



## 7. Itzehoer Störlauf

13. Mai 2006

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### Ergebnis M / W - gesamt

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#### 5 Km Lauf ( 5 Km )

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#### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
1	1910	00:17:48	Dirksen	Fritjof	TS Schenefeld	GER-SH	M-JB	1
2	1952	00:17:52	Gogolok	Thomas	WTV Kiel	GER-SH	M-20	1
3	1848	00:18:41	Jörgensen	Kristof	MTV Itzehoe	GER-SH	M-JB	2
4	38	00:18:44	Liedtke	Rainer	Klein-Nordende	GER-SH	M-45	1
5	1677	00:18:55	Rabe	Tim	AVS-Itzehoe	GER-SH	M-JA	1
6	1090	00:19:01	Thissen	Hauke	Itzehoe	GER-SH	M-JA	2
7	1831	00:19:02	Gefken	Johannes	Lok Krempe	GER-SH	M-JA	3
8	1925	00:19:03	Detjens	Matthies	TUS Krempe	GER-SH	M-SA	1
9	1470	00:19:04	Kietzer	Björn	SV Alemannia Wilster	GER-SH	M-JA	4
10	1708	00:19:12	Colmsee	Herman	BSC Nordoe	GER-SH	M-JA	5
11	1024	00:19:14	Fedrau	Florian	Itzehoe	GER-SH	M-JB	3
12	1763	00:19:23	Pachan	Pascal	Itzehoer SV 09	GER-SH	M-JA	6
13	1536	00:19:30	Laake	Christian		GER-SH	M-35	1
14	577	00:19:35	Reschke	Mark	Alveslohe	GER-SH	M-30	1
15	225	00:19:43	Lipp	Sebastian	Grundschule Kremperheide Kl. 4	GER-SH	M-SA	2
16	1825	00:19:52	Kleipödszus	Tobias	LG Elmshorn	GER-SH	M-JB	4
17	494	00:20:05	Feistkorn	Sebastian	Klinikum Itzehoe	GER-SH	M-30	2
18	1267	00:20:05	Müller	Matthias	Realschule Wilster Kl. 10b	GER-SH	M-JB	5
19	1084	00:20:07	Soenksen	Henrik	Hohenlockstedt	GER-SH	M-SB	1
20	1269	00:20:07	Schröder	Dirk	Realschule Wilster Kl. 10b	GER-SH	M-JB	6
21	1565	00:20:09	Schubbert	Mike		GER-SH	M-SA	3
22	1954	00:20:11	Rau	Daniel	Wellness u. Fitness Park Wilster	GER-SH	M-JB	7
23	1810	00:20:15	Oster	Maximilian	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	8
24	484	00:20:18	Neumann	Kai	Hauptschule Sude Kl. 9b	GER-SH	M-SA	4
25	1078	00:20:28	Schütz	Jan-Erik	Glückstadt	GER-SH	M-30	3
26	4233	00:20:36	Reich	Michael	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	5
27	1038	00:20:38	Kaminsky	Steffen	Hohenaspe	GER-SH	M-JB	9
28	4286	00:20:39	Meier	Nils	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	10
29	1869	00:20:42	Hahn	Tobias	Realschule Am Lehmwold Kl. 10b	GER-SH	M-JB	11
30	862	00:20:47	Kasimir	Maik	HS Wilster	GER-SH	M-JB	12
31	1840	00:20:49	Carl	David	MTV Horst Leichtathletik	GER-SH	M-SB	2
32	878	00:20:51	Plett	Jan	HS Wilster	GER-SH	M-JB	13
33	4232	00:20:51	Reich	Philip	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	6
34	842	00:20:57	Rave	Mats	Gut Heil Itzehoe	GER-SH	M-SC	1
35	1948	00:21:05	Witt	Thomas		GER-SH	M-20	2
36	1300	00:21:06	Starck	Karsten	Realschule Wilster Kl. 9a	GER-SH	M-SA	7

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
37	938	00:21:09	Otto	Dirk	Itzehoe Versicherung	GER-SH	M-40	1
38	4285	00:21:09	Marschall	Jöran	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	14
39	403	00:21:10	Gentile	Cosmo			M-55	1
40	1525	00:21:20	Höper	Malte		GER-SH	M-SC	2
41	1339	00:21:25	Rave	Marvin	RS Krempe Projektklasse	GER-SH	M-SA	8
42	1245	00:21:29	Bratzke	Simon	MTV Itzehoe	GER-SH	M-JB	15
43	512	00:21:29	Barthels	Jascha	Itzehoe	GER-SH	M-SB	3
44	1266	00:21:30	Looft	Michael	Realschule Wilster Kl. 10b	GER-SH	M-JB	16
45	1842	00:21:34	Bornholdt	Marten	MTV Itzehoe	GER-SH	M-SB	4
46	890	00:21:37	Steen	Kevin	HS Wilster	GER-SH	M-JB	17
47	1326	00:21:39	Hein	Christopher	RS Krempe Projektklasse	GER-SH	M-SB	5
48	120	00:21:42	Lipinski	Christian	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SA	9
49	4254	00:21:43	V. Horsten	Thore	SV Brokdorf Fußballjugend	GER-SH	M-SA	10
50	1760	00:21:46	Reiser	Ulli	Itzehoe Rennschnecken	GER-SH	M-45	2
51	4208	00:21:50	Schwartkop	Lukas	Rotary Club Itzehoe	GER-SH	M-SA	11
52	1068	00:21:51	Pieper	Mirko	Kleve	GER-SH	M-SB	6
53	947	00:21:51	Steinmann	Dennis	Itzehoe Versicherung	GER-SH	M-JB	18
54	1589	00:21:53	Ziegenbein	Ralf		GER-SH	M-35	2
55	1234	00:21:54	Teßin	Malte	Itzehoe Versicherung	GER-SH	M-SB	7
56	1580	00:21:55	Wähling	Jan		GER-SH	M-SA	12
57	1796	00:21:59	Boldt	Hennrick	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	19
58	1706	00:22:03	Theede	Torge	B+H Sports	GER-SH	M-20	3
59	108	00:22:05	Jacobsen	Bernd	Fortuna RS Glückstadt Kl.6a	GER-SH	M-40	2
60	1253	00:22:07	Nütz	Jonas	MTV Itzehoe	GER-SH	M-SC	3
61	114	00:22:07	Schuster	Robert	Fortuna RS Glückstadt Kl.6a	GER-SH	M-40	3
62	156	00:22:12	Wilder	Jeremika	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SC	4
63	1340	00:22:16	Rose	Jan-Hendrik	RS Krempe Projektklasse	GER-SH	M-30	4
64	1286	00:22:18	Umlandt	Fabian	Realschule Wilster Kl. 8a	GER-SH	M-SA	13
65	1754	00:22:19	Nussek	Marvin	ISR Itzehoe Schrott und Recycling GmbH & Co.	GER-SH	M-SA	14
66	1851	00:22:20	Lukat	Janek	MTV Itzehoe	GER-SH	M-SA	15
67	143	00:22:22	Trinks	Joschua	Grundschule Hohenlockstedt Kl. 3b	GER-SH	M-SC	5
68	1795	00:22:22	Strohschen	Udo	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	20
69	1507	00:22:24	Bittner	Mark		GER-SH	M-SB	8
70	1270	00:22:24	Umlandt	Tobias	Realschule Wilster Kl. 10b	GER-SH	M-JB	21
71	1313	00:22:25	Wirtz	Timo	Realschule Wilster Kl. 9c	GER-SH	M-JB	22
72	1958	00:22:26	Butzlaff	Thomas	Titanic	GER-SH	M-45	3
73	616	00:22:29	Domrös	Sascha	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	9
74	1893	00:22:29	Boehm	Daniel	Schenefelder Turnerschaft	GER-SH	M-SA	16
75	1790	00:22:33	Göring	Siegfried	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JA	7
76	1606	00:22:34	Grünbauer	Niklas	Itzehoe	GER-SH	M-JA	8
77	4230	00:22:37	Krüger	Kevin	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	17
78	411	00:22:39	Gorlo	Aaron	GS Wellenkamp Kl.4b	GER-SH	M-SC	6
79	1552	00:22:39	Randschau	Ottmar		GER-SH	M-50	1
80	1891	00:22:41	Wilke	Lars	RS Am Lehmwohld Kl.9b	GER-SH	M-SA	18
81	1953	00:22:43	Ohneseit	Sascha	Wellness u. Fitness Park Wilster	GER-SH	M-JA	9

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
82	4158	00:22:43	Granow	Niklas	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SB	10
83	1237	00:22:44	Lentin	Markus	KKS Itzehoe	GER-SH	M-SB	11
84	1835	00:22:47	Beiersdorf	Sven	MSC Vaale	GER-SH	M-35	3
85	1949	00:22:51	Ehlert	Marvin		GER-SH	M-SC	7
86	1430	00:22:51	Hamann	Niclas	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	12
87	1849	00:22:52	Kriesel	Gerrit	MTV Itzehoe	GER-SH	M-JB	23
88	109	00:22:53	Appenburg	Malte	Fortuna RS Glückstadt Kl.6a	GER-SH	M-JA	10
89	1674	00:22:53	Lauritzen	Tobias			M-JB	24
90	119	00:22:54	Lipinski	Jonas	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SC	8
91	1274	00:22:54	Brokmann	Hauke	Realschule Wilster Kl. 8a	GER-SH	M-SA	19
92	1665	00:22:55	Strote	Pekka	Itzehoe	GER-SH	M-JA	11
93	1107	00:22:56	Mulletir	Julien	Frankreich-Cartigny l'Épinay	FRA	M-SA	20
94	1547	00:22:57	Nöhren	Philipp		GER-SH	M-JB	25
95	1907	00:22:58	Hochfeld	Jannik	SV Vaalia	GER-SH	M-JB	26
96	1564	00:22:59	Schröder	Sebastian		GER-SH	M-JB	27
97	610	00:23:00	Boll	Constantin	Alemannia Wilster	GER-SH	M-SB	13
98	205	00:23:02	Poggensee	Jannis	Grundschule Kremperheide Kl. 3b	GER-SH	M-SB	14
99	4225	00:23:06	Drefs	Malte	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	21
100	1596	00:23:06	Dammann	Niko	Oelixdorf	GER-SH	M-SC	9
101	1726	00:23:08	Tornow	Eike	FIS	GER-SH	M-SA	22
102	61	00:23:08	Spiering	Mirco	Fehrsschule	GER-SH	M-SC	10
103	1280	00:23:10	Maaß	Alexander	Realschule Wilster Kl. 8a	GER-SH	M-SA	23
104	1578	00:23:10	Wähling	Tim		GER-SH	M-SB	15
105	4226	00:23:11	Faerber	Moritz	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	24
106	841	00:23:13	Nordmann	Arne	Gut Heil Itzehoe	GER-SH	M-SA	25
107	136	00:23:15	Eggert	Jonathan	Grundschule Hohenlockstedt Kl. 3b	GER-SH	M-SD	1
108	4207	00:23:16	Schwartkop	Bernd	Rotary Club Itzehoe	GER-SH	M-40	4
109	1574	00:23:16	Ulferts	Till		GER-SH	M-SB	16
110	215	00:23:16	Koepke	Kevin	Grundschule Kremperheide Kl. 3b	GER-SH	M-SD	2
111	122	00:23:18	Dohrn	Fynn	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SA	26
112	1581	00:23:21	Wefelnberg	Lennart		GER-SH	M-SB	17
113	1930	00:23:23	Bräuer	Hartmut	Volksbank Raiffeisenbank Itzehoe	GER-SH	M-55	2
114	1689	00:23:25	Münster	Kristof	AVS-Olllc	GER-SH	M-JB	28
115	742	00:23:26	Hellmann	Oke	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-40	5
116	1368	00:23:27	Wiggers	Till	RS Wilster Kl.7a	GER-SH	M-SB	18
117	223	00:23:29	Stary	Chris	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	11
118	1880	00:23:29	Kraus	Christian	RS Am Lehmwohld Kl.9b	GER-SH	M-JB	29
119	227	00:23:29	Wentzlaff	Tobias	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	12
120	4251	00:23:30	Rave	Lars	SV Brokdorf Fußballjugend	GER-SH	M-SC	13
121	602	00:23:31	Witt	Hans-Peter	Münsterdorf	GER-SH	M-50	2
122	1511	00:23:33	Domrös	Sören		GER-SH	M-SB	19
123	208	00:23:36	Rathjens	Finn	Grundschule Kremperheide Kl. 3b	GER-SH	M-40	6
124	1850	00:23:38	Lühning	Gerrit	MTV Itzehoe	GER-SH	M-JB	30

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
125	1630	00:23:39	Kühl	Arne	Elmshorn	GER-SH	M-30	5
126	4193	00:23:41	Hourani-Schomaker	Michael	WKS Hohenlockstedt Kl.H6a	GER-SH	M-SB	20
127	4157	00:23:42	Schmelzing	Janek	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SC	14
128	1423	00:23:42	Bargmann	Oliver	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	21
129	4183	00:23:42	Kassel	Johannes	WKS Hohenlockstedt Kl.H6a	GER-SH	M-SA	27
130	1633	00:23:43	Mentzel	Fynn	Gribbohm	GER-SH	M-SC	15
131	1675	00:23:44	Pöhländ	Martin	AVS Itzehoe	GER-SH	M-SA	28
132	1940	00:23:44	Lemke	Andreas	Wohler, Aldag & Partner	GER-SH	M-20	4
133	1475	00:23:44	Heutmann	Torben	SVA Wilster	GER-SH	M-SB	22
134	4247	00:23:45	Dimpker	Axel	SV Brokdorf Fußballjugend	GER-SH	M-SB	23
135	80	00:23:47	Voigt	Jakob	Fehrsschule	GER-SH	M-SC	16
136	1019	00:23:47	Butenschön	Carsten	Kaaks	GER-SH	M-35	4
137	1575	00:23:49	Ulferts	Hauke		GER-SH	M-SA	29
138	6	00:23:49	Wolter	Florian		GER-SH	M-30	6
139	952	00:23:49	Holzknicht	Niklas	LT Stoerlauf Itzehoe	GER-SH	M-SC	17
140	1781	00:23:49	Storm	Sönke	Itzehoer Versicherung	GER-SH	M-40	7
141	4265	00:23:50	Meiferts	Marten	TSV Lola	GER-SH	M-SB	24
142	1139	00:23:51	Panzer	Hannes	GS Sude West	GER-SH	M-SC	18
143	818	00:23:51	Stüdemann	Patrick	GS Kellinghusen Kl.4e	GER-SH	M-SC	19
144	65	00:23:52	Rehder	Jeremia	Fehrsschule	GER-SH	M-SC	20
145	235	00:23:53	Ramm	Stefan-Mario	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	21
146	821	00:23:53	Eim	Nico	GS Wellenkamp Klasse 4a	GER-SH	M-SC	22
147	1898	00:23:54	Eicke	Björn	SG Mehlbek-Kleve	GER-SH	M-20	5
148	4252	00:23:55	Rehder	Maximilian	SV Brokdorf Fußballjugend	GER-SH	M-SB	25
149	1626	00:23:56	Kleipödszus	Frank	Heidgraben	GER-SH	M-40	8
150	4246	00:23:57	Rehder	Gerd	SV Brokdorf Fußballjugend	GER-SH	M-40	9
151	1886	00:23:59	Rumfeld	Malte	RS Am Lehmwohld Kl.9b	GER-SH	M-JB	31
152	4291	00:23:59	Wannewitz	Florian	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	32
153	4163	00:24:00	Eichler	Florian	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SB	26
154	795	00:24:00	Wölk	Moritz	GS Kellinghusen Kl.3a	GER-SH	M-SD	3
155	1656	00:24:02	Schultz-Collet	Christian	Itzehoe	GER-SH	M-30	7
156	580	00:24:04	Rubin	Matthias	Kaaks	GER-HES	M-35	5
157	1261	00:24:06	Mohr	Philipp	Münsterdorfer SV	GER-SH	M-SB	27
158	289	00:24:08	Trapp	Malte	GS Edendorf Kl.3b	GER-SH	M-SD	4
159	4248	00:24:08	Looft	Marten	SV Brokdorf Fußballjugend	GER-SH	M-SB	28
160	1528	00:24:08	Janson	Jörg		GER-SH	M-40	10
161	1069	00:24:09	Pieper	Torben	Kleve	GER-SH	M-SB	29
162	448	00:24:13	Rehmann	Benjamin	Hauptschule Sude Kl. 10b	GER-SH	M-JA	12
163	76	00:24:14	Beck	Christian	Fehrsschule	GER-SH	M-SC	23
164	4276	00:24:15	Eimers	Tom	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	33
165	4277	00:24:15	Erichsen	Niklas	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	34
166	943	00:24:16	Schumacher	Jan	Itzehoer Versicherung	GER-SH	M-JB	35
167	1395	00:24:17	Nagel	Jan-Markus	RS Wilster Kl.8c	GER-SH	M-SA	30
168	1515	00:24:19	Fichtner	Simon		GER-SH	M-20	6
169	4294	00:24:19	Hoffmann	Niclas		GER-SH	M-SB	30
170	1826	00:24:20	Seeland	Siegfried	LG Elmshorn	GER-SH	M-65	1
171	1605	00:24:20	Großmann	Hans-Günter	Itzehoe	GER-SH	M-45	4

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
172	639	00:24:20	Domrös	Felix	AVS Itzehoe Quinta 6c	GER-SH	M-SB	31
173	111	00:24:21	Wolf	Lennart	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SB	32
174	1502	00:24:21	Anders	Stefan		GER-SH	M-40	11
175	1876	00:24:22	Brendemühl	Tjorven	RS Am Lehmwohld Kl.9b	GER-SH	M-SA	31
176	1567	00:24:22	Staenke	Bernd		GER-SH	M-40	12
177	1241	00:24:23	Brandes	Michael	KSG Arashi e.V. Itzehoe	GER-SH	M-45	5
178	81	00:24:25	Demirel	Burak	Fehrsschule	GER-SH	M-SD	5
179	1100	00:24:28	Prigge	Jonas	BSC Nordoe	GER-SH	M-SB	33
180	121	00:24:28	Ladendorf	Hannes	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SB	34
181	954	00:24:29	Hörnlein	Claas	MTV Itzehoe	GER-SH	M-SC	24
182	1243	00:24:31	Bratzke	Rolf	MTV Itzehoe	GER-SH	M-40	13
183	1432	00:24:32	Hauschildt	Kersten	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	35
184	1445	00:24:32	Zahn	Oliver	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	36
185	96	00:24:33	Sommer	Marcel	Fehrs-Schule Kl. 4a	GER-SH	M-SC	25
186	162	00:24:33	Hildebrandt	Julien	Grundschule Hohenlockstedt Kl. 4	GER-SH	M-JB	36
187	1320	00:24:34	Brandt	Stefan	RS Krempe Projektklasse	GER-SH	M-JB	37
188	1264	00:24:35	Schanbacher	Sebastian	Realschule Wilster	GER-SH	M-SB	37
189	237	00:24:36	Spitzka	Fabian	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	26
190	4228	00:24:38	Hübner	Tobias	SG Gutheil/MTV Itzehoe Handball mjc	GER-SH	M-SA	32
191	98	00:24:39	Gnärig	Lasse	Fehrs-Schule Kl. 4a	GER-SH	M-SC	27
192	222	00:24:41	Detlefs	Christian	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	28
193	1062	00:24:44	Nütz	Börge	Wilster	GER-SH	M-35	6
194	451	00:24:45	Schwarz	Markus	Hauptschule Sude Kl. 10b	GER-SH	M-JB	38
195	1007	00:24:46	Looft	Gerhard		GER-SH	M-40	14
196	1549	00:24:47	Pieper	Fynn		GER-SH	M-SD	6
197	854	00:24:47	Frauen	Karsten	HS Wilster	GER-SH	M-SC	29
198	212	00:24:50	Hinrichs	Niklas	Grundschule Kremperheide Kl. 3b	GER-SH	M-SC	30
199	367	00:24:51	Ott	Christopher	GS St.Margarethen Kl. 2b	GER-SH	M-SD	7
200	935	00:24:51	Liskow	Oliver	Itzehoer Versicherung	GER-SH	M-20	7
201	312	00:24:52	Chionidis	Nico	GS Edendorf Kl.4c	GER-SH	M-SC	31
202	1333	00:24:52	Kühn	Henning	RS Krempe Projektklasse	GER-SH	M-SA	33
203	1859	00:24:54	Praefke	Bodo	Praefke	AUT	M-45	6
204	1531	00:24:54	Kröger	Rüdiger		GER-SH	M-40	15
205	724	00:24:54	Rebuschad	Rene	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SC	32
206	452	00:24:54	Haupthoff	Jannik	Hauptschule Sude Kl. 10b	GER-SH	M-JB	39
207	272	00:24:55	Freese	Christopher	GS Edendorf Kl.3b	GER-SH	M-SC	33
208	4122	00:24:56	Fuchs	Arne	L&S	GER-SH	M-35	7
209	307	00:24:56	Wendtland	David	GS Edendorf Kl.4c	GER-SH	M-SC	34
210	1534	00:24:56	Krüger	Ralf		GER-SH	M-45	7
211	707	00:24:57	Bielefeld	Nico	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	8
212	300	00:24:58	Eggers	Jacob	GS Edendorf Kl.4c	GER-SH	M-SC	35
213	358	00:24:59	Stüven	Marc	GS St.Margarethen Kl. 2b	GER-SH	M-SD	9
214	357	00:25:00	Stüven	Lutz	GS St.Margarethen Kl. 2b	GER-SH	M-45	8
215	1965	00:25:00	Dorloff	Thilo	MTV Itzehoe	GER-SH	M-JB	40
216	1091	00:25:02	Trede	Henning	Oelixdorf	GER-SH	M-SD	10

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
217	1257	00:25:02	Trede	Hans-Joachim	MTV Itzehoe	GER-SH	M-40	16
218	158	00:25:03	Lochefeld	Chris	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SC	36
219	1867	00:25:05	Arp	Alexander	Realschule Am Lehmwold Kl. 10b	GER-SH	M-JB	41
220	226	00:25:05	Lindenhofer	Yannic	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	37
221	1882	00:25:06	Maaß	Marten	RS Am Lehmwold Kl.9b	GER-SH	M-JB	42
222	1933	00:25:07	Frost	Andre	Volksbank Raiffeisenbank Itzehoe	GER-SH	M-JA	13
223	1751	00:25:07	Mittendorf	Detlef	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-45	9
224	1905	00:25:08	Baschke	Markus	SSG	GER-SH	M-JA	14
225	1533	00:25:10	Krohn	Michel		GER-SH	M-SD	11
226	1686	00:25:11	Krasnenko	Jorge	AVS-Ollc	GER-SH	M-JB	43
227	939	00:25:13	Riehn	Volker	Itzehoer Versicherung	GER-SH	M-50	3
228	1277	00:25:14	Kaminski	Jannick	Realschule Wilster Kl. 8a	GER-SH	M-SA	34
229	1695	00:25:15	Ellefsen	Marc	B+H Sports	GER-SH	M-20	8
230	1053	00:25:15	Mayer	Horst	Elmshorn	GER-SH	M-65	2
231	825	00:25:16	Nordmann	Michel	GS Wellenkamp Klasse 4a	GER-SH	M-SC	38
232	372	00:25:16	Schmidt	Carsten	GS St.Margarethen Kl. 2b	GER-SH	M-SD	12
233	524	00:25:18	Chionidis	Manoli	Itzehoe	GER-SH	M-SD	13
234	843	00:25:21	Halfpap	Martin	Gut-Heil Itzehoe	GER-SH	M-45	10
235	459	00:25:21	Kersten	Marcel	Hauptschule Sude Kl. 5a	GER-SH	M-SC	39
236	1366	00:25:22	Sievers	Bastian	RS Wilster Kl.7a	GER-SH	M-SA	35
237	53	00:25:23	Wolke	Jan-Niklas	EMA-Schule Kl.4c	GER-SH	M-SC	40
238	1418	00:25:24	Stollenwerk	Christoph		GER-SH	M-SC	41
239	523	00:25:25	Chionidis	Mario	Itzehoe	GER-SH	M-35	8
240	4104	00:25:25	Dunkelmann	Christopher	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	38
241	1960	00:25:27	Hodgson	Sam		GER-SH	M-SC	42
242	1431	00:25:28	Harder	Albert	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	39
243	4227	00:25:28	Holpert	Tim	SG Gutheil/MTV Itzehoe Handball mjç	GER-SH	M-SA	36
244	1784	00:25:30	Weber	Sebastian	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-20	9
245	5	00:25:30	Wolter	Frank		GER-SH	M-50	4
246	1903	00:25:32	Otto	Eckhard	Sparkasse Westholstein	GER-SH	M-50	5
247	1409	00:25:33	Flögel	Kai	Sophie-Scholl-Gymnasium Quarta b	GER-SH	M-SB	40
248	1962	00:25:36	Mohr	Arne	TSV Neuenkirchen	GER-SH	M-SB	41
249	696	00:25:36	Hoffmann	Thomas	Gesundheitszentrum Klosterforst	GER-SH	M-45	11
250	1109	00:25:37	Bense	Robin	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SB	42
251	977	00:25:37	Lettau	Benjamin	Pestalozzi-Schule Kl. 7-9	GER-SH	M-JB	44
252	962	00:25:38	Stührk	Jannis	MTV Itzehoe	GER-SH	M-SC	43
253	67	00:25:38	Marnau	Bjarne	Fehrschule	GER-SH	M-SD	14
254	4249	00:25:40	Ott	Sebastian	SV Brokdorf Fußballjugend	GER-SH	M-SB	43
255	1123	00:25:41	Warmuth	Frank	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-35	9
256	1812	00:25:41	Özbey	Ösbey	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	37
257	853	00:25:42	Frauen	Henning	HS Wilster	GER-SH	M-JB	45
258	975	00:25:43	Goldbach	Kevin	Pestalozzi-Schule Kl. 7-9	GER-SH	M-SA	38

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
259	1124	00:25:44	Warmuth	Lukas	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SC	44
260	1025	00:25:44	Forsche	Christian	Itzehoe	GER-SH	M-SB	44
261	1577	00:25:46	Wähling	Stefan		GER-SH	M-JA	15
262	1915	00:25:46	Stegelman	Shimon	TSV Bornhöved	GER-SH	M-SD	15
263	4250	00:25:46	Peters	Yannick	SV Brokdorf Fußballjugend	GER-SH	M-SC	45
264	637	00:25:47	Willgalis	Cedric	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	45
265	1374	00:25:48	Frauen	Steffen	RS Wilster Kl.8b	GER-SH	M-SA	39
266	618	00:25:49	Freiwald	Bent	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	46
267	1676	00:25:54	Pöhland	Stephan	AVS Itzehoe	GER-SH	M-SB	47
268	1011	00:25:56	Scharf	Wolfgang		GER-SH	M-45	12
269	1010	00:25:57	Magnussen	Ole		GER-SH	M-SB	48
270	1668	00:25:58	Wagner	Sven	Norderstedt	GER-SH	M-20	10
271	471	00:26:00	Menzel	Johann	Hauptschule Sude Kl. 7a	GER-SH	M-SA	40
272	571	00:26:00	Paulsen	Clemens	Wilster	GER-SH	M-SD	16
273	319	00:26:01	Lietzau	Justin	GS Hohenlockstedt Kl. 4	GER-SH	M-SC	46
274	112	00:26:01	Behm	Sebastian	Fortuna RS Glückstadt Kl.6a	GER-SH	M-SA	41
275	1870	00:26:03	Krieter	Florian	Realschule Am Lehmwold Kl. 10b	GER-SH	M-JB	46
276	870	00:26:04	Marin	Enrico	HS Wilster	GER-SH	M-SA	42
277	805	00:26:07	Gatke	Fridtjof	GS Kellinghusen Kl.4e	GER-SH	M-SC	47
278	4245	00:26:08	Albers	Lars	SV Brokdorf Fußballjugend	GER-SH	M-SC	48
279	783	00:26:08	Meiferts	Thore	GS Kellinghusen Kl.3a	GER-SH	M-SC	49
280	1200	00:26:09	Braun	Moritz	Gut Heil Itzehoe	GER-SH	M-SC	50
281	1402	00:26:09	Wied	Bernd	SC Hohenaspe	GER-SH	M-40	17
282	4253	00:26:10	Suhl	Karl-Heinz	SV Brokdorf Fußballjugend	GER-SH	M-45	13
283	1359	00:26:10	Lentfer	Fynn	RS Wilster Kl.7a	GER-SH	M-SA	43
284	60	00:26:10	Westphal	Warin	ETSV Fortuna Glückstadt	GER-SH	M-SC	51
285	1369	00:26:11	Witt	Birger	RS Wilster Kl.7a	GER-SH	M-SB	49
286	1680	00:26:13	Fontius	Christian	AVS-OIIIc	GER-SH	M-JB	47
287	1006	00:26:13	Lange	Niklas		GER-SH	M-SC	52
288	1571	00:26:14	Sydow	Dietmar		GER-SH	M-40	18
289	1390	00:26:14	Dohrn	Fabian	RS Wilster Kl.8c	GER-SH	M-SA	44
290	1487	00:26:15	Kleiner	Bastian	TSV Oldendorf	GER-SH	M-SB	50
291	840	00:26:15	Nordmann	Lasse	Gut Heil Itzehoe	GER-SH	M-SC	53
292	1623	00:26:15	Jühns	Bandik	Oldendorf	GER-SH	M-SC	54
293	1500	00:26:15	Stollenwerk	Cornelius		GER-SH	M-40	19
294	1532	00:26:16	Krohn	Bernd		GER-SH	M-45	14
295	542	00:26:16	Gripp	Gunter	Krempe	GER-SH	M-40	20
296	4296	00:26:17	Hinrichs	Frank	MTV Itzehoe	GER-SH	M-30	8
297	1472	00:26:17	Brandenburg	Rolf	SV Puls	GER-SH	M-45	15
298	1089	00:26:18	Teggatz	Dennis	Müncheberg	GER-BRA	M-SC	55
299	798	00:26:18	Bergunde	Dethlef	GS Kellinghusen Kl.4e	GER-SH	M-40	21
300	434	00:26:19	Kruck	Kevin	GS Wellenkamp Klasse 3a	GER-SH	M-SB	51
301	1111	00:26:20	Eschment	Finn	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SB	52
302	968	00:26:20	Borowiak	Dennis	Pestalozzi-Schule Kl. 7-9	GER-SH	M-SA	45
303	1591	00:26:22	Baasch	Uwe	Gribbohm	GER-SH	M-40	22
304	1417	00:26:22	Radtke	Sebastian	Sophie-Scholl-Gymnasium Quarta b	GER-SH	M-SB	53
305	802	00:26:22	Elmies	Florian	GS Kellinghusen Kl.4e	GER-SH	M-SC	56
306	4201	00:26:22	Gellrich	Finn	Rotary Club Itzehoe	GER-SH	M-SA	46
307	1393	00:26:23	Looft	Andreas	RS Wilster Kl.8c	GER-SH	M-SA	47

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
308	305	00:26:23	Sierk	Matthes	GS Edendorf Kl.4c	GER-SH	M-SC	57
309	422	00:26:24	Voß	Gunnar	GS Wellenkamp Klasse 3a	GER-SH	M-SD	17
310	1230	00:26:26	Roloff	Tom	Itzehoer Versicherung	GER-SH	M-40	23
311	1235	00:26:26	Teßin	Michael	Itzehoer Versicherung	GER-SH	M-40	24
312	1473	00:26:26	Fründt	Torben	SV Vaalia	GER-SH	M-SB	54
313	447	00:26:26	Dankwardt	Florian	Hauptschule Sude Kl. 10a	GER-SH	M-JA	16
314	915	00:26:27	Leiber	Julius	Itzehoer Ruderclub	GER-SH	M-SA	48
315	920	00:26:28	Voß	Fabian	Itzehoer Ruderclub	GER-SH	M-JB	48
316	4243	00:26:28	Thiel	Thorben	Sopie Scholl Gymnasium Quinta b	GER-SH	M-SB	55
317	4117	00:26:29	Peters	Kai	L&S	GER-SH	M-35	10
318	1211	00:26:29	Voß	Moritz	Gut Heil Itzehoe	GER-SH	M-SD	18
319	632	00:26:29	Soth	Marvin	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	56
320	1344	00:26:30	Semmelhaak	Philip	RS Krempe Projektklasse	GER-SH	M-SC	58
321	124	00:26:33	Kardel	Hartwig	Fortuna RS Glückstadt Kl.6a	GER-SH	M-55	3
322	866	00:26:33	Kutsenko	Wladik	HS Wilster	GER-SH	M-SA	49
323	303	00:26:33	Rathjens	Kelvin	GS Edendorf Kl.4c	GER-SH	M-SC	59
324	569	00:26:34	Nordmann	Axel	Itzehoe	GER-SH	M-35	11
325	4215	00:26:35	Turley	Ben	Rotary Club Itzehoe	GER-SH	M-SD	19
326	91	00:26:35	Schönhoff	Tobias	Fehrs-Schule Kl. 4a	GER-SH	M-SC	60
327	301	00:26:35	Walker	Lucas	GS Edendorf Kl.4c	GER-SH	M-SC	61
328	675	00:26:36	Kopacz	Tim Ole	ETSV Itzehoe	GER-SH	M-SD	20
329	4123	00:26:37	Wulf	Sven	L&S	GER-SH	M-35	12
330	1884	00:26:37	Meyhoff	Marvin	RS Am Lehmwohld Kl.9b	GER-SH	M-JB	49
331	575	00:26:38	Radzio	Tom Philip	Hohenaspe	GER-SH	M-SD	21
332	99	00:26:39	Gadow	Simon	Fehrs-Schule Kl. 4a	GER-SH	M-SC	62
333	1845	00:26:40	Carstens	Timo	MTV Itzehoe	GER-SH	M-20	11
334	275	00:26:40	Kammer	Jose Matthias	GS Edendorf Kl.3b	GER-SH	M-SD	22
335	792	00:26:40	Vogt	Till	GS Kellinghusen Kl.3a	GER-SH	M-SD	23
336	1752	00:26:41	Mohrdiek	Arne	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-20	12
337	1602	00:26:41	Freter	Ole	Kremperheide	GER-SH	M-SB	57
338	772	00:26:42	Dobberitz	Lucas	GS Kellinghusen Kl.3a	GER-SH	M-SC	63
339	4116	00:26:43	Tanneberger	Lars	L&S	GER-SH	M-20	13
340	424	00:26:46	König	Daniel	GS Wellenkamp Klasse 3a	GER-SH	M-SC	64
341	560	00:26:46	Krützelmann	Jan Philip	Hohenaspe	GER-SH	M-SE	1
342	1	00:26:47	zur Verth	Christoph		GER-SH	M-45	16
343	476	00:26:47	Rogéé	Philippe	Hauptschule Sude Kl. 7a	GER-SH	M-SA	50
344	4132	00:26:48	Krebs	Olaf	MTV Itzehoe	GER-SH	M-45	17
345	1263	00:26:49	Reinhardt	Jonas	Ostroher SC	GER-SH	M-SA	51
346	813	00:26:50	Runge	Max	GS Kellinghusen Kl.4e	GER-SH	M-SC	65
347	90	00:26:50	Lipovac	Mirco	Fehrs-Schule Kl. 4a	GER-SH	M-SC	66
348	4295	00:26:50	Eggert	Kai	Lohbarbek	GER-SH	M-35	13
349	2	00:26:51	Jahn	Eike		GER-SH	M-SC	67
350	11	00:26:52	Kösters	Felix		GER-SH	M-SB	58
351	55	00:26:53	Weimann	Frank	EMA-Schule Kl.4c	GER-SH	M-50	6
352	1315	00:26:54	Bahlmann	Tjark	RS Krempe Projektklasse	GER-SH	M-SB	59
353	1631	00:26:55	Mantey	Finn	Itzehoe	GER-SH	M-SC	68
354	243	00:26:55	Scholz	Sebastian	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	69
355	626	00:26:55	Leiste	Sjüt Meshach	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	60
356	666	00:26:56	Gollminski	Wolfgang	BC Hohenaspe	GER-SH	M-50	7



# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
357	1099	00:26:56	Prigge	Jesse	BSC Nordoe	GER-SH	M-SD	24
358	82	00:26:58	Denzau	Tim	Fehrschule	GER-SH	M-SD	25
359	817	00:27:00	Stange	Dominik	GS Kellinghusen Kl.4e	GER-SH	M-SC	70
360	1897	00:27:00	Kolberg	Matthias	SG HSH Nordbank e.V.	GER-HAM	M-35	14
361	1836	00:27:00	Holm	Sascha	MSC Vaale	GER-SH	M-20	14
362	1259	00:27:01	Hanisch	Lukas	MTV Wilster	GER-SH	M-SD	26
363	1347	00:27:05	Thoms	Marcel	RS Krempe Projektklasse	GER-SH	M-SB	61
364	64	00:27:05	Witthohn	Niklas	Fehrschule	GER-SH	M-SD	27
365	1162	00:27:06	Kunert	Jakob	GS Sude West Kl. 4b	GER-SH	M-SC	71
366	221	00:27:07	Sander	Claas	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	72
367	1150	00:27:07	Jaschinski	Jannick	GS Sude West Kl. 3b	GER-SH	M-SD	28
368	625	00:27:07	Leist	Julian	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	62
369	238	00:27:08	Vandrey	Alexander	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	73
370	1289	00:27:08	Böge	Jan	Realschule Wilster Kl. 9a	GER-SH	M-SA	52
371	4133	00:27:12	Abt	Wilhelm	MTV Itzehoe	GER-SH	M-40	25
372	1566	00:27:12	Soliman	Munir		GER-SH	M-SA	53
373	4155	00:27:13	Siedenburg	Tim	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SC	74
374	1855	00:27:14	Zunker	Mathis	Münsterdorfer SV	GER-SH	M-SC	75
375	808	00:27:16	Hartmann	Felix	GS Kellinghusen Kl.4e	GER-SH	M-SC	76
376	1265	00:27:16	Busch	Oliver		GER-SH	M-40	26
377	1770	00:27:17	Grundmann	Uwe	Itzehoe Versicherung	GER-SH	M-45	18
378	1382	00:27:18	Schmidt	Henrik	RS Wilster Kl.8b	GER-SH	M-SA	54
379	640	00:27:19	Ehlers	Till	AVS Itzehoe Quinta 6c	GER-SH	M-SB	63
380	1045	00:27:20	Koch	Jonas	Itzehoe	GER-SH	M-SD	29
381	1043	00:27:20	Koch	Sören	Itzehoe	GER-SH	M-40	27
382	641	00:27:22	Franke	Johannes	AVS Itzehoe Quinta 6c	GER-SH	M-SA	55
383	579	00:27:22	Rösch	Yannic D.J.	Itzehoe	GER-SH	M-SC	77
384	1556	00:27:24	Reimers	Jürgen		GER-SH	M-40	28
385	690	00:27:24	Tappe	Rafael	Fehrschule Kl.3d	GER-SH	M-SD	30
386	1446	00:27:26	Koenig	Fabian	Sparkasse Westholstein	GER-SH	M-SD	31
387	1293	00:27:26	Hartnack	Klaas	Realschule Wilster Kl. 9a	GER-SH	M-SA	56
388	365	00:27:27	Albers	Luca	GS St.Margarethen Kl. 2b	GER-SH	M-SD	32
389	1125	00:27:27	Barz	Erik	GS Sude West	GER-SH	M-SC	78
390	722	00:27:28	Piening	Nicklas	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	33
391	1799	00:27:29	Bose	Frithjof	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	50
392	1506	00:27:29	Bischof	Dirk		GER-SH	M-35	15
393	756	00:27:32	Brandt	Klaus	GS Edendorf Kl.4b	GER-SH	M-SC	79
394	879	00:27:33	Puls	Malte	HS Wilster	GER-SH	M-SA	57
395	412	00:27:34	Küster	Rouven	GS Wellenkamp Kl.4b	GER-SH	M-SC	80
396	4219	00:27:35	V. Rosenberg	Moritz	Rotary Club Itzehoe	GER-SH	M-SB	64
397	395	00:27:36	Bähr	Sören	GS Wellenkamp Kl.4b	GER-SH	M-SC	81
398	4298	00:27:36	Gramke	Prof.Dr.Jürgen	Rotary Club Itzehoe	GER-SH	M-65	3
399	1440	00:27:37	Schröder	Thomas	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-35	16
400	978	00:27:37	Lohse	Christoph	Pestalozzi-Schule Kl. 7-9	GER-SH	M-SB	65
401	1832	00:27:38	Turner	Taavi	Lok Krempe	GER-SH	M-JA	17
402	4204	00:27:39	Kappus	Michael	Rotary Club Itzehoe	GER-SH	M-50	8
403	93	00:27:39	Kruit	Moritz	Fehrs-Schule Kl. 4a	GER-SH	M-SC	82

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
404	1448	00:27:40	Krieter	Bjarne	Sparkasse Westholstein	GER-SH	M-SD	34
405	1780	00:27:40	Schwittay	Marten	Itzehoer Versicherung	GER-SH	M-SC	83
406	1608	00:27:41	Güldner	Ralph	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	M-20	15
407	4119	00:27:42	Beck	Heiko	L&S	GER-SH	M-35	17
408	720	00:27:44	Nielsen	Brijan	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	36
409	1914	00:27:44	Stegelman	Jesper	TSV Bornhöved	GER-SH	M-SD	35
410	1365	00:27:44	Schwardt	Steffen	RS Wilster Kl.7a	GER-SH	M-SB	66
411	708	00:27:45	Dröse	Morten	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	37
412	566	00:27:45	Meyer	Edgar	Berlin	GER-BER	M-50	9
413	320	00:27:45	Schierbecker	Tobias	GS Hohenlockstedt Kl. 4	GER-SH	M-SD	38
414	819	00:27:46	Thormählen	Jan-Philipp	GS Kellinghusen Kl.4e	GER-SH	M-SC	84
415	970	00:27:48	Castillo	Francisco	Pestalozzi-Schule Kl. 7-9	GER-SH	M-JB	51
416	4229	00:27:48	Jeworek	Pascal	SG Gutheil/MTv Itzehoe Handball mjc	GER-SH	M-SA	58
417	1377	00:27:49	Lentfer	Timo	RS Wilster Kl.8b	GER-SH	M-SA	59
418	793	00:27:50	Wemme	Lennart	GS Kellinghusen Kl.3a	GER-SH	M-SC	85
419	1885	00:27:50	Mohr	Stephan	RS Am Lehmwohld Kl.9b	GER-SH	M-JB	52
420	4159	00:27:51	Schwarz	Luca	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SC	86
421	321	00:27:52	Soyka	Tobias	GS Hohenlockstedt Kl.2c	GER-SH	M-35	18
422	348	00:27:53	Mischok	Dominik	GS Oelixdorf	GER-SH	M-SC	87
423	786	00:27:53	Pfeiffer	David	GS Kellinghusen Kl.3a	GER-SH	M-SC	88
424	1757	00:27:54	Weber	Joachim	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-30	9
425	592	00:27:55	Störmann	Dirk	Itzehoe	GER-SH	M-40	29
426	324	00:27:56	Zöllner	Klaas	GS Hohenlockstedt Kl.2c	GER-SH	M-SD	39
427	402	00:27:57	Neumann	Jan-Hendrik	GS Wellenkamp Kl.4b	GER-SH	M-SC	89
428	520	00:27:59	Böhm	Jonas	Itzehoe	GER-SH	M-SD	40
429	350	00:28:00	Mischok	Daniel	GS Oelixdorf	GER-SH	M-SC	90
430	971	00:28:05	Denker	Jan	Pestalozzi-Schule Kl. 7-9	GER-SH	M-35	19
431	1543	00:28:06	Lüdecke	Nick		GER-SH	M-SB	67
432	23	00:28:06	Droßard	Felix		GER-SH	M-SC	91
433	336	00:28:07	Kühl	Lennard	GS Hohenlockstedt Kl.2c	GER-SH	M-SD	41
434	1550	00:28:07	Prelle	Hubert		GER-SH	M-50	10
435	1378	00:28:08	Lucht	Falko	RS Wilster Kl.8b	GER-SH	M-SA	60
436	160	00:28:10	Mezker	Andreas	Grundschule Hohenlockstedt Kl. 4	GER-SH	M-SC	92
437	405	00:28:11	Rühser	Lennart	GS Wellenkamp Kl.4b	GER-SH	M-SC	93
438	1375	00:28:11	Grünberg	Patrick	RS Wilster Kl.8b	GER-SH	M-SA	61
439	1635	00:28:12	Meyer	Ole	Wewelsfleth	GER-SH	M-JA	18
440	1133	00:28:13	Löning	Samuel	GS Sude West	GER-SH	M-SC	94
441	1732	00:28:13	Beleveslis	Joannis	HS Lübscher Kamp Kl.5a	GER-SH	M-SB	68
442	1380	00:28:13	Mangels	Tjark	RS Wilster Kl.8b	GER-SH	M-SA	62
443	1136	00:28:14	Mühler	Tobias	GS Sude West	GER-SH	M-SB	69
444	1488	00:28:15	Burk	Johannes	TSV Oldendorf Fußballjugend F1	GER-SH	M-SD	42
445	1021	00:28:16	Carstensen	Uwe	Heiligenstedtenerkamp	GER-SAN	M-50	11
446	4124	00:28:17	Sander	Stephan	L&S	GER-SH	M-35	20
447	1783	00:28:18	Rühlemann	Patrick	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	63
448	1129	00:28:18	Kock	Carsten	GS Sude West	GER-SH	M-SC	95

LG ITZEHOE Gravensteiner Weg 6 25524 Itzehoe  
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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
449	1815	00:28:18	Schallmo	Janeck	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SB	70
450	1193	00:28:19	Schliebs	Leif-Oliver	GS Sude-West Kl. 2b	GER-SH	M-SC	96
451	1643	00:28:19	Paulsen	Günter	Hohenlockstedt	GER-SH	M-55	4
452	442	00:28:20	Freiwald	Stephan	Hauptschule Sude	GER-SH	M-35	21
453	694	00:28:20	Yagmur	Tugay	Fehrsschule Kl.3d	GER-SH	M-SD	43
454	809	00:28:22	Klingebliel	Jonas	GS Kellinghusen Kl.4e	GER-SH	M-SC	97
455	1110	00:28:22	Blumenthal	Konstantin Bernhard	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SB	71
456	994	00:28:22	Wink	Christopher	Rotary Club Itzehoe	GER-SH	M-SD	44
457	1404	00:28:22	Andresen	Lars	Sophie-Scholl-Gymnasium Quarta b	GER-SH	M-SB	72
458	1805	00:28:23	Mälk	René	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	64
459	1494	00:28:23	Rapraeger	Nico	TSV Oldendorf Fußballjugend F1	GER-SH	M-SD	45
460	515	00:28:23	Beyer	Tom	Itzehoe	GER-SH	M-SD	46
461	516	00:28:24	Beyer	Jörg	Itzehoe	GER-SH	M-40	30
462	4235	00:28:24	Bauhaus	Lukas	Sopie Scholl Gymnasium Quinta b	GER-SH	M-SB	73
463	1070	00:28:25	Preuschoff	Malte	Itzehoe	GER-SH	M-SD	47
464	1258	00:28:26	Westphalen	Daniel	MTV Itzehoe	GER-SH	M-JB	53
465	1434	00:28:27	Koch	Thorsten	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-45	19
466	1063	00:28:27	Borras	Hendrik		GER-SH	M-SC	98
467	1594	00:28:28	Bürger	Harald	Wilster	GER-SH	M-55	5
468	992	00:28:28	Bielenberg	Benjamin	Rotary Club Itzehoe	GER-SH	M-20	16
469	10	00:28:29	Springer	Nico		GER-SH	M-SD	48
470	59	00:28:29	Weimann	Johannes	EMA-Schule Kl.4c	GER-SH	M-SC	99
471	1938	00:28:30	Suhl-Lühning	Martin	Wellness u. Fitness Park Wilster	GER-SH	M-40	31
472	914	00:28:30	Leiber	Valentin	Itzehoer Ruderclub	GER-SH	M-SC	100
473	242	00:28:31	Most	Marten	Grundschule Kremperheide Kl.3a	GER-SH	M-SD	49
474	586	00:28:32	Schulze	Hendrik	Muensterdorf	GER-SH	M-SC	101
475	193	00:28:33	Mogge	Thorge	Grundschule Kremperheide Kl. 2	GER-SH	M-SD	50
476	1707	00:28:33	Haltermann	Sven	B+H Sports	GER-SH	M-20	17
477	1627	00:28:33	Koch	Gerhard	Wrist	GER-SH	M-70	1
478	559	00:28:34	Körber	Holger	Elmshorn	GER-SH	M-35	22
479	987	00:28:36	Wittchow	Tobias	Pestalozzi-Schule Kl. 7-9	GER-SH	M-SA	65
480	133	00:28:37	Otto	Bennett	Grundschule Hohenlockstedt Kl. 2	GER-SH	M-SD	51
481	607	00:28:38	Zimmermann	Frank	Itzehoe	GER-SH	M-45	20
482	1526	00:28:39	Abent	Eugen			M-JB	54
483	684	00:28:40	Kruse	Nils	Fehrsschule Kl.3d	GER-SH	M-SD	52
484	1027	00:28:41	Gierth	Marco	Heiligenstedten	GER-SH	M-SD	53
485	1219	00:28:42	Färber	Moritz	Itzehoer Versicherung	GER-SH	M-SA	66
486	444	00:28:43	Ahrens	Arne	Hauptschule Sude	GER-SH	M-50	12
487	14	00:28:45	Erdtmann	Marco		GER-SH	M-40	32
488	9	00:28:45	Erdtmann	Daniel		GER-SH	M-SC	102
489	606	00:28:47	Zehmke	Jan-Niklas	Oelixdorf	GER-SH	M-SE	2
490	1229	00:28:48	Ollech	Sven	Itzehoer Versicherung	GER-SH	M-SB	74
491	1142	00:28:50	Ribbat	Jakob	GS Sude West	GER-SH	M-SC	103

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
492	1490	00:28:50	Hochleitner	Hans-Joachim	TSV Oldendorf Fußballjugend F1	GER-SH	M-45	21
493	1919	00:28:51	Koch	Jan Niklas	TSV Oldendorf	GER-SH	M-SC	104
494	1489	00:28:51	Gahtow	Julef	TSV Oldendorf Fußballjugend F1	GER-SH	M-SD	54
495	782	00:28:52	Mahler	Fabian	GS Kellinghusen Kl.3a	GER-SH	M-SD	55
496	1028	00:28:53	Gierth	Jürgen	Heiligenstedten	GER-SH	M-40	33
497	703	00:28:54	Schäfer	Christopher	Gesundheitszentrum Klosterforst	GER-SH	M-40	34
498	1029	00:28:55	Gierth	Oliver	Heiligenstedten	GER-SH	M-SD	56
499	508	00:28:55	Albrecht	Björn	Oelixdorf	GER-SH	M-35	23
500	317	00:28:56	Schack	Torben	GS Hohenlockstedt Kl. 4	GER-SH	M-SC	105
501	1157	00:28:56	Brandt	Maximilian	GS Sude West Kl. 4b	GER-SH	M-SC	106
502	999	00:28:56	Gellrich	Marcus	Rotary Club Itzehoe	GER-SH	M-40	35
503	1474	00:28:57	Janson	Jonas	SV VAALIA	GER-SH	M-SC	107
504	1220	00:28:58	Färber	Felix	Itzehoer Versicherung	GER-SH	M-SD	57
505	1221	00:28:58	Färber	Dietmar	Itzehoer Versicherung	GER-SH	M-20	18
506	4297	00:29:00	Kuth	Julian		GER-SH	M-20	19
507	79	00:29:01	Delfs	Steffen	Fehrsschule	GER-SH	M-SD	58
508	1167	00:29:01	Timm	Dennis	GS Sude West Kl. 4b	GER-SH	M-SC	108
509	36	00:29:02	Matschull	Michael	Berlin	GER-BER	M-45	22
510	4140	00:29:04	Saß	Phillip	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	75
511	765	00:29:04	Klöcking	Björn Ole	GS Edendorf Kl.4b	GER-SH	M-SC	109
512	139	00:29:05	Groß	Alexander	Grundschule Hohenlockstedt Kl. 3b	GER-SH	M-SD	59
513	4102	00:29:07	Pump	Robin	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	76
514	837	00:29:07	Harders	Max	Gut heil itzehoe	GER-SH	M-SD	60
515	4138	00:29:08	Schumacher	Lars	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	77
516	1693	00:29:09	Wessel	Thorge	AVS-Olllc	GER-SH	M-SA	67
517	140	00:29:10	Hartmann	Fabian	Grundschule Hohenlockstedt Kl. 3b	GER-SH	M-SD	61
518	1931	00:29:11	Brunkhorst	Fabian	Volksbank Raiffeisenbank Itzehoe	GER-SH	M-SB	78
519	68	00:29:11	Mälk	Fabian	Fehrsschule	GER-SH	M-SB	79
520	1895	00:29:12	Klein	Ture	Schenefelder Turnerschaft	GER-SH	M-SC	110
521	293	00:29:13	Kaspereit	Noah	GS Edendorf Kl.3b	GER-SH	M-SC	111
522	1436	00:29:13	Richter	Christoph	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-35	24
523	1894	00:29:14	Brandt	Mathis	Schenefelder Turnerschaft	GER-SH	M-SC	112
524	4255	00:29:14	Busch	Lennart	SV Neuenbrook/Rethwisch	GER-SH	M-SD	62
525	677	00:29:16	Bielenberg	David	Fehrsschule Kl.3d	GER-SH	M-SC	113
526	1495	00:29:17	Kruse	Andreas	TSV Wacken	GER-SH	M-35	25
527	318	00:29:18	Schierbecker	Lasse	GS Hohenlockstedt Kl. 4	GER-SH	M-SC	114
528	1343	00:29:19	Schnell	Daniel	RS Krempe Projektklasse	GER-SH	M-JB	55
529	1541	00:29:21	Looß	Stefan		GER-SH	M-SB	80
530	1616	00:29:21	Hinz	Enno	Beidenfleth	GER-SH	M-SD	63
531	740	00:29:22	Gloyer	Lars	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SD	64
532	1061	00:29:23	Nitsch	Julien	Wilster	GER-SH	M-SB	81
533	530	00:29:25	Eggert-Sönnichsen	Ruben	Wilster	GER-SH	M-SC	115
534	766	00:29:25	Kuhr	Julius	GS Edendorf Kl.4b	GER-SH	M-SC	116
535	1419	00:29:26	Sawatzki	Jannik	Sophie-Scholl-Gymnasium Quarta b	GER-SH	M-SB	82

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
536	906	00:29:27	Kaspereit	Heiko	Inter Acker	GER-SH	M-35	26
537	760	00:29:28	Gottschalk	Lukas	GS Edendorf Kl.4b	GER-SH	M-SC	117
538	1485	00:29:28	Köster	Sebastian	TSV Lola	GER-SH	M-SB	83
539	1127	00:29:30	Key	Felix	GS Sude West	GER-SH	M-SC	118
540	337	00:29:30	Sosnowski	Alexander	GS Hohenlockstedt Kl.3b	GER-SH	M-SA	68
541	1655	00:29:32	Schuhmacher	Torben	Kremperheide	GER-SH	M-SC	119
542	1669	00:29:32	Werdt	Wolfgang	Itzehoe	GER-SH	M-55	6
543	1733	00:29:34	Bolln	Steven	HS Lübscher Kamp Kl.5a	GER-SH	M-SC	120
544	316	00:29:34	Stinsky	Hendrik	GS Hohenlockstedt Kl. 4	GER-SH	M-SC	121
545	1535	00:29:34	Kruse	Benjamin		GER-SH	M-JA	19
546	1469	00:29:35	Bauer	Jan	SV - Vaalia	GER-SH	M-SA	69
547	1524	00:29:37	Holpert	Marc		GER-SH	M-SB	84
548	1108	00:29:37	Backhaus	Justus-Paul	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SC	122
549	220	00:29:37	Etler	Sören	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	123
550	910	00:29:38	Nowak	Ingo	ISV 09 Itzehoe	GER-SH	M-35	27
551	231	00:29:39	Liebs	Jan-Hendrick	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	124
552	386	00:29:41	Fritz	Alexander	GS Wellenkamp Kl.3c	GER-SH	M-SC	125
553	4278	00:29:42	Geschwindner	Felix	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JA	20
554	29	00:29:44	Großmann	Tobias		GER-HAM	M-SD	65
555	552	00:29:46	Ihde	Thies	Alveslohe	GER-SH	M-35	28
556	1249	00:29:47	Jens	Heinz-Christian	MTV Itzehoe	GER-SH	M-20	20
557	1722	00:29:47	Plaster	Marcel	FIS	GER-SH	M-SC	126
558	389	00:29:48	Reblin	David Pascal	GS Wellenkamp Kl.3c	GER-SH	M-SC	127
559	1115	00:29:49	Martens	Hauke	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SB	85
560	1328	00:29:51	Keppner	Christian	RS Krempe Projektklasse	GER-SH	M-JA	21
561	265	00:29:51	Conring	Nico	Grundschule Wellenkamp Kl. 3d	GER-SH	M-SD	66
562	1240	00:29:52	Tiemann	Hans - Friedrich	Kreisverwaltung Steinburg	GER-SH	M-55	7
563	1773	00:29:52	Nassauer	Lars	Itzehoer Versicherung	GER-SH	M-35	29
564	1332	00:29:53	Kühn	Jan	RS Krempe Projektklasse	GER-SH	M-SB	86
565	1001	00:29:54	Ahmling	Jan		GER-SH	M-50	13
566	4118	00:29:54	Kohl	Jens	L&S	GER-SH	M-35	30
567	1218	00:29:54	Bollhardt	Mark	Itzehoer Versicherung	GER-SH	M-35	31
568	391	00:29:55	Rades	Lukas	GS Wellenkamp Kl.3c	GER-SH	M-SC	128
569	672	00:29:55	Becker	Mathis	BSC Nordoe	GER-SH	M-SB	87
570	1128	00:29:57	Kiel	Thomas	GS Sude West	GER-SH	M-SD	67
571	486	00:29:57	Warstat	Dierk	Itzehoer Versicherung	GER-SH	M-40	36
572	942	00:29:57	Schemainda	Dirk	Itzehoer Versicherung	GER-SH	M-20	21
573	1152	00:29:58	Nier	Tobias	GS Sude West Kl. 3b	GER-SH	M-SD	68
574	157	00:29:59	Flickenschild	Jury	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SD	69
575	1439	00:29:59	Schröder	Michel	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	88
576	945	00:30:00	Steinmann	Moritz	Itzehoer Versicherung	GER-SH	M-SD	70
577	946	00:30:01	Steinmann	Stefan	Itzehoer Versicherung	GER-SH	M-40	37
578	1163	00:30:02	Langer	Juri-Johann	GS Sude West Kl. 4b	GER-SH	M-SC	129
579	1586	00:30:03	Wodtke	Moritz-Pascal		GER-SH	M-SD	71
580	1435	00:30:03	Koch	Robert	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	89

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
581	22	00:30:04	Droßbard	Bennet		GER-SH	M-SD	72
582	647	00:30:06	Domke	Tobias	HS Wilster	GER-SH	M-JA	22
583	28	00:30:08	Mischok	Axel		GER-SH	M-40	38
584	1762	00:30:08	Schröder	Reinhard	Itzehoe Rennschnecken	GER-SH	M-40	39
585	705	00:30:09	Vock	Karl-Heinz	Gesundheitszentrum Klosterforst	GER-SH	M-50	14
586	277	00:30:09	Möller	Malte	GS Edendorf Kl.3b	GER-SH	M-SC	130
587	338	00:30:10	Sosnowski	Pascal	GS Hohenlockstedt Kl.3b	GER-SH	M-SC	131
588	754	00:30:12	Wichers	Jan Hendrick	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SC	132
589	4182	00:30:13	Leukel	Dominik	WKS Hohenlockstedt Kl.H6a	GER-SH	M-SB	90
590	649	00:30:14	Kuhn	Felix	AVS Itzehoe Quinta 6c	GER-SH	M-SB	91
591	1657	00:30:15	Schulze	Andreas	Itzehoe	GER-SH	M-40	40
592	469	00:30:16	Asmus	Niclas	Hauptschule Sude Kl. 7a	GER-SH	M-SA	70
593	4217	00:30:16	V. Rosenberg	Nikolaus	Rotary Club Itzehoe	GER-SH	M-SC	133
594	695	00:30:18	Zimmermann	Jonas	Fehrsschule Kl.3d	GER-SH	M-SD	73
595	4128	00:30:19	Laue	Oliver	L&S	GER-SH	M-40	41
596	189	00:30:19	Stöhr	Luca Fabio	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	74
597	1281	00:30:21	Mahrt	Hein	Realschule Wilster Kl. 8a	GER-SH	M-SA	71
598	1273	00:30:21	Böttger	Lukas	Realschule Wilster Kl. 8a	GER-SH	M-SA	72
599	187	00:30:25	Hampe	Marvin	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	75
600	1134	00:30:26	Möller	Melvin	GS Sude West	GER-SH	M-SC	134
601	1295	00:30:27	Möller	Mario		GER-SH	M-35	32
602	797	00:30:27	Bergunde	Marek	GS Kellinghusen Kl.4e	GER-SH	M-SC	135
603	1854	00:30:28	Vollmert	Dr. Jürgen	MTV Wilster	GER-SH	M-55	8
604	315	00:30:28	Nölting	Maximilian	GS Hohenlockstedt Kl. 4	GER-SH	M-SC	136
605	4151	00:30:31	Scheiter	Matthias	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	92
606	248	00:30:31	Faust	Bennet	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	137
607	4211	00:30:31	Tietjen	Paul-Adolf	Rotary Club Itzehoe	GER-SH	M-50	15
608	4256	00:30:33	Busch	Olaf	SV Neuenbrook/Rethwisch	GER-SH	M-40	42
609	210	00:30:33	Sibum	Christian	Grundschule Kremperheide Kl. 3b	GER-SH	M-SB	93
610	693	00:30:33	Ulrich	Luca	Fehrsschule Kl.3d	GER-SH	M-SD	76
611	169	00:30:33	Raymond	Keith	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	77
612	4257	00:30:34	Strüven	Rowan	SV Neuenbrook/Rethwisch	GER-SH	M-SD	78
613	1731	00:30:35	Balert	Thomas	HS Lübscher Kamp Kl.5a	GER-SH	M-SB	94
614	784	00:30:35	Molzahn	Fynn Ole	GS Kellinghusen Kl.3a	GER-SH	M-SD	79
615	4145	00:30:35	König	Björn	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	95
616	1734	00:30:36	Clausen	André	HS Lübscher Kamp Kl.5a	GER-SH	M-SB	96
617	201	00:30:36	Stabenow	Kyle Robin	Grundschule Kremperheide Kl. 2	GER-SH	M-SD	80
618	995	00:30:37	Deister	Arno	Rotary Club Itzehoe	GER-SH	M-45	23
619	4144	00:30:37	Nissen	Finn Thore	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	97
620	956	00:30:38	Lühring	Arvid	MTV Itzehoe	GER-SH	M-SD	81
621	330	00:30:39	Lehmann	Frank	GS Hohenlockstedt Kl.2c	GER-SH	M-45	24
622	653	00:30:40	Peters	Marco	AVS Itzehoe Quinta 6c	GER-SH	M-SB	98
623	325	00:30:41	Karrasch	Lucas	GS Hohenlockstedt Kl.2c	GER-SH	M-SD	82

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
624	184	00:30:41	Friedrichs	Luca	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	83
625	603	00:30:41	Witt	Niklas	Münsterdorf	GER-SH	M-SA	73
626	4239	00:30:43	Lehmann	Jeremi	Sopie Scholl Gymnasium Quinta b	GER-SH	M-SB	99
627	410	00:30:43	Pasqualicchio	Alessio	GS Wellenkamp Kl.4b	GER-SH	M-SC	138
628	1224	00:30:43	Lenth	Holger	Itzehoer Versicherung	GER-SH	M-40	43
629	406	00:30:44	Wefelmeier	Joshua	GS Wellenkamp Kl.4b	GER-SH	M-SC	139
630	66	00:30:48	Oltersdorf	Tomek	Fehrsschule	GER-SH	M-SC	140
631	1198	00:30:48	Steinacker	Bennet	GS Sude-West Kl. 2b	GER-SH	M-SD	84
632	1865	00:30:49	Sommer	Marc	Prokon Energiesysteme GmbH	GER-SH	M-30	10
633	268	00:30:49	Delfs	Jannik	GS Edendorf Kl.3b	GER-SH	M-SD	85
634	286	00:30:49	Holler	Leif	GS Edendorf Kl.3b	GER-SH	M-SD	86
635	993	00:30:50	Blaschke	Rüdiger	Rotary Club Itzehoe	GER-SH	M-50	16
636	240	00:30:50	Nolte	Kristopher	Grundschule Kremperheide Kl.3a	GER-SH	M-SD	87
637	587	00:30:50	Snatkin	Denis	Quickborn	GER-SH	M-SD	88
638	1484	00:30:50	Wipper	Timo	TSV Kremperheide	GER-SH	M-SE	3
639	1192	00:30:52	Schäfer	Leon	GS Sude-West Kl. 2b	GER-SH	M-SD	89
640	155	00:30:52	Ladwig	Marvin	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SD	90
641	154	00:30:53	Tewes	Niklas	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SC	141
642	1073	00:30:54	Rehder	Hauke	Wilster	GER-SH	M-35	33
643	430	00:30:54	Eckardt	Christian	GS Wellenkamp Klasse 3a	GER-SH	M-SD	91
644	1670	00:30:55	Wessel	Tjark-Ture	Oldendorf	GER-SH	M-SA	74
645	435	00:30:56	Mohr	Florian	GS Wellenkamp Klasse 3a	GER-SH	M-SC	142
646	351	00:30:56	Fölster	Hans-Christian	GS Oelixdorf	GER-SH	M-SC	143
647	1939	00:30:56	Urban	Tim-Oliver	Wellness u. Fitness Park Wilster	GER-SH	M-JA	23
648	353	00:30:57	Stepany	Adrian	GS Oelixdorf	GER-SH	M-SD	92
649	1937	00:30:58	Haack	Andre	Wellness u. Fitness Park Wilster	GER-SH	M-20	22
650	4272	00:30:58	Haack	Volker	TUS Krempe	GER-SH	M-45	25
651	401	00:30:58	Bolln	Finjo	GS Wellenkamp Kl.4b	GER-SH	M-SC	144
652	1262	00:30:59	Tramsen	Rainer	Münsterdorfer SV	GER-SH	M-35	34
653	1819	00:31:00	Schmidtke	Jan	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	75
654	923	00:31:01	Anders	Leon	Itzehoer Versicherung	GER-SH	M-SD	93
655	1204	00:31:01	Kapell	Ulrich	Gut Heil Itzehoe	GER-SH	M-40	44
656	1829	00:31:03	Lohmann	Henrik	Lohmann family and friends	GER-SH	M-20	23
657	174	00:31:03	Manns	Levin	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	94
658	1563	00:31:04	Schmidtendorf	Alexander		GER-SH	M-SB	100
659	1712	00:31:04	Först	Mathis	ETSV Fortuna Glückstadt	GER-SH	M-SC	145
660	1823	00:31:04	Wieben	Alexander	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SB	101
661	1058	00:31:05	Netzow	Alexander	Itzehoe	GER-SH	M-SC	146
662	425	00:31:08	Reich	Benjamin	GS Wellenkamp Klasse 3a	GER-SH	M-SC	147
663	701	00:31:11	Mibach	Lennart	Gesundheitszentrum Klosterforst	GER-SH	M-SA	76
664	699	00:31:11	Mibach	Frank	Gesundheitszentrum Klosterforst	GER-SH	M-45	26
665	429	00:31:13	Hass	Leon	GS Wellenkamp Klasse 3a	GER-SH	M-SC	148
666	278	00:31:14	Meier	Kevin	GS Edendorf Kl.3b	GER-SH	M-SC	149

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
667	1789	00:31:18	Will	Benjamin	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	56
668	728	00:31:19	Schüder	Sven	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-35	35
669	4281	00:31:20	Klatt	Hendrik	WKS Hohenlockstedt WPK Fitness	GER-SH	M-JB	57
670	1745	00:31:20	Krapf	Mike	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-20	24
671	562	00:31:20	Kühn	Matthias	Winseldorf	GER-SH	M-40	45
672	190	00:31:22	Freter	Thorge	Grundschule Kremperheide Kl. 1	GER-SH	M-SE	4
673	1104	00:31:25	Müller-Bergh	Dr. med. Hans	Flotte Fersen Tegelhörn	USA	M-65	4
674	371	00:31:25	Hauch	Kai-Ole	GS St.Margarethen Kl. 2b	GER-SH	M-SD	95
675	478	00:31:26	Schmidt	Dennis	Hauptschule Sude Kl. 7a	GER-SH	M-SB	102
676	621	00:31:26	Hinrichs	Iven Leon	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	103
677	1325	00:31:27	Gloyer	Torben	RS Krempe Projektklasse	GER-SH	M-SB	104
678	1351	00:31:29	Wohlert	Michel	RS Krempe Projektklasse	GER-SH	M-SB	105
679	997	00:31:31	Erdt	Hans-Werner	Rotary Club Itzehoe	GER-SH	M-70	2
680	290	00:31:34	Granert	Lukas	GS Edendorf Kl.3b	GER-SH	M-SC	150
681	1593	00:31:34	Bull	Matthias	Itzehoe	GER-SH	M-35	36
682	4139	00:31:35	Roeder	Finn Julian	Sophie-Scholl-Gymnasium Quinta e	GER-SH	M-SB	106
683	487	00:31:35	Granert	Kersten	Itzehoer Versicherung	GER-SH	M-35	37
684	888	00:31:38	Schwenke	Lukas	HS Wilster	GER-SH	M-SA	77
685	1095	00:31:39	Wieck	Martin	Heiligenstedtenerkamp	GER-SAN	M-35	38
686	377	00:31:40	Meyer	Falk	GS St.Margarethen Kl. 2b	GER-SH	M-SD	96
687	521	00:31:40	Brandt	Lars	Kremperheide	GER-SH	M-SB	107
688	591	00:31:40	Stefan	Rüdiger	Itzehoe	GER-SH	M-45	27
689	807	00:31:42	Hake	Marc	GS Kellinghusen Kl.4e	GER-SH	M-SC	151
690	1918	00:31:42	Koch	Jörn	TSV Oldendorf	GER-SH	M-45	28
691	1508	00:31:42	Bittner	Lasse		GER-SH	M-SC	152
692	633	00:31:42	Stefan	Bjarne	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	108
693	924	00:31:43	Anders	Michael	Itzehoer Versicherung	GER-SH	M-45	29
694	1250	00:31:43	Köster	Sven	MTV Itzehoe	GER-SH	M-40	46
695	1251	00:31:43	Köster	Malte	MTV Itzehoe	GER-SH	M-SC	153
696	4238	00:31:43	Klein	Jannik	Sopie Scholl Gymnasium Quinta b	GER-SH	M-SB	109
697	998	00:31:45	Gaußling	Heinrich	Rotary Club Itzehoe	GER-SH	M-55	9
698	4236	00:31:45	Beiß	Thorsten	Sopie Scholl Gymnasium Quinta b	GER-SH	M-40	47
699	613	00:31:46	Berning	Nils Peter	Auguste-Viktoria-Schule 6d	GER-SH	M-SB	110
700	764	00:31:48	Kersten	Dieter	GS Edendorf Kl.4b	GER-SH	M-45	30
701	761	00:31:49	Kalettko	Dennis	GS Edendorf Kl.4b	GER-SH	M-SC	154
702	1345	00:31:49	Sobottka	Danjel	RS Krempe Projektklasse	GER-SH	M-SB	111
703	706	00:31:52	Wolf	Günter	Gesundheitszentrum Klosterforst	GER-SH	M-50	17
704	799	00:31:53	Böge	Philipp-Thomas	GS Kellinghusen Kl.4e	GER-SH	M-SC	155
705	308	00:31:53	Kern	Timo	GS Edendorf Kl.4c	GER-SH	M-SC	156
706	42	00:31:54	Burde	Marvin	EMA-Schule Kl.4c	GER-SH	M-SC	157
707	1329	00:31:56	Kliewe	Lorenz	RS Krempe Projektklasse	GER-SH	M-SB	112
708	1048	00:31:59	Kovanda	Tim	Rethwisch	GER-SH	M-SC	158
709	1425	00:32:00	Bauer	Mirco	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-40	48
710	717	00:32:02	Lindemann	Luca	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	97

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
711	1092	00:32:02	Voß	Oke	Rethwisch	GER-SH	M-SD	98
712	800	00:32:03	Böteführ	Tobias	GS Kellinghusen Kl.4e	GER-SH	M-SC	159
713	1305	00:32:03	Kappelau	Christoph	Realschule Wilster Kl. 9c	GER-SH	M-SA	78
714	4216	00:32:04	V. Rosenberg	Johannes	Rotary Club Itzehoe	GER-SH	M-SD	99
715	801	00:32:04	Böteführ	Julian	GS Kellinghusen Kl.4e	GER-SH	M-SC	160
716	4218	00:32:04	V. Rosenberg	Alexander	Rotary Club Itzehoe	GER-SH	M-40	49
717	1636	00:32:05	Micheel	Hans	Lägerdorf	GER-SH	M-65	5
718	302	00:32:08	Jensen	Arne	GS Edendorf Kl.4c	GER-SH	M-35	39
719	306	00:32:08	Wulf	Philip	GS Edendorf Kl.4c	GER-SH	M-SB	113
720	1603	00:32:09	Fuhrmann	Thomas	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	M-40	50
721	778	00:32:12	Kutschera	Robert	GS Kellinghusen Kl.3a	GER-SH	M-SD	100
722	1963	00:32:12	Puttrus	Peter	Ippon Wacken	GER-SH	M-40	51
723	1363	00:32:13	Reese	Momme	RS Wilster Kl.7a	GER-SH	M-SB	114
724	1852	00:32:14	Presno	Adolfo	MTV Wilster	ESP	M-70	3
725	645	00:32:16	Koch	Manuel	AVS Itzehoe Quinta 6c	GER-SH	M-SB	115
726	648	00:32:21	Andresen	Hans-Uwe	HS Wilster	GER-SH	M-65	6
727	563	00:32:22	Leist	Steffen	Itzehoe	GER-SH	M-40	52
728	58	00:32:23	Levanti	Devin	EMA-Schule Kl.4c	GER-SH	M-SC	161
729	288	00:32:28	Gumm	Dietmar	GS Edendorf Kl.3b	GER-SH	M-40	53
730	285	00:32:30	Gumm	Lukas	GS Edendorf Kl.3b	GER-SH	M-SC	162
731	1553	00:32:31	Rasmussen	Otto Milland		DEN	M-75	1
732	1704	00:32:32	Simonsen	Andre	B+H Sports	GER-SH	M-JA	24
733	758	00:32:34	Felde	Alexander	GS Edendorf Kl.4b	GER-SH	M-SC	163
734	1180	00:32:35	Bunck	Lukas	GS Sude-West Kl. 2b	GER-SH	M-SD	101
735	1827	00:32:35	Drechsler	Florian	LG Kremperheide	GER-SH	M-SB	116
736	1803	00:32:35	Luckfiel	Patrick	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	79
737	1282	00:32:36	Ratay	Santino	Realschule Wilster Kl. 8a	GER-SH	M-SA	80
738	535	00:32:37	Fock	Dirk	Muensterdorf	GER-SH	M-40	54
739	4209	00:32:40	Teifke	Jürgen	Rotary Club Itzehoe	GER-SH	M-55	10
740	1737	00:32:43	Peter	Mirco	HS Lübscher Kamp Kl.5a	GER-SH	M-SB	117
741	428	00:32:48	Weber	Reinhard	GS Wellenkamp Klasse 3a	GER-SH	M-SC	164
742	1739	00:32:51	Sander	Mirko	HS Lübscher Kamp Kl.5a	GER-SH	M-SC	165
743	165	00:32:53	Schmidt	Tom	Grundschule Hohenlockstedt Kl. 4	GER-SH	M-SC	166
744	161	00:32:55	Althof	Chris	Grundschule Hohenlockstedt Kl. 4	GER-SH	M-SC	167
745	1632	00:32:55	Mentzel	Jannik	Gribbohm	GER-SH	M-SB	118
746	1096	00:32:56	Witt	Uwe	Itzehoe	GER-SH	M-45	31
747	1422	00:32:56	Albath	Steffen	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	119
748	1041	00:32:57	Kienel	Reiner	Heiligenstedtenerkamp	GER-SAN	M-40	55
749	100	00:32:57	Wendt	Benjamin	Fehrs-Schule Kl. 4a	GER-SH	M-SC	168
750	1744	00:33:00	Hopp	Kevin	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-JB	58
751	1964	00:33:01	Dorloff	Dietrich	MTV Itzehoe	GER-SH	M-45	32
752	380	00:33:03	Meyer	Andreas	GS St.Margarethen Kl. 2b	GER-SH	M-40	56
753	1183	00:33:03	Eberst	David	GS Sude-West Kl. 2b	GER-SH	M-SD	102
754	1004	00:33:04	Klüver	Lasse		GER-SH	M-SC	169
755	531	00:33:05	Fischbach	Sebastian	Hohenaspe	GER-SH	M-SB	120
756	958	00:33:05	Matthes	Tom	MTV Itzehoe	GER-SH	M-SD	103
757	104	00:33:05	Winkelsträter	Nico	Fehrs-Schule Kl. 4a	GER-SH	M-SC	170

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
758	848	00:33:06	Böge	Domenic	HS Wilster	GER-SH	M-SB	121
759	1331	00:33:06	Krüger	Marcel	RS Krempe Projektklasse	GER-SH	M-SB	122
760	1302	00:33:08	Voß	Björn	Realschule Wilster Kl. 9a	GER-SH	M-JB	59
761	335	00:33:09	Kühl	Ralf	GS Hohenlockstedt Kl.2c	GER-SH	M-30	11
762	734	00:33:12	Bohmann	Bo	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SC	171
763	509	00:33:13	Albrecht	Fabian	Oelixdorf	GER-SH	M-SD	104
764	1138	00:33:14	Panzer	Jonas	GS Sude West	GER-SH	M-SE	5
765	919	00:33:14	Schröder	Sebastian	Itzehoer Ruderclub	GER-SH	M-SB	123
766	1427	00:33:15	Brose	Timo	Sophie-Scholl-Gymnasium Quinta c	GER-SH	M-SB	124
767	24	00:33:15	Mahlstedt	Lars		GER-SH	M-35	40
768	13	00:33:15	Mahlstedt	Erik		GER-SH	M-SE	6
769	753	00:33:17	Wagner	Jan Dennis	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SD	105
770	584	00:33:17	Schultz	Christian	Itzehoe	GER-SH	M-40	57
771	186	00:33:18	Friederichs	Bente	Grundschule Kremperheide Kl. 1	GER-SH	M-SD	106
772	1697	00:33:18	Füst	Gerhard	LT Störlauf Itzehoe	GER-SH	M-60	1
773	1856	00:33:18	Zunker	Joachim	Münsterdorfer SV	GER-SH	M-50	18
774	313	00:33:20	Bolten	Jan-Hendrik	GS Edendorf Kl.4c	GER-SH	M-SC	172
775	835	00:33:21	Vonau	Alec	GS Wellenkamp Klasse 4a	GER-SH	M-SC	173
776	404	00:33:22	Kulbatzki	Niklas-Tim	GS Wellenkamp Kl.4b	GER-SH	M-SC	174
777	304	00:33:28	Schinnagel	Michel	GS Edendorf Kl.4c	GER-SH	M-SC	175
778	979	00:33:29	Reichardt	Bernd	Pestalozzi-Schule Kl. 7-9	GER-SH	M-60	2
779	310	00:33:29	Böse	Malte	GS Edendorf Kl.4c	GER-SH	M-SC	176
780	4266	00:33:31	Werner	Rolf	TSV-Kremperheide	GER-SH	M-55	11
781	379	00:33:31	Quandt	Steffen	GS St.Margarethen Kl. 2b	GER-SH	M-SD	107
782	1639	00:33:32	Nabert	Hartmut	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	M-45	33
783	1466	00:33:34	Riedel	Sven	Steinburg-Schule Projektklasse	GER-SH	M-SC	177
784	52	00:33:34	Schulze	Andreas	EMA-Schule Kl.4c	GER-SH	M-40	58
785	881	00:33:36	Richter	Jan	HS Wilster	GER-SH	M-JB	60
786	1082	00:33:37	Sievers	Helge	Kremperheide	GER-SH	M-20	25
787	1970	00:33:37	Himmelhan	Markus	Itzehoer Versicherung	GER-SH	M-30	12
788	683	00:33:38	Kocsis	Kilian	Fehrsschule Kl.3d	GER-SH	M-SC	178
789	95	00:33:38	Schöning	Malte	Fehrs-Schule Kl. 4a	GER-SH	M-SC	179
790	4214	00:33:39	Turley	Nick	Rotary Club Itzehoe	GER-SH	M-SC	180
791	1658	00:33:39	Sierks	Roger	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	M-50	19
792	97	00:33:40	Struve	Julian	Fehrs-Schule Kl. 4a	GER-SH	M-SC	181
793	150	00:33:42	Braasch	Kay	Grundschule Hohenlockstedt Kl. 3c	GER-SH	M-SD	108
794	352	00:33:43	Chalubowecz	Emil	GS Oelixdorf	GER-SH	M-SD	109
795	200	00:33:44	Heller	Marcel	Grundschule Kremperheide Kl. 2	GER-SH	M-SD	110
796	345	00:33:44	Lehmann	Bjerne	GS Oelixdorf	GER-SH	M-SD	111
797	347	00:33:46	Stühmer	Leander	GS Oelixdorf	GER-SH	M-SE	7
798	346	00:33:47	Perma-Jado	Pedro	GS Oelixdorf	GER-SH	M-45	34
799	4171	00:33:51	Siedenburg	Jonas	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SB	125
800	1101	00:33:52	Behnke	Horst	ETSV Gut-Heil Itzehoe	GER-SH	M-45	35
801	89	00:33:52	Meyer-Burgdorff	Lorenz	Fehrs-Schule Kl. 4a	GER-SH	M-SC	182

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
802	490	00:33:59	Warstat	Arne	Itzehoer Versicherung	GER-SH	M-SB	126
803	525	00:33:59	Dallmann	Holger	Schenefeld	GER-SH	M-40	59
804	492	00:34:01	Warstat	Bente	Itzehoer Versicherung	GER-SH	M-SD	112
805	1714	00:34:03	Hafemeister	Enno	FIS	GER-SH	M-SC	183
806	1715	00:34:06	Hafemeister	Thorsten	FIS	GER-SH	M-40	60
807	681	00:34:07	Haberland	Maximilian	Fehrsschule Kl.3d	GER-SH	M-SD	113
808	812	00:34:07	Paul	Fabian	GS Kellinghusen Kl.4e	GER-SH	M-SC	184
809	69	00:34:09	Szczepaniak	Bartosz	Fehrsschule	GER-SH	M-SC	185
810	4212	00:34:11	Turley	Mark	Rotary Club Itzehoe	GER-SH	M-45	36
811	130	00:34:11	Gehring	Philipp	Gesundheitszentrum Klosterforst	GER-SH	M-SD	114
812	129	00:34:12	Gehring	Klaus	Gesundheitszentrum Klosterforst	GER-SH	M-40	61
813	409	00:34:12	Wettstädt	Simon	GS Wellenkamp Kl.4b	GER-SH	M-SC	186
814	1147	00:34:14	Garlipp	Fabian	GS Sude West Kl. 3b	GER-SH	M-SC	187
815	1149	00:34:15	Harken	Tim	GS Sude West Kl. 3b	GER-SH	M-SC	188
816	1039	00:34:16	Kelting	Ole	25554 Bekdorf	GER-SH	M-SB	127
817	4184	00:34:17	Börnke	Nils	WKS Hohenlockstedt Kl.H6a	GER-SH	M-SA	81
818	4185	00:34:18	Werner	Andre	WKS Hohenlockstedt Kl.H6a	GER-SH	M-SA	82
819	711	00:34:19	Gröneveld	Janik	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SC	189
820	1256	00:34:19	Steckel	Helge Joshua	MTV Itzehoe	GER-SH	M-SB	128
821	796	00:34:20	Baumann	Dennis	GS Kellinghusen Kl.4e	GER-SH	M-SC	190
822	829	00:34:23	Schulz	Nico	GS Wellenkamp Klasse 4a	GER-SH	M-SB	129
823	195	00:34:30	Stöhr	Martin	Grundschule Kremperheide Kl. 2	GER-SH	M-35	41
824	574	00:34:31	Ploog	Jorge	Oldendorf	GER-SH	M-SD	115
825	781	00:34:33	Lüthje	Benedikt	GS Kellinghusen Kl.3a	GER-SH	M-SC	191
826	1168	00:34:33	Busch	Moritz	GS Sude-West Kl. 2a	GER-SH	M-SD	116
827	573	00:34:35	Ploog	Guido	Oldendorf	GER-SH	M-40	62
828	1357	00:34:41	Haack	Kim Carsten	RS Wilster Kl.7a	GER-SH	M-SA	83
829	4194	00:34:44	Nolte	Martin	Freie Waldorfschule Itzehoe	GER-SH	M-40	63
830	375	00:34:47	Sattler	Joey	GS St.Margarethen Kl. 2b	GER-SH	M-SD	117
831	381	00:34:49	Ott	Lukas	GS St.Margarethen Kl. 2b	GER-SH	M-SD	118
832	332	00:34:50	Lübbbers	Lars	GS Hohenlockstedt Kl.2c	GER-SH	M-SD	119
833	733	00:34:50	Andermann	Leon	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SD	120
834	771	00:34:53	Buss	Maximilian	GS Kellinghusen Kl.3a	GER-SH	M-SD	121
835	4186	00:34:54	Lemor	Rainer		GER-SH	M-65	7
836	1821	00:34:54	Schulz	Erik	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SB	130
837	1793	00:34:55	Müller	Christian	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-JB	61
838	4152	00:34:56	Ücker	Dennis	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SB	131
839	149	00:34:57	Zimmeck	Marcel	Grundschule Hohenlockstedt Kl. 3c	GER-SH	M-SD	122
840	196	00:34:59	Steppat	Bastian	Grundschule Kremperheide Kl. 2	GER-SH	M-SC	192
841	4162	00:35:01	Freese	Felix	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SC	193
842	1017	00:35:02	Burmeister	Nils	Itzehoe	GER-SH	M-SC	194
843	1943	00:35:03	Siebert	Frank	Wohlert, Aldag & Partner	GER-SH	M-45	37
844	1718	00:35:07	Jendraszek	Dirk	FIS	GER-SH	M-SB	132

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
845	4178	00:35:08	Herkenrath	Fabian	Sophie-Scholl-Gymnasium Sexta b	GER-SH	M-SB	133
846	417	00:35:11	Schilling	Michael	GS Wellenkamp Klasse 3a	GER-SH	M-40	64
847	714	00:35:13	Krause	Walter	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-45	38
848	15	00:35:13	Teichert	Thomas		GER-SH	M-40	65
849	715	00:35:16	Krause	Max	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	123
850	1753	00:35:17	Nussek	Ingo	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	M-40	66
851	1146	00:35:18	Borchert	Marvin	GS Sude West Kl. 3b	GER-SH	M-SC	195
852	527	00:35:18	Dattner	Moritz	Oelixdorf	GER-SH	M-SC	196
853	236	00:35:19	Teichert	Jannik	Grundschule Kremperheide Kl.3a	GER-SH	M-SD	124
854	1210	00:35:19	Peters	Nico André	Gut Heil Itzehoe	GER-SH	M-SD	125
855	518	00:35:19	Blohm	Lennart	Suederau	GER-SH	M-SD	126
856	1551	00:35:21	Radtke	Niels		GER-SH	M-JB	62
857	1879	00:35:22	Hauschildt	Lars	RS Am Lehmwohld Kl.9b	GER-SH	M-JB	63
858	549	00:35:30	Herrmann	Sascha	Itzehoe	GER-SH	M-30	13
859	1458	00:35:35	Heinemann	Timo	Steinburg-Schule Projektklasse	GER-SH	M-JB	64
860	1130	00:35:36	Kummer	Pierre	GS Sude West	GER-SH	M-SC	197
861	667	00:35:37	Jürgens	Marcel	BKK Gruner + Jahr - Die Präventionskasse	GER-SH	M-SC	198
862	292	00:35:39	Lux	Sebastian	GS Edendorf Kl.3b	GER-SH	M-SC	199
863	364	00:35:40	Kleensang	Gerhard	GS St.Margarethen Kl. 2b	GER-SH	M-55	12
864	557	00:35:43	Kelterborn	Tim Niklas	Kremperheide	GER-SH	M-SB	134
865	280	00:35:44	Röhling	Hannes	GS Edendorf Kl.3b	GER-SH	M-SD	127
866	1465	00:35:47	Oguz	Halit	Steinburg-Schule Projektklasse	GER-SH	M-JA	25
867	1454	00:35:48	Ahmels	Marcel	Steinburg-Schule Projektklasse	GER-SH	M-SB	135
868	27	00:35:49	Böse	Jonas		GER-SH	M-SE	8
869	1285	00:35:49	Sikora	Cedrik	Realschule Wilster Kl. 8a	GER-SH	M-SA	84
870	1493	00:35:57	Paulsen	Olaf	TSV Oldendorf Fußballjugend F1	GER-SH	M-35	42
871	1492	00:35:58	Paulsen	Simon	TSV Oldendorf Fußballjugend F1	GER-SH	M-SD	128
872	284	00:36:03	Zöllner	Dirk	GS Edendorf Kl.3b	GER-SH	M-35	43
873	1212	00:36:07	Bischoff	Nico	Gut Heil Itzehoe	GER-SH	M-SD	129
874	1214	00:36:07	Garbers	Tobias	Gut-Heil Itzehoe	GER-SH	M-SD	130
875	555	00:36:13	Johannsen	Torsten	Oelixdorf	GER-SH	M-20	26
876	438	00:36:28	Remmele	Luca	Gut Heil Itzehoe	GER-SH	M-SE	9
877	440	00:36:28	Remmele	Ole	Gut Heil Itzehoe	GER-SH	M-40	67
878	1720	00:36:28	Neumann	Kevin	FIS	GER-SH	M-SA	85
879	1546	00:36:34	Möller	Christian		GER-SH	M-JA	26
880	917	00:36:38	Schröder	Alexander	Itzehoer Ruderclub	GER-SH	M-SB	136
881	969	00:36:39	Boye	Hendrik	Pestalozzi-Schule Kl. 7-9	GER-SH	M-SA	86
882	936	00:36:41	Müller	Uwe	Itzehoer Versicherung	GER-SH	M-40	68
883	25	00:36:43	Ahrens	Dirk		GER-SH	M-SD	131
884	474	00:36:46	Kluge	Patrick	Hauptschule Sude Kl. 7a	GER-SH	M-SA	87
885	466	00:36:46	Johnson	Marcel	Hauptschule Sude Kl. 7a	GER-SH	M-SA	88
886	1126	00:36:46	Jaschinski	Börries	GS Sude West	GER-SH	M-35	44
887	718	00:36:49	Maaß	Marius	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	132
888	918	00:36:53	Schröder	Bernd	Itzehoer Ruderclub	GER-SH	M-40	69
889	916	00:36:55	Olsen	Per Christian	Itzehoer Ruderclub	GER-SH	M-SC	200

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
890	1455	00:36:57	Bondzio	Christian	Steinburg-Schule Projektklasse	GER-SH	M-SA	89
891	651	00:36:58	Mohr	Lukas	AVS Itzehoe Quinta 6c	GER-SH	M-SB	137
892	262	00:36:59	Jadama	Yusupha	Grundschule Wellenkamp Kl. 3d	GER-SH	M-SC	201
893	260	00:37:01	Kirchhoff	Till	Grundschule Wellenkamp Kl. 3d	GER-SH	M-SD	133
894	1122	00:37:05	Vetter	Felix David	Freie Waldorfschule Itzehoe Kl.5	GER-SH	M-SB	138
895	1833	00:37:05	Nottrodt	Frederik	LT Golf-Club Schloss Breitenburg	GER-SH	M-SD	134
896	1767	00:37:13	Biehler	Klaus-Rüdiger	Itzehoer Versicherung	GER-SH	M-50	20
897	1765	00:37:15	Biehler	Sören	Itzehoer Versicherung	GER-SH	M-SC	202
898	828	00:37:21	Reese	Janek	GS Wellenkamp Klasse 4a	GER-SH	M-SC	203
899	827	00:37:23	Rathjens	Matthies	GS Wellenkamp Klasse 4a	GER-SH	M-SC	204
900	595	00:37:23	Strohe	Reinhard	Itzehoe	GER-SH	M-35	45
901	663	00:37:28	Sperber	Phillip	AVS Itzehoe Quinta 6c	GER-SH	M-SB	139
902	657	00:37:28	Rentz	Niklas	AVS Itzehoe Quinta 6c	GER-SH	M-SB	140
903	844	00:37:29	Mock	Nick		GER-SH	M-SA	90
904	664	00:37:34	Taubenheim	Dennis	AVS Itzehoe Quinta 6c	GER-SH	M-SB	141
905	323	00:37:37	Guhl	Jonas	GS Hohenlockstedt Kl.2c	GER-SH	M-SD	135
906	4108	00:37:43	Neumann	Dennis	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	142
907	4107	00:37:44	Peters	Jan-Christian	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	143
908	497	00:37:45	Holm	Sebastian	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	144
909	585	00:37:45	Schultz	Olaf	Alveslohe	GER-SH	M-35	46
910	496	00:37:46	Betke	Tobias	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	145
911	1323	00:37:51	Gebhardt	René	RS Krempe Projektklasse	GER-SH	M-SB	146
912	1766	00:37:52	Biehler	Sönke	Itzehoer Versicherung	GER-SH	M-JB	65
913	738	00:37:52	Feldhaus	Nico	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SD	136
914	898	00:37:54	Wilke	Sebastian	HS Wilster	GER-SH	M-SA	91
915	794	00:37:55	Wetzer	Dominik	GS Kellinghusen Kl.3a	GER-SH	M-SC	205
916	298	00:38:00	Kölling	Ole	GS Edendorf Kl.4c	GER-SH	M-SC	206
917	246	00:38:02	Hilscher	Hagen	Grundschule Kremperheide Kl.3a	GER-SH	M-SC	207
918	1014	00:38:13	Aude	Lasse	Itzehoe	GER-SH	M-SE	10
919	413	00:38:14	Treyke	Patrick	GS Wellenkamp Kl.4b	GER-SH	M-SC	208
920	241	00:38:32	Höppner	Gavain	Grundschule Kremperheide Kl.3a	GER-SH	M-SD	137
921	1725	00:38:43	Schwenke	Sebastian	FIS	GER-SH	M-SA	92
922	1723	00:38:43	Rüse	Clemens	FIS	GER-SH	M-30	14
923	1719	00:38:43	Knüppel	Erik	FIS	GER-SH	M-SB	147
924	1042	00:38:52	Klausien	Florian	Itzehoe	GER-SH	M-SC	209
925	213	00:38:52	Poggensee	Joris	Grundschule Kremperheide Kl. 3b	GER-SH	M-SC	210
926	1355	00:38:52	Braun	Hannes	RS Wilster Kl.7a	GER-SH	M-SB	148
927	1358	00:38:53	Hahnkamm	Yannick	RS Wilster Kl.7a	GER-SH	M-SB	149
928	1175	00:38:54	Röder	Florian	GS Sude-West Kl. 2a	GER-SH	M-SD	138
929	176	00:38:58	Martens	Florian	Grundschule Kremperheide Kl. 1	GER-SH	M-SE	11
930	63	00:39:03	Schlüter	Marc-Andre	Fehrsschule	GER-SH	M-SD	139
931	1774	00:39:03	Neumann	Lennart	Itzehoer Versicherung	GER-SH	M-SC	211
932	153	00:39:13	Krause	Johannes	Grundschule Hohenlockstedt Kl. 3d	GER-SH	M-SC	212
933	48	00:39:14	Schulze	Sönke	EMA-Schule Kl.4c	GER-SH	M-SC	213
934	1621	00:39:17	Janke	Frank	Itzehoe	GER-SH	M-40	70

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
935	1618	00:39:18	Janke	Niklas	Itzehoe	GER-SH	M-SE	12
936	1471	00:39:32	Rathmann	Björn	SV Alemannia Wilster	GER-SH	M-SB	150
937	1209	00:39:33	Peters	Jan Philipp	Gut Heil Itzehoe	GER-SH	M-SC	214
938	725	00:40:05	Roß	Brjane	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	M-SD	140
939	1945	00:40:22	Ebert	Andre		GER-SH	M-40	71
940	1228	00:40:26	Nolte	Martin	Itzehoer Versicherung	GER-SH	M-40	72
941	1505	00:40:30	Barnbrock	Alexander		GER-SH	M-SC	215
942	1612	00:40:43	Heilmann	Wolfgang	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	M-45	39
943	1653	00:40:47	Schröder	Torsten	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	M-45	40
944	1226	00:41:04	Müller	Thomas	Itzehoer Versicherung	GER-SH	M-40	73
945	83	00:41:14	Kruit	Matthias	Fehrs-Schule Kl. 4a	GER-SH	M-40	74
946	1196	00:41:28	Speck	Finn-Ole	GS Sude-West Kl. 2b	GER-SH	M-SD	141
947	45	00:41:34	Dolatkewitz	Kevin	EMA-Schule Kl.4c	GER-SH	M-SB	151
948	687	00:41:34	Özdemir	Alkan	Fehrsschule Kl.3d	GER-SH	M-SD	142
949	415	00:41:37	Harwat	Björn Tobias	GS Wellenkamp Kl.4b	GER-SH	M-SC	216
950	4101	00:41:42	Tornow	Eike	Klosterhofschule Itzehoe 6a	GER-SH	M-SA	93
951	41	00:42:02	Boje	Jan-Lennart	EMA-Schule Kl.4c	GER-SH	M-SB	152
952	689	00:42:52	Smiatek	Bastian	Fehrsschule Kl.3d	GER-SH	M-SD	143
953	1283	00:43:22	Seebauer	Jannick	Realschule Wilster Kl. 8a	GER-SH	M-SA	94
954	1087	00:43:27	Take	Luis	Hamburg	GER-HAM	M-SE	13
955	287	00:43:29	Kösters	Daniel	GS Edendorf Kl.3b	GER-SH	M-SD	144
956	450	00:43:34	Kaya	Ergün	Hauptschule Sude Kl. 10b	GER-SH	M-JA	27
957	685	00:43:57	Mansour	Mansour Ismail	Fehrsschule Kl.3d	GER-SH	M-SC	217
958	4270	00:44:39	Echelmeyer	Joachim	TuS Germania Schnelsen	GER-HAM	M-40	75
959	214	00:44:55	Lyut	Ivan	Grundschule Kremperheide Kl. 3b	GER-SH	M-SC	218
960	1792	00:45:00	Holm	Kim	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	M-SA	95
961	1188	00:45:43	Kumar	Krishan	GS Sude-West Kl. 2b	GER-SH	M-SD	145
962	4105	00:46:16	Breuer	Phillip	Klosterhofschule Itzehoe 6a	GER-SH	M-SB	153
963	1462	00:47:12	Koch	Tobias	Steinburg-Schule Projektklasse	GER-SH	M-JB	66
964	1463	00:48:00	Lehmann	Sebastian	Steinburg-Schule Projektklasse	GER-SH	M-SB	154
965	735	00:48:07	Bonjem	Oliver	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	M-SC	219
966	218	00:49:58	Mahler	Rene	Grundschule Kremperheide Kl. 4	GER-SH	M-SC	220
967	180	00:52:53	Mahler	Ingo	Grundschule Kremperheide Kl. 1	GER-SH	M-40	76
968	1721	00:58:46	Nummsen	Fabian	FIS	GER-SH	M-SD	146

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
1	4131	00:20:31	Wensing	Monika	MTV Horst	GER-SH	W-SB	1
2	1838	00:21:02	Wind	Esther	MTV Heide	GER-SH	W-SC	1
3	4112	00:21:40	Engelbrecht-Hoch	Martina	Klosterhofschule Itzehoe 6a	GER-SH	W-40	1
4	1476	00:21:59	Pankow	Sarah	Top Fit Itzehoe	GER-HAM	W-20	1

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
5	567	00:22:14	Mohr	Jule Marrit	Oelixdorf	GER-SH	W-SC	2
6	1828	00:22:32	Tietgen	Adele	LG Nord West Hamburg	GER-SH	W-SC	3
7	590	00:22:40	Spitzka	Madline	Kremperheide	GER-SH	W-SB	2
8	1916	00:22:41	Schülke	Lena	TSV Kremperheide	GER-SH	W-JA	1
9	1414	00:23:09	Papke	Anne	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SA	1
10	1755	00:23:09	Ris	Slava	ISR Itzehoeer Schrott und Recycling GmbH & Co.	GER-SH	W-35	1
11	1298	00:23:12	Schröder	Anja	Realschule Wilster Kl. 9a	GER-SH	W-SA	2
12	125	00:23:15	Kardel	Kira	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	3
13	1413	00:23:16	Wolniewicz	Kymberly	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SA	3
14	846	00:23:18	Benjamin	Kerrin	HS Wilster	GER-SH	W-SB	4
15	39	00:23:27	Liedtke	Susanne	Klein-Nordende	GER-SH	W-45	1
16	4115	00:23:33	Zill	Nadja	L&S	GER-SH	W-30	1
17	953	00:23:34	Bornholdt	Inga	MTV Itzehoe	GER-SH	W-40	2
18	1362	00:23:39	Paulsen	Kimberly	RS Wilster Kl.7a	GER-SH	W-SB	5
19	1613	00:23:41	Hennings	Lea	Kleve	GER-SH	W-SA	4
20	1646	00:23:43	Rudolph	Sonja	Itzehoe	GER-SH	W-SA	5
21	615	00:23:45	Snatkin	Waleri	Auguste-Viktoria-Schule 6d	GER-SH	W-40	3
22	1034	00:23:48	Jacobs	Merle	Kremperheide	GER-SH	W-SA	6
23	1967	00:23:55	Hodgson	Rachael		GER-SH	W-SB	6
24	74	00:24:03	Stölting	Alicia	Fehrsschule	GER-SH	W-SD	1
25	1451	00:24:10	Müseler	Jana	Sparkasse Westholstein	GER-SH	W-SB	7
26	106	00:24:19	Tamke	Sabrina	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SA	7
27	697	00:24:22	Hoffmann	Bianca	Gesundheitszentrum Klosterforst	GER-SH	W-40	4
28	503	00:24:38	Zöller	Afra-Franziska		GER-SH	W-SC	4
29	127	00:24:41	Carl	Catharina	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	8
30	1860	00:24:44	Hoffmann	Melanie	Prokon Energiesysteme GmbH	GER-SH	W-20	2
31	719	00:24:45	Snatkin	Heike	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-40	5
32	116	00:24:47	Peters	Jasmin	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SA	8
33	105	00:24:47	Aksular	Nüket	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SA	9
34	1858	00:24:51	Praefke	Antonia	Praefke	AUT	W-SB	9
35	927	00:24:51	Bolten	Anneke	Itzehoe Versicherung	GER-SH	W-20	3
36	1906	00:24:54	Lübbe	Leena	SSG Itzehoe	GER-SH	W-JB	1
37	1866	00:24:58	Lubahn	Bente	Quarta A - AVS Itzehoe	GER-SH	W-SB	10
38	966	00:24:59	Lemm	Morlin	Norddeutsche Rundschau	GER-SH	W-SC	5
39	1841	00:25:04	von Hacht	Jaqueline	MTV Horst Leichtathletik	GER-SH	W-SC	6
40	4293	00:25:08	Hoffmann	Maica		GER-SH	W-SC	7
41	1290	00:25:11	Carstens	Corinna	Realschule Wilster Kl. 9a	GER-SH	W-SA	10
42	1046	00:25:12	Alexis	Catherine		FRA	W-SA	11
43	1843	00:25:13	Bull	Christin	MTV Itzehoe	GER-SH	W-SC	8
44	674	00:25:14	Croppenstedt	Christin	BSC Nordoe	GER-SH	W-SA	12
45	550	00:25:14	Hinze	Lina	Münsterdorf	GER-SH	W-SC	9
46	1353	00:25:18	Zielke	Isabell	RS Krempe Projektklasse	GER-SH	W-SB	11
47	1352	00:25:18	Zielke	Saskia	RS Krempe Projektklasse	GER-SH	W-SB	12
48	1255	00:25:21	Steckel	Katja	MTV Itzehoe	GER-SH	W-30	2
49	110	00:25:22	Schuster	Ann-Christine	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	13
50	1501	00:25:24	Adam	Martina		GER-SH	W-35	2
51	1710	00:25:27	Först	Imke	ETSV Fortuna Glückstadt	GER-SH	W-SB	14
52	4109	00:25:27	Mehlert	Carola	Klosterhofschule Itzehoe 6a	GER-SH	W-30	3

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
53	1700	00:25:30	Kaminsky		B+H Sports	GER-SH	W-35	3
54	1301	00:25:38	Von Hollen	Jane	Realschule Wilster Kl. 9a	GER-SH	W-JB	2
55	1303	00:25:40	Waage	Sina	Realschule Wilster Kl. 9a	GER-SH	W-SA	13
56	790	00:25:43	Schwdenski	Janin	GS Kellinghusen Kl.3a	GER-SH	W-SC	10
57	219	00:25:43	Lipp	Carina	Grundschule Kremperheide Kl. 4	GER-SH	W-SC	11
58	1411	00:25:46	Hinz	Anina	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SA	14
59	1607	00:25:47	Grünbauer	Sara	Itzehoe	GER-SH	W-SC	12
60	665	00:25:51	Ulrich	Vivian	AVS Itzehoe Quinta 6c	GER-SH	W-SB	15
61	1530	00:25:53	Krause	Nadine		GER-SH	W-SA	15
62	489	00:25:55	Bartmann	Nina	Itzehoer Versicherung		W-20	4
63	408	00:25:58	Sakowski	Gaby	GS Wellenkamp Kl.4b	GER-SH	W-40	6
64	166	00:26:07	Hildebrandt	Isabelle	Grundschule Hohenlockstedt Kl. 4	GER-SH	W-SC	13
65	990	00:26:07	Offt	Mette	Reit- u. Fahrverein Nutteln	GER-SH	W-SC	14
66	4202	00:26:09	Kappus	Sophia	Rotary Club Itzehoe	GER-SH	W-SA	16
67	514	00:26:19	Bellusci-Wittorf	Maria	Tornesch	GER-SH	W-35	4
68	1308	00:26:20	Reimers	Lena	Realschule Wilster Kl. 9c	GER-SH	W-SA	17
69	1782	00:26:20	Törber	Cindy	Itzehoer Versicherung	GER-SH	W-20	5
70	1306	00:26:21	Radke	Katrin	Realschule Wilster Kl. 9c	GER-SH	W-30	4
71	1236	00:26:24	Teßin	Pia	Itzehoer Versicherung	GER-SH	W-SC	15
72	1687	00:26:27	Kruse Fölster	Liesa	AVS-OIIIc	GER-SH	W-JB	3
73	1044	00:26:27	Koch	Hanna	Itzehoe	GER-SH	W-SA	18
74	1387	00:26:36	Wirtz	Katrin	RS Wilster Kl.8b	GER-SH	W-SA	19
75	4136	00:26:38	Mischok	Jasmin	Realschule Am Lehmwohld	GER-SH	W-SB	16
76	1015	00:26:42	Beimgraben	Jana	Moorhusen	GER-SH	W-20	6
77	181	00:26:42	Lipp	Antje	Grundschule Kremperheide Kl. 1	GER-SH	W-40	7
78	565	00:26:43	Meier	Christina	Kremperheide	GER-SH	W-SB	17
79	51	00:26:45	Weimann	Theresa	EMA-Schule Kl.4c	GER-SH	W-SC	16
80	420	00:26:45	Schiefelbein	Anna	GS Wellenkamp Klasse 3a	GER-SH	W-SD	2
81	4135	00:26:49	Krebs	Svenja	MTV Itzehoe	GER-SH	W-SC	17
82	207	00:26:50	Erb	Mascha	Grundschule Kremperheide Kl. 3b	GER-SH	W-SC	18
83	619	00:26:51	Gerstandt	Christin	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	18
84	608	00:26:52	Eggert	Anne	Lohbarbek	GER-SH	W-SC	19
85	973	00:26:52	Engelbrecht-Hoch	Martina	Pestalozzi-Schule Kl. 7-9	GER-SH	W-40	8
86	1386	00:26:53	Bischof	Annika	RS Wilster Kl.8b	GER-SH	W-SA	20
87	1098	00:26:54	Watzal	Karin	AGS Itzehoe	GER-SH	W-40	9
88	50	00:26:56	Wefelnberg	Charlotte	EMA-Schule Kl.4c	GER-SH	W-SC	20
89	4220	00:26:57	Gollminski	Lena	RV Breitenburg	GER-SH	W-JB	4
90	594	00:26:59	Strelow	Valentina	Itzehoe	GER-SH	W-JA	2
91	1441	00:26:59	Schwarz	Mirja	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	19
92	1388	00:27:01	Hanisch	Catrin	MTV Wilster	GER-SH	W-40	10
93	1396	00:27:05	Ott	Katharina	RS Wilster Kl.8c	GER-SH	W-SA	21
94	1318	00:27:11	Bode	Merle	RS Krempe Projektklasse	GER-SH	W-SB	20
95	1364	00:27:11	Schröder	Bente	RS Wilster Kl.7a	GER-SH	W-SA	22
96	1692	00:27:12	Weber	Lisa	AVS-OIIIc	GER-SH	W-SA	23
97	4134	00:27:12	Abt	Julia	MTV Itzehoe	GER-SH	W-SC	21
98	814	00:27:14	Rupprecht	Nadja	GS Kellinghusen Kl.4e	GER-SH	W-SC	22
99	311	00:27:14	Eggers	Godja	GS Edendorf Kl.4c	GER-SH	W-SC	23



# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
100	1959	00:27:15	Tewes	Katja	Titanic	GER-HAM	W-40	11
101	646	00:27:17	Krey	Dorothee	AVS Itzehoe Quinta 6c	GER-SH	W-SB	21
102	656	00:27:18	Rehder	Sonja	AVS Itzehoe Quinta 6c	GER-SH	W-SB	22
103	1538	00:27:18	Lobitz	Lena		GER-SH	W-SC	24
104	1769	00:27:20	Eim	Sabine	Itzehoer Versicherung	GER-SH	W-35	5
105	1768	00:27:21	Eim	Nina	Itzehoer Versicherung	GER-SH	W-SD	3
106	1873	00:27:23	Fornahl	Jasmina	Reitverein Kremperheide	GER-SH	W-20	7
107	1450	00:27:24	Müseler	Deike	Sparkasse Westholstein	GER-SH	W-SC	25
108	1447	00:27:25	Krieter	Selina	Sparkasse Westholstein	GER-SH	W-SC	26
109	4289	00:27:30	Noetzelmann	Gesa	WKS Hohenlockstedt WPK Fitness	GER-SH	W-JB	5
110	163	00:27:31	Tiedemann	Kristina	Grundschule Hohenlockstedt Kl. 4	GER-SH	W-SC	27
111	168	00:27:34	Feldmann	Leonie	Grundschule Hohenlockstedt Kl. 4	GER-SH	W-SC	28
112	628	00:27:36	Marth	Katrin	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	23
113	276	00:27:37	Hüffer	Frederike	GS Edendorf Kl.3b	GER-SH	W-SD	4
114	1908	00:27:39	Fedderson	Bea	Team Zeitenjäger	GER-SH	W-JA	3
115	1545	00:27:39	Meyenburg	Dorina		GER-SH	W-JB	6
116	1807	00:27:41	Naeve	Eileen	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	24
117	1497	00:27:42	Mayer	Ivonne	TUS Krempe	GER-SH	W-30	5
118	944	00:27:44	Schumacher	Anna	Itzehoer Versicherung	GER-SH	W-50	1
119	1913	00:27:45	Lukasiak-Stegelmann	Anna	TSV Bornhöved	GER-SH	W-35	6
120	1481	00:27:46	Raddatz	Sina	TSV Heiligenstedten	GER-SH	W-SB	25
121	1647	00:27:46	Rudolph	Ines	Itzehoe	GER-SH	W-JB	7
122	811	00:27:48	Laackmann	Jonna	GS Kellinghusen Kl.4e	GER-SH	W-SC	29
123	1713	00:27:51	Hafemeister	Leonie	FIS	GER-SH	W-SB	26
124	87	00:27:52	Holm	Karoline	Fehrs-Schule Kl. 4a	GER-SH	W-SC	30
125	776	00:27:54	Jürgensen	Julie	GS Kellinghusen Kl.3a	GER-SH	W-SC	31
126	1429	00:27:55	Groß	Sophia	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	27
127	1442	00:27:55	Stollenwerk	Christiane	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	28
128	769	00:27:56	Störmann	Johanna	GS Edendorf Kl.4b	GER-SH	W-SC	32
129	1764	00:27:57	Bauer	Madlen	Itzehoer Versicherung	GER-SH	W-SC	33
130	4149	00:27:58	Belkov	Mira	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	29
131	126	00:28:01	Huisman	Ineke	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	30
132	806	00:28:01	Guntermann	Marieke	GS Kellinghusen Kl.4e	GER-SH	W-SC	34
133	203	00:28:02	Petermann	Marisa	Grundschule Kremperheide Kl. 3b	GER-SH	W-SA	24
134	4206	00:28:03	Schwartkop	Hanna	Rotary Club Itzehoe	GER-SH	W-JB	8
135	1394	00:28:04	Meiforth	Gyde	RS Wilster Kl.8c	GER-SH	W-SA	25
136	1060	00:28:06	Nitsch	Olivia	Wilster	GER-SH	W-35	7
137	1951	00:28:06	Langmaack	Liv	LG Itzehoe	GER-SH	W-JB	9
138	1509	00:28:06	Carstensen	Jule		GER-SH	W-SB	31
139	867	00:28:07	La Porta	Stefanie	HS Wilster	GER-SH	W-SA	26
140	117	00:28:07	Peters	Jana	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	32
141	1775	00:28:10	Ott	Irma	Itzehoer Versicherung	GER-SH	W-50	2
142	537	00:28:11	Gogolin	Stina	Oldendorf	GER-SH	W-SC	35
143	1008	00:28:11	Looft	Birgit		GER-SH	W-40	12
144	965	00:28:11	Rave	Bente	Münsterdorfer SV	GER-SH	W-SB	33
145	1950	00:28:14	von Staden	Anita	LG Itzehoe	GER-SH	W-JB	10

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
146	1946	00:28:15	Fischer	Kathrin		GER-SH	W-20	8
147	636	00:28:16	Tretau	Julia	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	34
148	859	00:28:16	Heeschen	Janina	HS Wilster	GER-SH	W-SA	27
149	1112	00:28:17	Gathow	Kaja Sophie	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SC	36
150	1622	00:28:17	Jessen	Annika	Itzehoe	GER-SH	W-SD	5
151	1151	00:28:18	Knorr	Nina	GS Sude West Kl. 3b	GER-SH	W-SD	6
152	1917	00:28:18	Paulsen	Ingrid	TSV LOLA	GER-SH	W-55	1
153	1514	00:28:20	Fehrs	Luisa		GER-SH	W-SC	37
154	847	00:28:21	Blunck	Filiz	HS Wilster	GER-SH	W-SA	28
155	775	00:28:21	Jagszent	Jasmin	GS Kellinghusen Kl.3a	GER-SH	W-SC	38
156	788	00:28:22	Rettkowski	Svenja	GS Kellinghusen Kl.3a	GER-SH	W-SC	39
157	1516	00:28:23	Fritz	Larissa		GER-SH	W-SB	35
158	1871	00:28:23	Kruse	Meike	Realschule Am Lehmwold Kl. 10b	GER-SH	W-JB	11
159	4176	00:28:24	Richter	Jana	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	36
160	4241	00:28:25	Otte	Melina	Sopie Scholl Gymnasium Quinta b	GER-SH	W-SB	37
161	963	00:28:26	Henke	Anja	Münsterdorfer SV	GER-SH	W-SB	38
162	1360	00:28:29	Maaß	Selina	RS Wilster Kl.7a	GER-SH	W-SB	39
163	4146	00:28:30	Schwarz	Esther	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	40
164	1165	00:28:30	Mühler	Franziska	GS Sude West Kl. 4b	GER-SH	W-SC	40
165	4282	00:28:31	Klusmann	Kerstin	WKS Hohenlockstedt WPK Fitness	GER-SH	W-SA	29
166	1889	00:28:32	Soukup	Annika	RS Am Lehmwohld Kl.9b	GER-SH	W-SA	30
167	4147	00:28:34	Braun	Sarah Johanna	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	41
168	4267	00:28:34	Von Bremen	Kaja	TUS Appen	GER-SH	W-SB	42
169	1573	00:28:35	Uggias	Giulia		GER-SH	W-SC	41
170	1798	00:28:36	Kocsis	Deniz	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	43
171	1207	00:28:37	Bollmann	Anne	Gut Heil Itzehoe	GER-SH	W-SA	31
172	1926	00:28:38	Detjens	Annika	TUS Krempe	GER-SH	W-JA	4
173	826	00:28:40	Ramthun	Ida-Lena	GS Wellenkamp Klasse 4a	GER-SH	W-SC	42
174	905	00:28:42	Kaspereit	Janina	Inter Acker	GER-SH	W-SB	44
175	1673	00:28:43	Block	Susanne			W-35	8
176	1074	00:28:43	Reimers	Nina	Katlenburg-Lindau	GER-NIE	W-JB	12
177	874	00:28:44	Palm	Isabell	HS Wilster	GER-SH	W-SB	45
178	1449	00:28:44	Mohr	Annika	Sparkasse Westholstein	GER-SH	W-SC	43
179	182	00:28:44	Koepke	Manuela	Grundschule Kremperheide Kl. 1	GER-SH	W-35	9
180	1452	00:28:45	Rüter	Anne	Sparkasse Westholstein	GER-SH	W-SD	7
181	211	00:28:46	Christofferson	Denise	Grundschule Kremperheide Kl. 3b	GER-SH	W-SC	44
182	1569	00:28:47	Striebinger	Gerrit		GER-SH	W-SA	32
183	271	00:28:52	Zur Verth	Svenja	GS Edendorf Kl.3b	GER-SH	W-SD	8
184	1758	00:28:52	Wohlert	Annika	ISR Itzehoe Schrott und Recycling GmbH & Co.	GER-SH	W-SB	46
185	1342	00:28:53	Schneider	Lisa	RS Krempe Projektklasse	GER-SH	W-SB	47
186	1544	00:28:53	Mantey	Barbara		GER-SH	W-45	2
187	1443	00:28:53	Zahn	Fidalma	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-40	13
188	4261	00:28:53	Stampa	Josephine	TSV Brokstedt	GER-SH	W-SC	45

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
189	1346	00:28:54	Stange	Tanita	RS Krempe Projektklasse	GER-SH	W-SA	33
190	1776	00:28:56	Pycha	Irina	Itzehoe Versicherung	GER-SH	W-35	10
191	1844	00:28:56	Bull	Annika	MTV Itzehoe	GER-SH	W-SD	9
192	1847	00:28:56	Höhs	Jytte	MTV Itzehoe	GER-SH	W-JB	13
193	1651	00:28:59	Schmidt	Sandra	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-20	9
194	1105	00:29:00	Müller-Bergh	Ann-Kathrein	Flotte Fersen Tegelhorn	GER-SH	W-SD	10
195	1479	00:29:01	Ziems	Marie-Pauline	TSV Brokstedt	GER-SH	W-SC	46
196	1529	00:29:01	Junge	Sigrid		GER-SH	W-40	14
197	1350	00:29:04	Wiese	Svenja	RS Krempe Projektklasse	GER-SH	W-SA	34
198	1075	00:29:05	Reimers	Jana	Katlenburg-Lindau	GER-NIE	W-SA	35
199	16	00:29:06	Ahrens	Julia		GER-SH	W-SC	47
200	171	00:29:07	Christofferson	Andrea	Grundschule Kremperheide Kl. 1	GER-SH	W-30	6
201	437	00:29:08	Blaschke	Simone	GS Wellenkamp Klasse 3a	GER-SH	W-45	3
202	1392	00:29:10	Klabunde	Julia	RS Wilster Kl.8c	GER-SH	W-SA	36
203	297	00:29:11	Holin	Stine	GS Edendorf Kl.4c	GER-SH	W-SC	48
204	167	00:29:12	Otto	Melina	Grundschule Hohenlockstedt Kl. 4	GER-SH	W-SC	49
205	309	00:29:13	Dittrich	Wiebke	GS Edendorf Kl.4c	GER-SH	W-SC	50
206	8	00:29:13	Alexander	Jennifer		GER-SH	W-SB	48
207	463	00:29:14	Kieken	Vanessa	Hauptschule Sude Kl. 6a	GER-SH	W-SC	51
208	1401	00:29:15	Baasch	Hanna	SC Hohenaspe	GER-SH	W-JB	14
209	1244	00:29:15	Bratzke	Tabea	MTV Itzehoe	GER-SH	W-SB	49
210	1093	00:29:16	Wagner	Natascha	Hohenlockstedt	GER-SH	W-20	10
211	1330	00:29:17	Krüger	Patricia	RS Krempe Projektklasse	GER-SH	W-JB	15
212	1203	00:29:18	Hoffmann	Meike	Gut heil itzehoe	GER-SH	W-JB	16
213	1496	00:29:18	Kruse	Louisa	TSV Wacken	GER-SH	W-SD	11
214	4213	00:29:18	Turley	Christine	Rotary Club Itzehoe	GER-SH	W-45	4
215	831	00:29:19	Spresny	Yvonne	GS Wellenkamp Klasse 4a	GER-SH	W-SC	52
216	416	00:29:19	Heiden	Dorle	GS Wellenkamp Kl.4b	GER-SH	W-55	2
217	757	00:29:21	Döpfer	Lena	GS Edendorf Kl.4b	GER-SH	W-SC	53
218	128	00:29:22	Mielke	Sandra	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SA	37
219	822	00:29:22	Jacobsen	Bente	GS Wellenkamp Klasse 4a	GER-SH	W-SC	54
220	704	00:29:23	Schneider	Britta	Gesundheitszentrum Klosterforst	GER-SH	W-20	11
221	643	00:29:25	Gruitrooy	Anne	AVS Itzehoe Quinta 6c	GER-SH	W-20	12
222	4205	00:29:26	Kappus	Maira	Rotary Club Itzehoe	GER-SH	W-JB	17
223	834	00:29:27	Stürken	Karen	GS Wellenkamp Klasse 4a	GER-SH	W-40	15
224	1548	00:29:28	Piehl	Silke		GER-SH	W-20	13
225	903	00:29:28	Heidorn	Marlin-Rijke	Inter Acker	GER-SH	W-SD	12
226	702	00:29:30	Rösch	Birte	Gesundheitszentrum Klosterforst	GER-SH	W-40	16
227	1288	00:29:32	Auhage	Sarah	Realschule Wilster Kl. 9a	GER-SH	W-SA	38
228	1338	00:29:33	Peters	Wiebke	RS Krempe Projektklasse	GER-SH	W-SB	50
229	1391	00:29:34	Dölling	Pia	RS Wilster Kl.8c	GER-SH	W-SA	39
230	1902	00:29:35	Kruse	Jaqueline	Sparkasse Westholstein	GER-SH	W-35	11
231	1785	00:29:37	Bibrach	Sandra	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	40
232	1817	00:29:38	Schlünz	Daniela	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	51
233	1166	00:29:38	Pengel	Neele	GS Sude West Kl. 4b	GER-SH	W-SC	55
234	1158	00:29:39	Busch	Luisa	GS Sude West Kl. 4b	GER-SH	W-SC	56

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
235	4271	00:29:40	Haack	Anna-Maria	TUS Krempe	GER-SH	W-SB	52
236	3	00:29:41	Großmann	Larissa		GER-HAM	W-SB	53
237	659	00:29:42	Siebert	Tomke	AVS Itzehoe Quinta 6c	GER-SH	W-SB	54
238	561	00:29:42	Krützelmann	Lea-Sophie	Hohenaspe	GER-SH	W-SC	57
239	1307	00:29:43	Ratay	Marsha	Realschule Wilster Kl. 9c	GER-SH	W-JB	18
240	1296	00:29:44	Schade	Bianca	Realschule Wilster Kl. 9a	GER-SH	W-20	14
241	423	00:29:45	Voß	Kerstin	GS Wellenkamp Klasse 3a	GER-SH	W-40	17
242	1400	00:29:46	Lüning	Mona	RS Wilster Kl.9b	GER-SH	W-JB	19
243	1716	00:29:46	Hafemeister	Göntje	FIS	GER-SH	W-35	12
244	1806	00:29:48	Kock	Jennifer	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	55
245	1248	00:29:48	Carstens	Gesa	MTV Itzehoe	GER-SH	W-JB	20
246	909	00:29:50	Stoldt	Kasia	Inter Acker	GER-SH	W-35	13
247	894	00:29:51	Wessel	Kim	HS Wilster	GER-SH	W-SA	41
248	152	00:29:52	Kirschning	Julika	Grundschule Hohenlockstedt Kl. 3d	GER-SH	W-SD	13
249	907	00:29:52	Maaß	Nina	Inter Acker	GER-SH	W-20	15
250	682	00:29:52	Jaensch	Jennifer	Fehrsschule Kl.3d	GER-SH	W-SC	58
251	941	00:29:53	Schemainda	Jana	Itzehoer Versicherung	GER-SH	W-SB	56
252	46	00:29:53	Neumann	Felicitas	EMA-Schule Kl.4c	GER-SH	W-SC	59
253	1539	00:29:55	Lömker	Johanna		GER-SH	W-SD	14
254	959	00:29:56	Matthes	Annika	MTV Itzehoe	GER-SH	W-SC	60
255	340	00:29:56	Rühmann	Anabel	GS Hohenlockstedt Kl.3b	GER-SH	W-SD	15
256	981	00:29:57	Rudat	Kerstin	Pestalozzi-Schule Kl. 7-9	GER-SH	W-35	14
257	541	00:29:58	Gravert	Alexandra	Neuenbrook	GER-SH	W-SB	57
258	1335	00:29:59	Meier	Deise	RS Krempe Projektklasse	GER-SH	W-JB	21
259	768	00:30:00	Schuhmacher	Merle	GS Edendorf Kl.4b	GER-SH	W-SA	42
260	538	00:30:02	Gravert	Theresa	Neuenbrook	GER-SH	W-SC	61
261	763	00:30:03	Kruse	Katja	GS Edendorf Kl.4b	GER-SH	W-35	15
262	26	00:30:03	Kleensang	Jane		GER-SH	W-SC	62
263	820	00:30:04	Wedekind	Annie	GS Kellinghusen Kl.4e	GER-SH	W-SC	63
264	871	00:30:05	Neugebauer	Krissina	HS Wilster	GER-SH	W-SB	58
265	908	00:30:05	Saibel	Lilia	Inter Acker	GER-SH	W-30	7
266	78	00:30:06	Brey	Madlyne	Fehrsschule	GER-SH	W-SC	64
267	698	00:30:09	Mannel	Silvia	Gesundheitszentrum Klosterforst	GER-SH	W-55	3
268	1761	00:30:10	Reiser	Sigrun	Itzehoer Rennschnecken	GER-SH	W-50	3
269	1116	00:30:11	Nolte	Karoline	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SC	65
270	498	00:30:13	Zeunert	Marion	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	59
271	1690	00:30:15	Nierzwicki	Nina	AVS-OIIIc	GER-SH	W-JB	22
272	902	00:30:15	Heidorn	Astrid	Inter Acker	GER-SH	W-35	16
273	631	00:30:15	Soboll	Jolin	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	60
274	204	00:30:16	Petermann	Janique	Grundschule Kremperheide Kl. 3b	GER-SH	W-SB	61
275	4237	00:30:16	Kelting	Julia	Sopie Scholl Gymnasium Quinta b	GER-SH	W-SB	62
276	1585	00:30:17	Will	Karin		GER-SH	W-50	4
277	77	00:30:18	Bestmann	Janika	Fehrsschule	GER-SH	W-SC	66
278	1746	00:30:19	Kruse	Ann-Katrin	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-JB	23
279	1615	00:30:19	Hinrichs-Bünz	Annika	Kremperheide	GER-SH	W-SA	43
280	1748	00:30:19	Lassen	Frederike	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-SB	63

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
281	1397	00:30:23	Storey	Natalia	RS Wilster Kl.8c	GER-SH	W-SA	44
282	836	00:30:24	Winkelmann	Rieke	GS Wellenkamp Klasse 4a	GER-SH	W-SC	67
283	1252	00:30:25	Kruse	Lena	MTV Itzehoe	GER-SH	W-SB	64
284	1102	00:30:26	Müller-Bergh	Dorothea	Flotte Fersen Tegelhörn	GER-SH	W-SE	1
285	1702	00:30:26	Kühl	Sandra	B+H Sports	GER-SH	W-35	17
286	553	00:30:26	Ihde	Kirsten	Alveslohe	GER-SH	W-30	8
287	4141	00:30:27	Sierk	Hanna	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	65
288	1002	00:30:27	Holzfeind	Inga		GER-SH	W-SA	45
289	780	00:30:29	Lawrenz	Katharina	GS Kellinghusen Kl.3a	GER-SH	W-20	16
290	1517	00:30:29	Früchtenicht	Teresa		GER-SH	W-SB	66
291	4188	00:30:29	Schwarzkopf	Shyla	WKS Hohenlockstedt Kl.H6a	GER-SH	W-SB	67
292	644	00:30:29	Jensen	Merle	AVS Itzehoe Quinta 6c	GER-SH	W-SB	68
293	1624	00:30:30	Kastenbein	Jennifer	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	W-SA	46
294	583	00:30:30	Sandkamp	Nicola	Münsterdorf	GER-SH	W-SB	69
295	642	00:30:31	Fuchs	Luca	AVS Itzehoe Quinta 6c	GER-SH	W-SB	70
296	1927	00:30:31	Detjens	Renate	TUS Krempe	GER-SH	W-45	5
297	1512	00:30:32	Engelbrecht	Elsbeth		GER-SH	W-45	6
298	1356	00:30:33	Braun	Pia	RS Wilster Kl.7a	GER-SH	W-SA	47
299	957	00:30:37	Lühring	Anette	MTV Itzehoe	GER-SH	W-45	7
300	1398	00:30:38	Ahrens	Christin	RS Wilster Kl.9b	GER-SH	W-JB	24
301	369	00:30:38	Breyer	Lara	GS St.Margarethen Kl. 2b	GER-SH	W-SD	16
302	1942	00:30:38	Rehse	Dorothee	Wohlerl, Aldag & Partner	GER-SH	W-JA	5
303	1399	00:30:39	Lucht	Nele	RS Wilster Kl.9b	GER-SH	W-SA	48
304	1059	00:30:41	Netzow	Katharina	Itzehoe	GER-SH	W-JA	6
305	1371	00:30:41	Albers	Anika	RS Wilster Kl.8b	GER-SH	W-SA	49
306	1072	00:30:43	Rasmussen	Sarah	Kremperheide	GER-SH	W-SA	50
307	1292	00:30:44	Hanisch	Anna	Realschule Wilster Kl. 9a	GER-SH	W-JB	25
308	1242	00:30:45	Brandes	Joana	KSG Arashi e.V. Itzehoe	GER-SH	W-SC	68
309	1421	00:30:45	Wolf	Leenke		GER-SH	W-SC	69
310	134	00:30:46	Adomeit	Lara	Grundschule Hohenlockstedt Kl. 2	GER-SH	W-SD	17
311	1321	00:30:46	Dahmlos	Jana	RS Krempe Projektklasse	GER-SH	W-JB	26
312	94	00:30:47	Hustedt	Melanie	Fehrs-Schule Kl. 4a	GER-SH	W-SC	70
313	1444	00:30:48	Wendtland	Leonie	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	71
314	4264	00:30:49	Mohr	Jenny	TSV Kremperheide	GER-SH	W-SD	18
315	576	00:30:50	Rehder	Jana	Oldendorf	GER-SH	W-SB	72
316	1114	00:30:50	Mahnke	Linnea Marie	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SB	73
317	4153	00:30:51	Schuhmacher	Kim	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	74
318	686	00:30:54	Marnau	Lea Vitja	Fehrsschule Kl.3d	GER-SH	W-SC	71
319	4172	00:30:54	Nagel	Natascha	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	72
320	1233	00:30:56	Segger	Svea	Itzehoer Versicherung	GER-SH	W-SB	75
321	1094	00:30:57	Wedekind	Carola	Rosdorf	GER-SH	W-40	18
322	159	00:30:59	Breidenbach	Andrea	Grundschule Hohenlockstedt Kl. 3d	GER-SH	W-50	5
323	4244	00:30:59	Rusche	Regina	Sparkasse Westholstein	GER-SH	W-JA	7
324	1483	00:30:59	Wipper	Antje	TSV Kremperheide	GER-SH	W-40	19
325	1206	00:31:00	Niehus	Leonie	Gut Heil Itzehoe	GER-SH	W-SC	73

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
326	217	00:31:00	Neumann	Alicia	Grundschule Kremperheide Kl. 3b	GER-SH	W-SC	74
327	30	00:31:01	Adomeit	Ulrike		GER-SH	W-35	18
328	1097	00:31:02	Lüth	Stefanie	AGS Itzehoe	GER-SH	W-20	17
329	1336	00:31:03	Mohr	Rebekka	RS Krempe Projektklasse	GER-SH	W-SA	51
330	328	00:31:03	Tiedemann	Finja	GS Hohenlockstedt Kl.2c	GER-SH	W-SD	19
331	1322	00:31:03	Friedmann	Alexandra	RS Krempe Projektklasse	GER-SH	W-SB	76
332	1348	00:31:04	Von Leesen	Jana	RS Krempe Projektklasse	GER-SH	W-SB	77
333	327	00:31:06	Sievers	Julia	GS Hohenlockstedt Kl.2c	GER-SH	W-SD	20
334	1319	00:31:06	Braack	Annika	RS Krempe Projektklasse	GER-SH	W-SA	52
335	934	00:31:06	Janentzky-Lange	Birte	Itzehoer Versicherung	GER-SH	W-40	20
336	4234	00:31:07	Baltrusch	Kyra	Sopie Scholl Gymnasium Quinta b	GER-SH	W-SB	78
337	4242	00:31:07	Rathke	Linn-Kristin	Sopie Scholl Gymnasium Quinta b	GER-SH	W-SB	79
338	113	00:31:08	Thamling	Isabelle	Fortuna RS Glückstadt Kl.6a	GER-SH	W-SB	80
339	1935	00:31:09	Pedersen	Bente	Volksbank Raiffeisenbank Itzehoe	GER-SH	W-20	18
340	1678	00:31:09	Becker	Pia	AVS-Ollc	GER-SH	W-JB	27
341	1679	00:31:10	Dieckmann	Hannah	AVS-Ollc	GER-SH	W-SA	53
342	343	00:31:11	Leibl	Laur	GS Oelixdorf	GER-SH	W-SC	75
343	4168	00:31:12	Eggers	Fenja	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	76
344	885	00:31:13	Schanbacher	Ann-Katrin	HS Wilster	GER-SH	W-SB	81
345	4166	00:31:13	Kroggel	Amelie	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	77
346	1557	00:31:14	Sander	Levy		GER-SH	W-SC	78
347	1225	00:31:15	Luedemann-Anders	Angela	Itzehoer Versicherung	GER-SH	W-45	8
348	4150	00:31:16	Bröcker	Hannah	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	82
349	1520	00:31:16	Grygo	Kornelia		GER-SH	W-50	6
350	295	00:31:17	Vogt	Sabrina	GS Edendorf Kl.4c	GER-SH	W-SC	79
351	314	00:31:18	Aul	Anna-Lena	GS Edendorf Kl.4c	GER-SH	W-SC	80
352	1568	00:31:18	Steffens	Petra		GER-SH	W-JA	8
353	668	00:31:19	Kohl	Lilli	Breitenburger Milchzentrale eG	GER-SH	W-35	19
354	951	00:31:20	Hildebrand	Tatjana	LG B KRHS Hamburg	GER-SH	W-40	21
355	4173	00:31:20	Kruse	Silvia	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	81
356	1054	00:31:22	Mayer	Edith	Elmshorn	GER-SH	W-65	1
357	964	00:31:22	Voss	Franziska	Itzehoe	GER-SH	W-SB	83
358	727	00:31:23	Schüder	Kendra	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SD	21
359	661	00:31:24	Sommerfeld	Rachel	AVS Itzehoe Quinta 6c	GER-SH	W-SB	84
360	1106	00:31:25	Müller-Bergh	Leonore	Flotte Fersen Tegelhorn	GER-SH	W-SD	22
361	1181	00:31:28	Ciasto	Paula Antonia	GS Sude-West Kl. 2b	GER-SH	W-SD	23
362	1711	00:31:29	Först	Ute	ETSV Fortuna Glückstadt	GER-SH	W-35	20
363	224	00:31:29	Stoffregen	Julia	Grundschule Kremperheide Kl. 4	GER-SH	W-SA	54
364	1786	00:31:32	Bibrach	Jasmin	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	55
365	1645	00:31:32	Reimers	Antje	Marne	GER-SH	W-45	9
366	455	00:31:33	Macholewski	Sabrina	Hauptschule Sude Kl. 5a	GER-SH	W-SB	85
367	534	00:31:33	Fischer	Cora	Itzehoe	GER-SH	W-30	9
368	1291	00:31:34	Erdmann	Gesa	Realschule Wilster Kl. 9a	GER-SH	W-SA	56

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
369	1809	00:31:35	Abussuutoglu	Büstra	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	86
370	533	00:31:36	Fischer	Lisa	Itzehoe	GER-SH	W-SD	24
371	1777	00:31:36	Schlick	Katrin	Itzehoer Versicherung	GER-SH	W-20	19
372	1389	00:31:36	Dethlefs	Cornelia	RS Wilster Kl.8c	GER-SH	W-SA	57
373	1260	00:31:38	Nütz	Rike	MTV Wilster	GER-SH	W-SB	87
374	1750	00:31:38	Mittendorf	Babara	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-40	22
375	4280	00:31:39	Keßler	Sarah-Jane	WKS Hohenlockstedt WPK Fitness	GER-SH	W-JB	28
376	35	00:31:40	Jürgensen	Annika	Hohenlockstedt	GER-SH	W-JA	9
377	4156	00:31:41	Stöter	Sunna	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	88
378	75	00:31:42	Beck	Hannah	Fehrsschule	GER-SH	W-SD	25
379	517	00:31:42	Biet	Larissa	Itzehoe	GER-SH	W-JB	29
380	599	00:31:42	Wichmann	Sabine	Itzehoe	GER-SH	W-SD	26
381	4160	00:31:43	Vett	Larissa	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	89
382	4121	00:31:43	Berding	Rikke	L&S	GER-SH	W-20	20
383	70	00:31:44	Stötting	Dorit	Fehrsschule	GER-SH	W-40	23
384	539	00:31:44	Gravert	Christianna	Neuenbrook	GER-SH	W-SA	58
385	1314	00:31:45	Albroscheit	Tatjana	RS Krempe Projektklasse	GER-SH	W-SB	90
386	4129	00:31:45	Stöver	Lisa	LT Störlauf Itzehoe	GER-SH	W-JA	10
387	1562	00:31:45	Scheiter	Anna Christina		GER-SH	W-SB	91
388	43	00:31:47	Ranzau	Leonie-Sophie	EMA-Schule Kl.4c	GER-SH	W-SC	82
389	627	00:31:47	Löbel	Eva Charlotta	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	92
390	634	00:31:47	Stiewe	Saskia	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	93
391	146	00:31:48	Schack	Lina	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-SD	27
392	142	00:31:48	Weber	Ann Christin	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-SC	83
393	1294	00:31:48	Riewe	Birte	Realschule Wilster Kl. 9a	GER-SH	W-20	21
394	4260	00:31:49	Stampa	Friederike	TSV Broksted	GER-SH	W-SD	28
395	270	00:31:49	Kaspereit	Silke	GS Edendorf Kl.3b	GER-SH	W-35	21
396	1020	00:31:51	Butenschön	Christel	Kaaks	GER-SH	W-20	22
397	144	00:31:51	Schack	Silke	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-40	24
398	194	00:31:54	Grüttner	Vanessa	Grundschule Kremperheide Kl. 2	GER-SH	W-SD	29
399	267	00:31:55	Bendlin	Susanne	Grundschule Wellenkamp Kl. 3d	GER-SH	W-35	22
400	1309	00:31:55	Schöne	Annika	Realschule Wilster Kl. 9c	GER-SH	W-JB	30
401	1691	00:31:56	Sönksen	Wienke	AVS-Ollc	GER-SH	W-SA	59
402	1310	00:31:57	Schröder	Maike	Realschule Wilster Kl. 9c	GER-SH	W-JB	31
403	179	00:31:58	Poggensee	Corinna	Grundschule Kremperheide Kl. 1	GER-SH	W-40	25
404	4161	00:31:59	Wulff	Jessika	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	94
405	249	00:32:00	Stern	Svenja	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	84
406	1600	00:32:01	Ehrenberg	Melanie	Itzehoe	GER-SH	W-SD	30
407	1797	00:32:01	Klöpper	Svana	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	60
408	141	00:32:04	Hauschildt	Sarah	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-SC	85
409	1079	00:32:05	Semmler	Ute	Itzehoe	GER-SH	W-40	26

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## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
410	578	00:32:05	Riedeberger	Joele	Münsterdorf	GER-SH	W-SD	31
411	4170	00:32:06	Lühning	Isa	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	86
412	431	00:32:07	Koch	Esther	GS Wellenkamp Klasse 3a	GER-SH	W-SC	87
413	582	00:32:07	Sandkamp	Lina	Münsterdorf	GER-SH	W-SD	32
414	581	00:32:07	Sandkamp	Laura	Münsterdorf	GER-SH	W-SD	33
415	815	00:32:10	Schmidt	Bettina	GS Kellinghusen Kl.4e	GER-SH	W-30	10
416	1135	00:32:10	Mühler	Christine	GS Sude West	GER-SH	W-40	27
417	349	00:32:11	Stühmer	Anthea	GS Oelixdorf	GER-SH	W-SC	88
418	1164	00:32:12	Mühler	Katharina	GS Sude West Kl. 4b	GER-SH	W-SE	2
419	475	00:32:14	Otte	Carina	Hauptschule Sude Kl. 7a	GER-SH	W-SB	95
420	4279	00:32:14	Guhl	Saskia	WKS Hohenlockstedt WPK Fitness	GER-SH	W-SA	61
421	1215	00:32:16	Garbers	Juliana	Gut-Heil Itzehoe	GER-SH	W-SC	89
422	513	00:32:16	Bellusci	Edeltraut	Bremerhaven	GER-BRE	W-55	4
423	1408	00:32:17	Fedderson	Laura	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SB	96
424	950	00:32:17	Müller-Andersen	Ruth	Justiz läuft	GER-SH	W-60	1
425	1504	00:32:22	Ayala	Karina		GER-SH	W-JA	11
426	1924	00:32:22	Detjens	Alina	TUS Krempe	GER-SH	W-JB	32
427	791	00:32:24	Vielstich	Franziska	GS Kellinghusen Kl.3a	GER-SH	W-SC	90
428	789	00:32:24	Schulz	Merle	GS Kellinghusen Kl.3a	GER-SH	W-SC	91
429	4223	00:32:26	Vasel	Kerstin	Sauer-Danfoss	GER-SH	W-35	23
430	588	00:32:26	Sönnichsen	Karin	Wilster	GER-SH	W-55	5
431	234	00:32:26	Laskowski	Lisa	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	92
432	572	00:32:27	Paulsen	Regina	Wilster	GER-SH	W-35	24
433	4224	00:32:29	Vasel	Kim	Sauer-Danfoss	GER-SH	W-SD	34
434	913	00:32:30	Küpper	Laura	Itzehoer Ruderclub	GER-SH	W-SB	97
435	777	00:32:31	Knudsen	Lea	GS Kellinghusen Kl.3a	GER-SH	W-SD	35
436	1834	00:32:33	Witt	Anna-Theresia	LT Golf-Club Schloss Breitenburg	GER-SH	W-SB	98
437	445	00:32:34	Wolff	Noora	Hauptschule Sude	GER-SH	W-20	23
438	47	00:32:35	Schmidt	Elena	EMA-Schule Kl.4c	GER-SH	W-SC	93
439	896	00:32:37	Wickens	Julia	HS Wilster	GER-SH	W-SB	99
440	1703	00:32:37	Sahr	Marlen	B+H Sports	GER-SH	W-JA	12
441	1671	00:32:38	Wieczorek	Nicole	Itzehoe	GER-SH	W-35	25
442	1433	00:32:39	Kammer	Antonia	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	100
443	1412	00:32:40	Kuhr	Elisa	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SB	101
444	1407	00:32:41	Engfer	Lara	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SA	62
445	824	00:32:43	Lemke	Finja	GS Wellenkamp Klasse 4a	GER-SH	W-SC	94
446	32	00:32:44	Eggers	Anette	Kaaks	GER-SH	W-40	28
447	1966	00:32:44	Dorloff	Maike	MTV Itzehoe	GER-SH	W-40	29
448	1121	00:32:45	Vehrs	Johanna	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SC	95
449	886	00:32:45	Schröder	Britta	HS Wilster	GER-SH	W-SA	63
450	1513	00:32:45	Estermann	Maren		GER-SH	W-35	26
451	601	00:32:45	Witt	Andrea	Münsterdorf	GER-SH	W-20	24
452	34	00:32:46	Schjut	Hannah	Heiligenstedten	GER-SH	W-SC	96
453	1572	00:32:47	Timm	Birke		GER-SH	W-JA	13
454	1009	00:32:47	Magnussen	Lara		GER-SH	W-SC	97



# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
455	600	00:32:48	Wilckens	Tiana	Wilster	GER-SH	W-SC	98
456	1802	00:32:48	Lars	Shari	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	102
457	1804	00:32:49	Luckfiel	Jennifer	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	64
458	1813	00:32:49	Pedük	Ezgi	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	65
459	762	00:32:49	Kersten	Natalie	GS Edendorf Kl.4b	GER-SH	W-SC	99
460	759	00:32:50	Breiholz	Betty	GS Edendorf Kl.4b	GER-SH	W-SA	66
461	137	00:32:50	Hartmann	Tanja	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-35	27
462	1628	00:32:52	Koch	Sabine	Itzehoe	GER-SH	W-35	28
463	1811	00:32:53	Özbey	Cansu	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	103
464	1599	00:32:54	Bolln	Jessica	Itzehoe	GER-SH	W-20	25
465	4167	00:32:54	Scharf	Luise	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	100
466	1030	00:32:56	Gierth	Rina	Heiligenstedten	GER-SH	W-35	29
467	1794	00:32:59	Höser	Eva	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-35	30
468	4263	00:33:00	Stampa	Charlotte	TSV Brokstedt	GER-SH	W-SB	104
469	1208	00:33:00	Karvodt	Lea	Gut Heil Itzehoe	GER-SH	W-SC	101
470	145	00:33:01	Marschall	Alicia	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-SC	102
471	1077	00:33:01	Scholz	Andrea	Itzehoe	GER-SH	W-40	30
472	138	00:33:02	Rühmann	Isabella	Grundschule Hohenlockstedt Kl. 3b	GER-SH	W-SD	36
473	1523	00:33:03	Holpert	Maria Christin		GER-SH	W-SD	37
474	361	00:33:04	Wilde	Nadine	GS St.Margarethen Kl. 2b	GER-SH	W-SD	38
475	1609	00:33:04	Haftstein	Ina	Lägerdorf	GER-SH	W-20	26
476	3507	00:33:04	Holpert	Frauke	MTV Itzehoe	GER-SH	W-40	31
477	1086	00:33:05	Stuerck	Susanne	Itzehoe	GER-SH	W-45	10
478	4221	00:33:08	Koesling	Janne	Sauer-Danfoss	GER-SH	W-SD	39
479	388	00:33:08	Lange	Hanna	GS Wellenkamp Kl.3c	GER-SH	W-SD	40
480	4222	00:33:09	Sönke	Kerstin	Sauer-Danfoss	GER-SH	W-35	31
481	511	00:33:10	Barthels	Jutta	Itzehoe	GER-SH	W-40	32
482	383	00:33:10	Dunklau	Melissa	GS Wellenkamp Kl.3c	GER-SH	W-SD	41
483	4262	00:33:10	Stampa	Henriette	Tsv Brokstedt	GER-SH	W-SE	3
484	1617	00:33:10	Hinz	Tanja	Beidenfleth	GER-SH	W-35	32
485	322	00:33:11	Grünekle	Paula	GS Hohenlockstedt Kl.2c	GER-SH	W-SD	42
486	326	00:33:12	Faust	Mailien	GS Hohenlockstedt Kl.2c	GER-SH	W-SD	43
487	1936	00:33:12	Böttger	Christiane	Wellness u. Fitness Park Wilster	GER-SH	W-40	33
488	669	00:33:13	Lösche	Annett	Breitenburger Milchzentrale eG	GER-SH	W-30	11
489	1660	00:33:16	Staenke	Jennifer	Itzehoe	GER-SH	W-SD	44
490	1595	00:33:16	Claußen	Jana	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	W-20	27
491	178	00:33:17	Rathjens	Kira	Grundschule Kremperheide Kl. 1	GER-SH	W-SD	45
492	273	00:33:18	Freese	Marina	GS Edendorf Kl.3b	GER-SH	W-40	34
493	354	00:33:18	Perna-Jado	Luisa	GS Oelixdorf	GER-SH	W-SC	103
494	1597	00:33:19	Dancker	Inga	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	W-30	12
495	623	00:33:19	Kröger	Anne Franziska	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	105

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
496	1601	00:33:21	Ehrenberg	Sandra	Itzehoe	GER-SH	W-SC	104
497	418	00:33:24	Schostak	Ailina	GS Wellenkamp Klasse 3a	GER-SH	W-SD	46
498	617	00:33:24	Ehlers	Annika	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	106
499	4148	00:33:25	Boysen	Angela	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	107
500	373	00:33:25	Kleensang	Mia	GS St.Margarethen Kl. 2b	GER-SH	W-SD	47
501	1969	00:33:26	Schmidt	Stefanie	Kremperheide	GER-SH	W-20	28
502	980	00:33:26	Reichardt	Heike	Pestalozzi-Schule Kl. 7-9	GER-SH	W-60	2
503	949	00:33:27	Ölscher	Maike	Itzehoer Wasser-Wanderer	GER-SH	W-40	35
504	1201	00:33:27	Breiholz	Sarah	Gut Heil Itzehoe	GER-SH	W-SC	105
505	4143	00:33:28	Lüthje	Inga	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-30	13
506	546	00:33:31	Hartmann	Mirja	Itzehoe	GER-SH	W-20	29
507	4125	00:33:33	Golly	Kornelia	L&S	GER-SH	W-30	14
508	4120	00:33:33	Wüpper	Esther	L&S	GER-SH	W-30	15
509	1899	00:33:34	Schulz	Iris	Sieversbeker Snails	GER-SH	W-40	36
510	4269	00:33:34	Echelmeyer	Julia	TuS Germania Schnelsen	GER-HAM	W-SC	106
511	1900	00:33:35	Schulz	Beke	Sieversbeker Snails	GER-SH	W-SD	48
512	4275	00:33:35	Clausen-König	Dominique	WKS Hohenlockstedt WPK Fitness	GER-SH	W-JB	33
513	1652	00:33:35	Schmiedehausen	Sigrid	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	W-40	37
514	4273	00:33:36	Bochert	Kaya	WKS Hohenlockstedt WPK Fitness	GER-SH	W-JB	34
515	1972	00:33:37	Himmelhan	Lea Sophie	Itzehoer Versicherung	GER-SH	W-SD	49
516	1279	00:33:39	Möller	Anja		GER-SH	W-35	33
517	56	00:33:41	Naujocks	Alexandra	EMA-Schule Kl.4c	GER-SH	W-SC	107
518	1590	00:33:41	Asmussen	Larissa	Kremperheide	GER-SH	W-SB	108
519	147	00:33:41	Schuldt	Vivian	Grundschule Hohenlockstedt Kl. 3c	GER-SH	W-SB	109
520	341	00:33:43	Schüler	Sandy	GS Oelixdorf	GER-SH	W-SC	108
521	1406	00:33:43	Lickfett	Lena	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SA	67
522	1437	00:33:43	Schmidt	Ulrike	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-45	11
523	443	00:33:46	Engel	Larissa	Hauptschule Sude	GER-SH	W-SB	110
524	344	00:33:46	Müßig	Leah	GS Oelixdorf	GER-SH	W-SE	4
525	355	00:33:47	Stepany	Amelie	GS Oelixdorf	GER-SH	W-SE	5
526	1743	00:33:48	Hopp	Andrea	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-20	30
527	673	00:33:48	Becker	Sabine	BSC Nordoe	GER-SH	W-40	38
528	1477	00:33:49	Schmidt	Ines	TSV Brokstedt	GER-SH	W-SB	111
529	44	00:33:50	Koch	Anna	EMA-Schule Kl.4c	GER-SH	W-SC	109
530	333	00:33:54	Reher	Kathrin	GS Hohenlockstedt Kl.2c	GER-SH	W-30	16
531	671	00:33:54	Possekel	Birte	Breitenburger Milchzentrale eG	GER-SH	W-20	31
532	1598	00:33:55	Eckhardt	Irina	Thies Gesundheitspartner/MediCente r Medizintechnik	GER-SH	W-20	32
533	331	00:33:57	Peter	Nicole	GS Hohenlockstedt Kl.2c	GER-SH	W-SC	110
534	1682	00:34:00	Hintz	Sandra	AVS-Olllc	GER-SH	W-JB	35
535	596	00:34:01	Tettmann	Monika	Hamburg	GER-HAM	W-45	12
536	593	00:34:02	Stöver	Henrike	Schenefeld	GER-SH	W-SD	50
537	1862	00:34:03	Nitz	Anja	Prokon Energiesysteme GmbH	GER-SH	W-30	17
538	1410	00:34:03	Heitmann	Anna	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SB	112

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## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
539	658	00:34:05	Schröder	Johanna	AVS Itzehoe Quinta 6c	GER-SH	W-SB	113
540	1420	00:34:06	Waage	Nea	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SB	114
541	1426	00:34:07	Bitomsky	Laura	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	115
542	506	00:34:07	Albrecht	Birgit	Oelixdorf	GER-SH	W-35	34
543	688	00:34:07	Rexhepaj	Benita	Fehrsschule Kl.3d	GER-SH	W-SC	111
544	1160	00:34:09	Gurazda	Emilia	GS Sude West Kl. 4b	GER-SH	W-SC	112
545	258	00:34:10	Willgalis	Lea	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SC	113
546	1428	00:34:12	Göttsche	Carmina	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	116
547	1941	00:34:14	Lübke	Christina	Wohler, Aldag & Partner	GER-SH	W-JA	14
548	407	00:34:14	Sakowski	Alina	GS Wellenkamp Kl.4b	GER-SH	W-SC	114
549	1373	00:34:15	Bolk	Jana	RS Wilster Kl.8b	GER-SH	W-SA	68
550	1154	00:34:15	Rentsch	Sina	GS Sude West Kl. 3b	GER-SH	W-SC	115
551	250	00:34:15	Siebert	Deike	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	51
552	851	00:34:16	Claussen	Jennifer	HS Wilster	GER-SH	W-SB	117
553	1254	00:34:19	Steckel	Svane Kim	MTV Itzehoe	GER-SH	W-SC	116
554	1040	00:34:20	Kelting	Petra	Bekdorf	GER-SH	W-45	13
555	929	00:34:20	Engel	Mona	Itzehoer Versicherung	GER-SH	W-SD	52
556	1824	00:34:20	Uecker	Susanne	LG Albatros	GER-SH	W-45	14
557	1947	00:34:20	Schröder	Anna		GER-SH	W-JA	15
558	823	00:34:22	Jacobsen	Wiebke	GS Wellenkamp Klasse 4a	GER-SH	W-40	39
559	598	00:34:23	Wichmann	Heinke	Itzehoe	GER-SH	W-50	7
560	928	00:34:23	Engel	Gunda	Itzehoer Versicherung	GER-SH	W-35	35
561	1424	00:34:24	Bauer	Anne	Sophie-Scholl-Gymnasium Quinta c	GER-SH	W-SB	118
562	921	00:34:24	Kunert	Felicia	Itzehoer Tennisverein	GER-SH	W-SB	119
563	857	00:34:25	Grümmer	Katharina	HS Wilster	GER-SH	W-SB	120
564	4179	00:34:25	Hems	Michelle	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	117
565	1830	00:34:26	Lohmann	Wiebke	Lohmann family and friends	GER-SH	W-50	8
566	1498	00:34:27	Kietzer	Janine	WBR 9d	GER-SH	W-SA	69
567	887	00:34:28	Schulz	Tina	HS Wilster	GER-SH	W-SA	70
568	1247	00:34:30	Busch-Langloh	Gabriele	MTV Itzehoe	GER-SH	W-40	40
569	739	00:34:30	Gloyer	Angela	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-40	41
570	889	00:34:30	Sievers	Stefanie	HS Wilster	GER-SH	W-SC	118
571	4154	00:34:35	Koch	Ines	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	119
572	922	00:34:36	Kunert	Silke	Itzehoer Tennisverein	GER-SH	W-35	36
573	1778	00:34:39	Schwittay	Fine	Itzehoer Versicherung	GER-SH	W-SD	53
574	1003	00:34:39	Klüver	Silke		GER-SH	W-45	15
575	370	00:34:40	Grümtz	Julia	GS St.Margarethen Kl. 2b	GER-SH	W-SC	120
576	12	00:34:41	Boll	Doris		GER-SH	W-45	16
577	254	00:34:42	Looft	Kjara	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	54
578	597	00:34:42	Wessel	Jale	Wilster	GER-SH	W-SB	121
579	925	00:34:43	Bollhardt	Andrea	Itzehoer Versicherung	GER-SH	W-35	37
580	378	00:34:44	Nagel	Meike	GS St.Margarethen Kl. 2b	GER-SH	W-SD	55
581	1779	00:34:45	Schwittay	Uta	Itzehoer Versicherung	GER-SH	W-35	38
582	1459	00:34:45	Völker	Malena	Steinburg-Schule Projektklasse	GER-SH	W-JB	36
583	279	00:34:46	Macholewski	Janina	GS Edendorf Kl.3b	GER-SH	W-SC	121

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
584	281	00:34:46	Sadiku	Kefser	GS Edendorf Kl.3b	GER-SH	W-SC	122
585	1297	00:34:46	Schröder	Eyske	Realschule Wilster Kl. 9a	GER-SH	W-SA	71
586	366	00:34:47	Blieske	Bärbel	GS St.Margarethen Kl. 2b	GER-SH	W-35	39
587	612	00:34:47	Beck	Lara Marisa	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	122
588	294	00:34:47	Boll	Jacqueline	GS Edendorf Kl.3b	GER-SH	W-SC	123
589	1478	00:34:48	Ziems	Anne-Dorette	TSV Brokstedt	GER-SH	W-SB	123
590	1012	00:34:48	Aßmann	Helga	Itzehoe	GER-SH	W-55	6
591	1083	00:34:49	Sievers	Regine	Itzehoe	GER-SH	W-35	40
592	660	00:34:49	Siedenburg	Ann-Christin	AVS Itzehoe Quinta 6c	GER-SH	W-SB	124
593	4192	00:34:50	Lemor	Franca		GER-SH	W-SD	56
594	507	00:34:53	Albrecht	Saskia	Oelixdorf	GER-SH	W-SB	125
595	1384	00:34:53	Stehen	Alina	RS Wilster Kl.8b	GER-SH	W-SA	72
596	746	00:34:55	Höppner	Jasmin	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	124
597	1379	00:34:55	Lücke	Sarah	RS Wilster Kl.8b	GER-SH	W-SA	73
598	830	00:34:55	Spindelmann	Ina	GS Wellenkamp Klasse 4a	GER-SH	W-SB	126
599	1304	00:34:57	Hubert	Dinah-Kristin	Realschule Wilster Kl. 9c	GER-SH	W-SA	74
600	1272	00:34:57	Bolten	Tanja	Realschule Wilster Kl. 8a	GER-SH	W-SA	75
601	1370	00:34:57	Witt	Mareike	RS Wilster Kl.7a	GER-SH	W-SA	76
602	1018	00:34:58	Burmeister	Ronja	Itzehoe	GER-SH	W-JB	37
603	230	00:35:00	Bahns	Tjorven-Svea	Grundschule Kremperheide Kl. 4	GER-SH	W-SC	125
604	1033	00:35:03	Holzfeind	Angela	Itzehoe	GER-SH	W-50	9
605	414	00:35:05	Temiz	Gizem	GS Wellenkamp Kl.4b	GER-SH	W-SC	126
606	1968	00:35:07	Hahn	Katharina	RS Am Lehmwohld Kl.9b	GER-SH	W-SA	77
607	1223	00:35:07	Lenth	Nadine Babette	Itzehoer Versicherung	GER-SH	W-30	18
608	488	00:35:07	Hildebrandt	Wiebke	Itzehoer Versicherung	GER-SH	W-35	41
609	491	00:35:08	Hildebrandt	Wencke	Itzehoer Versicherung	GER-SH	W-SD	57
610	744	00:35:09	Hoffmann	Susanne	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-35	42
611	4137	00:35:09	Groher	Nele	SSG Itzehoe	GER-SH	W-JA	16
612	199	00:35:10	Schändel	Joana	Grundschule Kremperheide Kl. 2	GER-SH	W-SD	58
613	419	00:35:12	Schilling	Merle	GS Wellenkamp Klasse 3a	GER-SH	W-SC	127
614	652	00:35:13	Ott	Leonie	AVS Itzehoe Quinta 6c	GER-SH	W-SB	127
615	1756	00:35:13	Thomas	Alien	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-20	33
616	1174	00:35:14	Reimers	Julemarie	GS Sude-West Kl. 2a	GER-SH	W-SD	59
617	229	00:35:15	Kontopidis	Nina	Grundschule Kremperheide Kl. 4	GER-SH	W-SC	128
618	362	00:35:16	Schöne	Jule	GS St.Margarethen Kl. 2b	GER-SH	W-SD	60
619	1169	00:35:16	Gruetzmacher	Isabel	GS Sude-West Kl. 2a	GER-SH	W-SD	61
620	274	00:35:17	Zöllner	Cathleen	GS Edendorf Kl.3b	GER-SH	W-SD	62
621	1137	00:35:17	Neumeier	Maya Marie	GS Sude West	GER-SH	W-SC	129
622	1742	00:35:18	Hopp	Doris	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-40	42
623	1582	00:35:18	Wefelnberg	Christine		GER-SH	W-40	43
624	1741	00:35:20	Arpe	Eike	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-40	44
625	1971	00:35:20	Himmelhan	Petra	Itzehoer Versicherung	GER-SH	W-35	43
626	1005	00:35:21	Klüver	Carlotta		GER-SH	W-SD	63
627	1681	00:35:22	Fuchs	Eyleen	AVS-Ollc	GER-SH	W-SA	78
628	568	00:35:22	Nielsen	Jennifer	Hohenlockstedt	GER-SH	W-20	34
629	882	00:35:24	Rosenow	Sascia	HS Wilster	GER-SH	W-SB	128

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## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
630	256	00:35:24	Beyer	Melina	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SC	130
631	266	00:35:24	Bendlin	Alina	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	64
632	261	00:35:26	Kemmer	Neele	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	65
633	1890	00:35:26	Thomsen	Inga	RS Am Lehmwohld Kl.9b	GER-SH	W-SA	79
634	1881	00:35:27	Kreft	Claudia	RS Am Lehmwohld Kl.9b	GER-SH	W-JB	38
635	1173	00:35:28	Querling	Sarah	GS Sude-West Kl. 2a	GER-SH	W-SD	66
636	1874	00:35:28	Aybar	Esra	RS Am Lehmwohld Kl.9b	GER-SH	W-JB	39
637	678	00:35:29	Buhse	Maren	Fehrsschule Kl.3d	GER-SH	W-20	35
638	1641	00:35:30	Nowak	Ute	Itzehoe	GER-SH	W-60	3
639	548	00:35:31	Herrmann	Friedericke	Itzehoe	GER-SH	W-SD	67
640	1519	00:35:31	Gatermann	Catrin		GER-SH	W-30	19
641	1232	00:35:31	Sarau	Laura	Itzehoer Versicherung	GER-SH	W-JB	40
642	1560	00:35:31	Scheel	Britta		GER-SH	W-30	20
643	1022	00:35:32	Dudek	Marietta	Heiligenstedten	GER-SH	W-20	36
644	861	00:35:32	Karstens	Julia	HS Wilster	GER-SH	W-SC	131
645	1861	00:35:33	Key	Angela	Prokon Energiesysteme GmbH	GER-SH	W-40	45
646	1071	00:35:33	Radel	Kerstin	Elmshorn	GER-SH	W-30	21
647	1231	00:35:33	Sarau	Leona	Itzehoer Versicherung	GER-SH	W-SA	80
648	1131	00:35:37	Kummer	Tatjana	GS Sude West	GER-SH	W-SC	132
649	282	00:35:37	Kösters	Helga	GS Edendorf Kl.3b	GER-SH	W-40	46
650	283	00:35:40	Schmidt	Mareike	GS Edendorf Kl.3b	GER-SH	W-SD	68
651	291	00:35:42	Zeunert	Laura	GS Edendorf Kl.3b	GER-SH	W-SD	69
652	1638	00:35:42	Möller	Annkatri	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-40	47
653	360	00:35:43	Voß	Susanna	GS St.Margarethen Kl. 2b	GER-SH	W-SD	70
654	976	00:35:46	Kewitz	Katarina	Pestalozzi-Schule Kl. 7-9	GER-SH	W-SB	129
655	1467	00:35:48	Ruge	Simone	Steinburg-Schule Projektklasse	GER-SH	W-35	44
656	1064	00:35:51	Paul	Susanne	Heiligenstedten	GER-SH	W-35	45
657	1735	00:35:51	Hartung	Jackline	HS Lübscher Kamp Kl.5a	GER-SH	W-SB	130
658	1736	00:35:52	Matthiessen	Julia	HS Lübscher Kamp Kl.5a	GER-SH	W-SB	131
659	4203	00:35:53	Kappus	Christiane	Rotary Club Itzehoe	GER-SH	W-45	17
660	1065	00:35:55	Paul	Marie	Heiligenstedten	GER-SH	W-SE	6
661	1037	00:35:58	Jürgensen	Daniela	Heiligenstedten	GER-SH	W-35	46
662	1659	00:36:00	Staenke	Bärbel	Itzehoe	GER-SH	W-40	48
663	1156	00:36:02	Töllner	Julia	GS Sude West Kl. 3b	GER-SH	W-SD	71
664	1036	00:36:04	Jürgensen	Johanna	Heiligenstedten	GER-SH	W-SD	72
665	1800	00:36:04	Khwadjazada	Liada	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	81
666	1205	00:36:05	Lohse	Doris	Gut Heil Itzehoe	GER-SH	W-45	18
667	436	00:36:07	Nottelmann	Carina	GS Wellenkamp Klasse 3a	GER-SH	W-SC	133
668	1878	00:36:10	Claußen	Aila	RS Am Lehmwohld Kl.9b	GER-SH	W-JB	41
669	1052	00:36:12	Martens	Britta	Heiligenstedten	GER-SH	W-35	47
670	1611	00:36:12	Harders	Katja	Itzehoe	GER-SH	W-35	48
671	1051	00:36:12	Martens	Luisa	Heiligenstedten	GER-SH	W-SD	73
672	570	00:36:13	Ohrt	Lena-Marie	Itzehoe	GER-SH	W-SD	74
673	1928	00:36:14	Kelting	Birgit	TUS-Krempe	GER-SH	W-35	49
674	4113	00:36:14	Teksoy	Sarah	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	132
675	4103	00:36:14	Stünkel	Jacqueline	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	133
676	1929	00:36:15	Tiedemann	Bärbel	TUS-Krempe	GER-SH	W-45	19

LG ITZEHOE Gravensteiner Weg 6 25524 Itzehoe

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# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
677	1213	00:36:16	Garbers	Meike	Gut-Heil Itzehoe	GER-SH	W-40	49
678	382	00:36:16	Janke	Kim Aileen	GS Wellenkamp Kl.3c	GER-SH	W-SC	134
679	670	00:36:16	Nientiedt	Meike	Breitenburger Milchzentrale eG	GER-SH	W-30	22
680	743	00:36:16	Hellmann	Hanna	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	75
681	477	00:36:17	Roß	Lara	Hauptschule Sude Kl. 7a	GER-SH	W-SA	82
682	421	00:36:18	Titjen	Meike	GS Wellenkamp Klasse 3a	GER-SH	W-SD	76
683	1120	00:36:18	Steinberg	Ylva Charlotte	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SC	135
684	1118	00:36:20	Schlenstedt	Laura	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SB	134
685	1057	00:36:20	Münchow	Kristin	Wacken	GER-SH	W-20	37
686	1337	00:36:22	Peche	Pia	RS Krempe Projektklasse	GER-SH	W-SA	83
687	1349	00:36:23	Von Leesen	Nadine	RS Krempe Projektklasse	GER-SH	W-SB	135
688	1324	00:36:24	Genscher	Jennifer	RS Krempe Projektklasse	GER-SH	W-SC	136
689	374	00:36:29	Lutz	Julia	GS St.Margarethen Kl. 2b	GER-SH	W-20	38
690	985	00:36:29	Volkmann	Svenja	Pestalozzi-Schule Kl. 7-9	GER-SH	W-JB	42
691	1016	00:36:31	Block	Gitta Beate	Itzehoe	GER-SH	W-30	23
692	363	00:36:31	Wiese	Nathalie	GS St.Margarethen Kl. 2b	GER-SH	W-SD	77
693	356	00:36:33	Sierth	Isabel	GS St.Margarethen Kl. 2b	GER-SH	W-SD	78
694	1140	00:36:34	Pengel	Bente	GS Sude West	GER-SH	W-SD	79
695	1145	00:36:35	Tempel	Kimberly	GS Sude West	GER-SH	W-SD	80
696	4142	00:36:35	Meinert	Sandra	Sophie-Scholl-Gymnasium Quinta e	GER-SH	W-SB	136
697	1696	00:36:35	Früchtening		B+H Sports	GER-SH	W-50	10
698	1186	00:36:37	Kröger	Sarah	GS Sude-West Kl. 2b	GER-SH	W-SD	81
699	470	00:36:38	Gueridonn	Gina	Hauptschule Sude Kl. 7a	GER-SH	W-SB	137
700	1172	00:36:38	Möckelmann	Jytte	GS Sude-West Kl. 2a	GER-SH	W-SD	82
701	1132	00:36:39	Löning	Franziska	GS Sude West	GER-SH	W-SD	83
702	464	00:36:41	Shala	Violetta	Hauptschule Sude Kl. 6a	GER-SH	W-SA	84
703	948	00:36:41	Tiedemann	Kressin	Itzehoer Versicherung	GER-SH	W-30	24
704	460	00:36:42	Stebner	Katrin	Hauptschule Sude Kl. 6a	GER-SH	W-SA	85
705	504	00:36:45	zur Verth	Johanna		GER-SH	W-SE	7
706	1143	00:36:46	Sindelar	Hanna	GS Sude West	GER-SH	W-SD	84
707	1625	00:36:46	Kemmer	Anne	Breitenburg	GER-SH	W-35	50
708	505	00:36:47	zur Verth	Silvia		GER-SH	W-40	50
709	1909	00:36:47	Wietfeld	Magret	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-35	51
710	1727	00:36:48	Kallenbach	Diana	FKS-Runner	GER-SH	W-40	51
711	1376	00:36:48	Heins	Saskia	RS Wilster Kl.8b	GER-SH	W-SA	86
712	1113	00:36:49	Hinrichsen	Kimberley	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SB	138
713	1171	00:36:50	Lutz	Rike	GS Sude-West Kl. 2a	GER-SH	W-SD	85
714	1119	00:36:50	Schlüter Hinrichsen	Bianca	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SB	139
715	1170	00:36:51	Lechthaler	Leonie	GS Sude-West Kl. 2a	GER-SH	W-SD	86
716	1923	00:36:51	Sommer	Beeke	TuS Esingen (Tornesch)	GER-SH	W-SE	8
717	4110	00:36:53	Jordan	Kira	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	140
718	1662	00:36:54	Steinacker	Saskia	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-JB	43
719	960	00:36:54	Meyer-Burgdorff	Gisela	MTV Itzehoe	GER-SH	W-40	52
720	500	00:36:55	Wefelmeier	Rebekka	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	141

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
721	1788	00:36:55	Dammann-Gantrich	Silja	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	87
722	961	00:36:57	Meyer-Burgdorff	Carlotta	MTV Itzehoe	GER-SH	W-SD	87
723	396	00:36:58	König	Denise	GS Wellenkamp Kl.4b	GER-SH	W-SC	137
724	334	00:36:58	Kruse	Josephine	GS Hohenlockstedt Kl.2c	GER-SH	W-SD	88
725	655	00:37:01	Rahn	Alina	AVS Itzehoe Quinta 6c	GER-SH	W-SB	142
726	662	00:37:01	Specht	Catharina	AVS Itzehoe Quinta 6c	GER-SH	W-SB	143
727	1749	00:37:02	Lassen	Maike	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-40	53
728	1822	00:37:02	Umland	Sarah	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	88
729	1747	00:37:03	Kruse	Christine	ISR Itzehoer Schrott und Recycling GmbH & Co.	GER-SH	W-40	54
730	400	00:37:03	Brandt	Stephanie	GS Wellenkamp Kl.4b	GER-SH	W-SC	138
731	1367	00:37:04	Wulf	Charlotte	Freie Waldorfschule	GER-SH	W-SB	144
732	1542	00:37:04	Looß	Annika		GER-SH	W-SC	139
733	4258	00:37:07	Baltruschat	Imke Luisa	SV Vaale/ 2a GHS Wacken	GER-SH	W-SD	89
734	1460	00:37:09	Jaß	Sandra	Steinburg-Schule Projektklasse	GER-SH	W-SA	89
735	4187	00:37:12	Mezker	Veronika	WKS Hohenlockstedt Kl.H6a	GER-SH	W-SB	145
736	473	00:37:16	Shala	Besarta	Hauptschule Sude Kl. 7a	GER-SH	W-SA	90
737	397	00:37:18	Koop	Miriam	GS Wellenkamp Kl.4b	GER-SH	W-SC	140
738	131	00:37:20	Strajnic	Natalie	Grundschule Hohenlockstedt Kl. 2	GER-SH	W-SD	90
739	564	00:37:24	Leist	Svenja	Itzehoe	GER-SH	W-35	52
740	904	00:37:26	Heidorn	Maren	Inter Acker	GER-SH	W-65	2
741	544	00:37:27	Harder	Sigrid	Itzehoe	GER-SH	W-45	20
742	259	00:37:29	Tonn	Bianka	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SC	141
743	252	00:37:36	Martinen	Lillian	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	91
744	255	00:37:37	Siebert	Christine	Grundschule Wellenkamp Kl. 3d	GER-SH	W-40	55
745	4111	00:37:38	Griesbach	Lisa	Klosterhofschule Itzehoe 6a	GER-SH	W-SA	91
746	536	00:37:45	Funk	Simone	Alveslohe	GER-SH	W-30	25
747	197	00:37:46	Sibum	Isabell	Grundschule Kremperheide Kl. 2	GER-SH	W-SD	92
748	510	00:37:46	Bahrs	Michaela	Winseldorf	GER-SH	W-35	53
749	713	00:37:50	Klaus	Lea	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SC	142
750	730	00:37:50	Sibbert	Jenny	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SC	143
751	1239	00:37:50	Otto	Sarah	Klasse 1d Grundschule Holo	GER-SH	W-SD	93
752	726	00:37:51	Schön	Frieda	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SD	94
753	1271	00:37:53	Boekhoff	Nadine	Realschule Wilster Kl. 8a	GER-SH	W-SA	92
754	1561	00:37:56	Scheiter	Birgit		GER-SH	W-45	21
755	1791	00:37:58	Mansour	Wafafa	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SB	146
756	1808	00:37:59	Nielsen	Liane	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	93
757	1197	00:38:00	Speck	Svenja	GS Sude-West Kl. 2b	GER-SH	W-SB	147
758	1383	00:38:01	Stegemann	Nora	RS Wilster Kl.8b	GER-SH	W-SA	94
759	92	00:38:04	Ferg	Anna-Lena	Fehrs-Schule Kl. 4a	GER-SH	W-SC	144
760	1050	00:38:04	Liedtke	Michaela	Itzehoe	GER-SH	W-35	54
761	86	00:38:06	Rychlikowski	Nadine	Fehrs-Schule Kl. 4a	GER-SH	W-SC	145

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
762	741	00:38:08	Hausschild	Laura	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	95
763	1667	00:38:09	Uhde	Silvia	Itzehoe	GER-SH	W-45	22
764	1013	00:38:11	Aude	Birgit	Itzehoe	GER-SH	W-35	55
765	1194	00:38:15	Schneider	Maya Celie	GS Sude-West Kl. 2b	GER-SH	W-SD	96
766	4181	00:38:16	Hüffer	Claudia	TSV Wacken	GER-SH	W-40	56
767	629	00:38:23	Matthiesen	Lena	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	148
768	635	00:38:25	Theede	Theresa	Auguste-Viktoria-Schule 6d	GER-SH	W-SB	149
769	1049	00:38:28	Krüger	Melanie	Itzehoe	GER-SH	W-30	26
770	84	00:38:35	Iltner	Anna-Lena	Fehrs-Schule Kl. 4a	GER-SH	W-SC	146
771	984	00:38:35	Tameris	Jennifer	Pestalozzi-Schule Kl. 7-9	GER-SH	W-SA	95
772	679	00:38:37	Cornies	Elisabeth	Fehrsschule Kl.3d	GER-SH	W-SD	97
773	1178	00:38:37	Bialluch	Birgit	GS Sude-West Kl. 2b	GER-SH	W-45	23
774	244	00:38:37	Mölln	Jo Neele	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	147
775	732	00:38:38	Müller	Alea	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SD	98
776	750	00:38:38	Mehr	Annika	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	99
777	1184	00:38:38	Feuerschütz	Nina	GS Sude-West Kl. 2b	GER-SH	W-SD	100
778	102	00:38:38	Brusco	Romina	Fehrs-Schule Kl. 4a	GER-SH	W-SB	150
779	245	00:38:39	Laskowski	Nina	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	148
780	103	00:38:39	Baade	Maike	Fehrs-Schule Kl. 4a	GER-SH	W-35	56
781	1179	00:38:40	Brandt	Katharina	GS Sude-West Kl. 2b	GER-SH	W-SD	101
782	1182	00:38:40	Döhring	Sina	GS Sude-West Kl. 2b	GER-SH	W-SD	102
783	731	00:38:40	Van der Pütten	Tina	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SD	103
784	233	00:38:41	Friederichs	Jule	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	149
785	1584	00:38:42	Wiebusch	Inge		GER-SH	W-35	57
786	1640	00:38:42	Niemand	Amelie	Itzehoe	GER-SH	W-SD	104
787	216	00:38:43	Möller	Gesche-Inken	Grundschule Kremperheide Kl. 3b	GER-SH	W-SD	105
788	1554	00:38:48	Rathjen	Stefanie		GER-SH	W-35	58
789	926	00:38:51	Bollhardt	Mayleen	Itzehoer Versicherung	GER-SH	W-SD	106
790	1416	00:38:58	Puttrus	Isabelle	Sophie-Scholl-Gymnasium Quarta b	GER-SH	W-SB	151
791	1588	00:39:03	Ziegenbein	Rebecca		GER-SH	W-SD	107
792	239	00:39:05	Winter	Tabea	Grundschule Kremperheide Kl.3a	GER-SH	W-SC	150
793	839	00:39:07	Klöcking	Dagmar	Gut heil itzehoe	GER-SH	W-35	59
794	177	00:39:09	Lange	Frederike	Grundschule Kremperheide Kl. 1	GER-SH	W-SD	108
795	501	00:39:09	Klöcking	Birte		GER-SH	W-SE	9
796	170	00:39:10	Lange	Svea	Grundschule Kremperheide Kl. 1	GER-SH	W-SD	109
797	188	00:39:11	Kötz	Charlene	Grundschule Kremperheide Kl. 1	GER-SH	W-SD	110
798	1619	00:39:16	Janke	Anna	Itzehoe	GER-SH	W-SC	151
799	1620	00:39:17	Janke	Melanie	Itzehoe	GER-SH	W-35	60
800	1664	00:39:21	Strote	Hannelore	Itzehoe	GER-SH	W-55	7
801	1238	00:39:33	Rathmann	Kristin	KKS Itzehoe	GER-SH	W-JA	17
802	745	00:39:33	Hoffmann	Anna	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	111



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## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
803	749	00:39:37	Krause	Sonja	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-30	27
804	748	00:39:38	Krause	Bionda	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	152
805	752	00:39:40	Schley	Jenny	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	112
806	1103	00:39:44	Müller-Bergh	Ulrike	Flotte Fersen Tegelhörn	GER-SH	W-65	3
807	1202	00:39:46	Breiholz	Sabine	Gut Heil Itzehoe	GER-SH	W-45	24
808	729	00:39:48	Schwerdter	Yvonne	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SC	153
809	1153	00:39:49	Obermann	Melissa	GS Sude West Kl. 3b	GER-SH	W-SC	154
810	838	00:39:55	Harders	Foelke	Gut heil itzehoe	GER-SH	W-35	61
811	4169	00:39:55	Lähn	Laura	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SB	152
812	4	00:39:58	Kropius	Nadja		GER-SH	W-SC	155
813	4174	00:39:59	Bünning-Hems	Daniela	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-35	62
814	4177	00:39:59	Hill	Viola	Sophie-Scholl-Gymnasium Sexta b	GER-SH	W-SC	156
815	1035	00:39:59	Jacobs	Maike	Kremperheide	GER-SH	W-SA	96
816	650	00:40:00	Andermann	Andrea	Grund- und Hauptschule Krempe Kl. 3c	GER-SH	W-40	57
817	263	00:40:00	Heth	Shanna	Grundschule Wellenkamp Kl. 3d	GER-SH	W-SD	113
818	1648	00:40:01	Saccone	Alessandra	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-20	39
819	398	00:40:01	Brauer	Jennifer	GS Wellenkamp Kl.4b	GER-SH	W-SC	157
820	399	00:40:02	Morosch	Evelina	GS Wellenkamp Kl.4b	GER-SH	W-SC	158
821	721	00:40:03	Kurzweg	Alice	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-55	8
822	85	00:40:06	Sakirov	Songül	Fehrs-Schule Kl. 4a	GER-SH	W-SB	153
823	198	00:40:07	Kühl	Laura	Grundschule Kremperheide Kl. 2	GER-SH	W-SD	114
824	676	00:40:08	Alpen	Neela	Fehrsschule Kl.3d	GER-SH	W-SD	115
825	1944	00:40:24	Ebert	Kirsten		GER-SH	W-40	58
826	1299	00:40:24	Marquardt	Maria	Freie Waldorfschule	GER-SH	W-SB	154
827	1117	00:40:27	Rohwer	Nana	Freie Waldorfschule Itzehoe Kl.5	GER-SH	W-SC	159
828	1642	00:40:40	Ohlfest	Manuela	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-40	59
829	1637	00:40:42	Mohr	Elisabeth	Thies Gesundheitspartner/MediCenter Medizintechnik	GER-SH	W-40	60
830	4190	00:40:45	Fölster	Tonja	WKS Hohenlockstedt Kl.H6a	GER-SH	W-SB	155
831	101	00:40:47	Franssen	Sajana	Fehrs-Schule Kl. 4a	GER-SH	W-SC	160
832	1372	00:40:56	Balk	Tasja	RS Wilster Kl.8b	GER-SH	W-SA	97
833	747	00:40:56	Jochimsen	Lara	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SD	116
834	755	00:40:56	Zühlke	Nina	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	161
835	1284	00:40:57	Sievers	Yvonne	Realschule Wilster Kl. 8a	GER-SH	W-SA	98
836	751	00:40:58	Nietschke	Verena	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	162
837	545	00:40:59	Harnack	Tina	Winseldorf	GER-SH	W-35	63
838	654	00:41:00	Tarnow	Christa	Grund- und Hauptschule Krempe Kl. 3c	GER-SH	W-55	9

# Ergebnis M / W - gesamt

## 5 Km Lauf ( 5 Km )

### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos Altersklasse
839	1227	00:41:03	Müller	Bente	Itzehoe Versicherung	GER-SH	W-SD	117
840	1663	00:41:05	Stephan	Karin	Duisburg	GER-NRW	W-40	61
841	1610	00:41:05	Hagemann	Birgit	Westermoor	GER-SH	W-40	62
842	202	00:41:12	Mahler	Nadja	Grundschule Kremperheide Kl. 2	GER-SH	W-35	64
843	88	00:41:17	Özsimsek	Acelya-Pelin	Fehrs-Schule Kl. 4a	GER-SH	W-SC	163
844	387	00:41:19	Renk	Kristin	GS Wellenkamp Kl.3c	GER-SH	W-SC	164
845	1199	00:41:20	Tempel	Celine	GS Sude-West Kl. 2b	GER-SH	W-SC	165
846	385	00:41:21	Meeder	Christina	GS Wellenkamp Kl.3c	GER-SH	W-SD	118
847	439	00:41:26	Remmele	Monika	Gut Heil Itzehoe	GER-SH	W-40	63
848	4106	00:41:42	Dombert	Andrina	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	156
849	394	00:42:15	Eggers	Laura	GS Wellenkamp Kl.3c	GER-SH	W-SC	166
850	680	00:42:34	Fraz	Mughis	Fehrsschule Kl.3d	GER-SH	W-SC	167
851	989	00:42:48	Zuccali	Darinka	Pestalozzi-Schule Kl. 7-9	GER-SH	W-SA	99
852	986	00:42:48	Wilstermann	Nathalie	Pestalozzi-Schule Kl. 7-9	GER-SH	W-JB	44
853	467	00:42:58	Wellhausen	Franziska	Hauptschule Sude Kl. 7a	GER-SH	W-SB	157
854	4210	00:43:10	Tenfelde	Ann-Christin	Rotary Club Itzehoe	GER-SH	W-SC	168
855	269	00:43:24	Dittmar	Svea	GS Edendorf Kl.3b	GER-SH	W-SC	169
856	1088	00:43:28	Take	Christina	Hamburg	GER-HAM	W-35	65
857	453	00:43:32	Pankuweit	Lea	Hauptschule Sude Kl. 10b	GER-SH	W-JB	45
858	1461	00:43:36	Kersic	Sabrina	Steinburg-Schule Projektklasse	GER-SH	W-JB	46
859	1464	00:43:52	Molteni	Katharina	Steinburg-Schule Projektklasse	GER-SH	W-JB	47
860	468	00:43:54	Tobien	Jacqueline	Hauptschule Sude Kl. 7a	GER-SH	W-SA	100
861	456	00:43:56	Muftari	Lumturije	Hauptschule Sude Kl. 5a	GER-SH	W-SB	158
862	1189	00:44:00	Lohse	Stefanie	GS Sude-West Kl. 2b	GER-SH	W-SD	119
863	175	00:44:05	Schuldt	Lea-Sophie	Grundschule Kremperheide Kl. 1	GER-SH	W-SE	10
864	1187	00:44:22	Kruse	Alina	GS Sude-West Kl. 2b	GER-SH	W-SD	120
865	1195	00:44:23	Schulz	Lisa-Ann	GS Sude-West Kl. 2b	GER-SH	W-SD	121
866	228	00:44:26	Mahler	Jaqueline	Grundschule Kremperheide Kl. 4	GER-SH	W-SA	101
867	172	00:44:27	Mahler	Monique	Grundschule Kremperheide Kl. 1	GER-SH	W-SE	11
868	1177	00:44:37	Schönrock	Anna	GS Sude-West Kl. 2a	GER-SH	W-SD	122
869	4268	00:44:39	Echelmeyer	Uta	TuS Germania Schnelsen	GER-HAM	W-40	64
870	390	00:44:40	Brauer	Ronja	GS Wellenkamp Kl.3c	GER-SH	W-SC	170
871	1738	00:44:54	Rathjen	Chantal	HS Lübscher Kamp Kl.5a	GER-SH	W-SB	159
872	1740	00:44:54	Zeuner	Monique	HS Lübscher Kamp Kl.5a	GER-SH	W-SB	160
873	393	00:44:56	Baasch	Alicia	GS Wellenkamp Kl.3c	GER-SH	W-SD	123
874	1814	00:45:01	Radekenn	Alicia	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	102
875	1801	00:45:04	Ksienrzyk	Lena	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA	103
876	1190	00:45:44	Lottemoser	Annika	GS Sude-West Kl. 2b	GER-SH	W-SD	124
877	4114	00:45:55	Konopatzki	Stefanie	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	161
878	499	00:46:15	Wittchow	Nadine	Klosterhofschule Itzehoe 6a	GER-SH	W-SB	162
879	1191	00:46:20	Meyer	Regina	GS Sude-West Kl. 2b	GER-SH	W-SD	125
880	1634	00:46:43	Meves	Lena	Itzehoe	GER-SH	W-20	40
881	1278	00:46:55	Kolz	Juliane	Realschule Wilster Kl. 8a	GER-SH	W-SA	104
882	1453	00:48:01	Oliveira-Kammer	Cassia	Steinburg Schule	GER-SH	W-40	65
883	737	00:48:16	Elsner	Monique	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	171
884	736	00:48:16	Brates	Jaqueline	Grund u.Hauptschule Krempe Kl. 3C	GER-SH	W-SC	172

# Ergebnis M / W - gesamt

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## 5 Km Lauf ( 5 Km )

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### 5 Km Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Pos	Altersklasse
885	1820	00:53:22	Schult	Victoria	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA		105
886	1787	00:53:23	Buschdorf	Stefanie	Klosterhof-Schule Itzehoe Projektklasse	GER-SH	W-SA		106
887	709	00:59:45	Frahm	Riccarda	Grund u.Hauptschule Krempe Kl. 3A	GER-SH	W-SC		173

Einträge in der Liste: 1855