | Mayleen | 2001 | Grundschule Kremperheide 2a | GER-SH | | 572 |
| 68 | 1361 | 00:34:01 | Mörtzschky | Madeleine | 2001 | Grundschule Kremperheide 2a | GER-SH | | 573 |
| 69 | 1908 | 00:34:03 | Tautenhahn | Anna-Lena | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 576 |
| 70 | 1170 | 00:34:07 | Wallat | Eliza | 2000 | GHS Brokstedt 3a | GER-SH | | 581 |
| 71 | 4437 | 00:34:13 | Rexhpaj | Arjanita | 2000 | Wohlert, Aldag & Partner | GER-SH | | 591 |
| 72 | 2792 | 00:34:17 | Rösch | Jula | 2000 | Julianka Schule 3a | GER-SH | | 595 |
| 73 | 1242 | 00:34:19 | Schröder | Marie | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 600 |
| 74 | 1119 | 00:34:21 | Rückerl | Sarah | 2001 | Breitenberg | GER-SH | | 602 |
| 75 | 2263 | 00:34:22 | Renk | Julia | 2000 | Volksbank Raiffeisenbank eG | GER-SH | | 603 |
| 76 | 4438 | 00:34:24 | Rauschelbach | Nele | 2000 | Wohlert, Aldag & Partner | GER-SH | | 604 |
| 77 | 4439 | 00:34:25 | Rauschelbach | Johanna | 2001 | Wohlert, Aldag & Partner | GER-SH | | 606 |
| 78 | 4359 | 00:34:29 | Kühl | Liv-Grethe | 2000 | TSV Lola | GER-SH | | 608 |
| 79 | 2170 | 00:34:31 | Liedtke | Svea | 2000 | MTV Itzehoe | GER-SH | | 610 |
| 80 | 1404 | 00:34:37 | Hinrichs | Christina | 2001 | Grundschule Oelixdorf 1 | GER-SH | | 613 |
| 81 | 2963 | 00:34:42 | Martens | Carolin | 2000 | Heiligenstedten | GER-SH | | 620 |
| 82 | 1900 | 00:34:43 | Rohm | Karina | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 621 |
| 83 | 1905 | 00:34:46 | Soylu | Sumeyra | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 623 |
| 84 | 1238 | 00:34:52 | Oelze | Lea | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 632 |
| 85 | 3405 | 00:35:06 | Delfs | Svea | 2000 | SV Neuenbrook/Rethwisch | GER-SH | | 645 |
| 86 | 1901 | 00:35:12 | Rutkowski | Alexandra | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 649 |
| 87 | 3183 | 00:35:14 | Küster | Antonia | 2000 | Gut Heil Itzehoe | GER-SH | | 652 |
| 88 | 1870 | 00:35:18 | Großmann | Joy-Emily | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 662 |
| 89 | 1408 | 00:35:22 | Reuter | Sina | 2001 | Grundschule Oelixdorf 1 | GER-SH | | 667 |
| 90 | 1451 | 00:35:32 | Strohbecke | Leonie | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 682 |
| 91 | 2654 | 00:35:34 | von Possel | Hannah | 2000 | Grundschule Sude - West 3c | GER-SH | | 688 |
| 92 | 2070 | 00:35:34 | Zoppoth | Yasmina | 2001 | Grundschule Op de Host 1-4 | GER-SH | | 689 |
| 93 | 1401 | 00:35:36 | Harnack | Saskia | 2001 | Grundschule Oelixdorf 1 | GER-SH | | 693 |
| 94 | 2428 | 00:35:43 | Staenke | Jessica | 2001 | Itzehoe | GER-SH | | 702 |
| 95 | 2785 | 00:35:43 | Mellüh | Vienna | 2000 | Julianka Schule 3a | GER-SH | | 703 |
| 96 | 4428 | 00:35:45 | Aldag | Philine | 2000 | Wohlert, Aldag & Partner | GER-SH | | 705 |
| 97 | 2493 | 00:35:45 | Hagner | Fiona | 2001 | BSC Sportfreunde Itzehoe | GER-SH | | 706 |
| 98 | 4443 | 00:35:46 | Zimmermann | Yannlina | 2001 | Wohlert, Aldag & Partner | GER-SH | | 709 |
| 99 | 1273 | 00:35:50 | Asmus | Laura | 2000 | Grundschule Edendorf 2 | GER-SH | | 714 |
| 100 | 1289 | 00:35:50 | Wendtland | Anne | 2000 | Grundschule Edendorf 2 | GER-SH | | 715 |
| 101 | 1217 | 00:36:01 | Kröger | Silja | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | | 726 |
| 102 | 2584 | 00:36:09 | Klawonn | Jona | 2000 | Grundschule Sude - West 2a | GER-SH | | 731 |
| 103 | 2078 | 00:36:15 | Oesau | Maartje | 2000 | Grundschule Wellenkamp 3a | GER-SH | | 735 |

Ergebnis

M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos | Gesamtfeld |
|-----|------|----------|----------------|------------------|------|-------------------------------------|---------|-----|------------|
| 104 | 1887 | 00:36:17 | Kunysz | Julia | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 739 |
| 105 | 1444 | 00:36:21 | Holm | Katharina | 2000 | Grundschule Oelixdorf 3 | GER-SH | | 743 |
| 106 | 2413 | 00:36:34 | Schäfer | Greta | 2001 | Münsterdorf | GER-SH | | 751 |
| 107 | 1250 | 00:36:39 | Ahsbahs | Wencke | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 755 |
| 108 | 2609 | 00:36:39 | Wagner | Jenny | 2000 | Grundschule Sude - West 2c | GER-SH | | 756 |
| 109 | 2616 | 00:36:57 | Krella | Sarah | 2000 | Grundschule Sude - West 3a | GER-SH | | 765 |
| 110 | 2793 | 00:36:58 | Schultz | Alina | 2000 | Julianka Schule 3a | GER-SH | | 767 |
| 111 | 2612 | 00:37:01 | Flathmann | Isabella | 2000 | Grundschule Sude - West 3a | GER-SH | | 768 |
| 112 | 2610 | 00:37:03 | Beuge | Julia | 2000 | Grundschule Sude - West 3a | GER-SH | | 769 |
| 113 | 1166 | 00:37:05 | Kleingarn | Sarina | 2000 | GHS Brokstedt 3a | GER-SH | | 773 |
| 114 | 1495 | 00:37:09 | Zietz | Neele | 2000 | Grundschule Wellenkamp 3d | GER-SH | | 782 |
| 115 | 1105 | 00:37:09 | Dominiak | Beeke Malia | 2001 | Itzehoe | GER-SH | | 783 |
| 116 | 4384 | 00:37:11 | Woosmann | Ronja | 2000 | Welmbüttel | GER-SH | | 786 |
| 117 | 1256 | 00:37:15 | Hüttmann | Martje | 2000 | Grund- und Hauptschule Krempe 3b | GER-SH | | 789 |
| 118 | 1367 | 00:37:16 | Hartmann | Ann-Kathrin | 2001 | Grundschule Kremperheide 2b | GER-SH | | 790 |
| 119 | 1113 | 00:37:19 | Nagel | Isabel | 2001 | Ottenbüttel | GER-SH | | 794 |
| 120 | 2910 | 00:37:26 | Burmeister | Annika | 2001 | Itzehoe | GER-SH | | 798 |
| 121 | 2531 | 00:37:31 | Wefelnberg | Emma | 2001 | Ema-schule | GER-SH | | 804 |
| 122 | 1243 | 00:37:43 | Schulze | Jana Ricke | 2000 | Grund- und Hauptschule Krempe 3a | GER-SH | | 808 |
| 123 | 1300 | 00:37:57 | Plett | Julia | 2000 | Grundschule Edendorf 3a | GER-SH | | 819 |
| 124 | 1220 | 00:37:59 | Morthoo | Paalvadam | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | | 820 |
| 125 | 1680 | 00:38:01 | Lemm | Mette | 2000 | Norddeutsche Rundschau | GER-SH | | 821 |
| 126 | 1383 | 00:38:01 | Blum | Julia | 2000 | Grundschule Kremperheide 3b | GER-SH | | 822 |
| 127 | 1214 | 00:38:04 | Haase | Sophie Charlotte | 2001 | Grund- und Hauptschule Krempe 2c | GER-SH | | 826 |
| 128 | 2999 | 00:38:04 | Ziegenbein | Marlin | 2001 | Bekmünde | GER-SH | | 827 |
| 129 | 1931 | 00:38:06 | Rakotonanahary | Lisa | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 829 |
| 130 | 1932 | 00:38:07 | Schlegel | Djamila | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 832 |
| 131 | 4434 | 00:38:07 | Lehmann | Linn | 2000 | Wohlert, Aldag & Partner | GER-SH | | 833 |
| 132 | 2579 | 00:38:19 | Boll | Eliza Paula | 2000 | Grundschule Sude - West 2a | GER-SH | | 838 |
| 133 | 1423 | 00:38:44 | Kugler | Lena-Marie | 2000 | Grundschule Oelixdorf 2 | GER-SH | | 853 |
| 134 | 2075 | 00:39:21 | Grüning | Victoria | 2000 | Grundschule Wellenkamp 3a | GER-SH | | 869 |
| 135 | 1275 | 00:39:35 | Boese | Annika | 2001 | Grundschule Edendorf 2 | GER-SH | | 873 |
| 136 | 1285 | 00:39:41 | Kurztusch | Johanna | 2000 | Grundschule Edendorf 2 | GER-SH | | 874 |
| 137 | 2570 | 00:39:53 | Groth | Rieke | 2000 | Grundschule Otterndorf | GER-NIE | | 879 |
| 138 | 1868 | 00:40:27 | Gatke | Johanna | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 885 |
| 139 | 1888 | 00:40:39 | Major | Emily Chayenne | 2000 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 887 |
| 140 | 2598 | 00:40:40 | Kruse | Jasmina | 2000 | Grundschule Sude - West 2c | GER-SH | | 888 |
| 141 | 1907 | 00:40:47 | Stoltenberg | Lea | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | | 892 |
| 142 | 2040 | 00:41:49 | Brüsse | Lea | 2000 | Grundschule Op de Host 1-4 | GER-SH | | 905 |
| 143 | 2065 | 00:41:50 | Tomberger | Fiona | 2001 | Grundschule Op de Host 1-4 | GER-SH | | 906 |
| 144 | 1373 | 00:42:36 | Wilken | Yvonne | 2001 | Grundschule Kremperheide 2b | GER-SH | | 920 |
| 145 | 1372 | 00:43:08 | Vogel | Namika | 2001 | Grundschule Kremperheide 2b | GER-SH | | 930 |
| 146 | 2408 | 00:45:02 | Pielke | Asta | 2001 | Kummerfeld | GER-SH | | 939 |
| 147 | 1923 | 00:45:18 | El Shawadfi | Zara Sabrin | 2001 | Fehrs-Schule Itzehoe 1b | GER-SH | | 945 |
| 148 | 2600 | 00:45:28 | Lottemoser | Marie | 2001 | Grundschule Sude - West 2c | GER-SH | | 947 |
| 149 | 2081 | 00:45:50 | Podratz | Sarah | 2000 | Grundschule Wellenkamp 3a | GER-SH | | 953 |
| 150 | 1232 | 00:46:01 | Zielke | Jenny | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | | 955 |

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M / W - Altersklassen

5 Km Lauf (5 Km)

5 Km Lauf W - SD

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|------------|-------------|------|-------------------------------------|--------|----------------|
| 151 | 1225 | 00:46:07 | Schulze | Eileen | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 956 |
| 152 | 1165 | 00:47:30 | Frank | Nancy | 2000 | GHS Brokstedt 3a | GER-SH | 959 |
| 153 | 1291 | 00:48:01 | Zoellner | Finja | 2000 | Grundschule Edendorf 2 | GER-SH | 964 |
| 154 | 1279 | 00:48:04 | Gumm | Luisa Elena | 2001 | Grundschule Edendorf 2 | GER-SH | 965 |
| 155 | 1909 | 00:48:40 | Tautenhahn | Marlene | 2001 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 967 |
| 156 | 1219 | 00:49:46 | Morgalla | Corinna Lea | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 970 |
| 157 | 1206 | 00:49:46 | Feldmann | Franziska | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 971 |
| 158 | 1204 | 00:50:09 | Biewald | Dana | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 973 |
| 159 | 1205 | 00:50:32 | Carstens | Chantal | 2000 | Grund- und Hauptschule Krempe 2c | GER-SH | 974 |
| 160 | 2857 | 00:52:19 | Nath | Nathaly Fee | 2001 | MTV Itzehoe | GER-SH | 977 |

5 Km Lauf W - SE

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein / Ort | Nat. | Pos Gesamtfeld |
|-----|------|----------|--------------|----------------|------|------------------------------|--------|----------------|
| 1 | 2707 | 00:30:59 | Lucki | Signe | 2002 | Gut Heil Itzehoe | GER-SH | 354 |
| 2 | 2382 | 00:31:30 | Michaelsen | Alexa | 2003 | Itzehoe | GER-SH | 386 |
| 3 | 1427 | 00:31:36 | Schiefelbein | Meike | 2002 | Grundschule Oelixdorf 2 | GER-SH | 394 |
| 4 | 3485 | 00:32:27 | Frahm | Laura-Angelina | 2002 | TSV Lola | GER-SH | 463 |
| 5 | 1865 | 00:33:44 | Erdtmann | Johanna | 2002 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 561 |
| 6 | 1915 | 00:34:48 | Wrobel | Melina | 2002 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 627 |
| 7 | 1434 | 00:34:52 | Eichler | Felicia | 2002 | Grundschule Oelixdorf 3 | GER-SH | 631 |
| 8 | 3396 | 00:35:10 | Rohwer | Joline | 2002 | SV Brokdorf Jugend | GER-SH | 648 |
| 9 | 2624 | 00:35:12 | Andersson | Elida | 2002 | Grundschule Sude - West 3b | GER-SH | 650 |
| 10 | 1935 | 00:35:15 | Weitkamp | Freja | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | 657 |
| 11 | 2157 | 00:35:57 | Engels | Jule-Malin | 2003 | Klinikum Itzehoe | GER-SH | 721 |
| 12 | 2055 | 00:36:31 | Pfleiderer | Marie | 2002 | Grundschule Op de Host 1-4 | GER-SH | 750 |
| 13 | 4398 | 00:36:41 | Woosmann | Tiara | 2002 | Welmbüttel | GER-SH | 760 |
| 14 | 2852 | 00:37:16 | Erdtmann | Katarina | 2003 | MTV Itzehoe | GER-SH | 791 |
| 15 | 2568 | 00:37:38 | zur Verth | Olivia | 2002 | Germania Leer | GER-SH | 807 |
| 16 | 1875 | 00:38:21 | Haß | Nina | 2002 | Fehrs-Schule Itzehoe 1-4 Mix | GER-SH | 841 |
| 17 | 2045 | 00:39:26 | Gülck | Raja Sophie | 2002 | Grundschule Op de Host 1-4 | GER-SH | 870 |
| 18 | 2881 | 00:40:39 | Funk | Jette | 2002 | Münsterdorfer SV | GER-SH | 886 |
| 19 | 4417 | 00:43:29 | Kruse | Lilia | 2002 | TSV Wacken | GER-SH | 935 |
| 20 | 1919 | 00:45:21 | Bendlin | Vivien | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | 946 |
| 21 | 1918 | 00:45:36 | Ari | Selin | 2002 | Fehrs-Schule Itzehoe 1b | GER-SH | 949 |

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